

Appendix K. Example Growth Curves for Children and Adolescents

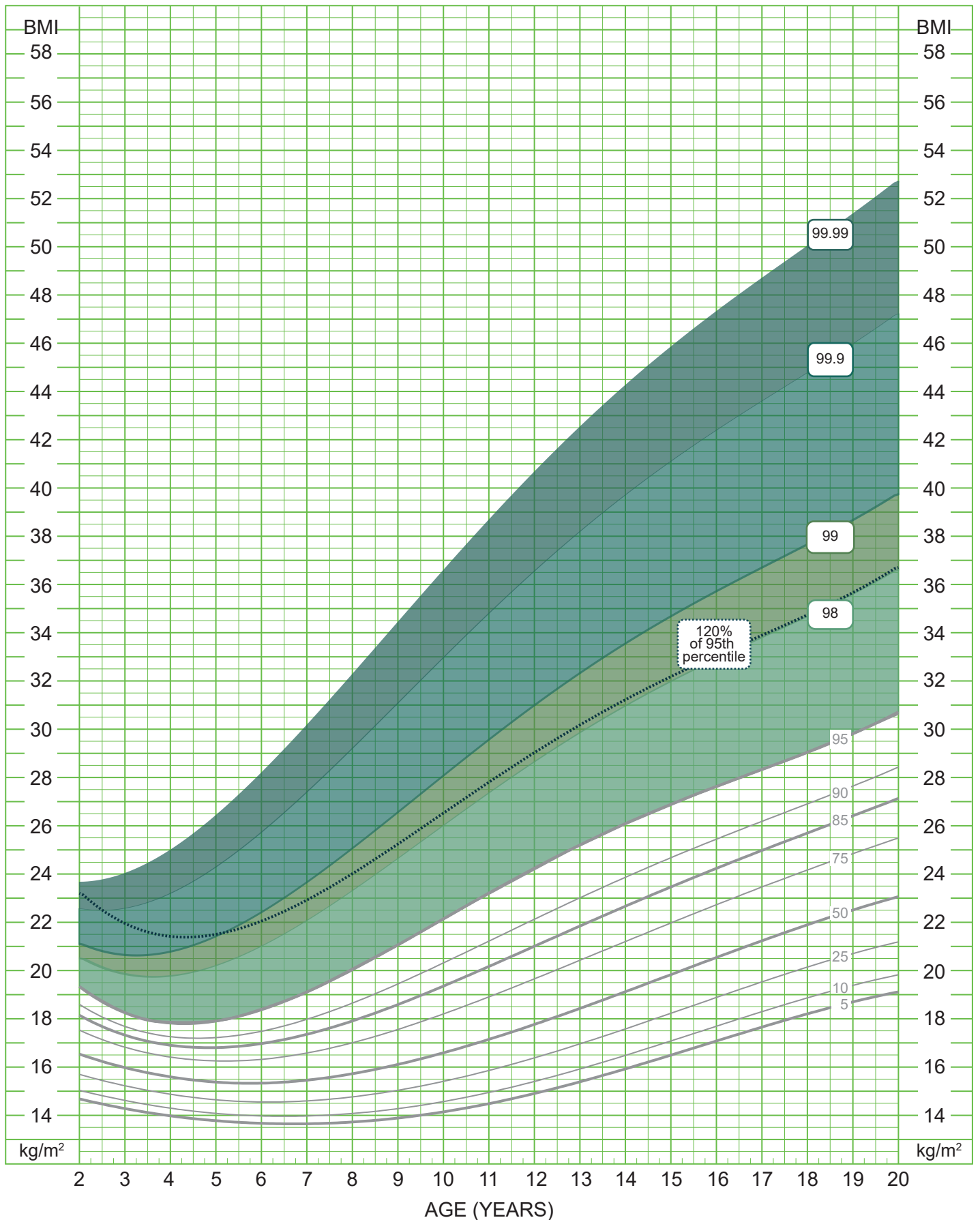
On the following pages are example growth curve charts, for boys and for girls aged 2 to 20, from the Centers for Disease Control and Prevention.⁷

Boys: Ages 2–20 years

Body mass index-for-age percentiles

NAME _____

RECORD # _____



December 15, 2022

Data source: National Health Examination Survey and National Health and Nutrition Examination Survey.

Developed by: National Center for Health Statistics in collaboration with National Center for Chronic Disease Prevention and Health Promotion, 2022.



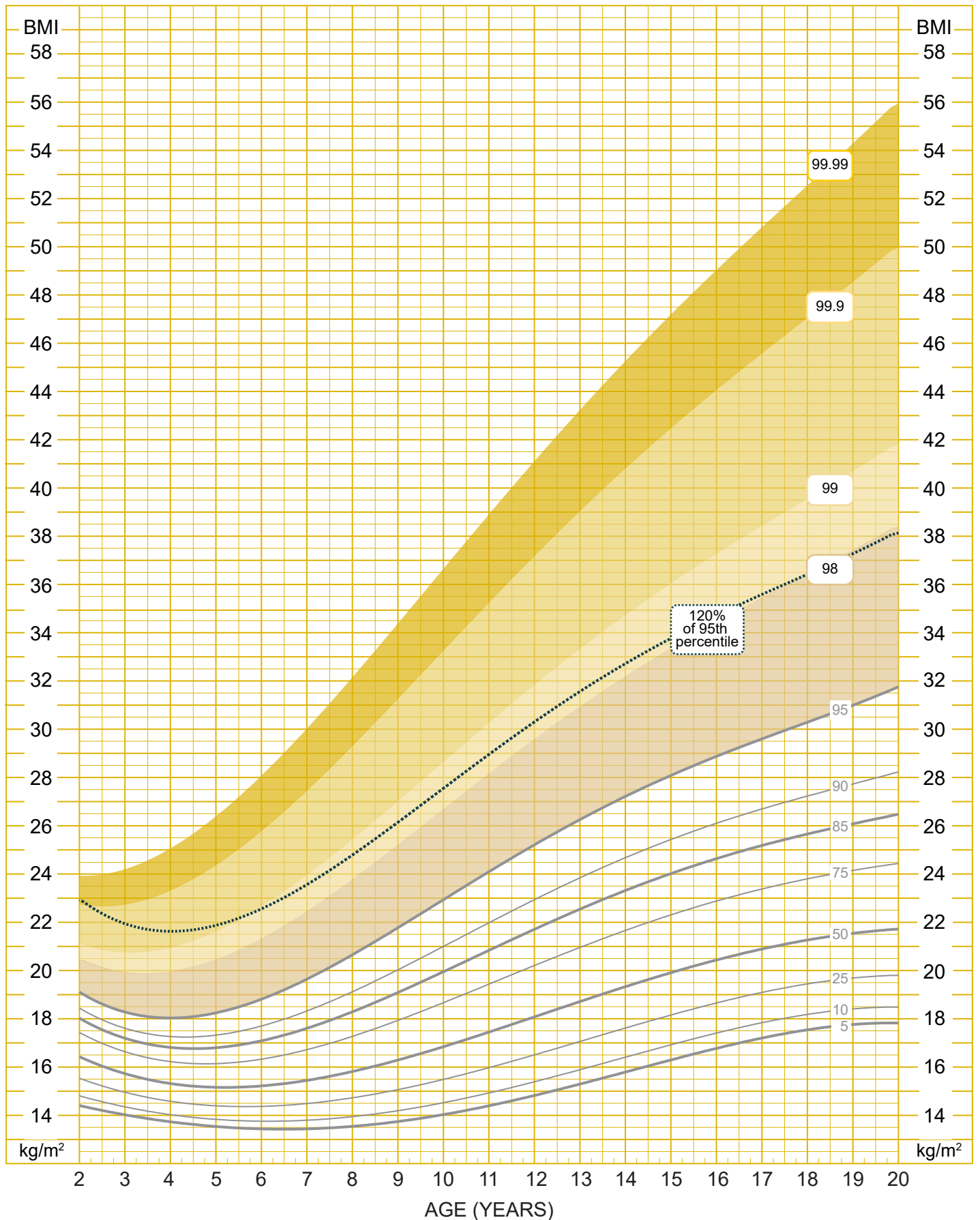
K2

Girls: Ages 2–20 years

Body mass index-for-age percentiles

NAME _____

RECORD # _____



December 15, 2022

Data source: National Health Examination Survey and National Health and Nutrition Examination Survey.

Developed by: National Center for Health Statistics in collaboration with National Center for Chronic Disease Prevention and Health Promotion, 2022.

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