

**Long Term Services Benefit Specifications and Provider Qualifications**

## TRAINING AND EDUCATIONAL SUPPORTS

### SCOPE OF BENEFIT/SERVICE

Training and educational supports are for the benefit of the participant or care giver and include training and education that is necessary to promote the participant's ability to live and participate in the community; or that is necessary for the unpaid family caregiver to learn or enhance caregiving and coping skills. This service category may include training or education on participant health issues, supported decision making, and skill development that improves the participant's ability to perform or adapt everyday activities, improve or maintain functioning, or slow functional decline. Evidence-based trainings may be provided in a group setting or on a one-on-one basis. Training may also include individual consultations with licensed health care professionals and specialists in areas such as supported decision making, elder law, and dementia behavior.

### AMOUNT OF BENEFIT/SERVICE, INCLUDING LIMITATIONS

Participants/caregivers may select services identified in their assessment which they or their unpaid caregiver are eligible to receive. All other payment sources such as Medicare, Apple Health, Veterans benefits, or private insurance must be considered before the demonstration service may be authorized.

### DURATION OF BENEFIT/SERVICE, INCLUDING LIMITATIONS

N/A.

### AUTHORIZATION REQUIREMENTS

N/A.

### PROVIDER SPECIFICATIONS AND QUALIFICATIONS:

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Individual (list types) | <input checked="" type="checkbox"/> Agency       |
| <input type="checkbox"/> Legally Responsible Person         | <input type="checkbox"/> Relative/Legal Guardian |

1. PROVIDER TYPE: **REGISTERED NURSES, OCCUPATIONAL THERAPISTS, PHYSICAL THERAPISTS, NUTRITIONISTS**

License Required:  Yes  No

Certificate Required:  Yes  No

These professionals are licensed through Washington State’s Department of Health:

Registered Nurses: Chapter 18.79 RCW and Chapter 246-840 WAC

Occupational Therapists: RCW 18.59 and WAC 246-847

Physical Therapists: Chapter 18.74 RCW and Chapter 246-915 WAC

Nutritionists: Chapter 18.138 RCW and Chapter 246-822 WAC

2. PROVIDER TYPE: **EVIDENCE-BASED INTERVENTIONS—CONSULTANTS/TRAINERS**

License Required:  Yes  No

Certificate Required:  Yes  No

For each evidence-based program: Consultants/trainers for STAR-C, Powerful Tools for Caregivers, Chronic Disease Self-Management/Living Well classes, Diabetes Self-Management Program, Chronic Pain Self-Management Programs, Thriving and Surviving with Cancer, and Skills2Care, along with leaders for Early Stage Memory Loss Support Groups, must be certified upon completion of required training before they can provide services.

3. PROVIDER TYPE: **DEMENTIA BEHAVIOR CONSULTANTS, SUPPORTED DECISION MAKING PROVIDERS, ELDER CARE LEGAL EXPERTS**

License Required:  Yes  No

Certificate Required:  Yes  No

These specialists must be licensed or certified when applicable and be in compliance with all licensure and certification rule and statute. When no certification or licensure exists, the provider must demonstrate by relevant successful experience and training that they have the skills and abilities to provide training services that are expected to achieve outcomes identified by the participant.