

Family Substance Use Disorder (SUD) education and curriculum

Family Substance Use Disorder (SUD) development training

This project funded the development of curriculum for in-person and online training for families of individuals experiencing substance use disorder. The curriculum includes a train-the-trainer component to promote training more broadly for youth and families. In addition, this project creates an opportunity for the SUD Family Navigators to be trained in substance use disorder in a way that is developmentally appropriate for youth and young adults (see the SUD family navigator fact sheet for more information).

Curriculum development

This project component focused on the development and production of an eight-week substance use disorder (SUD) family curriculum online learning module with an in-person training option, a participant workbook, train the trainer materials/education, and a supplemental toolkit for Washington state Health Care Authority's (HCA), Division of Behavioral Health and Recovery (DBHR). The training includes developmentally specific elements for family members with youth experiencing SUD. Trainers are partnered with individuals with clinical expertise and lived expertise.

Training and implementation

Technical assistance was provided by En Route from October 1, 2021, through September 30, 2022, and additional training is scheduled from October 1, 2022, through June 30, 2023:

- En Route will provide ongoing support for new Washington State Community

Connectors (WSCC) trainers by co-training with peer trainers during training events as they learn to take on the more complex parts of the curriculum. They will provide coaching for new trainers if they get stuck.

- En Route will provide regular coaching calls for trainers and feedback loop around strengths and needs related to training delivery.
- En Route will provide technical assistance and curriculum revisions to the following:
 - In-person training materials
 - Resource guide
 - Additional training feedback and ideas emerging from the family and youth voice.

Budget

The total current budget for the En Route Training and WSCC Project is drawn from Substance Abuse Block Grant (SABG) funding in the amount of \$135,000 (July 1, 2022, through June 30, 2023).

Technical support

En Route provides technical support for the training site.

Oversight

The DBHR Program Manager has oversight over the En Route Training Project.

More information

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