



Through support from  
the PACT team, most  
people experience  
less contact with law  
enforcement and less  
need for crisis response  
or hospitalization.

**For more  
information, contact:**

**Meghan DeGallier**

BH Program Administrator  
Washington State Health Care Authority  
Division of Behavioral Health and Recovery

✉ [meghan.degallier@hca.wa.gov](mailto:meghan.degallier@hca.wa.gov)

☎ (360) 622-1273



## Program of Assertive Community Treatment (PACT)

Washington State  
Health Care Authority

HCA 82-0441 (04/23)

## What's unique about PACT?



- A team approach, where a multidisciplinary team of behavioral health staff collaborate to help individuals work toward their recovery goals.
- Low staff to participant ratio.
- Flexible care – staff are available 7 days a week, up to 12 hours a day, with 24-hour crisis services coverage.
- Community-based services, provided where participants live, work, and pursue their recovery.



## PACT eligibility



- Individuals diagnosed with a severe and persistent mental illness such as schizophrenia, schizoaffective disorder, and bipolar disorder with psychotic features, and
- Have difficulty performing daily life activities because of the symptoms of their mental health condition and,
  - Have had multiple encounters with crisis response systems and,
  - Have not had their needs met in standard outpatient care and may have tried other intensive programs and,
  - Are eligible for Medicaid.

## PACT is an evidence-based practice



The Assertive Community Treatment (ACT) model was developed in the early 1970s to support individuals in community settings rather than psychiatric hospitals and has been replicated throughout the U.S. and internationally.

Research has demonstrated PACT's effectiveness in improving people's quality of life, reducing hospitalizations and incarcerations, and helping people maintain independence.

In Washington State, the University of Washington provides training and fidelity review to ensure publicly funded local PACT services are consistent with the documented model.

## PACT team locations



Currently there are PACT teams located in the following counties:

- Chelan
- Franklin
- Kitsap
- Pierce
- Snohomish
- Thurston
- Yakima
- Clark
- King
- Lewis
- Skagit
- Spokane
- Whatcom