

# Duwen doadoahngki COFA Islander Health Care

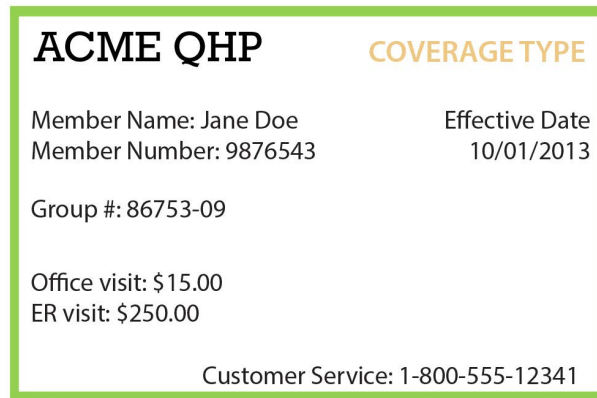
**Soahngen sawas dah met, ia duwen doadoahngki oh dahme ke pahn wia mwurin amw alehdi sawas wet**

## Dahkot COFA Islander Health Care?

COFA Islander Health Care iei Health Care Authority (HCA) prokrahm me kin kihda insurens en roson mwahu ni sohte isaispe ong uhk. HCA kin pwain omwi isais en insurens en roson mwahu nan sounpwong koaros me kin kohieng insurens kompani oh ke pahn pil alehdi kard iou me pahn pwain omwi tuhweng toahkte de imwen wini oh pweinen winihkan.

## Ia mowmw en nei kardkan?

Noumw insurens kard pahn duwehte kilel me mihdi pah, kardkan pahn wekpeseng pwe eh pahn kolang ni insurens pilahn me ke pilada:



Noumw kard me pahn pwain omwi pwukoahn isais en insurens (me pil adaneki Navia de COFA kard) pahn duwehte kilel me kileldi pah:

### Alahldi mwohn February 2019



### Alahldi mwurin February 2019



Wahda noumw insurens kard oh noumw kard en omwi pwukoahn isais en insurens ong omwi apoinmend en roson mwahu kan oh pil omwi ale wini ni dispensary en wini. Ahmw toahkte oh dispensary en wini pahn anahne kilang noumw insurens kard oh ke pahn anahne doadoahngki noumw kardo oh pwain wen isais me dehde.

<b>Ansou dah me ih pahn doadoahngki nei insurens kard me ih pahn pwaineki ai pwukoahn isais?</b>	<b>Ke sohte kak doadoahngki noumw insurens kard en omwi pwukoahn isais:</b>
Ong isais en insurens me ke pwukoahki me kileldi nan doaropwe de resiht	Pwain isais en insurens nan sounpwong koaros
Wini me insurens pahn kin pein pwain	Ong isais me insurens sohte kin pwain
Isais iou ong pweinen tuhweng taohkte, wini, oh ekei sawas en roson mwahu oh omwi-pwukoa-ong-isaiskan ong roson mwahu me ke pahn pwain mwohn insurens pahn tepda pwain sawas koaros en roson mwahu	Ong dipwsou me sohte-pid-roson en mour iangahki wasahn mwenge nan imwen wini de sdowahn netiki kisakis
	Ekei tohn sawas en roson mwahu me sohte iang mih nan minimin en insurens

Mwohn omwi pahn doadoahngki kard wet, tehkda ma noumw insurens pilanen kin pwain isais iou. Ma eh sohte kin pwain isaiso, ke sohte kak doadoahngki noumw kard me pid isasi me insurens kin pwain oh ke pahn pwukoahki pwain 100% en isais me kileldi nan doaropwe de resiht. Ma ke anahne sent de mwohni laud en pwainla amw pwukoahn isais de resiht, eker 1-800-547-3109.

## Dahme kahrehda ih anahne doadoahngki sawas en insurens mehnda ma ih sohte soumwahu?

Aliale sawas en roson mwahu ansou koaros kin sowesehda de irehdi soumwahu. Ke kak saledok ni ahmw ansou me ke tuhweng toahkte me ke koapwoaroapwoarki oh ke kak ale sawas en irehdi soumwahu, dok en irehdi soumwahukan oh kosou en roson mwahu ansou tohto pwe ken dehr alehdi soumwahu.

## Mehnia toahkte me ih kak tuhweng?

Ke kak tuhweng toahkte me pahn kak alehda noumw insurens pilahnen. Ong rapahki toahkte nan minimin en insurens, eker noumw insurens pilahn de kohla nan neirail wepsaid.

## Ansou dah me I kak kohla tuhweng toahkte oh ansou dah me ih konehng kohla ni emertensi ruhmw?

Ma ke mih nan irair en emertensi, kohla ni karwaru ni imwenwini nan emertensi ruhmw. Ahpw, ke kak kohla tuhweng omwi sohn sawas en roson mwahu de toahkte me ke kin kalapw tuhweng ong sawas me sohte mih ni irair karwaru. Soumwahu me anahnepen tuhweng toahkte ni karwaru kak pil wia ehu sawas ma ke pehm me ke soumwahu pwe pein noumw toahkte me ke kin kalapw tuhwengo pahn sohte kak soweseiuk rahnohte.

## lawasa me ih pahn kak alehdi mengihtikan?

Ke kak alehdi mengihtikan nan pwuhk en Kapese kapw ong COFA Islander Health Care me ke pahn alehdi nan postdo ansou me ke aplai oh alehdi noumw insurenso. Pwuhk wet audaudki telepwohn nempehkan ong noumw insurens pilahn, mengihkit me pid insurens pilahn en sawas en roson mwahu, oh dahme ke anahne wia ma ke anahne sawas. Pwuhk wet mih nan onlain ni [hca.wa.gov/assets/free-or-low-cost/19-0039.pdf](https://hca.wa.gov/assets/free-or-low-cost/19-0039.pdf). Ma ke men alehdi sawas kat nan doaropwe, kalahngan oh eker HCA.

## Eker kiht

Telepwohn nempe 1-800-547-3109 | Ihmeil [COFAQuestions@hca.wa.gov](mailto:COFAQuestions@hca.wa.gov) | Wepsaid [hca.wa.gov/cofa](https://hca.wa.gov/cofa)

[English] If you speak [name of language], language assistance services, free of charge, are available to you. Call 1-800-547-3109 (TRS: 711).

[Kosraean] Mwe Fwakak nu sin Mwet Kosrae: Kom fwin enenu in lungasyukla kas Merike nu ke kas Kosrae, a asr kasru nu sum a wangin molo, pangon 1-800-547-3109 (TRS 711).

[Marshallese] Ne kwoj kenono ak Kajin Marshall. Elon rukok renaj jiban ilo ejjelok wonen 1-800-547-3109 (TRS: 711).

[Palauan] Al sekum ke molekoi a tekoi er a Belau, e ousbech a oleiiuid a tekingem el di tada, e moutekangel el omekedong er a 1-800-547-3109 (TRS: 711).

[Pohnpeian] Lokaian Pohnpei: Ma komw ese lokaian Pohnpei, mie sawas en lokaia kan, ni sohte pweipwei. Menlau, kahlih 1-800-547-3109 (TRS: 711).

[Yapese] Thin nu Wa'ab: Ra gabe ning e ayuw ko thin ma ran pi e ayuw ngom ni dariy pulwon. Numba rom 1-800-547-3109 (TRS: 711).

[Trukese] Ika ka kapasen Chuuk (Chuukese/Trukese), ka tongeni angei aninisin chiakku, ese kamo, inet chok ka mochen. Kokkori 1-800-547-3109 (TRS: 711).

If you need an accommodation, or require documents in another format or language, please call 1-800-547-3109 (TRS: 711).