

Evaluation and treatment program

Background

An Evaluation and Treatment facility (E&T) is any facility which can provide directly, or by direct arrangement with other public or private agencies, involuntary mental health (MH) treatment to persons suffering from a MH disorder, and which is licensed or certified as such by the Department of Health.

Program

Services are considered acute ambulatory treatment services provided in a structured setting for individuals whose MH disorder is not responsive to lower-level interventions such as crisis services, outpatient services, crisis stabilization, and residential services. Treatment typically includes a combination of group and individual treatment coupled with medication management in a highly structured setting.

Process

An E&T may provide voluntary treatment, or involuntary treatment for persons detained under the Involuntary Treatment Act.

Level of care varies depending on the acuity of the current symptoms, risk, and needs of the individual.

An initial involuntary length of stay is up to 120 hours, then a court may order up to 14 days of additional treatment.

As of July 2023, there were 1262 active E&T Beds. There were 22 freestanding E&Ts, 29 hospital-based E&Ts. This count of beds is less than the total number of licensed due to variability in utilization and staffing currently. This number is subject to change as facilities open, close, and change their active bed counts regularly.

These facilities served 2,347 individuals during State Fiscal Year 2023.

Funding

The reimbursement rate for services is \$933.41 per individual per day billed to the individual's

insurance provider or regional Behavioral Health Administrative Services Organization. This rate does not include room and board. HCA can be billed for individuals who meet Fee-For-Service requirements.

Eligibility

Any individual who meets criteria for detention under the ITA with mental health disorder as the primary reason for detention.

Oversight

Adult

Revised Code of Washington (RCW) 71.05
Washington Administrative Code (WAC) 246-341

Youth

Revised Code of Washington (RCW) 71.34
Washington Administrative Code (WAC) 246-341

More information

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