DRAFT - Washington's Vision and Guiding Principles for Crisis Response and Suicide Prevention

Vision: 988 offers a connection to anyone who is struggling, meeting them with acceptance and empathy, offering hope and recovery.

Guiding Principles

People in crisis experience:

- A seamless system without barriers
- A welcoming response that is healing and provides hope
- Person and family centered care
- Care that is responsive to developmental, cultural, and linguistic needs

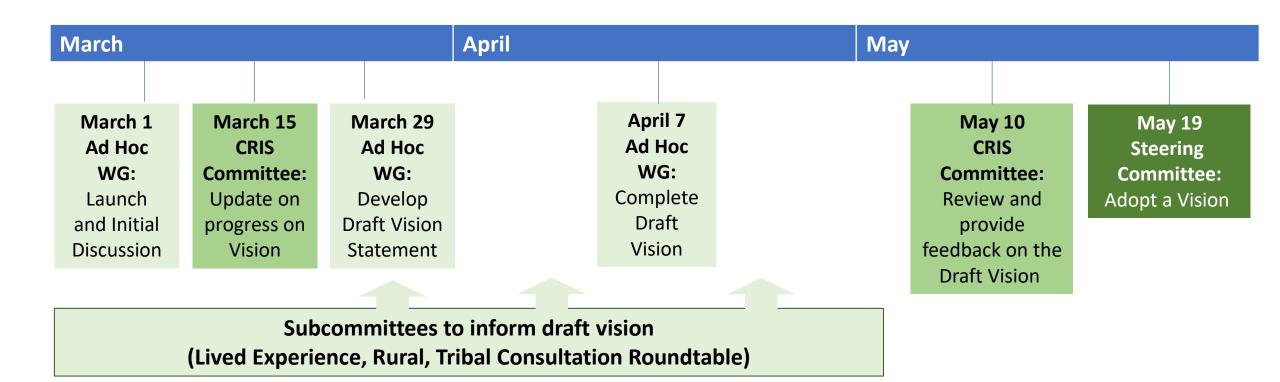
The Crisis System is intentionally:

- Grounded in equity and antiracism
- Centered in and informed by lived experience
- Coordinated, collaborative across system partners
- Empowered by technology
- Sustainably and equitably financed

Co-created by the Ad Hoc Workgroup on Vision April 12, 2022 DRAFT

Ad Hoc Workgroup on Vision – Charge and Process to Develop Draft Vision

Ad Hoc Workgroup on Vision Charge: Develop a *draft* vision for Washington's behavioral health crisis response and suicide prevention system for consideration by the broader CRIS Committee.



Ad Hoc Workgroup on Vision – Members

- 1. Caitlin Safford MCOs
- 2. Darcy Jaffe Hospitals
- 3. Jan Tokumoto 988 Call Centers
- 4. Jenn Stuber University of Washington Suicide Prevention Center of Excellence
- 5. Jolene Kron BH-ASO (Salish)
- 6. Joan Miller WA Council
- 7. Kashi Arora Youth
- 8. Michael Reading –BH-ASO (King County)
- 9. Michael Robertson Peer organization and person with lived experience

Washington Crisis System SMEs for consultation to the Ad Hoc Workgroup

- 1. Laura Van Tosh advocate and person with lived experience
- 2. Michele Roberts or delegate DOH
- 3. Keri Waterland or delegate HCA
- 4. Amber Leaders Governor's Office
- 5. Representative Orwall State Representative
- 6. Melanie Estes legislative intern to Representative Orwall and person with lived experience

Shared Understanding of a Vision Statement

What is a vision statement?

In general terms, a vision statement is an aspirational statement of an organization or system that states what they would like to achieve.



What are characteristics of a vision statement?

- Powerful phrase
- Describes the best outcome desired
- It uses simple language
- It evokes emotion
- > It helps build a common picture in people's minds
- Concrete way for stakeholders to understand meaning and purpose

Reference materials that informed development of draft vision and principles

- ➤ Working Draft Vision Statements from Breakouts (March 29)
- ➤ Draft Vision Statements Workgroup alignment (April 7)
- ➤ Draft Guiding Principles Breakout Groups and Summary List (March 29, April 7)
- ➤ Draft Guiding Principles Simplified (April 7)

Working Draft Vision Statements from Breakouts (March 29)

When a crisis calls, Washington answers with care, hope and healing

Hope for All When Life is Hard

A place to call and talk with a caring person when you are in a crisis. Met with acceptance and empathy

Crisis Care that is responsive to anyone when and where they are in need

988 begins a holistic, caring journey that meets the needs of a person who is struggling and their loved ones; seeing them through to hope and recovery

988 offers anyone and their loved ones who are struggling a connection: where everyone is met with acceptance and empathy - seeing them through to hope and recovery.

A place to call, someone to respond and somewhere to go

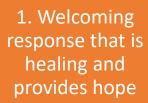
DRAFT Vision Statements – Workgroup Alignment (April 7th Meeting)

 988 offers a connection to anyone in need, meeting them with acceptance and empathy, offering hope and recovery

• 988 begins a holistic, caring journey that meets the needs of anyone in need; seeing them through to hope and recovery

A place to call, someone to respond and somewhere to go

Working Draft Guiding Principles from the Breakouts (March 29)



- 2. Access to care for all including assistance with navigating systems and barriers
- 3. Person and family centered, most responsive and least restrictive
- 4. Tailored to individual and family needs

5. Grounded in equity and antiracism - non-judgmental

- 6. Culturally and linguistically responsive
- 7. A place to tell your story
- 8. Crisis is defined by an individual/family
- 9. Crisis continuum of services offered are
- 10.Coordinated response

- 11. Collaboration across system partners
- 13. Lived experience is central to design and oversight of the crisis system of care
- 14. Technology empowers coordination
- 15. Transparent Cross-System Data
- 16. Accountability to those served and the community

- 17. Expectations for continual system improvement
- People in crisis experience a seamless system

Sustainably and equitably financed for all

Statement about best practices – clinical and systemwide

Draft Guiding Principles List (April 7)

Individual-level

- 1. A place to tell your story
- 2. Welcoming response that is healing and provides hope
- 3. Access to care for all including assistance with navigating systems and barriers
- 4. Person and family-centered, most responsive and least restrictive
- 5. Tailored to individual and family needs
- 6. Grounded in equity, anti-racism, non-judgmental, trauma-informed
- 7. Culturally and linguistically responsive
- 8. Crisis is defined by an individual/family
- 9. The individual experiences evidence-based and best practice interventions, both at the local and system level

System-level

- Crisis continuum of services are a coordinated response with collaboration across system partners, ensuring individuals experience a seamless system
- Lived experience is central to design and oversight of the crisis system of care
- 3. Technology in place that empowers coordination and supports transparent cross-system data
- 4. Supports accountability to those served with expectations for continual system improvement
- 5. Sustainably and equitably financed for all
- Reduces and avoids the criminalization of behavioral health disorders

Draft Guiding Principles – Simplified (April 7)

People in crisis experience

- 1. A seamless system without barriers
- 2. A welcoming response that is healing and provides hope
- 3. Person and family centered care
- 4. Care that is responsive to developmental, cultural, and linguistic needs

System-level

- 1. Grounded in equity and anti-racism
- 2. Centered in and informed by lived experience
- 3. Coordinated, collaborative across system partners
- 4. Empowered by technology
- 5. Sustainably and equitably financed