




Zoom Technology Moment: Committee Members





AGENDA

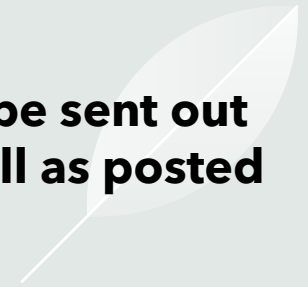
- **Welcome, Intros, Agenda review**
 - **Presentations and Discussions:**
 - *Highlight and discuss key bills under consideration during the 2024 legislative session.*
 - *Share update from the February CRIS meeting and key areas of focus for 2024.*
 - *Updates on status of work to revise approach for gathering lived experience stories.*
 - **Open Discussion: Continue mtg topic + anything else**
 - **Next meeting:**
 - **MON 4/8/2024, 1:00 PM - 3:00 PM**
- 



2024 Meetings, Mondays, 1-3pm

- **4/8/2024**
- **5/13/2024**
- **6/10/2024**
- **7/8/2024**
- **8/12/2024**
- **9/9/2024**
- **10/15/2024**
- **11/12/2024**
- **12/9/2024**

Information on how to join the meeting will be sent out one week in advance of each meeting, as well as posted to the HCA Website.



Kristen Wells w Alkosh

Representing **LIVED EXPERIENCE** on **CRIS**

- ❖ I manage multiple health conditions.
- ❖ I grew up with a sibling designated as ‘Seriously Emotionally Disturbed’
- ❖ My husband has chronic suicide ideation.
- ❖ I am a social worker who fights to represent my clients’ rights.





Meeting Invitation Updates

- **Kristine Malana, Senior Consultant at Health Management Associates will be taking over from Brittany Thompson, starting in April.**
- **Brittany will be cancelling her meeting holds/invitations, so that Kristine can send new ones for future meetings.**
- **We appreciate your patience as we transition.**
- **Thank you!**





What is CRIS

- **2020 Fed 988 bill leads to formation of CRIS**
- **CRIS: Crisis Response Improvement Strategy established 2021 via HB 1477**
- **Focus on 3 pillars as per SAMHSA**
 - *Someone to Call*
 - *Someone to Come*
 - *Safe Place to Be*
- **38 members including 4 representing LE**
- **Subcommittees: Multiple including LE. All have people with LE on them.**
- **Work of CRIS sent as a report to legislators and Governor's office end of each year since 2021.**

Overview of HB 1477 Steering Committee, CRIS Committee, and Subcommittees

The Steering Committee – with input from the CRIS and Subcommittees – is charged to deliver to the Governor and Legislature recommendations related to funding and delivery of an integrated behavioral health crisis response and suicide prevention system in Washington.

Steering Committee

Role: Make Recommendations to the Governor and Legislature

CRIS Committee

Role: Advise the Steering Committee as it formulates recommendations

Subcommittees

Role: Provide professional expertise and community perspectives on discrete topics*

Tribal 988*	Credentialing and Training*	Technology*	Cross-System Collaboration*	Confidential Information*	Rural & Agricultural Communities	Lived Experience	988 Geolocation**
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* Six of the eight subcommittees are established by legislation . The Steering Committee established two additional subcommittees: Lived Experience and Rural & Agricultural Communities

** The Geolocation Subcommittee is expected to be convened in 2024.



LIVED EXPERIENCE (LE) SUBCOMMITTEE

- **Keep community updated on what is going on in the CRIS**
- **Empower people with LE to share their stories to identify system gaps and make suggestions on ways to address them.**
- **Inputs are shared with CRIS**
- **LE directly speak to agencies like DOH, HCA, Legislators when they can come, and other agencies that are executing the build out of the system**
- **Share your stories directly at the CRIS mtgs**



LE MEETING FLOW & HOW TO PARTICIPATE

Every lived experience story and perspective is valuable. We see the vulnerability it takes to share your tender experiences. The meeting is divided into 2 segments:

1) Presentations & discussions related to specific topics with time to interact w presenter. Please keep your questions and comments on topic while in this portion of the meeting. To honor everyone who attends we may need to interrupt and ask you to hold off topic comments/questions until later in the meeting.

2) Open discussion so we can give your stories our full attention and respect. All stories, comments, and questions not related to agenda topics are welcome during this portion

Washington Speaks

ARE YOU INTERESTED IN?

- ❖ Sharing your story with the CRIS or CRIS Steering Committee?
- ❖ Receiving support and feedback from others with lived experience in preparing to share your story?
- ❖ Supporting others in preparing to share their story?

To join our CRIS Lived Experience group training let us know in chat or e-mail npinson@healthmanagement.com



Update: 2024 Legislative Session

SB 6308 - Extending timelines for implementation of 988 system - on Governor's desk

SB 5853 - Extending crisis relief center model to youth - on Governor's desk

HB 1541 - Nothing about us without us act - on Governor's desk

SB 6251 - Coordinating regional behavioral health crisis response - on Governor's desk

HB 1946 - Washington health corps behavioral health scholarship program - on Governor's desk

HB 1929 - Post inpatient behavioral health treatment support for young adults - on Governor's desk

HB 2239 - Social-emotional skills instruction in schools - never passed out of the House

**Update: CRIS
Priorities for 2024**

- The Steering Committee – with input from the CRIS and Subcommittees – is charged to deliver to the Governor and Legislature recommendations related to funding and delivery of an integrated behavioral health crisis response and suicide prevention system in Washington, including:
 - ✓ **JANUARY 1, 2022:** Initial Assessment Washington’s behavioral health crisis response and suicide prevention services.
 - ✓ **JANUARY 1, 2023:** a second progress report, including a summary of activities completed by the CRIS during CY 2022 and recommendations related to funding of crisis response services from the 988 Account created by the line tax.
 - ✓ **JANUARY 1, 2024:** a third progress report, including a summary of activities completed by the CRIS during CY 2023
 - ☐ **JANUARY 1, 2025:** a Final Report with recommendations addressing system elements outlined by the legislation.

➤ **The CRIS Committee and Subcommittees are charged with advising the Steering Committee in developing recommendations, including, but not limited to:**

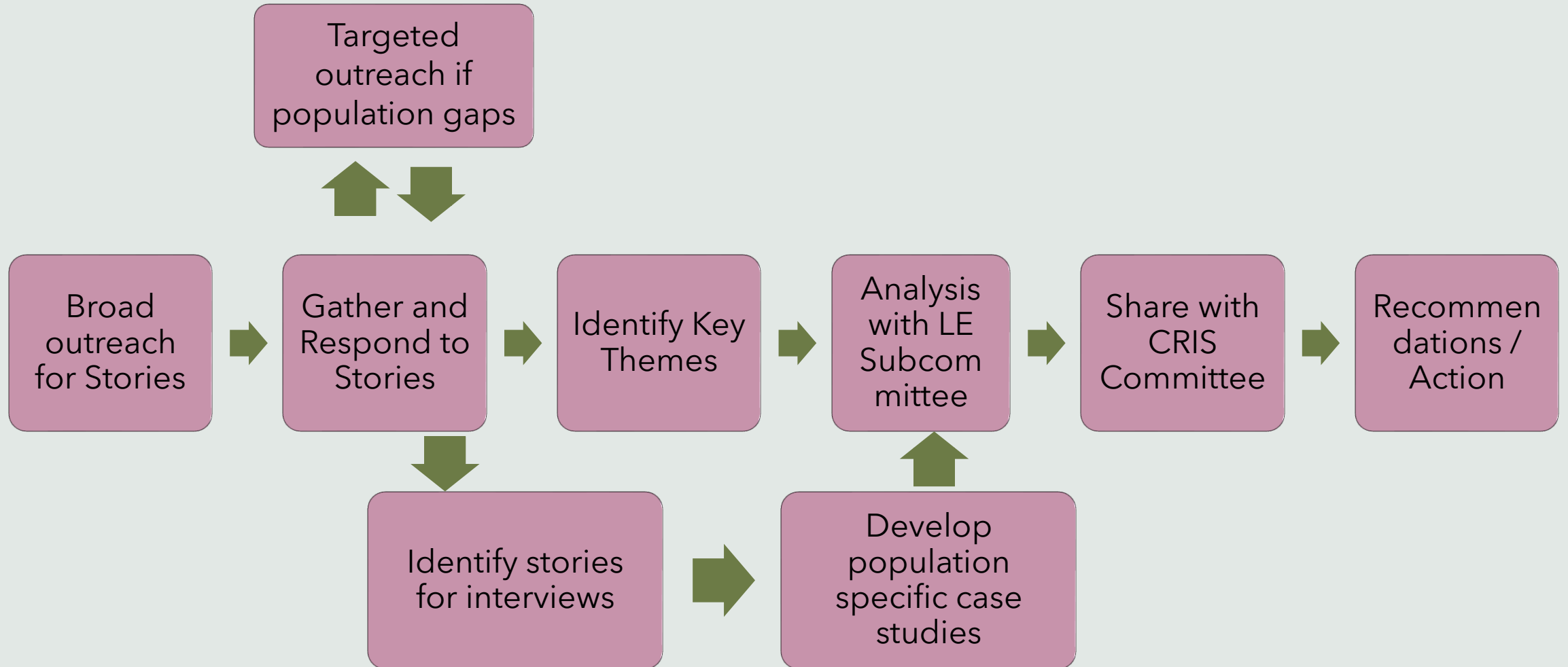
1. **Vision:** *Recommendations vision for Washington’s crisis response and suicide prevention system.*
2. **Equity:** *Recommendations to promote equity in services for individuals of diverse circumstances.*
3. **Service Goals:** *Identify quantifiable goals for the provision of statewide and regional behavioral health crisis services and targeted deployment of resources; Develop a plan for the statewide equitable distribution of crisis stabilization services, behavioral health beds, and peer-run respite services.*
4. **Quality & Oversight:** *Identify crisis system goals and a process for establishing measures, targets and oversight.*
5. **Cross System Interactions:** *Examine and define complementary roles and interactions for broad range of entities involved in the crisis system.*
6. **Staffing/Workforce:** *Make recommendations related to workforce needs by region, including staff education and training requirements for call center Hubs.*
7. **Funding/ Cost Estimates:** *Cost estimates for each of the components of the integrated behavioral health crisis response and suicide prevention system. This will inform budget needs and funding recommendations.*
8. **Technology:** *advise on the technology and platform needed to manage and operate the behavioral health crisis response and suicide prevention system (Section 109 Technical and Operational Plan).*



LE STORIES PROJECT TO INFORM SYSTEMS IMPROVMENT

- **Anyone who has come in contact with the Behavioral Health Crisis system within the last 2 years will be able to participate.**
- **Want people to have options to submit stories in writing, recorded verbally, or live verbally depending on their needs.**
- **Hope to compensate participants for their time and emotional labor.**
- **Engage in outreach to communities who we might not otherwise hear from.**
- **Project team focusing on developing specifics about prompts to gather stories, orgs to partner with for outreach to communities to gather stories effectively.**

Lived Experience Stories to Drive System Improvements – Updated Process





QUESTIONS

&

— DISCUSSION





Choirs use staggered breathing when it is impossible for each individual singer to get through the sustained note or phrase without running out of breath. Singers in the same part take short breaths at different times to create the illusion that the overall sound created by the choir is one single unbroken line.

How we stay hopeful





#We can apply Ragnar, Relay for Life, Staggered breath singing ideas to the work we do!

We Work - we Rest

We Take Turns!

We do it Together!



WHAT WE COVERED

- **To share your lived experience story at the CRIS mtg, let us know in chat or e-mail:**
 - npinson@healthmanagement.com
- **Presentations and Discussions:**
 - *Highlight and discuss key bills under consideration during the 2024 legislative session.*
 - *Share update from the January CRIS meeting and key areas of focus for 2024. Discuss and gather Lived Experience Subcommittee feedback on revised approach for gathering lived experience stories.*
- **Open Discussion: Continue mtg topic + anything else**
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