

Parent-Child Assistance Program (PCAP)

Overview

The Parent Child Assistance Program (PCAP) is an evidence-informed program that provides intensive case management and support services to pregnant and parenting women with substance use disorders and their young children.

Previous Safe Babies, Safe Moms (SBSM) sites transitioned to adopt the PCAP model in July 2017. There are currently 15 PCAP sites in Washington, serving a total of 20 counties.

PCAP services include:

- Referral, support, and advocacy for substance use disorder treatment and continuing care.
- Assistance in accessing and using local resources such as family planning, safe housing, healthcare, domestic violence services, parent skills training, child welfare, childcare, transportation, and legal services.
- Linkages to health care and appropriate therapeutic interventions for children.
- Timely advocacy based on client needs.

Eligibility requirements

Individuals are eligible if they meet all three of the following criteria:

- Individuals who are currently pregnant or postpartum up to 24 months. Priority shall be given to women who are pregnant and up to 12 months postpartum; referrals shall be accepted up to 24 months postpartum on a space available basis.
- Individuals who self-report at risk substance use (drugs and/or alcohol) during the current or recent pregnancy.
- Individuals who have not successfully accessed community resources for substance use treatment and long-term recovery.
- In addition, women who have given birth to a child diagnosed with FAS or FASD, who are still drinking and able to become pregnant, may be enrolled regardless of pregnancy status.

- Financial eligibility: 220% of Federal Poverty Level or Medicaid eligible.

Authority

2ES HB 2376. Sec 208 (1).

Proviso adopted 2015. S-3394. Sec 208.

2023 Leg Session - ESSB 5187. Sec 215(16)

Budget

Total Budget SFY 2024: \$14,441,410.

- \$13,929,754 dedicated to PCAP services.
- \$511,608 dedicated to PCAP data collection, evaluation, and staff training by the Addictions, Drug and Alcohol Institute (ADAI) at the University of Washington.

Rates

Each PCAP site receives a per-client amount based on their geographic location and localized funding requirements. Per-client funds vary from \$636 to \$719.

In the 2023 legislative session, a 15% rate increase was included for PCAP beginning January 2024. This will increase rates to the range of \$731-\$827, varying by location.

Costs and numbers served

At \$13,326,754 per year, PCAP's current capacity is to regularly provide services to 1,490 clients.

In partnership with DCYF, an expansion of 56 PCAP client slots was approved in the 2023 legislative session. Once established in contracts, this would increase the total funding to \$13,929,754 and total capacity to 1546 clients.

Partners

- PCAP works closely with community service providers to ensure services are available and accessible to meet the needs of women and their children.
- Agencies can act as referral sources, notifying PCAP regarding clients who may be eligible for participation in the program.

- PCAP regularly collaborates with pediatric and family health care professionals to ensure that mothers and babies obtain regular care and consultation as necessary.
- Many PCAP clients experience mental health challenges. PCAP works with mental health provider networks and arranges for assessments, treatment, and multi-disciplinary staffing for clients as necessary.
- PCAP works with the University of Washington FAS Diagnostic and Prevention Network (FAS DPN) to obtain diagnostic services and treatment recommendations for eligible clients and their children.
- Other collaborative relationships include housing, child welfare, courts, schools, vocational centers, and therapeutic childcare centers.

Oversight

Division of Behavioral Health and Recovery (DBHR) contracts and manages all PCAP services.

Addictions, Drug and Alcohol Institute (ADAI) at the University of Washington provides quality assurance, implementation fidelity, training, and evaluation of all PCAP sites around the state.

Additional Resources

[Substance Using Pregnant People \(SUPP\) program](#)

[Parent Child Assistance Program](#)

[UW Medicine Parent-Child Assistance Program \(PCAP\)](#)

[Parent Trust for Washington Children](#)

[Parent Trust for Washington Children](#) (fact sheet)

More information

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