

Washington System of Care Statewide FYSPRT

Date: September 20, 2022 **Time:** 3:00pm – 5:00pm

Approximately 53 attendees representing the following: A Common Voice/COPE Project, Beacon Health Options of Washington (North Central, Pierce, and Southwest WA), Community Health Plan of Washington, Department of Children Youth and Families, Department of Health, Developmental Disabilities Administration, Family Alliance Washington, Governor's Office of the Education Ombuds, Great Rivers Regional FYSPRT, Great Rivers Behavioral Health Administrative Services Organization, Greater Columbia Administrative Services Organization, Greater Columbia FYSPRT, Health Care Authority, HI-FYVE (Pierce Regional FYSPRT), King County Community Collaborative (KC3), North Sound Youth and Family Coalition, North Sound Behavioral Health Administrative Services Organization, Northeast FYSPRT, Office of Superintendent of Public Instruction, Passages Family Support, Salish Administrative Services Organization, Salish Regional FYSPRT, Southwest Regional FYSPRT, Spokane Administrative Services Organization, Students Providing and Receiving Knowledge (SPARK), System of Care Partnership, and University of Washington.

Facilitators – Michelle Karnath, Gabriel Hamilton, and Katie Favela (Statewide FYSPRT Tri-Leads)

Timekeeper – Tri-Lead Team

Notes – Kaitlynn/Kris

| Agenda Item & Lead(s) | Discussion and Notes | Action Items | Assigned To | By when |
|---|--|--|------------------|---------|
| Welcome and Introductions Statewide FYSPRT Tri-Leads 3:00 – 3:10 | Shared land acknowledgement. Brief Zoom meeting guidelines provided (mute when not talking, raise hand or put questions in the chat). Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSPRT they were representing. Reviewed Full Value Agreement | Contact information for presenters will be included in this column in case there is interest in having these presentations, or a more specific presentation for the region, at Regional FYSPRT meetings. | n/a | n/a |
| Youth and Young Adult Continuum of Care (YYACC) Communication Michelle Karnath 3:10 – 3:25 | <p>Topic Purpose – Standing agenda item to share information about the Youth and Young Adult Continuum of Care Subgroup meetings and activities</p> <p>The Statewide FYSPRT Tri-lead team wants to dedicate time on every agenda to provide updates regarding topics moved forward by the Statewide FYSPRT to the Youth and Young Adult Continuum of Care (or YYACC, a subgroup of the Children and Youth Behavioral Health Work Group) to keep the Statewide FYSPRT members in the loop on progress and other items being worked on by the YYACC.</p> <p>The YYACC is currently drafting recommendations for the broader Children and Youth Behavioral Health Work Group (CYBHWG) and will be reviewing the behavioral health respite report as part of the 2021 CYBHWG recommendation to "Direct the Health Care Authority to explore Medicaid waiver options for respite care for youth with behavioral health challenges, without adversely impacting the respite waivers for children and youth in the foster care system and for children and families enrolled with the Developmental Disabilities Administration." The YYACC will forward their</p> | For questions contact Michelle Karnath at Michelle.Karnath@clark.wa.gov or cybhwg@hca.wa.gov | Those interested | Anytime |

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

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| | <p>recommendations to the CYBHWG in October. The CYBHWG will submit their prioritized recommendations to the Legislature in November 2022.</p> <p>YYACC and CYBHWG meetings are open to the public. If you would like to view upcoming meetings or past meeting notes, please go to CYBHWG meetings page. If you would like to be added to the listserv that receives emails about the YYACC or the CYBHWG or its other subgroups, please contact cybhwg@hca.wa.gov.</p> | | | |
| <p>Supports for K-12 students and their families</p> <p>Danielle Eidenberg</p> <p>3:25 – 3:55</p> | <p>Topic Purpose – A representative from the Governor’s Office of the Education Ombuds is attending to share information about the program and how they can help address school related concerns.</p> <p>In June 2022, the Statewide FYSVRT Tri-lead team sent an email about the Office of the Education Ombuds and the supports they provide for K-12 students and their families. With it being the start of the school, it seemed very relevant as an agenda item for this September meeting.</p> <p>The Office of the Education Ombuds (OEO) is an agency within the Governor’s Office, that’s purpose is to address barriers to student achievement and reduce the opportunity gap. Their work is to ensure fair and equitable processes, focus on removing barriers to student achievement, provide information about the public education system, help resolve disputes between families and schools collaboratively through informal facilitation and mediation and to make annual recommendations to improve outcomes for all students. OEO supports students and families through these approaches: casework, training, and policy.</p> <p>Office of Education Ombuds can share information about steps you can take to file a formal complaint, but their role is to help with communication, and to listen and share perspectives back and forth. OEO does not provide legal advice or enforce laws or regulations. All communications are confidential.</p> <p>Families and community professionals are encouraged to contact OEO to see how they can help. Contact OEO Toll Free 1-866-297-2597 (interpretation available) or by email at oeoinfo@gov.wa.gov. For more information, feel free to visit OEO’s website.</p> | <p>For more information and/or questions, contact Danielle Eidenberg at Danielle.Eidenberg@gov.wa.gov</p> | <p>Those interested</p> | <p>Anytime</p> |
| <p>Project ECHO (Extension for Community Healthcare Outcomes)</p> <p>Gary Stobbe and Jim Mancini</p> <p>3:55 – 4:25</p> | <p>Topic Purpose – Information sharing regarding the Project ECHO model and IDD Wraparound (IDD = intellectual/developmental disabilities) per topic request from the May meeting evaluation to have a topic related to the intersection of complex mental health and autism spectrum or intellectual/developmental disabilities.</p> <p>In the evaluation for the May Statewide FYSVRT meeting, it was requested to have a topic related to the intersection of complex mental health and the autism spectrum or intellectual/developmental disabilities.</p> | <p>For more information and/or questions, please contact Jim Mancini – jmancini@uw.edu or</p> | <p>Those interested</p> | <p>Anytime</p> |

Statewide FYSVRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
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| | <p>People with intellectual and developmental disabilities (IDD) with co-occurring mental health needs are more likely to be institutionalized, experience punitive measures (such as increased incarceration rates), reduced independent living and pay rates, fewer friendships, and increased loneliness. People experiencing symptoms of autism spectrum disorder (ASD) also experience higher rates of inpatient psychiatric hospitalization. Barriers experienced by the IDD/ASD population include high rates of mental health symptoms, siloed services, diagnostic overshadowing, shortage of mental health providers with experience serving people with IDD/ASD diagnosis, long wait times for preventative or route mental health services, and cost, with all these barriers being exacerbated by COVID-19.</p> <p>Following national guidance related to co-occurring mental health and developmental disabilities, the University of Washington (UW) and the Health Care Authority (HCA) have been working together to address the barriers of workforce shortage, undertrained providers, and siloed service systems to meet the needs of the IDD/ASD community.</p> <p>Project ECHO (Extension for Community Healthcare Outcomes) helps share medical knowledge and develops specialty care capacity in communities. The model focuses on tele mentoring, collaborative medical education and care management and empowers front-line health professionals to provide the right care, in the right place, at the right time. This model uses technology to leverage scarce resources, provides case based learning, shares best practices and has a web-based database to monitor outcomes.</p> <p>Benefits of participating in an ECHO cohort includes decreasing provider isolation, increasing professional knowledge, sharing of best practices for working with those experiencing IDD/ASD symptoms/diagnosis, and reducing disparities experienced by individuals and their families.</p> <p>For additional information about Project ECHO, ECHO Wraparound, and ECHO Autism Washington, please feel free to visit University of Washington's Project ECHO website.</p> | <p>Gary Stobbe – gastobbe@uw.edu</p> | | |
| <p>Substance use treatment updates</p> <p>Amanda Lewis and Amy Dura</p> <p>4:25 – 4:55</p> | <p>Topic Purpose – Information sharing on substance use treatment availability and what the data is telling us as requested in the July meeting evaluation.</p> <p>In the evaluation for the July Statewide FYSPRT meeting, it was requested to have updates on substance use treatment availability and data.</p> <p>The Health Care Authority (HCA) offers full continuum of services across prevention, intervention, treatment, and recovery supports through contracts with managed care organizations. Regional programming can also depend on the resources in a community. Data measures allow HCA to see areas of need and gaps in regional</p> | <p>For more information and/or for questions, contact Amanda Lewis Amanda.Lewis@hca.wa.gov or Amy Dura Amy.Dura@hca.wa.gov</p> | <p>Those interested</p> | <p>Anytime</p> |

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| | <p>networks. Providers have seen an increase in use and need for withdrawal management and have also reported more acute symptoms, escalated behavior and that intoxication appears different. Programs are also reporting poly-substance use. Workforce shortages have impacted program capacity across the state.</p> <p>HCA is currently working with Do Big Good on a Reimagining Access project with results and recommendations being co-designed with young people and community members. The Opioid Response Network Learning Collaboratives are currently happening in partnership with youth substance use residential treatment programs.</p> <p>In Washington and throughout the United States, opioids and fentanyl are being misused at an alarming rate. Washington has a variety of available resources for service providers, families, and young people to help support combatting fentanyl, opioid use, and risk for overdose. For additional data and information, feel free to access these resources:</p> <ul style="list-style-type: none"> • Local data on opioids • Center for Disease Control and Prevention, Fentanyl • Updates to Overdose in WA State • Drug Enforcement Administration warns of brightly colored fentanyl 'used to target young Americas' <p>Naloxone can reverse an overdose and provide crucial time for emergency and medical responders to arrive and render further aid. Individuals who live in Washington can order Naloxone for free and have it mailed directly to them at no cost. To order free naloxone, go to the People's Harm Reduction Alliance website.</p> | | | |
| <p>Meeting evaluation</p> <p>Statewide FYSPRT Tri-leads</p> <p>4:55 – 5:00</p> | <p>Meeting evaluation link provided in the chat for participants to provide feedback on the meeting including agenda items for future meetings.</p> <p>Meeting evaluation link will also be emailed out to the group after the meeting.</p> | <p>Tri-leads to review and consider feedback in planning future meetings.</p> | <p>Tri-lead team</p> | <p>December 2022</p> |
| Next Statewide FYSPRT Meeting | | | | |
| <p>Thursday, December 1, 2022 3pm – 5pm</p> | | | | |

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