

Washington System of Care Statewide FYSPRT

Date: December 1, 2022 **Time:** 3:00pm – 5:00pm

Approximately 100 attendees representing the following: Beacon Health Options of Washington (North Central, Pierce, and Southwest WA), Department of Children Youth and Families, Department of Health, Developmental Disabilities Administration, Excelsior Wellness, Family Alliance Washington, Great Rivers Regional FYSPRT, Great Rivers Behavioral Health Administrative Services Organization, Greater Columbia Administrative Services Organization, Greater Columbia FYSPRT, Health Care Authority, HI-FYVE (Pierce Regional FYSPRT), King County Community Collaborative (KC3), Molina Healthcare, North Central WA FYSPRT, North Sound Youth and Family Coalition, North Sound Behavioral Health Administrative Services Organization, Northeast FYSPRT, Office of Superintendent of Public Instruction, Partnerships for Action | Voices for Empowerment (PAVE), Passages Family Support, Salish Administrative Services Organization, Salish Regional FYSPRT, Southwest Regional FYSPRT, Spokane Administrative Services Organization, Statewide Family Network, Students Providing and Receiving Knowledge (SPARK), System of Care Partnership, and United Healthcare plus multiple community members.

Facilitators – Michelle Karnath, Gabriel Hamilton, and Katie Favela (Statewide FYSPRT Tri-Leads)

Timekeeper – Tri-Lead Team

Notes – Kaitlynn/Kris

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
<p>Welcome and Introductions</p> <p>Statewide FYSPRT Tri-Leads</p>	<p>Shared land acknowledgement.</p> <p>Brief Zoom meeting guidelines provided (mute when not talking, raise hand or put questions in the chat).</p> <p>Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSPRT they were representing.</p> <p>Reviewed Full Value Agreement</p> <p>Announcements from the Tri-leads:</p> <ul style="list-style-type: none"> • Coming soon - Survey will be emailed out to help identify meeting days and times for the 2023 Statewide FYSPRT meeting schedule • Updates from the Youth and Young Adult Continuum of Care Subgroup will be emailed out instead of having time on the agenda • If you are interested in having any of today's topics on a Regional FYSPRT agenda, feel free to reach out to presenters to request the same or a more specialized presentation 	<p>n/a</p>	<p>n/a</p>	<p>n/a</p>
<p>Update on 988</p> <p>Crisis Systems Team, Health Care Authority Lonnie Peterson, Department of Health</p>	<p>Topic Purpose – Providing an update on the implementation of 988 as requested in the July and September meeting evaluations</p> <p>In the evaluations for the July and September Statewide FYSPRT meeting, it was requested to have an update on the 988 implementation and an update from the Crisis Response Improvement Strategy (CRIS) Steering and Lived Experience committees.</p> <p>The 988 suicide and crisis lifelines provide 24/7, free and confidential support to people in suicide crisis or mental health related distress. The national implementation for a suicide</p>	<p>For more information and/or questions, contact Lonnie Peterson at lonnie.peterson@doh.wa.gov or Matthew Gower at matthew.gower2@hca.wa.gov</p>	<p>Those interested</p>	<p>Anytime</p>

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

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	<p>prevention hotline started in 2001 with 988 being implemented on July 16, 2022. The Department of Health and Health Care Authority are working together to produce a technical and operational plan to enhance the crisis call and response platform and the behavioral health integrated client referral system.</p> <p>There are three 988 Lifeline Crisis Centers in WA State: Crisis Connections in King County, Frontier Behavioral Health in Ferry, Stevens, Pend Oreille, Lincoln, Spokane and Adams Counties and Volunteers of America cover the remaining WA Counties. People calling 988 have 5 options when calling: 1) connect to the Veterans Crisis Line, 2) connect to the Spanish Subnetwork, 3) connect to the Trevor Line, 4) connect to the Native and Strong Lifeline, or remain on the line to be connected to a local crisis center or back up center if local crisis center is unable to answer. You can also text 988 and get connected to a Lifeline Crisis Center. Some participants identified concerns regarding the area code (for example someone using an out of state cell phone getting connected out of state instead of to a WA Lifeline Crisis Center). There is work happening to address this concern.</p> <p>The Crisis Response Improvement Strategy (CRIS) Committee made up of multiple subcommittees will be advising the CRIS Steering Committee as it formulates recommendations regarding the crisis system in WA to provide to the Governor and Legislature. For more information on the CRIS Committee and Subcommittees work, including the Lived Experience Subcommittee, visit the CRIS webpage to view agenda, summaries and/or recordings of these meetings and the focus areas of their work. The CRIS Steering Committee approved workplan will ensure the full continuum of crisis response: a place to contact, someone to respond, a place to go, pre and post crisis care, and crisis system infrastructure and oversight. State agencies are responsible for the implementation of this work and the CRIS Steering Committee and other committees will provide recommendations.</p> <p>In 2023, the CRIS committee will focus on: system goals and metrics, crisis system services, funding, and system infrastructure.</p>			
<p>Virtual Intensive Engagement Wraparound (VIEW)</p> <p>Excelsior Wellness Team and Scott Swan, Molina Healthcare</p>	<p>Topic Purpose – Information sharing on Virtual Intensive Engagement Wraparound</p> <p>Virtual Intensive Engagement Wraparound or VIEW was identified as a topic for today's meeting by the Statewide FYSPRT Tri-lead team. VIEW is currently provided by Excelsior Wellness and offers rapid access to a care team in a virtual setting, including digital resources to promote wellness, healing, and recovery.</p> <p>VIEW offers individual and group therapeutic services, caregiver tools for self-care and parenting, after hours warm line access and primary care and medication management.</p>	<p>For more information and/or questions, please contact suzanne.cardenas@excelsiorwellness.org or Scott Swan at Scott.Swan@molinahealthcare.com</p>	<p>Those interested</p>	<p>Anytime</p>

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	<p>The level of care for VIEW will reduce emergency department visits and helps transition onto WISE teams while diverting from emergency and long-term hospitalizations. Providers are also trained in crisis response.</p> <p>VIEW is available in all regions in WA but currently only for those covered by Molina and is billed through Molina which is a managed care organization.</p> <p>Participants were curious about the difference between Charlie Health or other online providers. Charlie Health is based out of state. Providers for VIEW are WA region based and use a 90-day care model to stabilize clients, begin psychiatric medication management, and engage caregivers in their own support programming. Excelsior aims to connect the participant's primary care provider with the VIEW providers to ensure continuity of care as the participant is ready to hand-off to traditional WISE programming or take part in other community-based services.</p>			
<p>Individualized Education Program (IEP) and 504 plans</p> <p>Jerri Clark, PAVE – Partnerships for Action Voices for Empowerment</p>	<p>Topic Purpose – Request in the September meeting evaluation for a presentation on IEPs and 504s</p> <p>At the September Statewide FYSPRT meeting, there was a presentation from the Office of Education Ombuds about the support they offer parents in how to address school related concerns. In the evaluation for the September meeting, it was requested to have a more in-depth presentation about the Individualized Education Program (IEP) and 504 plans.</p> <p>The information shared in the meeting today was adapted from a video that is available on demand on the Partnerships for Action Voices for Empowerment (PAVE) website titled Behavioral Health and School: Key Information for Families.</p> <p>PAVE is a nonprofit organization that provides information, training, individual assistance, and resources. PAVE is not a legal firm or legal service agency, and the information contained in our resources is provided for informing the reviewer and should not be considered as a means of taking the place of legal advice that must be obtained through an attorney.</p> <p>Students experiencing a mental health struggle may be eligible for support through special education services. If their mental health struggles are causing a significant impact to their lives, they may have civil rights protections for accommodations and support. Anti-discrimination protections include specific rights in student discipline; protections against bullying; and support to ensure that attendance policies are non-punitive. Life after high school planning is provided for all students, and student with disabilities have the right to additional help in that process.</p>	<p>For questions or more information, contact Jerri Clark at jclark@wapave.org</p>	<p>Those interested</p>	<p>Anytime</p>

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	<p>Students with disabilities have federally protected rights within the education system. Student rights are upheld through the following:</p> <ul style="list-style-type: none"> • The Individuals with Disabilities Education Act (IDEA) protects a student’s right to evaluation if disability may be a factor in school struggles. Challenges may be academic, social, emotional, behavioral, or something else. The school district has an affirmative duty to evaluate students with a known or suspected disability (Child Find Mandate) if there is a reasonable suspicion that there is impact to education. Referrals must be in writing. Students found eligible receive services through an Individualized Education Program (IEP). • Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA) protect the civil rights of a person with a disability that significantly impacts their life. A Section 504 Plan at school may include accommodations, assistive technology, aids, and other supports. Additional protected rights within 504 include anti-bullying measures. Anyone can file complaints related to HIB (harassment, intimidation, and bullying). • Every Student Succeeds Act (ESSA) protects all students in their right to access a free public education. • McKinney-Vento is a federal law that ensures immediate enrollment and educational stability for students experiencing homelessness or housing instability. <p>The goal with all of these is to provide individualized support that is free from stigma!</p> <p>Here are some reasons to discuss whether a student’s rights are being upheld:</p> <ul style="list-style-type: none"> • If the school shortens a student’s school day without agreement from an IEP or 504 team that includes family input • If the school consistently removes the student from school or their regular classroom without calling it a suspension or filing paperwork. Those are called “off book” or “informal” suspensions. • If the student experiences isolation/seclusion/or restraint and there is no collaborative meeting process to consider a change to the student’s support. • If a student with disabilities misses 10 or more school days due to behavior and there is no meeting to make changes in services. A Manifestation Determination meeting is required when a student is removed from their regular placement for more than 10 days because of a pattern of behavior. • If a student is regularly disciplined and there is no formal evaluation process to figure out what the student might be trying to communicate through their behavior. • If the family requests an evaluation or additional services and is turned away with an explanation that the school cannot afford to provide that support due to staffing or other resource shortages. 			

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	<p>There are agencies that can help including the Office of Superintendent of Public Instruction (OSPI), the Office for Civil Rights (OCR), and the Governor’s Office of the Education Ombuds (OEO). The state’s nine Educational Services Districts (ESDs) provide support to school districts. Some are licensed as behavioral health agencies and provide direct help for students who need counseling or other therapeutic services. If the school doesn’t seem equipped to meet a need, families can ask if there are supports available from the ESD.</p> <p>More resources from PAVE: Article: What Parents Need to Know when Disability Impacts Behavior and Discipline at School Video: Discipline and Disability Rights: What to do if Your Child is Being Sent Home</p>			
<p>Strategic Plan Advisory Committee information and update</p> <p>Nathaniel Lewis and Rachel Burke</p>	<p>Topic Purpose – Update about the committee along with sharing opportunities to join the work</p> <p>In the 2022 legislative session, the Children and Youth Behavioral Health Work Group recommended the development of a Statewide Prenatal – 25 Behavioral Health Strategic Plan. The goal of this plan is to develop long term, system wide strategies to ensure access to high quality, equitable, behavioral healthcare for families from pregnancy, birth -5, up through young people transitioning into adulthood. An advisory committee is forming to oversee and guide development of the strategic plan and a facilitator has been hired to facilitate a comprehensive and inclusive engagement and planning process.</p> <p>The advisory committee would like the plan, at every stage of development, to have input from youth, young adults and families who receive or are in need of mental health and/or substance use services. The goal is for the planning process to recognize the historic and systemic racism, biases, and structural ways in which many have been excluded or limited in accessing behavioral health services and to ensure full engagement and participation from Black, Indigenous and other people of color as well as those who struggle to access appropriate behavioral health services in the current system due to their age, gender identification, ethnicity, incarceration, lack of housing or perinatal status.</p> <p>Those who have experience as a youth or parent/caregiver in the behavioral health system are eligible for compensation as long as they are not otherwise being paid for their participation.</p>	<p>If interested in participating and/or for more information, please email cybhwg@hca.wa.gov.</p>	<p>Those interested</p>	<p>December 16, 2022</p>
Next Statewide FYSPRT Meeting				
2023 meeting schedule to be determined				

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