



HCA Infant Early Childhood Mental Health Office Hours

July 27, 2023

Washington State
Health Care Authority

Today's Agenda

Note: Please drop questions in the chat throughout. HCA's team will respond during open floor portion.

- ▶ Welcome from the HCA IECMH team
- ▶ IECMH Updates
 - ▶ Emotional Health of Babies & Toddlers flyers
 - ▶ B-5 at BHAs: IECMH best practices and opportunities for behavioral health agencies slides
 - ▶ IECMH Statewide Tour
- ▶ Open floor for questions & comments

Getting to know one another

In the chat box:

- ▶ Your name
- ▶ Your role & agency (if applies)
- ▶ What are you hoping to get from joining today?



Welcome from HCA's IECMH team



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What does the HCA IECMH team do?



Implement and support policies for Apple Health IECMH services



Manage contracts and programs that support the IECMH field



Partner with sister agencies and organizations on IECMH projects

Want to learn more from HCA?



Visit our website

Infant-early childhood mental health services



Find MHAYC Billing Supports

Webinars, billing guides, and forms under
How Do I Bill? on our MHAYC [website](#)

Email us!

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topics through GovDelivery



Join HCA IECMH Office Hours

Join from the IECMH [webpage](#) under **Office Hours**

IECMH Updates

Emotional Health of Babies & Toddlers

A CLOSER LOOK AT Emotional Health for Babies and Toddlers

WHAT IS EMOTIONAL HEALTH?

Emotional health is learning how to express and manage feelings, learning about other people and yourself, and developing a sense of belonging within community and culture. It is the key to future development for children at every age.

By protecting early emotional health, children become more resilient to stress and are less likely to develop mental health problems down the road.

These supports benefit children's health and success as they grow. They also benefit caregivers, by alleviating distress and fostering healing.

EVERYDAY ACTIONS MATTER

Think about everyday actions you can take to support caregivers and their children at work and at home. What can you do to support families in your community?



Digital and print versions

Customized content for behavioral health, child welfare, early learning, and health care providers.

Find them on our IECMH webpage, under [Other IECMH resources](#)

B-5 at BHAs slides



Find them on our IECMH webpage, under Other IECMH resources



IECMH Statewide Tour

- ▶ Visiting each region of the state
 - ▶ Provider Listening Sessions
 - ▶ Community Networking
- ▶ Register today!
 - ▶ **August 21-25:** Great Rivers, Salish, & Southwest
 - ▶ **September 8:** North Central

Visit our [IECMH statewide tour](#) webpage!



Open Floor

Comments & Questions

Where can we learn more about mental health assessment for young children?

- ▶ Visit HCA's webpage on [mental health assessment for young children](#) (MHAYC) webpage for billers and providers to find:
 - ▶ Billing webinars and guidance
 - ▶ Travel reimbursement forms
 - ▶ DC:0-5 Crosswalk
- ▶ Visit the [Infant-Early Childhood Mental Health Workforce Collaborative](#) (IECMH-WC) website to find training on the DC:0-5 and other professional development resources