



HCA Infant Early Childhood Mental Health Office Hours

April 27, 2022

Washington State
Health Care Authority

Today's Agenda

Note: Please drop questions in the chat throughout. HCA's team will respond during open floor portion.

- ▶ Welcome from the HCA IECMH team
- ▶ IECMH Updates
 - ▶ DC:0-5 in Clinical Records
 - ▶ MHAYC Implementation Report
 - ▶ MHAYC Community Presentation
 - ▶ IECMH Statewide Tour
 - ▶ IECMH Apple Health Service Models Toolkit
 - ▶ Prenatal – Five: Grow & Thrive newsletter
- ▶ Open floor for questions & comments

Getting to know one another

In the chat box:

- ▶ Your name
- ▶ Your role & agency (if applies)
- ▶ What are you hoping to get from joining today?



Welcome from HCA's IECMH team



Christine Cole, LICSW, IMH-E®

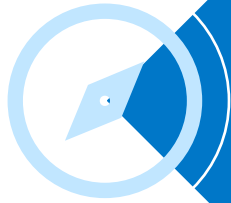
Infant & Early Childhood Mental Health Program Manager
Clinical Quality Care Transformation
Christine.Cole@hca.wa.gov



Kimberly “Kiki” Fabian, M.Ed.

Infant-Early Childhood Mental Health Analyst
Division of Behavioral Health and Recovery
Kiki.Fabian@hca.wa.gov

What does the HCA IECMH team do?



Implement and support policies for Apple Health IECMH services



Manage contracts and programs that support the IECMH field



Partner with sister agencies and organizations on IECMH projects

Want to learn more from HCA?



Visit our website

Infant-early childhood mental health services



Find MHAYC Billing Supports

Webinars, billing guides, and forms under
How Do I Bill? on our MHAYC [website](#)

Email us!

Kiki.fabian@hca.wa.gov
Christine.cole@hca.wa.gov



Sign up for alerts & updates

Subscribe to [Prenatal – Age 25 Behavioral Health](#)
topics through GovDelivery



Join HCA IECMH Office Hours

Join from the IECMH [webpage](#) under **Office Hours**

IECMH Updates

DC:0-5™ in Clinical/Service Records



Per [WAC 246-341-0640](#), providers working in licensed behavioral health agencies can use the DSM-5 **or the DC:0-5** when completing a diagnostic assessment statement.

- DOH released a [policy statement](#) to allow DC:0-5 beginning September 1, 2022.
- Official allowance of the DC:0-5 has been codified into WAC effective May 1, 2023.

MHAYC Implementation Report

“MHAYC has supported our agency in being able to implement policies and procedures that match the needs of our clients and best practice in our work.”

– Behavioral health agency in Pierce County

“It has made several of us feel more confident offering evals and services to children under 6 years of age: [a] big deal!”

– Multi-regional behavioral health agency

Read it [here!](#)



Multi-session Assessments

- 40% of respondents indicate planning to implement and 40% were already implementing



Provider Travel

- No responses indicated current implementation
- Despite challenges, respondents spoke positively about the potential



Using the DC:0-5™

- 55% of respondents actively implementing and 35% planning or preparing to implement

MHAYC Community Presentation

- ▶ Shared progress, lessons learned, and what's next
 - ▶ **Date:** May 31
 - ▶ **Time:** 12-1:30pm
 - ▶ [Register](#)
 - ▶ Slides will be available after the presentation



IECMH Statewide Tour

- ▶ Visiting each region of the state
 - ▶ Provider Listening Sessions
 - ▶ Community Networking
- ▶ Register today!
 - ▶ June 13: Spokane
 - ▶ June 14: Greater Columbia (Kennewick)
 - ▶ Other dates (w/ virtual) coming soon

Visit our [IECMH statewide tour](#) webpage

Infant-Early Childhood Mental Health



Statewide
Tour

Washington State
Health Care Authority

Infant-Early Childhood Mental Health Service Models Toolkit

- ▶ Avenues to provide mental health services and bill Apple Health for these services
- ▶ Requirements to become a licensed mental health provider or behavioral health agency (BHA) with the Department of Health (DOH)

Coming Soon!



Prenatal to 5
grow &  thrive

Where mission
and heart meet
behavioral
health, from the
very start.

What is it?

Monthly newsletter with updates about prenatal - age five behavioral health topics, including mental health and substance use disorder (SUD) services for pregnant and parenting individuals, infants, and young children.

How do I get it?

Subscribe to [Prenatal – Age 25 Behavioral Health](#) updates

Open Floor

Comments & Questions

Resources for building an IECMH team

- ▶ **Where can we find resources for reflective supervision, professional development, and consultation on program development for IECMH?**
 - ▶ Attend our [Statewide Tour](#) to connect with other providers 😊
 - ▶ [Washington Association for Infant Mental Health](#)
 - ▶ National [Alliance for the Advancement of Infant Mental Health](#)
 - ▶ Barnard Center for Infant and Early Childhood Mental Health [Advanced Clinical Training \(ACT\)](#) program