

# Medicaid Transformation Project (MTP) 2.0

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Joint Select Committee on Health Care  
and Behavioral Health Oversight

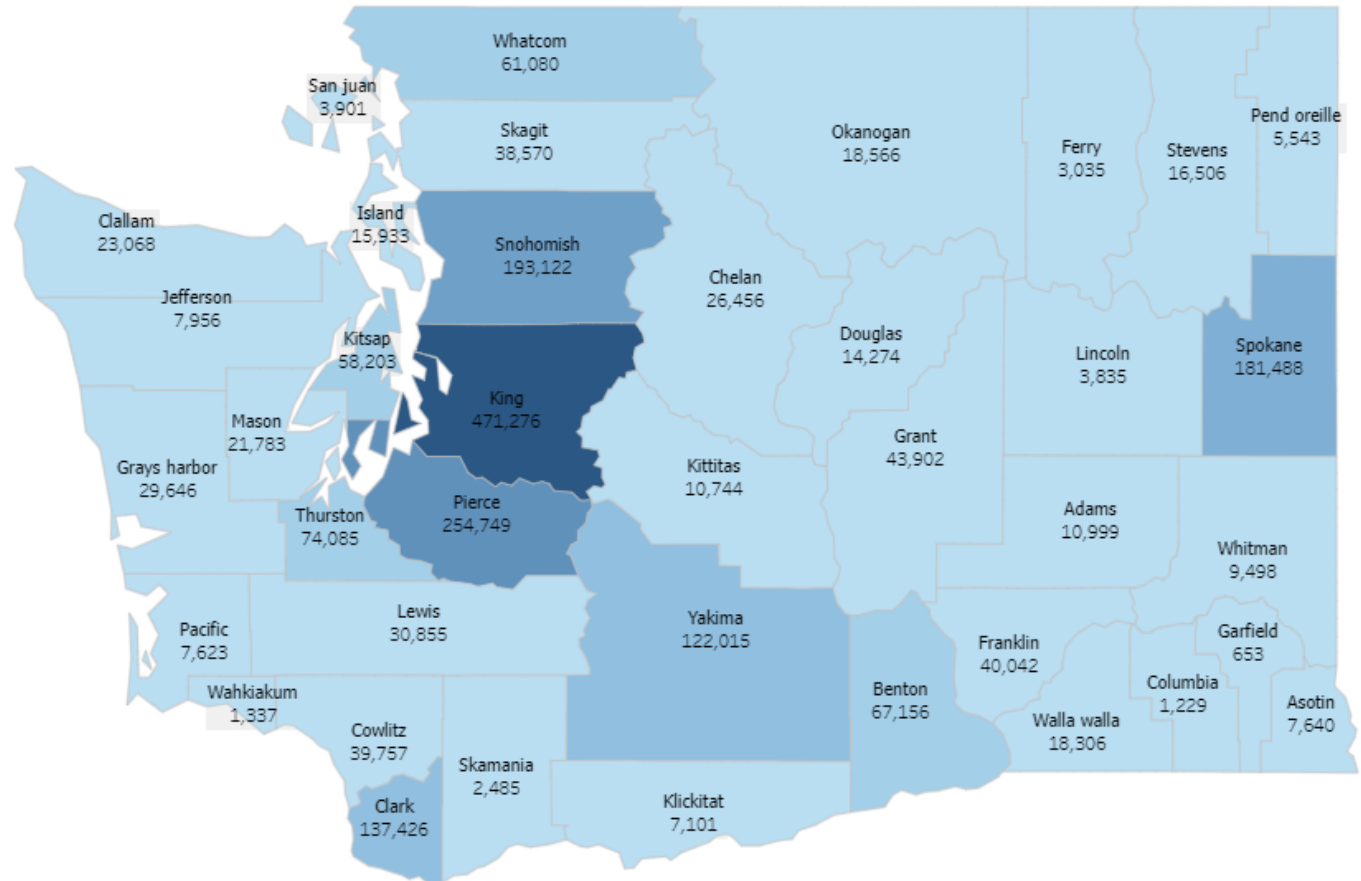
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Washington State  
Health Care Authority 

# Apple Health

Of the 3 million lives that HCA purchases coverage for, **over 2 million** are currently enrolled in Apple Health (Washington's Medicaid program).



# Section 1115 waiver: MTP 2.0

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- ▶ A Section 1115 Medicaid demonstration waiver with Centers for Medicare & Medicaid Services (CMS) allows our state to demonstrate targeted activities with new investments for Apple Health
  - ▶ We call Washington State's waiver the Medicaid Transformation Project (MTP)
- ▶ The initial MTP waiver period ran January 2017 through June 30, 2023
- ▶ CMS approved the renewal (MTP 2.0) on June 30 for a new five-year period:
  - ▶ July 1, 2023–June 30, 2028, and will invest new federal and local funds (about \$4 billion) in Apple Health over five years

# MTP 2.0

The Medicaid Transformation Project (MTP) is Washington State's Section 1115 Medicaid demonstration waiver. MTP allows our state to create and continue to develop projects, activities, and services that improve Washington's health care system.

All MTP programs support Apple Health (Medicaid) enrollees.

In June 2023, the federal government approved MTP to continue for an additional five years. We call the MTP renewal "MTP 2.0," which will help widen our reach to provide more programs, services, and supports to our most vulnerable populations.



IMD stands for "institution for mental diseases." IMDs are hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care of persons with mental diseases, which includes SUD.

We acknowledge the term "mental disease" may be harmful or stigmatizing. We use it in this context only to reflect the legal terminology used in statute.

Housing & employment

Foundational Community Supports

HRSN system

HRSN infrastructure

Setting

individuals leaving a prison

enrollment

Apple Health postpartum

# Initial MTP waiver initiatives

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- ▶ Transformation through Accountable Communities of Health (ACHs) and Indian health care providers (IHCPs) – [Transitioning](#)
- ▶ Long-Term Services and Supports (LTSS) – [Continuing with amendments](#)
  - ▶ Medicaid Alternative Care (MAC) and Tailored Supports for Older Adults (TSOA) programs
- ▶ Foundational Community Supports (FCS) – [Continuing with amendments](#)
  - ▶ Supportive housing and employment supports
  - ▶ Enhancements under MTP 2.0
    - ▶ Expanded eligibility from 18 and older to 16 and older for Supportive Housing services
    - ▶ [More on the next slide...](#)

# Initial MTP waiver initiatives, continued

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- Transition costs/one-time costs and deposits
- Temporary rental assistance for up to six months
- ▶ Substance use disorder (SUD) IMD – continuing
  - ▶ Allows Washington State to make improvements and use federal financial participation for Medicaid SUD treatment services in facilities that are “institutions for mental diseases” (IMDs)
- ▶ Mental health IMD – continuing
  - ▶ Allows Washington State to purchase acute inpatient services for Medicaid clients between the ages of 21 and 65 who reside in a dedicated psychiatric facility that qualifies as an IMD

# MTP 2.0 newly approved programs

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- ▶ Continuous Apple Health enrollment for children, ages 0-5
  - ▶ Provides continued benefits for children ages 0 through five who are eligible for continuous eligibility up to their sixth birthday
- ▶ Apple Health postpartum coverage expansion
  - ▶ Provides continued benefits for individuals from the end of the pregnancy through 12 months of postpartum
- ▶ Contingency management for SUD treatment
  - ▶ Implements a new contingency management benefit, an evidence-based program incentivizing success in managing SUD

# MTP 2.0 newly approved programs, continued

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- ▶ Reentry coverage for individuals leaving a prison, jail, or youth correctional facility
  - ▶ Provides pre-release services up to 90 days prior to the expected date of release to their communities
  - ▶ Phased services are based on facility readiness and pre-defined Service Levels
  - ▶ Minimum required services will include:
    - ▶ Case management; care transitions
    - ▶ Medication-assisted treatment (MAT)
    - ▶ 30-day supply of prescribed medication



# MTP 2.0 Newly approved programs, cont.

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- ▶ Services for older adults (through Aging and Long-Term Services Administration (AL TSA))
  - ▶ Presumptive eligibility for individuals applying for LTSS
  - ▶ Expands income eligibility limits to enable more support and services for aged, blind, and disabled adults who are applying for and receiving home and community-based services
- ▶ Services that address health-related social needs (HRSN)  
(within CMS approved framework)

# A closer look

Justice-involved pre-release services and  
HRSN – Community Hubs & Native Hub

# HRSN services approved by CMS

## Phase One Services

Community hub services coordination, outreach, and education

Recuperative care and short-term, post-hospitalization housing (medical respite)

Housing transition navigation services (delivered primarily through FCS)

Rent/temporary housing (delivered primarily through FCS)

## Future Phases

Stabilization centers

Day habilitation programs

Caregiver respite services

Environmental accessibility and remediation adaptations

Nutrition supports

Community transition services (personal care and homemaker services; and transportation)

# Community Hubs & Native Hub

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- ▶ Community-hub services coordination
  - ▶ Nine regional Community Hubs managed by ACHs
  - ▶ One Native Hub to support social needs screening and referrals **for Natives and non-Natives**
  - ▶ Regional infrastructure for a network of community-based organizations (CBOs) and CHW/community hub services connectors
  - ▶ Hub role to support reentry and connecting to community

# Reentry program summary

**Eligible population:** Medicaid-eligible individuals within 90 days of release from a state prison, jail, or youth correctional facility

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## Approved scope of services:

### **Mandatory:**

Case management/care coordination

Medication-assisted Treatment (MAT) pre-release

For post-release: 30-day supply of medications and durable medical equipment

### **Secondary:**

Medications during the pre-release period (HepC)

Lab and radiology

Services by community health workers

Physical and behavioral clinical consultations (as needed)

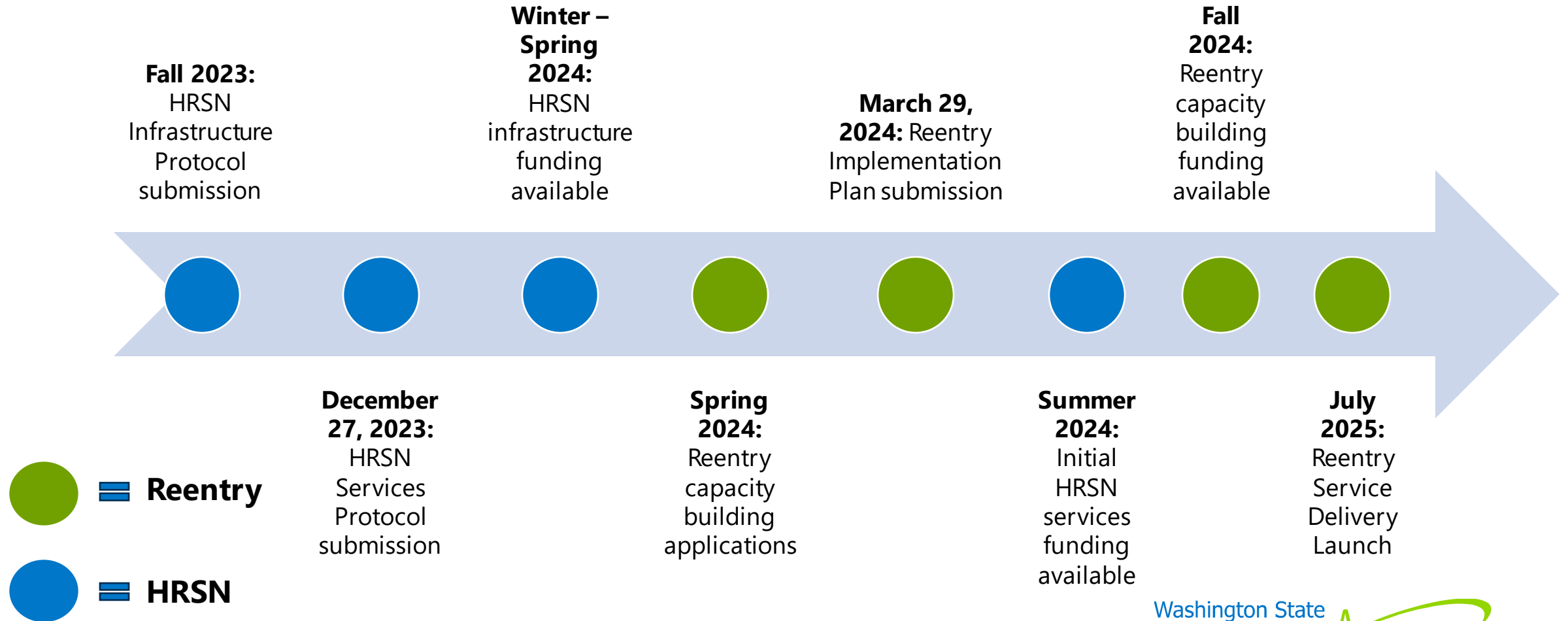
# Reentry program summary, cont.

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## ▶ Planning Timeline:

- ▶ Winter–Spring 2024: statewide readiness assessment
  - ▶ Spring 2024: reentry capacity building applications
  - ▶ March 29, 2024: Reentry Implementation Plan submission to CMS
  - ▶ Fall 2024: reentry capacity building funding available
  - ▶ July 2025: reentry service delivery launch through first cohort
- ▶ Builds off years of previous work like Medicaid billing (**ProviderOne or P1**), electronic health records (EHR), and eligibility and enrollment systems

# HRSN and reentry timeline estimates



# MTP 2.0 Decision Packages

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- ▶ Building on legislative spending authorization provided in the budget last year, there are spending refinements that reflect new programs and CMS modifications:
  - ▶ Reentry pre-release services and capacity/infrastructure funding
  - ▶ Children's Health Insurance Program (CHIP) continuous enrollment ages 0-6 to align with existing Medicaid authority
  - ▶ HRSN services to increase expenditure authority based on federal approval
    - ▶ HRSN infrastructure, including community information exchange (CIE)
  - ▶ FCS, including rental subsidies
  - ▶ LTSS: MAC and TSOA, rental subsidies, and presumptive eligibility
  - ▶ MTP 2.0 administrative expenditures





Questions



# Contact

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