



# Prenatal-Age 25 Behavioral Health Legislative implementation webinar with Q&A

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October 10, 2023

# Housekeeping

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- ▶ Please mute yourself if you are not speaking
- ▶ Raise your hand if you want to speak
- ▶ This time is for you. We welcome questions, comments, and feedback
  - ▶ During the presentation, please add your questions to the chat and we will answer in the chat and/or during the Q&A.
- ▶ If we cannot answer your question on this call, we will follow-up after the meeting.

# Disclaimer

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- ▶ This Zoom meeting is being recorded and will be posted to the HCA [Prenatal, child, and young adult behavioral health services](#) page.
- ▶ This recording is open to public disclosure.
- ▶ Please do not disclose any private or confidential information.

# October agenda

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- 1** Children's Long-term Inpatient Program (CLIP) expansion and rate increase
- 2** Rapid housing response time for youth and young adults
- 3** New Journeys expansion
- 4** Pregnant & Parenting Women (PPW) & Parent Child Assistance Program (PCAP) expansion for DCYF child welfare
- 5** Residential Crisis Stabilization program for youth
- 6** Intensive Outpatient & Partial Hospitalization (IOP/PH) for children & youth pilots to Medicaid access
- 7** Youth mobile response & stabilization services (MRSS) 988 & WA Crisis response rollout



# Children's Long-term Inpatient Program (CLIP) expansion & rate increase

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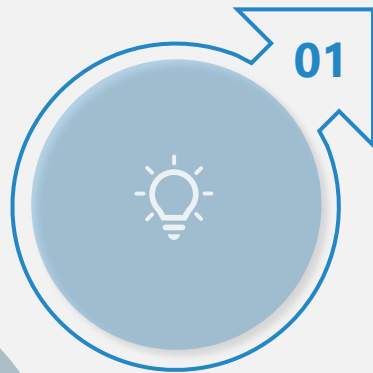
LaRessa Foure

# Children's Long-term Inpatient Program (CLIP)



- The most intensive, long-term, inpatient psychiatric treatment available to Washington State residents.
- Available to Washington State youth, ages 5 to 17.
- Funded 50/50 match of federal and state Medicaid dollars.
- A planned inpatient treatment course that includes multidisciplinary psychiatric treatment.
- The goal of CLIP treatment is to transition the child or youth back to their home, family, and community at the earliest clinically indicated time possible.

# Children's Long-term Inpatient Program (CLIP)



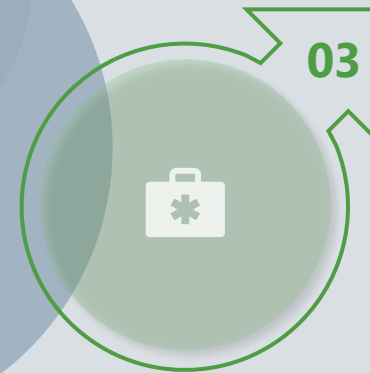
## Expansion & implementation

- Increase the contracted CLIP rate and beds for contracted community children's long-term inpatient program (CLIP).
- For FY24, the CLIP rate increased 31%.
- Supports 46 additional beds by end FY23, for a total of 83 contracted CLIP beds (not including CSTC).



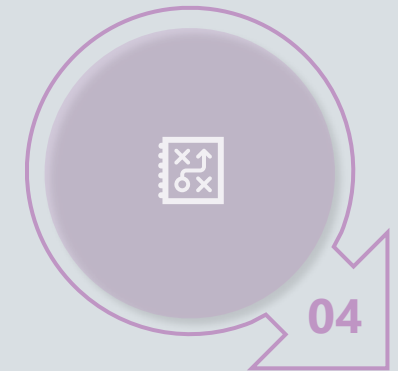
## CLIP bed capacity

- Bed utilization changes daily
- Current availability: 51 monthly



## Provider updates

- Identify potential providers
- A procurement will be released to identified potential additional CLIP facilities
- Discussions with interested providers continue



## Provider challenges

- Workforce shortages to maintain staffing needs.
- Hiring and retaining trained staff, including nurses
- Permitting and licensing process
- Facility modification and construction



# Rapid housing response time for youth and young adults

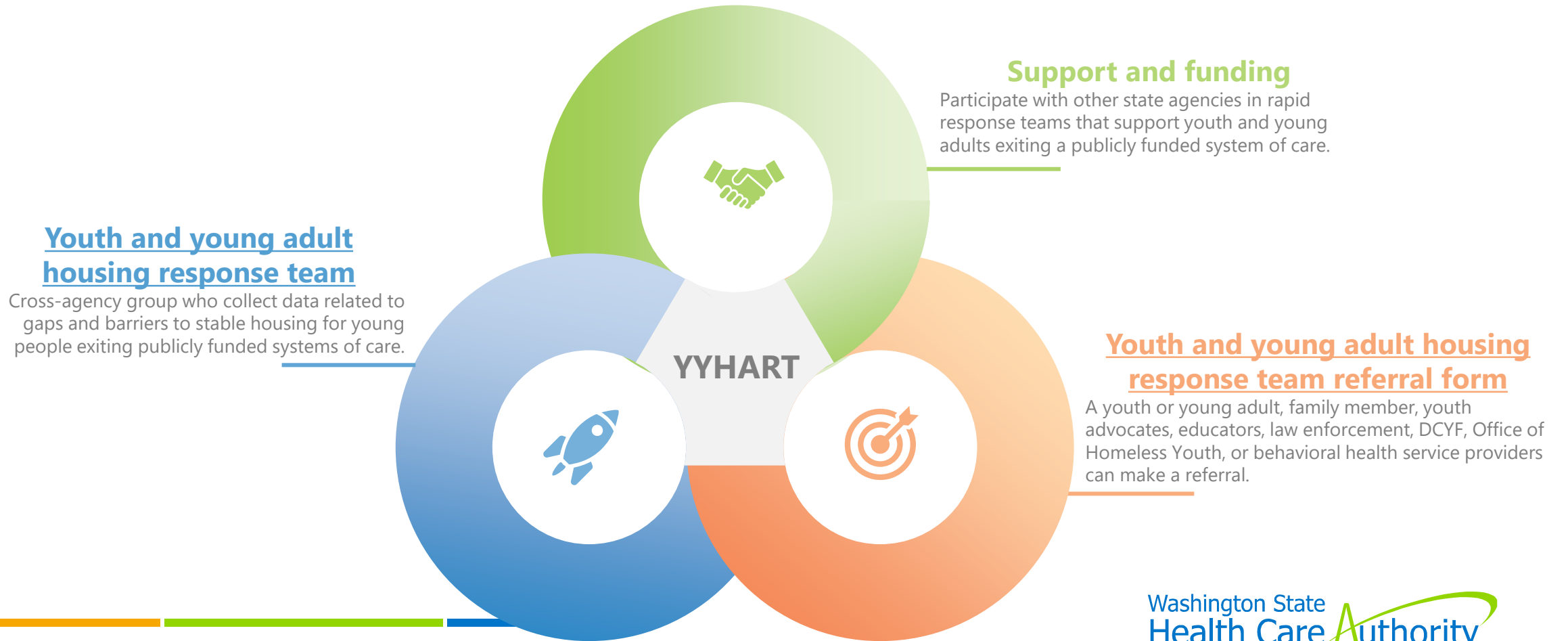
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Rachel Baxter



# Youth & Young Adult Housing Response Team (YYHART)

SSB 1905 Reducing homelessness for youth and young adults discharging from a publicly funded system of care.






# New Journeys expansion

Shelby Terry

# New Journeys Overview

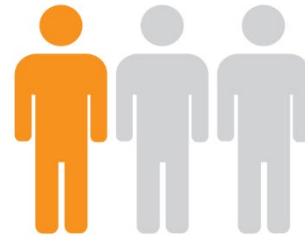
## CAUSES & ONSET



Because psychosis affects a person's mind, feelings, & behaviour, everyone who experiences psychosis experiences it differently.

Psychosis occurs in ~3% of the population. Onset usually occurs during adolescence and can be due to several factors, including biology, stress, trauma, and drug use.

## INTERVENTION



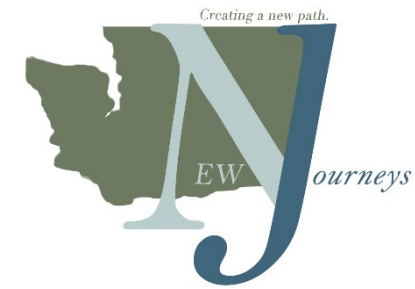
Specialized early intervention helps people to get better faster and return to their regular lives more quickly. Delaying treatment may lead to slower recovery.

## ROAD TO RECOVERY



RECOVERY is about getting better.

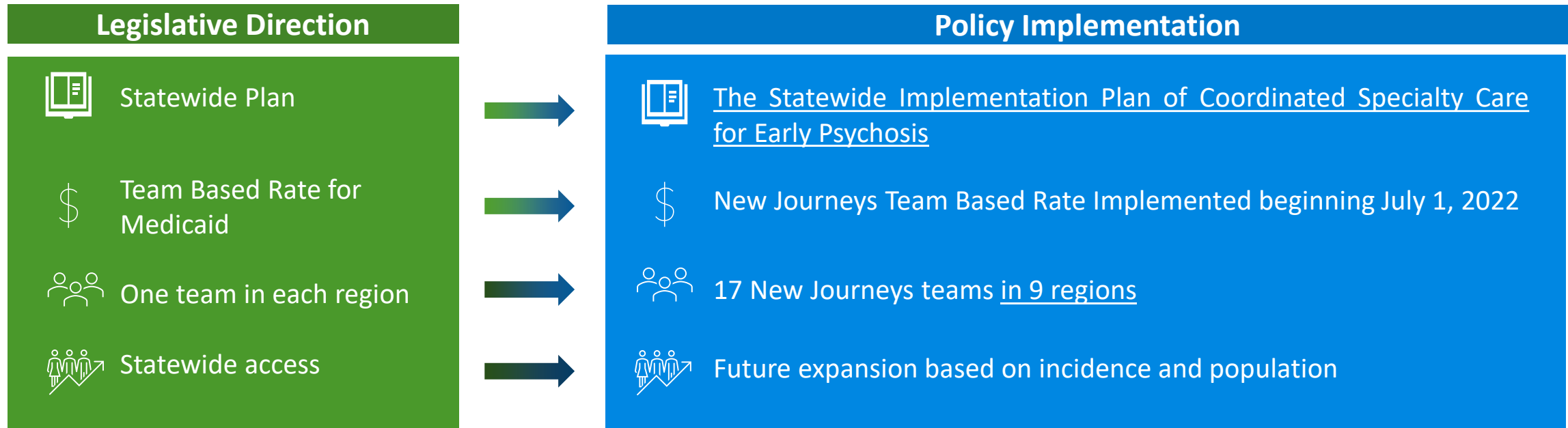
Recovery is a process. Each person who has experienced psychosis will define recovery in their own way.



# New Journeys

## 2<sup>nd</sup> SSB 5903 (Sec. 6), 2019

For the purposes of **developing a statewide plan to implement evidence-based coordinated specialty care programs that provide early identification and intervention for psychosis**, HCA will:





**2015**

- Comprehensive Healthcare

**2016**

- Behavioral Health Resources
- Valley Cities Behavioral Health Care\*

**2017**

- Behavioral Health Resources

**2018**

- Sea Mar, formally known as Community Services Northwest

**2019**

- Catholic Charities
- Comprehensive Healthcare
- Ryther\*

**2020**

- Frontier Behavioral Health\*\*

**2021**

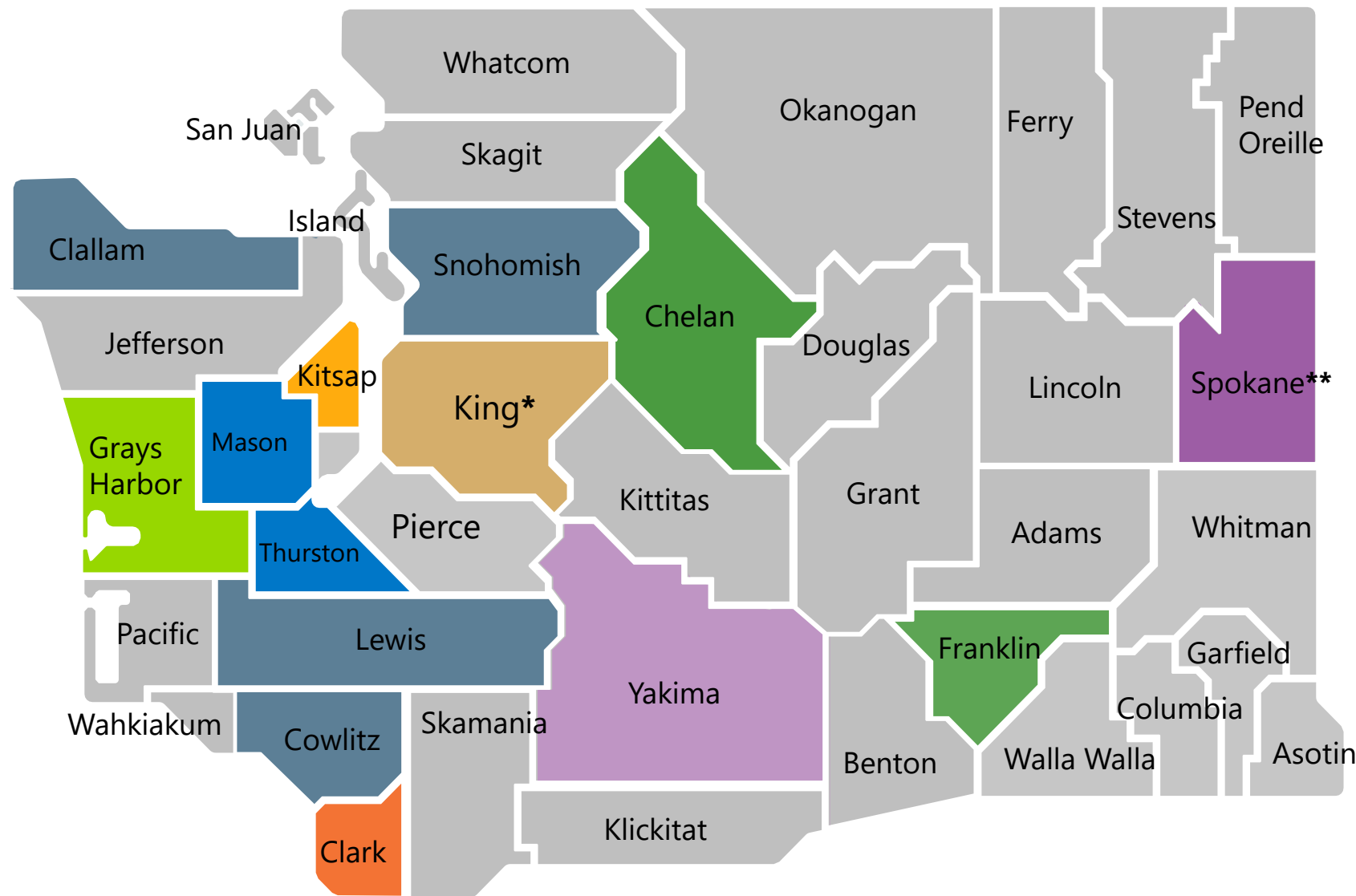
- Kitsap Mental Health

**2022**

- STEP | Harborview\*

**2023**

- Cascade Mental Health
- Peninsula Behavioral Health
- Sea Mar Community Health Center
- Frontier Behavioral Health #2\*\*





# Pregnant & Parenting Women (PPW) & Parent Child Assistance Program (PCAP) expansion for DCYF child welfare

Ashley Pina & Sarah Pine



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# PPW & PCAP Expansion

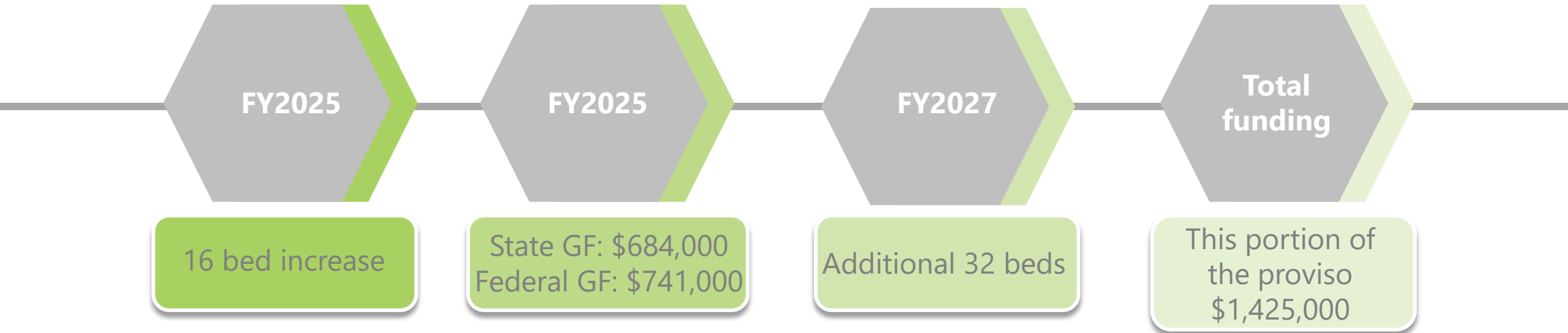
ESSB 5187 section 215(55) for PPW & PCAP Expansion

The Parent Children Assistance Program (PCAP) provides case management, home visits, and support services to pregnant and parenting women (PPW) with substance use disorders and their young children. PPW residential substance use disorder treatment is also available for women and their children under the age of six.

Funding provided on a phased in basis to increase the number of PCAP case management slots by 56 and to increase the number of PPW residential treatment beds by 16 in FY2025. The Outlook assumes an additional 32 PPW residential treatment beds are phased in through FY2027.

# Budget overview: PPW Substance Use Disorder Residential Treatment bed expansion

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# Pregnant and Parenting (PPW) services

## Snohomish

Evergreen Recovery Centers – Building B  
Evergreen Recovery Centers – Building C

## Yakima

Triumph Treatment Services - Casita  
Triumph Treatment Services – Riel House  
Triumph Treatment Services – Beth’s Place

## Spokane

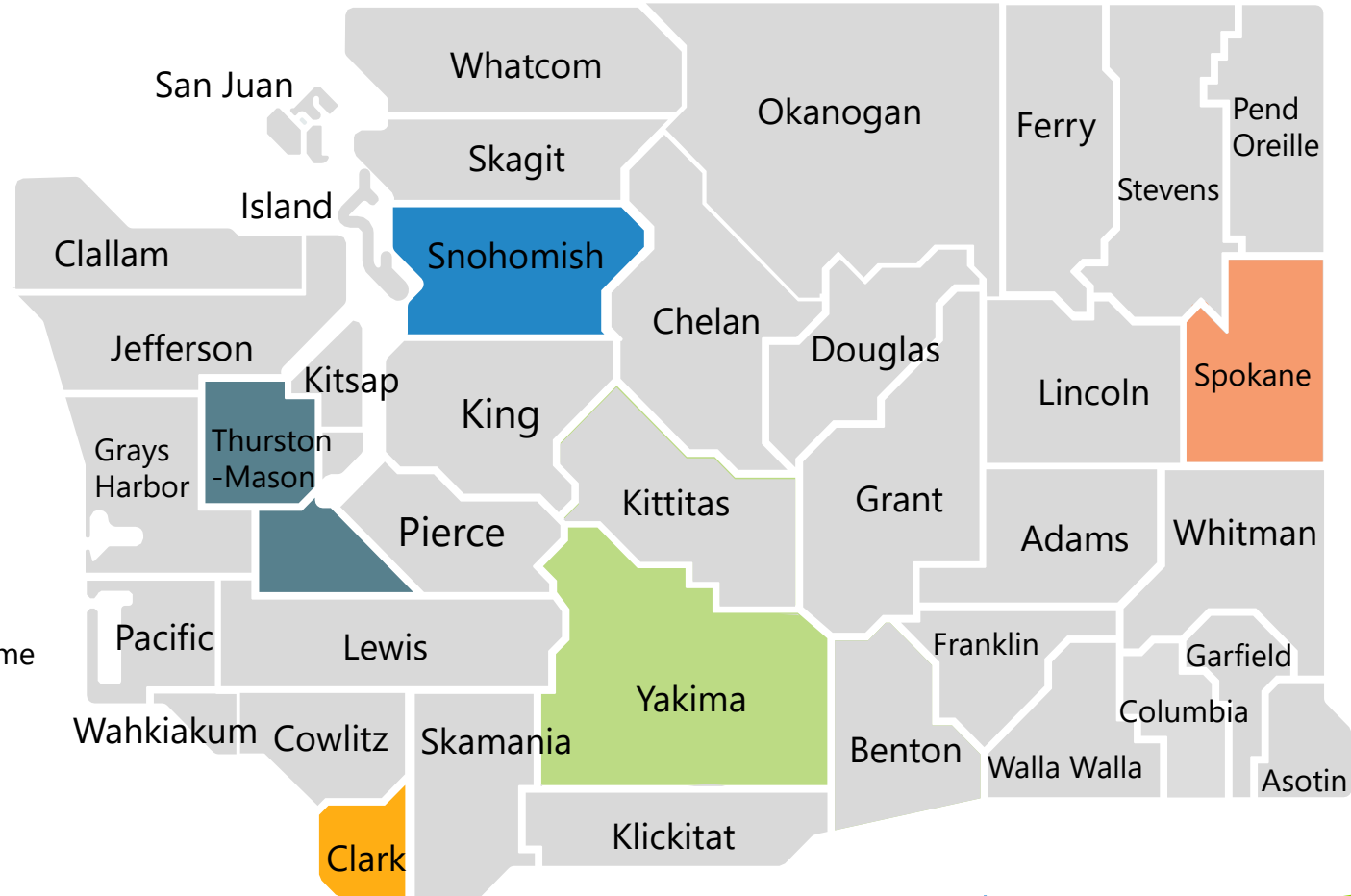
New Horizon Care Centers – Isabella House

## Thurston

Behavioral Health Resources (BHR) – Harvest Home

## Clark

Lifeline Connections – PPW Residential



# Current status: PPW Substance Use Disorder Residential Treatment bed expansion

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## Procurement

Request for Information (RFI), new, competitive bid, multiple contracts

## Audience

Substance Use Disorder Residential Treatment Providers

## Timeline

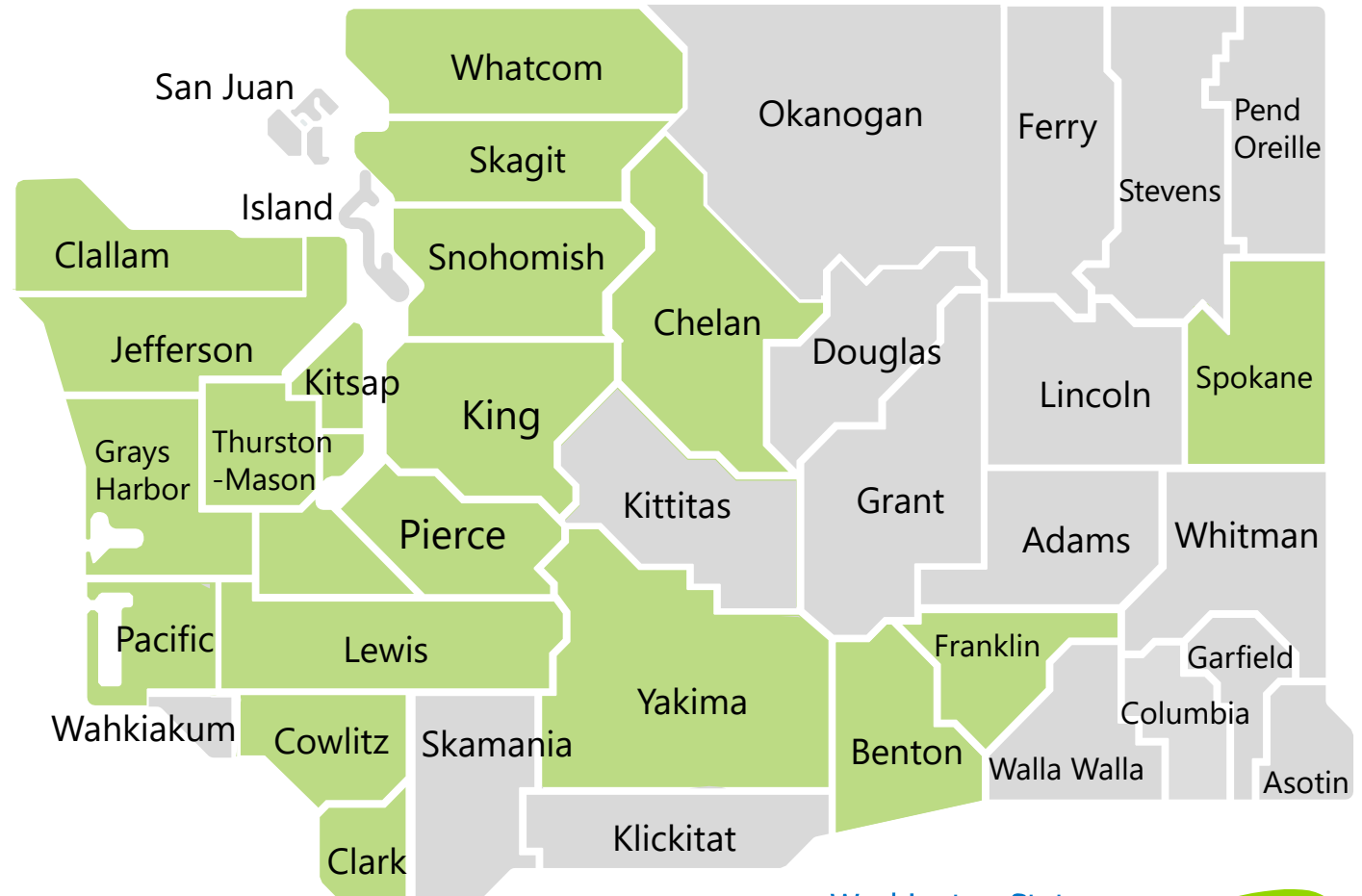
Procurement start month, January 2024

Provider(s) identified by June 30th, 2024

16-bed FY2025  
Additional 32-beds phased in through SFY2027

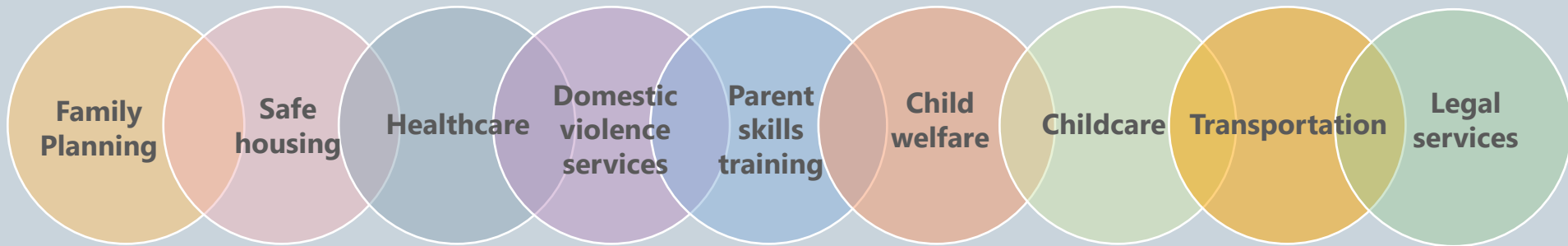
# Parent-Child Assistance Program (PCAP)

- ▶ 3-year intensive case management program
- ▶ 15 PCAP locations statewide
- ▶ Serving 20 counties
- ▶ 1,490 client slots contracted
- ▶ Medicaid and State funded



# Parent-Child Assistance Program services

Assistance in accessing and using local resources



Referral, support, and advocacy for substance use disorder treatment and continuing care.



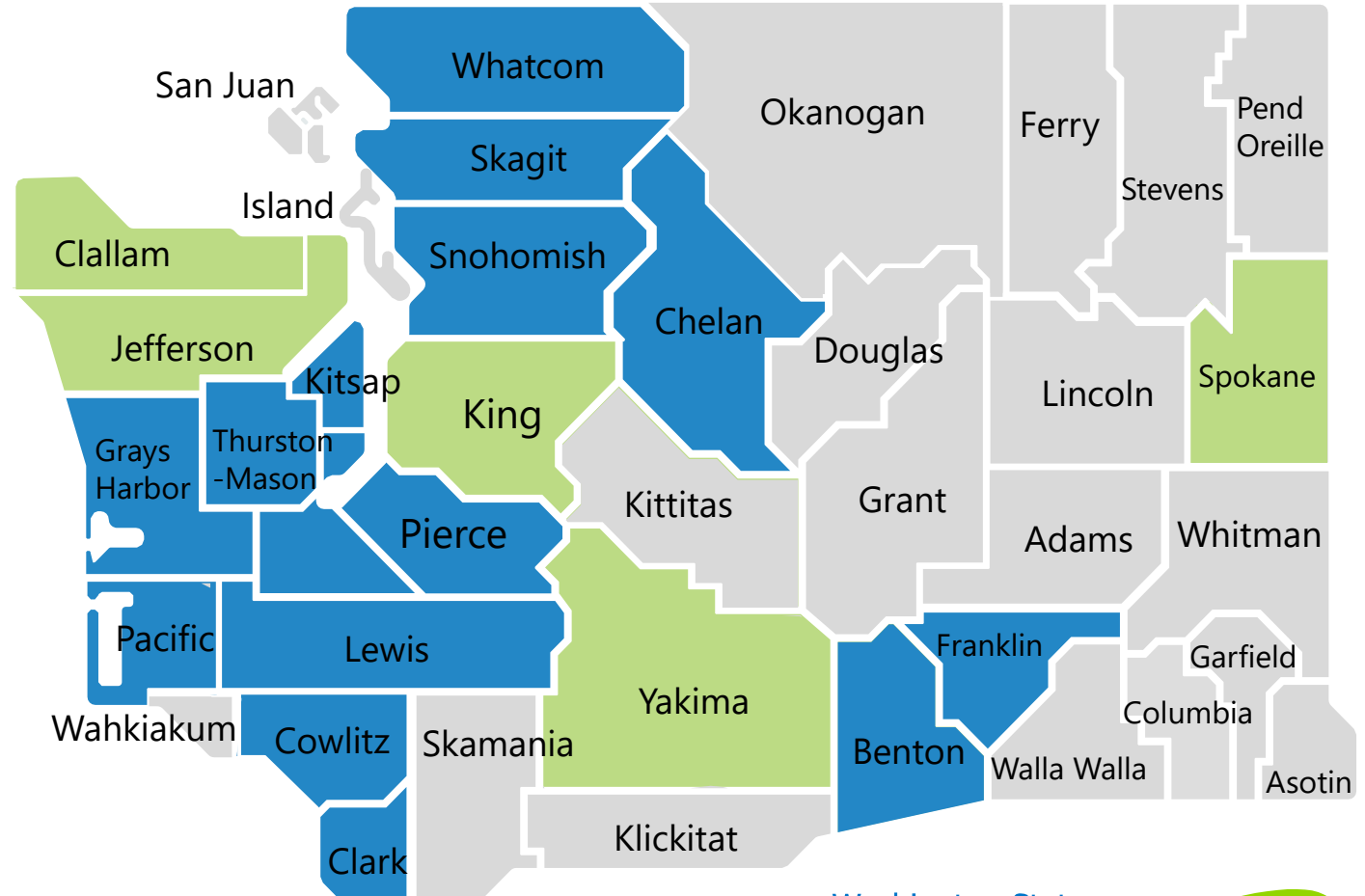
Linkages to health care and appropriate therapeutic interventions for children.



Timely advocacy based on client needs.

# DCYF dedicated PCAP slots

- ▶ HCA and DCYF interagency agreement
- ▶ Substance Exposed Newborn (SEN) diagnosis
- ▶ Clallam-Jefferson, King, Yakima, Spokane PCAP sites
- ▶ Each site dedicates 14 client slots



# Budget overview PCAP case management

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ESSB 5187, 215 (55): \$603,000 (\$250,000 GF-S) in both FY2024 & FY2025

56 client slots  
increased by  
end of FY2025

Partnering with  
PCAP providers &  
DCYF to  
determine  
expansion  
agreements

Estimation of  
contract decisions  
within next 4  
months



# Residential Crisis Stabilization program for youth

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Pedro Garcia and Liz Venuto

# Residential Crisis Stabilization program for youth (RCSP)

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24/7 intake, treatment and supervision of youth experiencing behavioral health crisis

Stabilize crisis and restore the function of young people to:

- Return home
- Transition to the community
- Referred to a more long-term setting

Uses trauma informed evidence-based approach in the milieu

Therapeutic interventions, access to medication and recreational activities





# Residential Crisis Stabilization program for youth (RCSP)

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## Population

- 5-17 years of age
- Active behavioral health crisis
- Doesn't meet acute inpatient criteria
- Co-occurring conditions

## Operational budget

- Funding for two 16-bed programs
- Estimated start-up: \$709,178
- Estimated yearly operational cost: \$4.78 million

# Residential Crisis Stabilization program for youth (RCSP)

## Initial services

Intake assessment  
Safety & crisis planning  
Individual treatment planning  
Discharge planning

## On-going services

Group therapy  
Therapeutic activities  
Medication management  
Case management/care coordination  
Individual & family therapy  
Skilled behavior management  
Recreation therapy  
Educational support

## Staff to be present, on call, or on contract

MD, Psychiatrist, prescriber  
Clinical director  
Board certified behavior analyst  
Behavior technicians  
Advanced registered nurse practitioner  
Registered nurse (psych. Certified)  
Licensed practical nurse  
Licensed social worker  
Recreation therapist  
Bachelor level counselors  
Substance Use Disorder professional  
Licensed mental health professional  
Certified nurse assistant  
Family peer liaison  
Program coordinator  
School based coordinator

# Residential Crisis Stabilization program for youth (RCSP)

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## Procurement history

- 2021 legislature allocated \$12 million in grant funding for facility construction
- Two requests for proposals (RFPs) were release by Department of Commerce
- Neither attempt yielded qualified applicant
- Third RFP attempt is not planned

## Next steps

- 2021 legislature allocated \$5.4 million in operational funds for SFY 2024
- Leverage operational funds to pursue direct contracting opportunities with 1 or 2 capable providers
- DBHR subject matter experts have convened to reassess a fiscal model for a pilot program
- Priority to include youth and family voice in program development



# Intensive Outpatient & Partial Hospitalization (IOP/PH) for children & youth pilots to Medicaid access

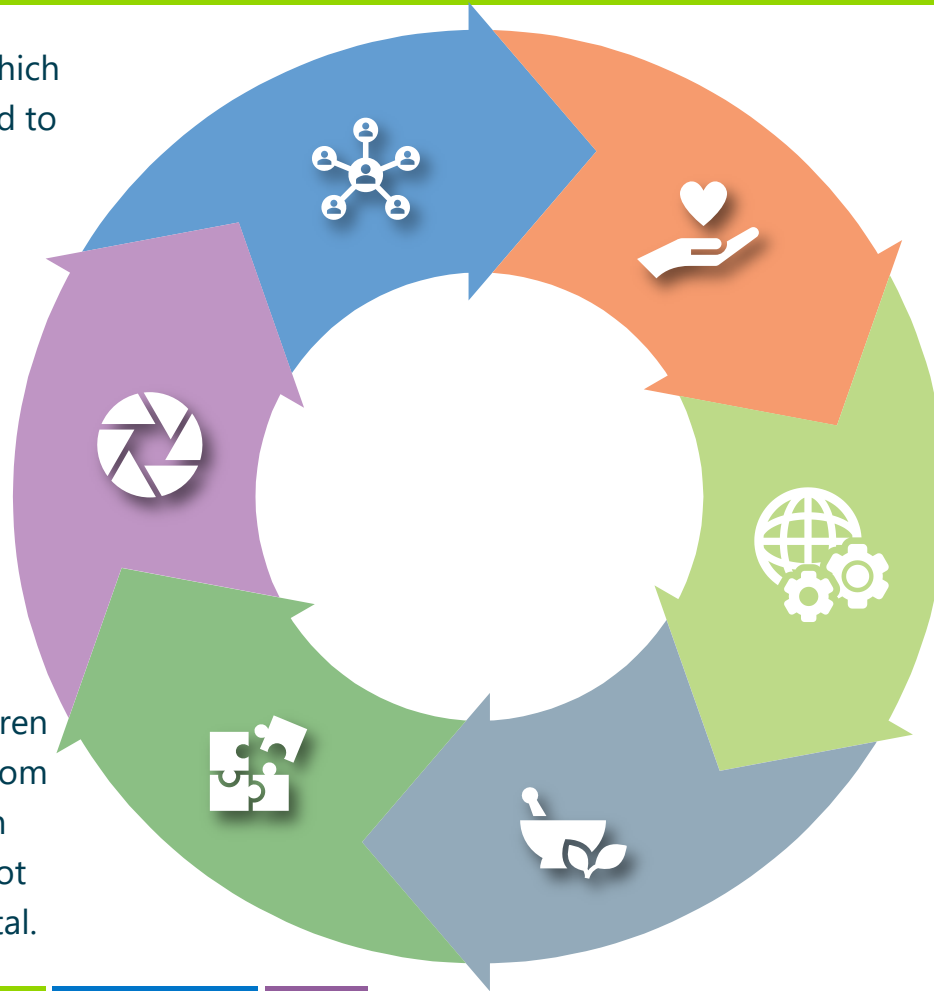
Sonya Salazar

# Intensive Outpatient & Partial Hospitalization

Each program has its own population which must be met for the child to be admitted to the program

Services may not be offered if there are less costly alternative community-based services that can effectively meet the needs of an individual referred to the program.

The pilot program gives priority to children and youth who have been discharged from an inpatient hospital treatment program and need the services offered by the pilot program instead of staying in the hospital.

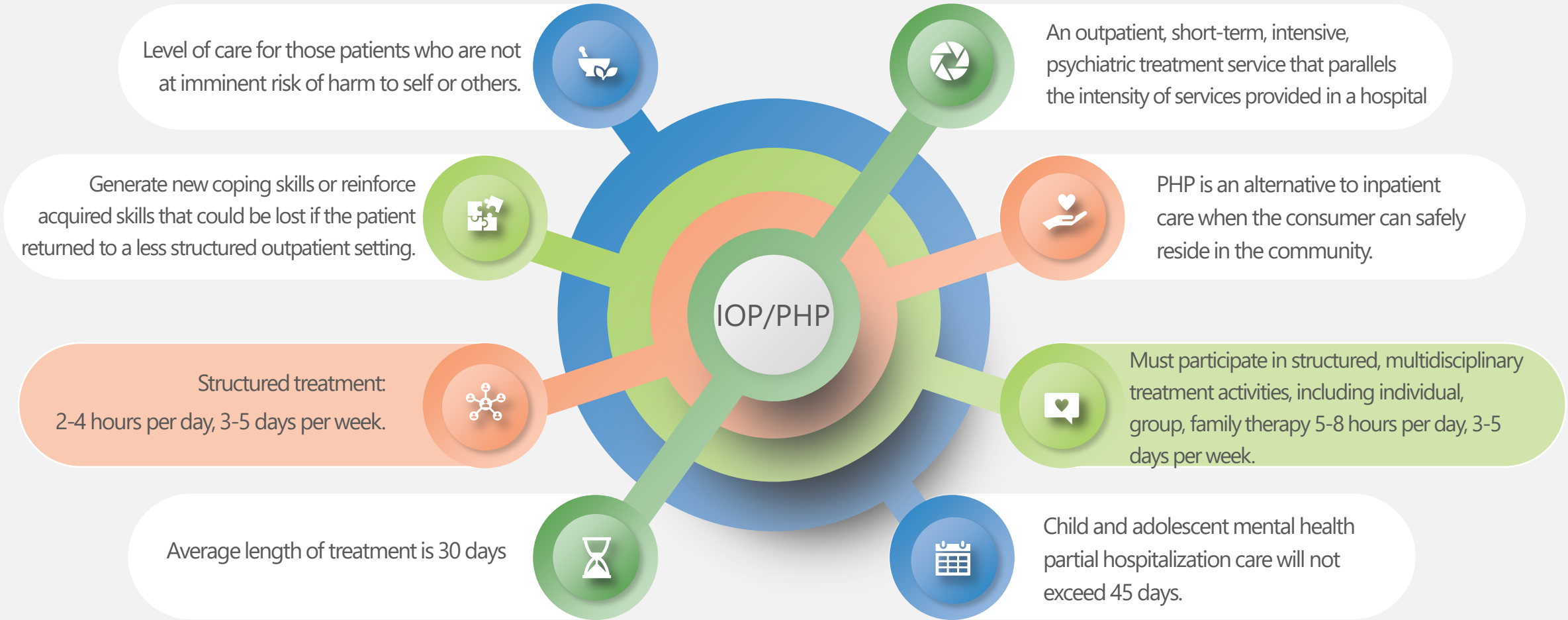


SB 5092 (2021) section 215(39) and SB 6168 (2020) section 215(76)(f) referred to as Proviso 76.

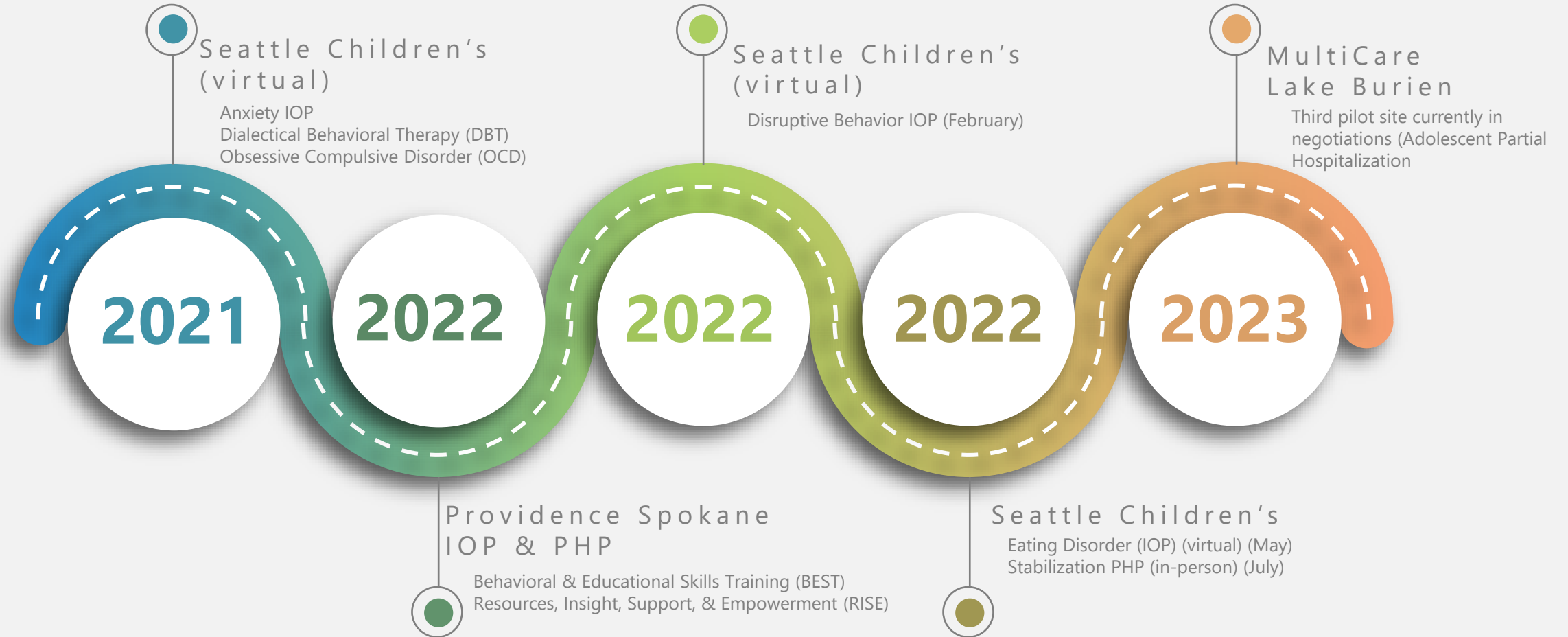
The two pilots must be contracted with a hospital that provides psychiatric inpatient services to children and adolescents in the largest eastern and western cities near the Cascade mountain's crest.

Pilot sites are based in psychiatric hospitals serving children & adolescents.

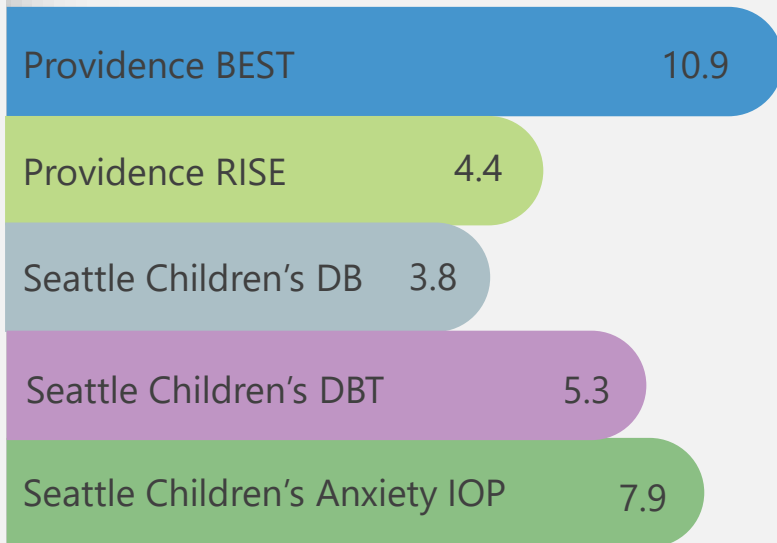
# Intensive Outpatient & Partial Hospitalization



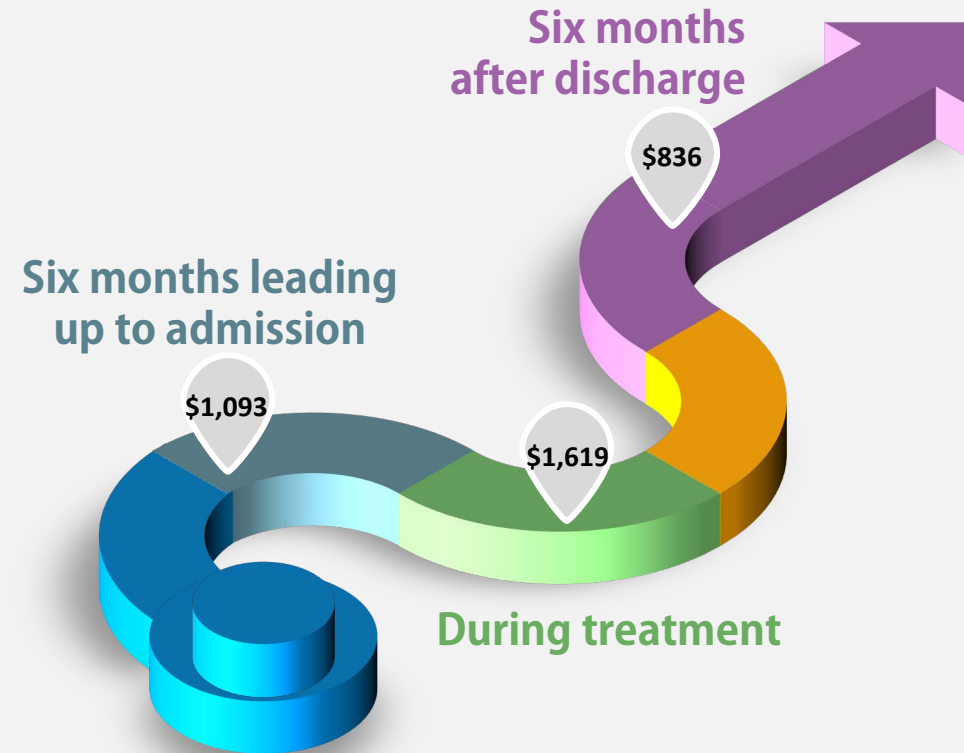
# Pilot sites



# Youth Enrolled



Average number of inpatient days diverted per person by program\*



Average cost per user per month in addition to pilot program

\*The average number of reported inpatient days diverted per member. Not all programs provided data for diverted days for each member.



# Medicaid State Plan next steps

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## **Mercer**

Actuarial Partners

Focus on rates and cost for programs and services

Creating standard reports for Legislature

December 2023 final report to LAA

## **Medicaid State Plan SB 5736**

Implementation for January 1, 2024

FAQ with billing guides

Medicaid program division (MPD)

Center for Medicare and Medicaid services (CMS)

Clinical Quality and Care Transformation (CQCT)



# Youth Mobile Response & Stabilization Services (MRSS) 988 & WA Crisis response rollout

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Sherry Wylie

# Background

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July 2020 – federal government passed legislation to add 988 as an option to contact the National Suicide Prevention Lifeline (NSPL) hotline

July 16, 2022 - 988 calls answered in Washington

- 3 designated NSPL's in Washington
- All other hotlines & regional call centers continue to operate as normal

2022 -

- SAMHSA provides best practice crisis care toolkit
- SAMHSA & NASMHPD release a crisis care guide for youth

The logo for the 988 Suicide & Crisis Lifeline is displayed in a white-bordered box. It features the number '988' in a large, bold, white sans-serif font at the top. Below it, the words 'SUICIDE & CRISIS LIFELINE' are stacked in a smaller, white, all-caps sans-serif font. The background of the box is a dark, semi-transparent blue with a white diagonal line running from the top-left to the bottom-right.

988  
SUICIDE  
& CRISIS  
LIFELINE

# CRIS committee & subcommittees

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## ESSHB 1477

established a 36 member  
CRIS committee

## Steering committee

7 CRIS committee members



## Subcommittees

- Credentialing & training
- Technology
- Cross-system crisis response
- Confidential information compliance and coordination
- Tribal 988
- Rural and agricultural
- Lived experience – ESSHB 1134 added voting member
- ESSHB1134 added Geolocation

# Washington's expansion of Youth Mobile teams



Proviso funding went out to ensure 1 youth team in each of 10 regions

- Tripled the number of youth mobile response teams from 4-12
- Tripled the counties with youth teams from 5-15 counties.
- WA has 39 counties

2022



SAMHSA System of Care grant awarded to help implement MRSS in two BH-ASO regions with assistance from family and peer led organizations

- Washington State Community Connectors
- A Common voice | COPE project

2022



Washington is participating in the National MRSS Quality Learning Collaborative

- National State Leaders
- Peer states implementing MRSS
- Youth Move National
- System partners

What's next

# Mobile Response and Stabilization Services – youth locations

## Greater Columbia – NEW!

[Comprehensive Healthcare](#) – Benton/Franklin

## King

[Children's Crisis Outreach Response System \(CCORS\)](#) - King

## North Central – NEW!

[Renew](#) – Grant

[Catholic Charities](#) – Douglas

[Catholic Charities](#) – Chelan

## North Sound – NEW!

[Compass Health](#) – Whatcom

[Compass Health](#) – Skagit

[Compass Health](#) - Snohomish

## Pierce

[Catholic Community Services](#) – Tacoma

[Seneca Family of Agencies](#) – Tacoma – NEW!

## Salish – NEW!

[Kitsap Mental Health](#) - Bremerton

## Spokane – NEW!

[Frontier Behavioral Health](#) - Spokane

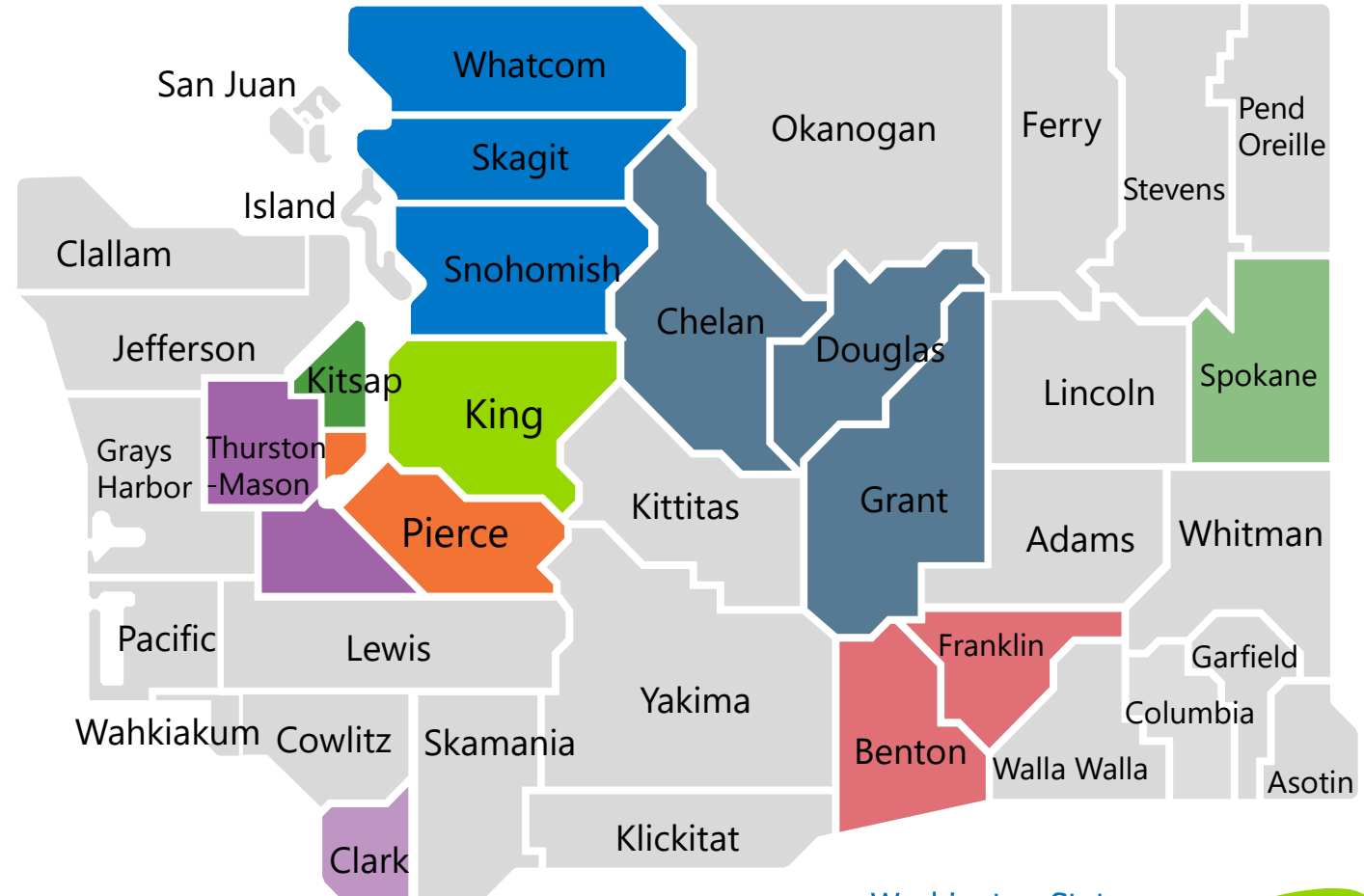
## Southwest

[Catholic Community Services](#) – Clark

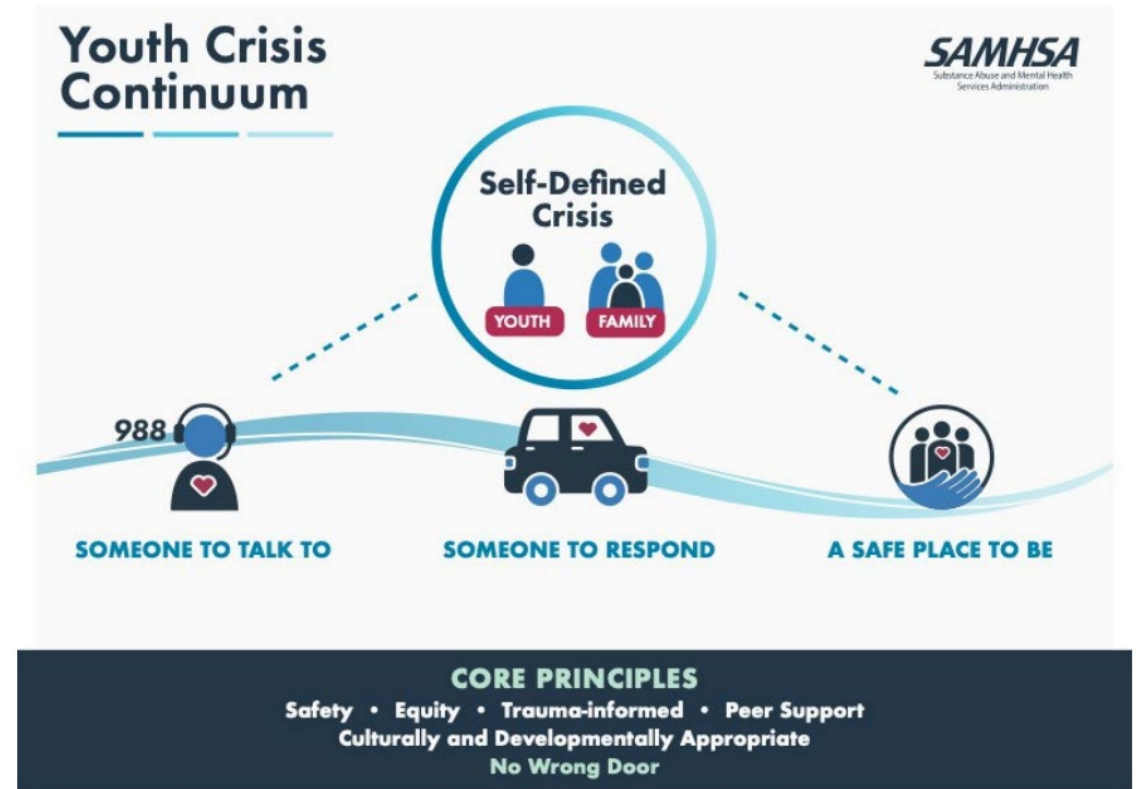
## Thurston/Mason

[Catholic Community Services](#) – Thurston

[Catholic Community Services](#) - Mason

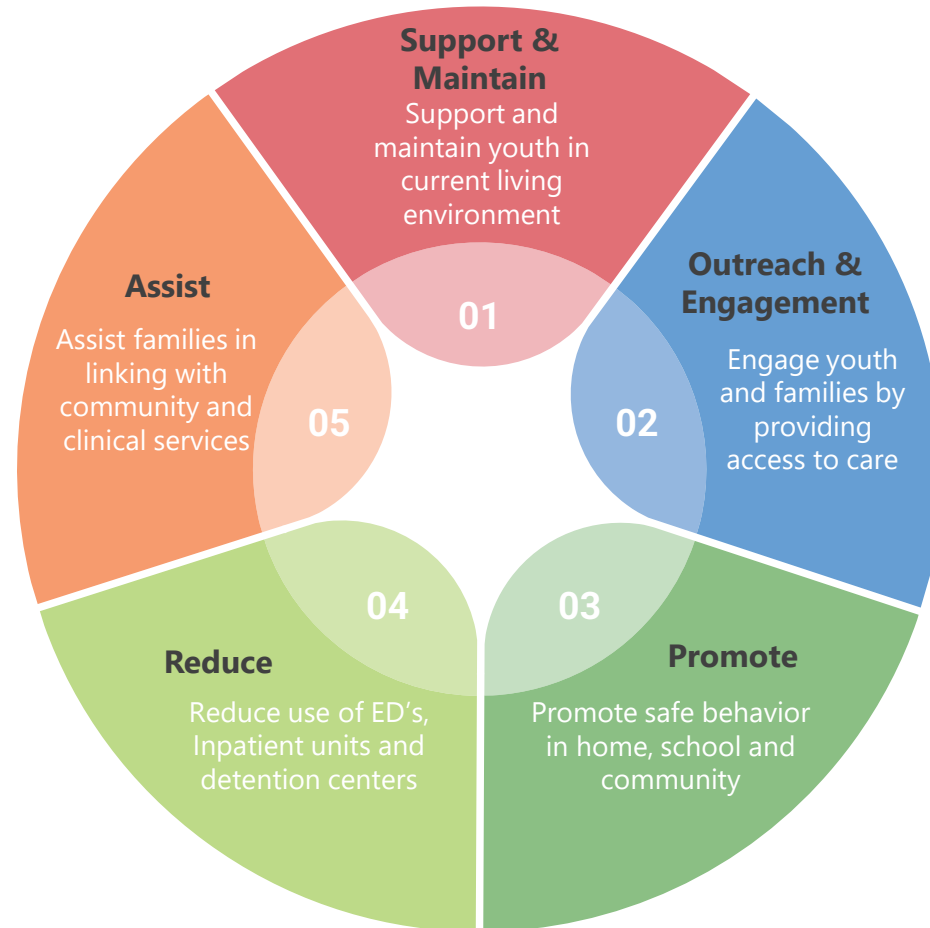


# Mobile Response and Stabilization Services (MRSS)



# Goal of Mobile Response & Stabilization

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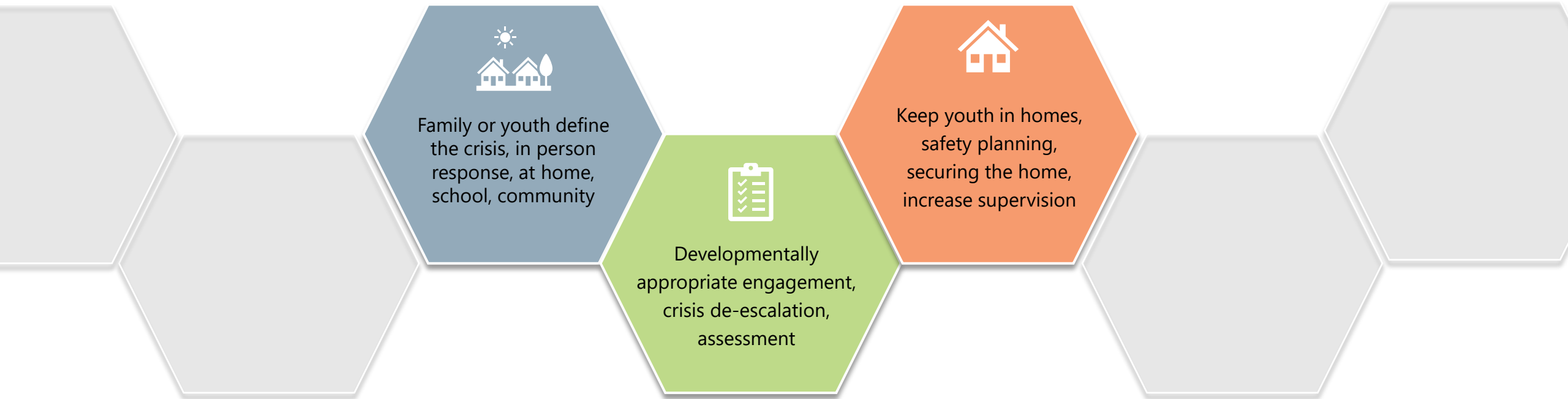




# Brings the Crisis Continuum to the family

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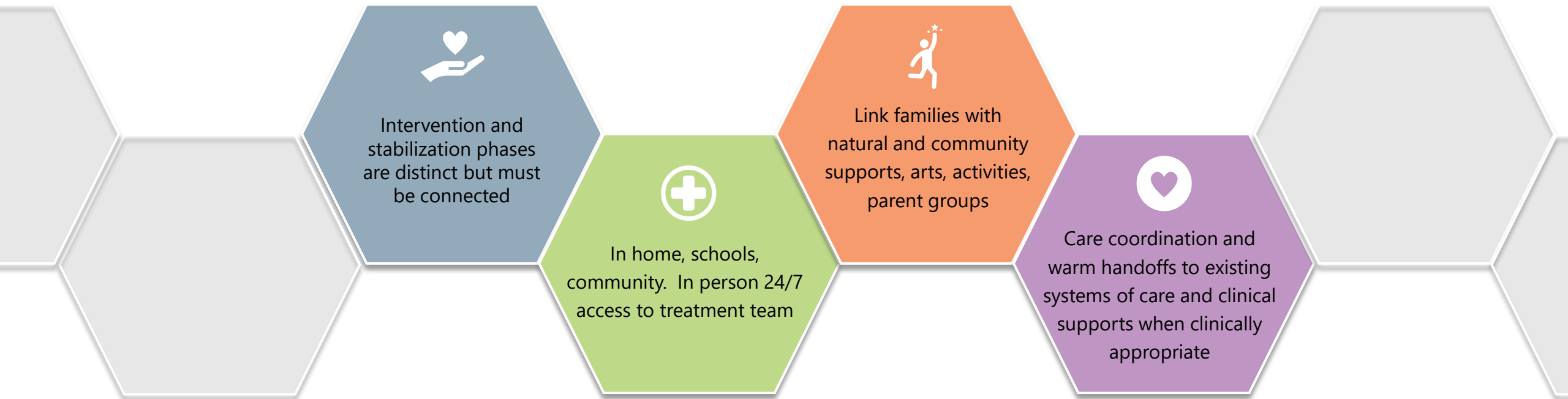
Initial Response (*up to 3 days of crisis intervention*) all payors



# Brings the Crisis Continuum to the family

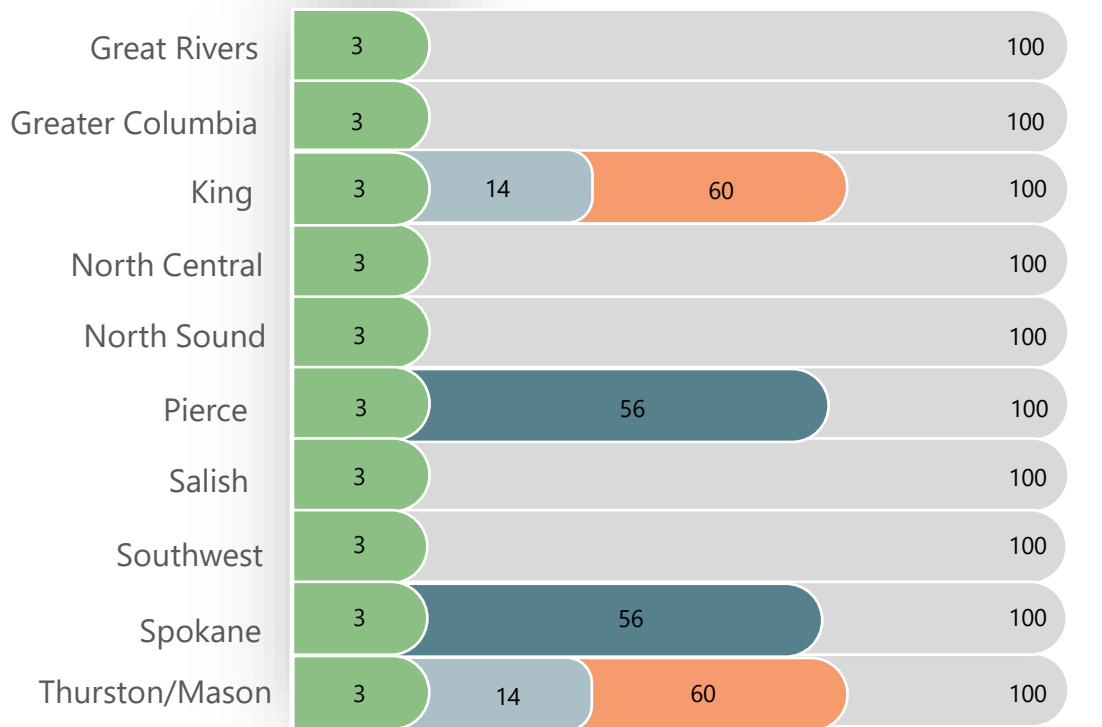
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Stabilization in-home (*up to 8 weeks of intensive, in-home services*) MCO

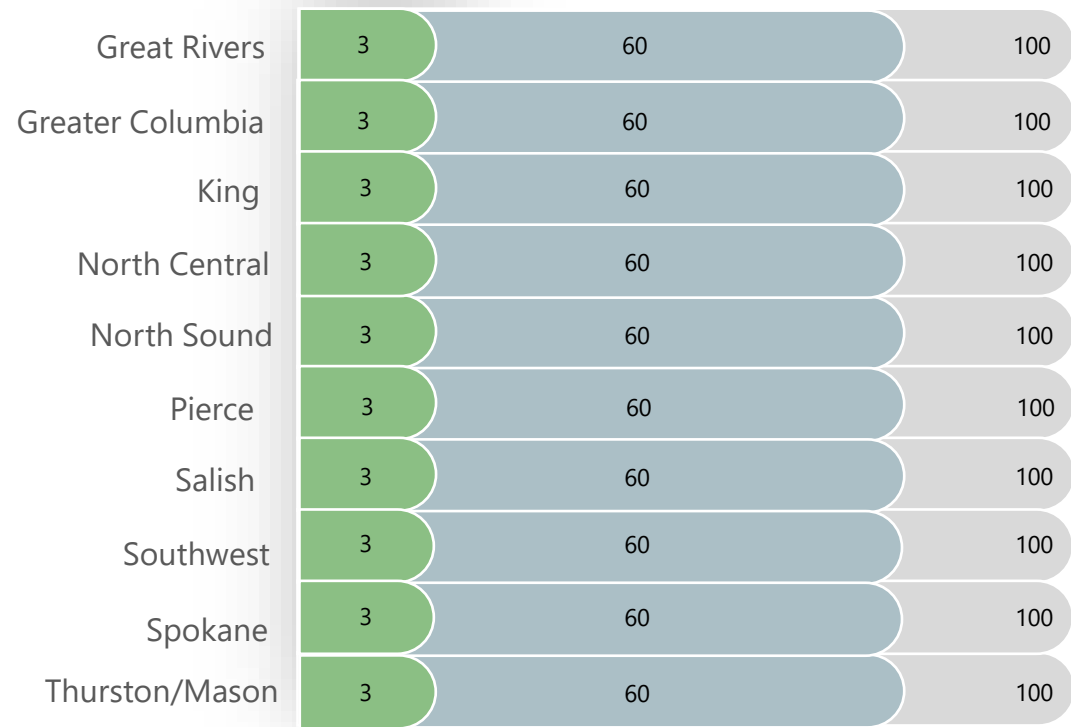


# Youth Mobile Crisis Team Service Delivery

Current state – days of service by region



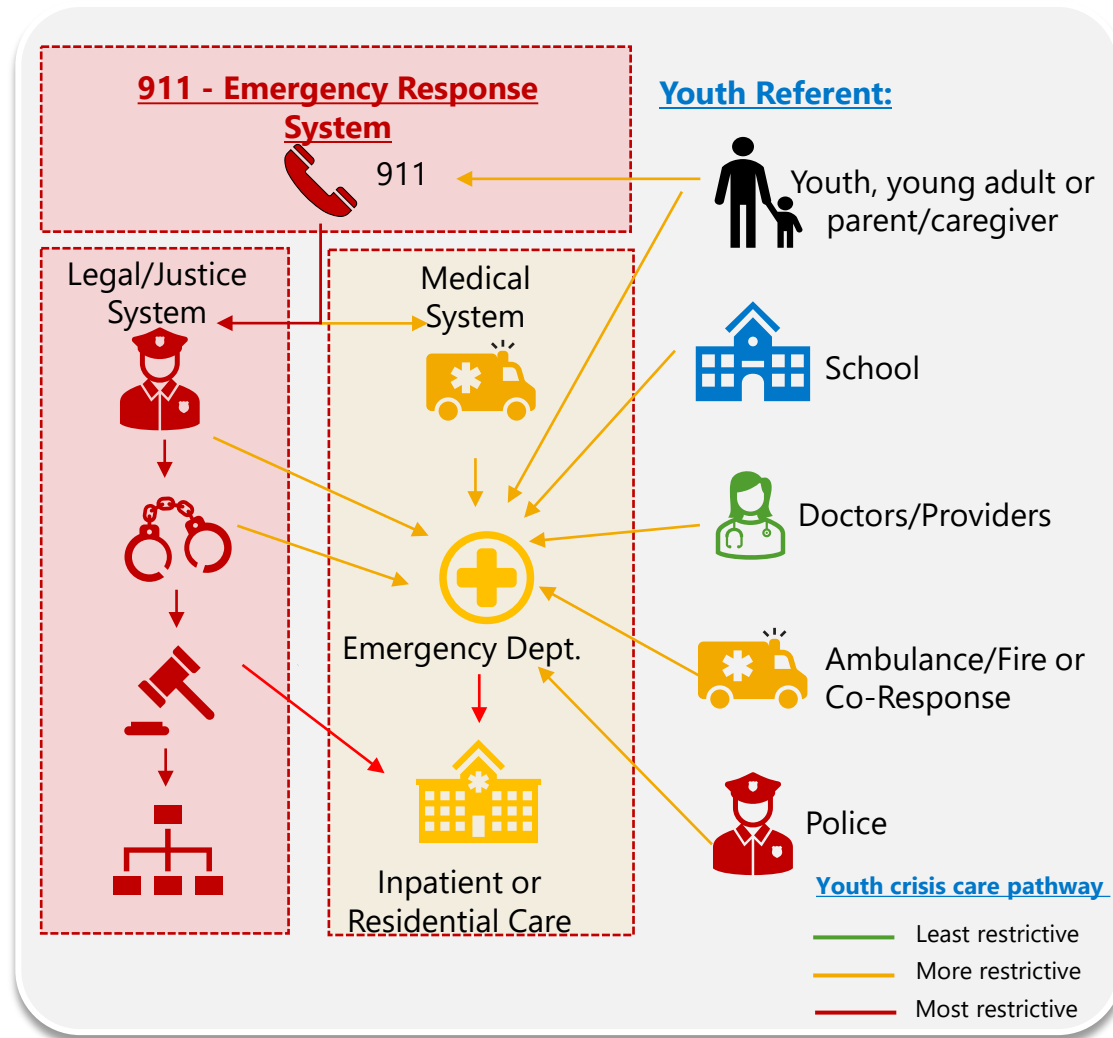
Future state – days of service by region



ASO MCO/FFS Local braided funding SOC grant Commercial

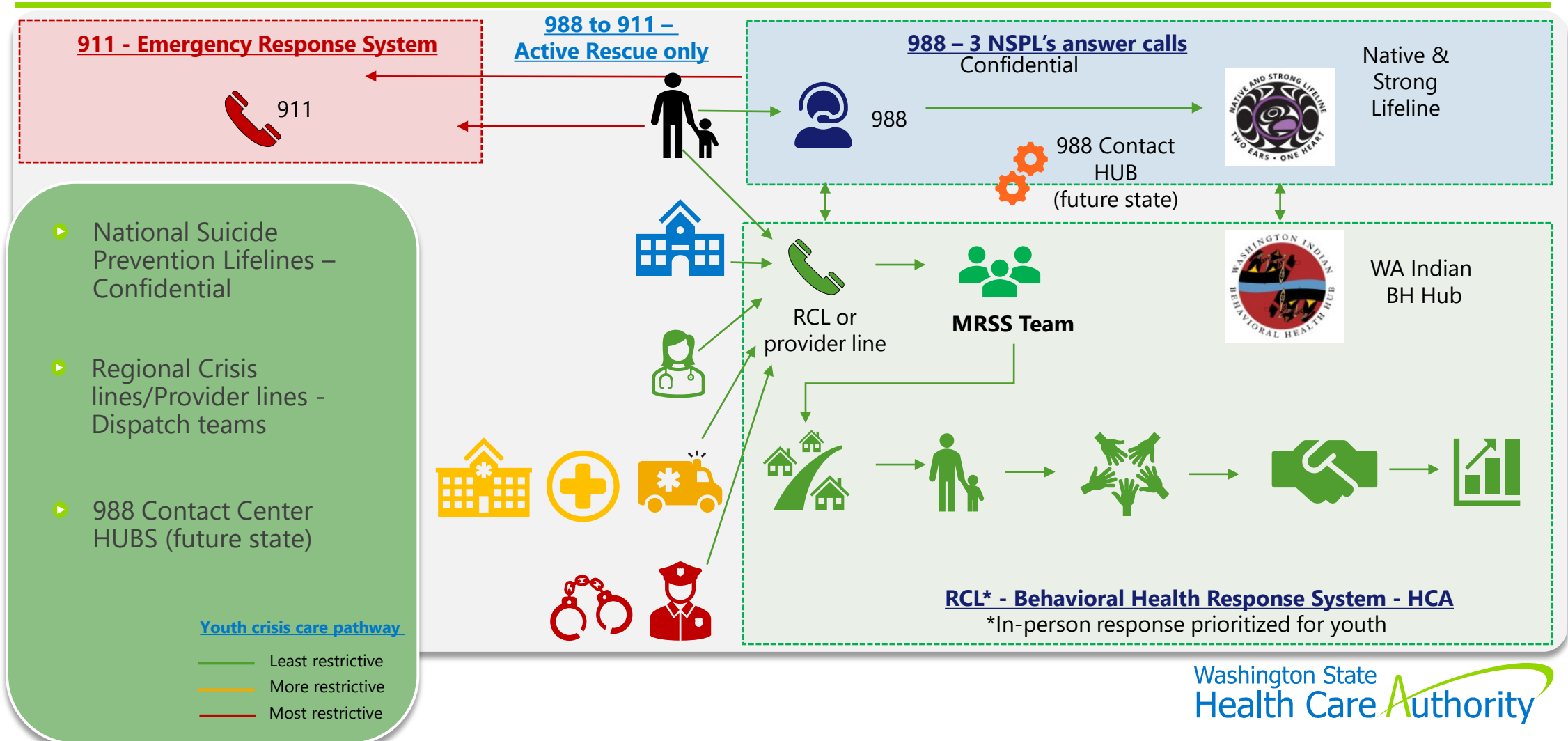
ASO MCOs/Fee-for-Service

# Care pathway via 911 & the medical model



- ▶ How do families access services?
- ▶ Caregivers call 911 in a crisis
- ▶ ED remains primary access point
- ▶ Can result in hospital boarding
- ▶ SSHB 1580 – Children in crisis

# MRSS is designed to interrupt care pathways



# Regional crisis lines

**North Sound:** 1-800-584-3578

**King:** 1-866-427-4747

**Pierce:** 1-800-576-7764

**Salish:** 1-888-910-0416

**Thurston/Mason:** 1-800-270-0041

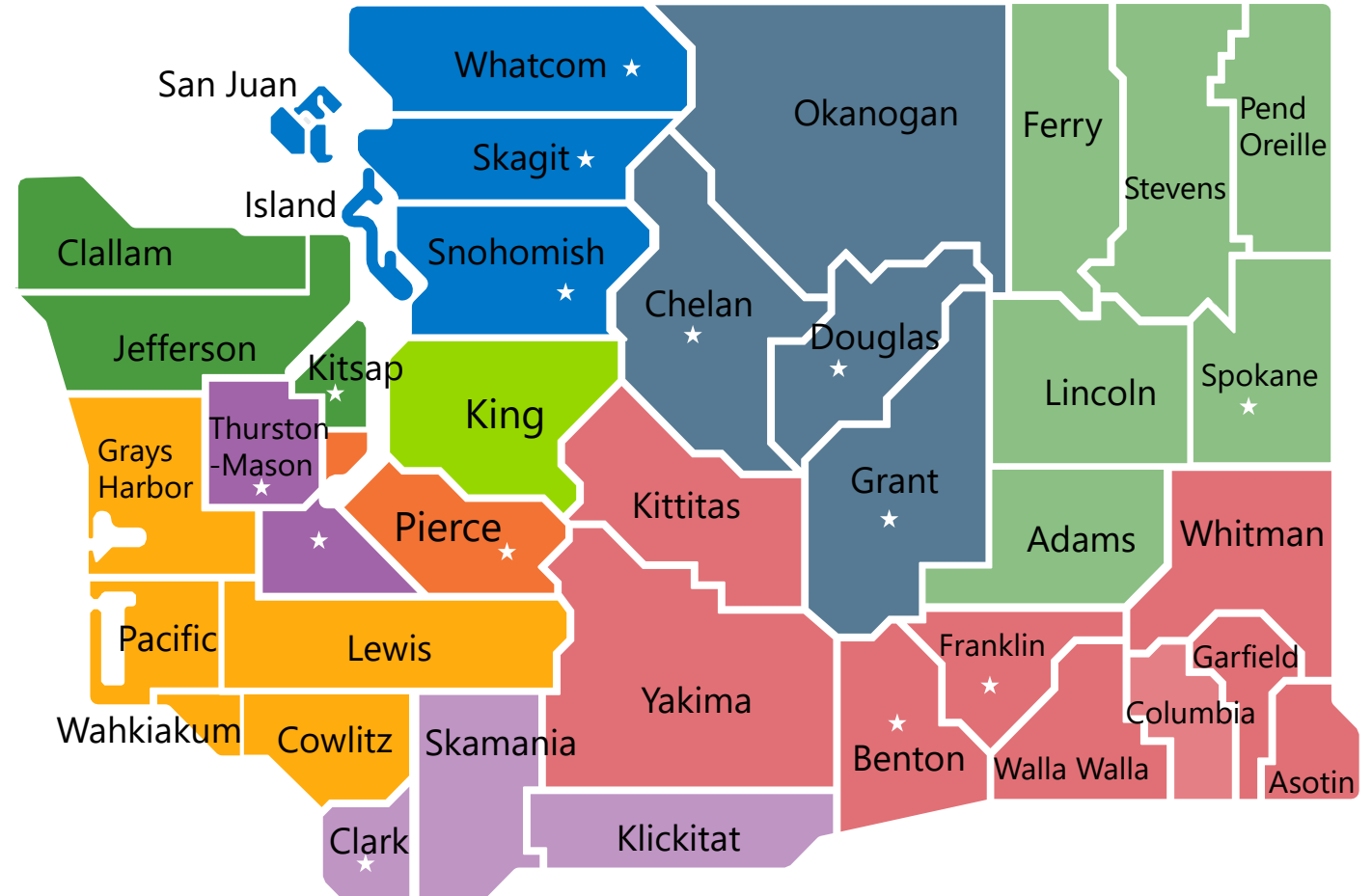
**Great Rivers:** 1-800-803-8833

**Southwest:** 1-800-626-8137

**North Central:** 1-800-852-2923

**Spokane:** 1-877-266-1818

**Greater Columbia:** 1-888-544-9986



# Prenatal-25 programs, services, & work groups

Center of Parent Excellence (COPE)

Children's Long-term Inpatient Program (CLIP)

Children & Youth Behavioral Health Work Group (CYBHWG)

CYBHWG Prenatal – 25 Behavioral Health Strategic Plan

Collegiate Recovery Support network

Education for discharge planners for safe and stable housing for youth and young adults (The Bridge Program)

Family Initiated Treatment (FIT)

Family Substance Use Disorder education and curriculum

Family Youth System Partner Round Table (FYSPRT)

Grays Harbor family preservation for pregnant and parenting individuals

Housing for transitioning youth

Infant-early childhood mental health

Intensive Outpatient (IOP) partial hospitalization pilot program

Mental Health Assessment for Young Children (MHAYC)

Statewide youth network

Parent Trust in Recovery

Pregnant and Parenting Individuals (PPI) services

Regional Youth Behavioral Health Navigators – Kids Mental Health WA

Residential Crisis Stabilization Program (RCSP)

Parent Child Assistance Program (PCAP)

Substance use Disorder Family Navigator program

System of Care

Washington State children's behavioral health statewide family network

Medicaid Transformation Project

Washington State fetal alcohol syndrome diagnostic and prevention (FASDPN)

Wraparound with Intensive Services (WISe)

Youth mobile response stabilization teams

Youth Substance Use (SUD) treatment services

Early signs of psychosis/New Journeys



# Q&A

October 10, 2023





# What's next

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- ▶ Where can I find information about this webinar series?
  - ▶ Prenatal, child, and young adult behavioral health services
    - ▶ Full schedule
    - ▶ Slides
    - ▶ Registration
    - ▶ Recordings