

# Are **you** experiencing homelessness?

Are you or someone you know between the ages of 16 and 25 and experiencing homelessness? All transition age youth need safe and stable housing along with access to behavioral health services if they need it. Scan the QR code for HCA's Transition Age Youth report to learn more!

Here are a few of resources if you are, or know someone experiencing homelessness.



Basic needs: [findhelp.org](https://www.findhelp.org)



Behavioral health care: [warecoveryhelpline.org/](https://www.warecoveryhelpline.org/)



National Runaway Safeline:  
1-800-RUNAWAY or 1-800-786-2929



Housing linkages:  
[bit.ly/Office\\_of\\_HY](https://bit.ly/Office_of_HY)

Pathways to Housing:  
[Pathwaystohousing.dshs.wa.gov/](https://Pathwaystohousing.dshs.wa.gov/)

Do you want to participate in ending youth and young adult homelessness? Here are some ways you can help.



Make behavioral health change in your community:  
[hca.wa.gov/fysprt](https://hca.wa.gov/fysprt)



Join local advocacy:  
[mockingbirdsociety.org/](https://mockingbirdsociety.org/)



For more information check out sections 2.3, 3, and 4 in *The Healthy Transitions Project* report here:  
[hca.wa.gov/assets/program/health-transitions-project.pdf](https://hca.wa.gov/assets/program/health-transitions-project.pdf)

