

Substance Use, Prevention, Treatment and Recovery Services (SUPTRS) block grant

Overview

The Substance Abuse block grant (SABG) was recently renamed the Substance Use, Prevention, Treatment and Recovery Supports block grant (SUPTRS-BG) and supports states in planning, implementing, and evaluating activities to prevent and treat substance abuse and/or illicit use of alcohol and other drugs.

The SUPTRS-BG supports critical services that Medicaid or other federal and state funds do not cover, such as community prevention, recovery support services, education, training, and support for individuals seeking services and their families. A portion of the SUPTRS funds are utilized to train peers with substance use disorder (SUD) to become certified peer counselors and provide technical assistance to community behavioral health agencies who want to add SUD peer services.

Process

Grant funds are acquired through an application process that details how the state will spend the federal funds. Grants are awarded on an annual basis, and funding comes through the Substance Abuse and Mental Health Services Administration's (SAMHSA) Center for Substance Abuse (CSAT) and the Center for Substance Abuse Prevention (CSAP).

Eligibility

Individuals who are recognized as a priority population as mandated by the grant:

- Pregnant women and women with dependent children who use drugs intravenously
- Pregnant women and women with dependent children
- Individuals who use drugs intravenously
- Need medically necessary services as determined by the Diagnostic and Statistical Manual of Mental Disorders version 5 (DSM5) and American Society of Addiction Medicine (ASAM) criteria

- Families and children who do not require treatment receive primary prevention services

Authority

- Title XIX, Part B, Subpart II and Subpart III of the Public Health Service Act (Children's Health Act of 2000)
- Title 42, Chapter 6A, Subchapter XVII of the United States Code
- Title 45 of the Code of Federal Regulations Part 96 (45 CFR Part 96), Substance Abuse Prevention and Treatment Block Grants: Interim Final Rule
- ADAMHA Reorganization Act (Public Law 102-321, 102d Congress) of 1992
- The Office of Management and Budget (OMB) 2 CFR Part 200
- The Charitable Choice final rules published in the Federal Register on September 30, 2003
- Revised Code of Washington (RCW) 70.96A

Budget

Federal fiscal year 2023: \$39,029,910

Federal law requires that the funds awarded to states be obligated and expended within two years. SAMHSA operates on a federal fiscal year (October to September) while Washington State operates on a July-through-June state fiscal year. Block grant funds awarded in October cannot be allocated until the state budget is approved the following year. This grant does not require a state match but does require a statutory maintenance of effort to document that the state has maintained expenditures for SUD services at a level similar to the previous two-year period.

The grant requires that at least 20 percent of the block grant funds be spent on primary prevention activities. The grant also requires 5 percent of the total award be set aside to enhance or develop new programs for pregnant women and women with dependent children.

Numbers served

In state fiscal year, 2023:

- Individuals who received SUD treatment: 77,921
- Unduplicated direct prevention services provided: 39,375
- Number of peers who received training via the certified peer counselor program: 1,245 people

were trained as certified peer counselors, of that number, 317 were trained as youth or family partners and 589 were identified as having a substance use disorder.

- Number of pregnant and parenting women who received case management services: 1,490.

Partners

The Washington Health Care Authority (HCA) works with stakeholders and the public to ensure all voices are heard in developing the application. Partners include tribes, individuals in recovery from substance use disorder, counties, SUD organizations, provider associations, and problem gambling services agencies.

Oversight

HCA has implemented a State Behavioral Health Advisory Council (BHAC) which includes membership from the fields of substance use disorder, mental health and problem gambling, individuals with lived experience of behavioral health disorders, providers, tribes, and other interested parties. BHAC reviews the state block grant plan and progress reports and provides recommendations for changes when necessary.

Substance Abuse block grant (SA-BG) COVID-19 enhancement funding

SAMHSA has allowed additional flexibilities and suggest priorities within the SABG COVID-19 enhancement funding:

- Prevention
- Intervention
- Treatment
- Recovery services
- Infrastructure

SABG COVID-19 enhancement funding is available through March 14, 2023.

Budget

Total SABG COVID-19 supplement budget:

Budget topic	Dollar amount
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Prevention	\$7,083,872
Treatment	\$14,415,000
Recovery Support Services	\$10,417,000
Tribal	\$1,750,000
Administrative	\$1,750,000
Total budget	\$35,415,872

Substance Abuse block grant (SA-BG) COVID American Rescue Plan Act of 2021 (ARPA) funding

Supplemental SABG ARPA funding was provided to support states through block grants to address the effects of the COVID-19 pandemic for Americans with substance use disorder.

The SABG ARPA funding will be used to extend projects planned for and implemented via SABG COVID-19 enhancement projects. SABG ARPA Funding runs through September 30, 2025.

Budget

SABG ARPA Budget is \$30,586,435

Budget topic	Dollar amount
Prevention	\$7,187,812
HQ Contracts Treatment	\$5,000,000
BHASO Treatment	\$7,693,371
Recovery Support Services	\$6,117,287
Tribal	\$1,529,322
Technology Infrastructure	\$1,529,322
Administion	\$1,529,322
Total budget	\$30,586,436

More information

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