

Collegiate Recovery Support Network

The goal of implementing collegiate recovery support programs is to offer the chance for students in recovery from substance use to experience the opportunities that higher education offers in the college environment. These programs provide support and positive community connections, to prevent a return to substance use and to support and promote successful academic performance.

Collegiate Recovery Support Project

This project aims to create support programs for students in colleges and universities across the state using a harm reduction approach.

The project provides training, guidance, and resources to staff and students that builds sustainable connections within their communities.

Approach

In order to identify and examine elements that are key to a successful transition to higher education for individuals in recovery, the Washington State University (WSU) team will use multiple data sources, including review of data/findings from the 2020-2021 evaluation activities related to the transition of individuals in recovery from various programs to the college/university setting, and research findings from Dr. Cleveland's research study, *Understanding Academic Support Needs and Barriers for Youth in Recovery During the Transition to College*.

Core elements include:

- Develop campus and community recovery capital (social, physical, human, and cultural) to systematically provide sustainable individual and community recovery assets and supports. Housed within an IHE that confers academic degrees (e.g., associates, bachelors, masters, and/or doctorate degrees). Have paid, qualified, trained, ethical, and dedicated IHE professional staff, who support and provide services to students in recovery, and work in a

collaborative and integrated manner with individuals, who provide peer support within the campus and community setting.

- Have qualified, ethical, and dedicated individuals, who are peer supports to students in recovery, involved in recovery support service provision and work in a collaborative and integrated manner with IHE professional staff in campus and community settings.
- Through the development of recovery capital, provide a variety of recovery support services to assist students in reducing harms and maintaining their recovery.
- Students who are in recovery from substance use disorder, are the primary focus within the CRPs, communities, and support services. Recovering students are at the core of thriving Collegiate Recovery Support services.
- If appropriate to a specific campus, have a dedicated physical space for students in recovery to gather and offer peer support to one another.
- Resources and technical assistance can be awarded for planning and preparation for program implementation.

Current program locations

- [Green River College](#)
- [Gonzaga university](#)
- [Washington State University](#)
- [Skagit Valley College](#)
- [Renton Technical College](#)
- [Eastern Washington University](#)
- [Central Washington University](#)

Readiness funds recipients

- [Olympic College](#)

Budget

The total budget for the Collegiate Recovery Support Project is funded through Federal Substance Abuse Block Grant (SABG) from Substance Abuse and Mental Health Services Association (SAMHSA) in the amount of \$400,000 (July 1, 2023, through June 30, 2024)

Technical support

Washington State University (WSU)

Oversight

Internal: Through the HCA's Prenatal through 25 Behavioral Health Section under guidance from Executive Leadership.

Substance Abuse and Mental Health Service Association

More information

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