



# Prenatal-Age 25 Behavioral Health Legislative implementation webinar with Q&A

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September 12, 2023

# Housekeeping

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- ▶ Please mute yourself if you are not speaking
- ▶ Raise your hand if you want to speak
- ▶ This time is for you. We welcome questions, comments, and feedback
  - ▶ During the presentation, please add your questions to the chat and we will answer in the chat and/or during the Q&A.
- ▶ If we cannot answer your question on this call, we will follow-up after the meeting.

# Disclaimer

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- ▶ This Zoom meeting is being recorded and will be posted to the HCA [Prenatal, child, and young adult behavioral health services](#) page.
- ▶ This recording is open to public disclosure.
- ▶ Please do not disclose any private or confidential information.





# Prenatal substance exposure

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# What we are directed to do



Engrossed Substitute Senate Bill 5187 implement a pilot program to reimburse a licensed Pediatric Transitional Care Facility (PTCF) in Spokane County to provide neonatal abstinence syndrome services to infants who have had prenatal exposure

\$5.5M of the opioid abatement settlement account-state appropriation provided on a one-time basis

Pilot program requirements

Study and evaluate the efficacy, outcomes and impact of providing these services to avoid more costly medical interventions.

HCA directed to contract with WSU to conduct analysis (\$190K allocated), including infant and maternal health outcomes associated with the PTCF.

Report findings from evaluation and to what extent federal Medicaid allows for reimbursement of these services to the Legislature by 12/1/2024.

# Where we are

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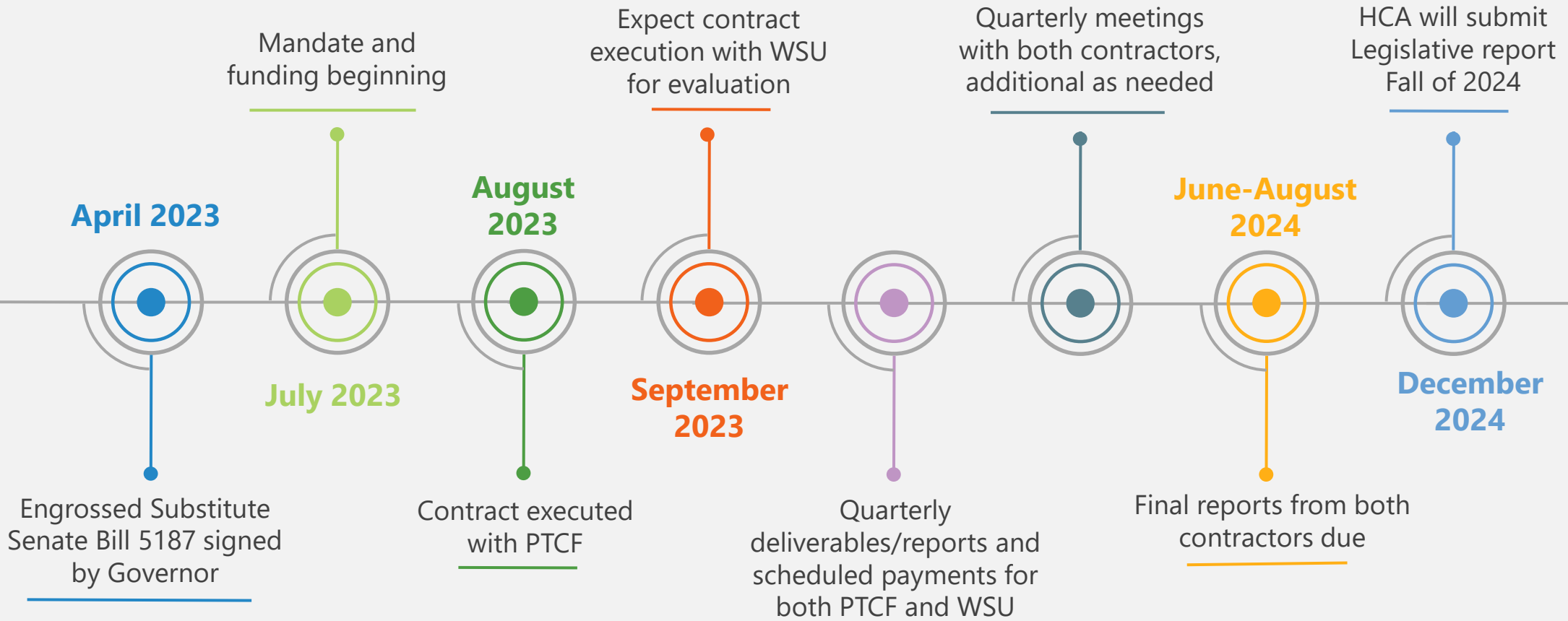
HCA executed contract with the PTCF in Spokane county in 8/2023 and initial report and invoice received 8/30, initial payment in process.

HCA developed detailed contract with PTCF, including all expected quality of care components, with focus on evidence-based, best practices and focus on the dyad (birth parent and infant)

HCA in final negotiations for evaluation contract with WSU, expect contract to be executed in early September.

HCA co-designed evaluation with WSU research team. Includes quantitative analysis and qualitative analysis focused on birth parent/family experience of PTCF.

# Timeline, what's ahead







# The Bridge

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Washington State  
Health Care Authority

# History

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**75%**

Youth exiting WA state system of care who experience homelessness within 12 months of discharge

## Learn more

Washington state legislature [SB 6560](#)

[Progress report SB6560](#)

Homeless youth RCW [4.330.700](#)

Unaccompanied youth, publicly funded system of care RCW [43.330720](#)

[Improving stability for youth exiting systems of care](#)

[Homelessness among youth exiting systems of care in Washington State](#)

[Safe and supportive transition to stable housing for youth ages 16-25, Best practice recommendations for strong supportive communities](#)

# Implementation

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1.

Providing Cross-System Coordination and Training to housing providers, discharge planners, to community-based organizations and young people with lived experience.

2.

Establishing best practices for return to community planning for unaccompanied minors within the community.

3.

Education and supporting advocacy for future education and systemic change

# Getting involved



- Day: Meetings 4<sup>th</sup> Tuesday of each month
- Time: 1 to 2:30 p.m.
- Receive the invite or review other projects that NorthStar advocates are involved in, please visit [NorthStar Advocates](#)



- Have questions or need more information?
- Contact [Jim Theofelis](#), Executive Director



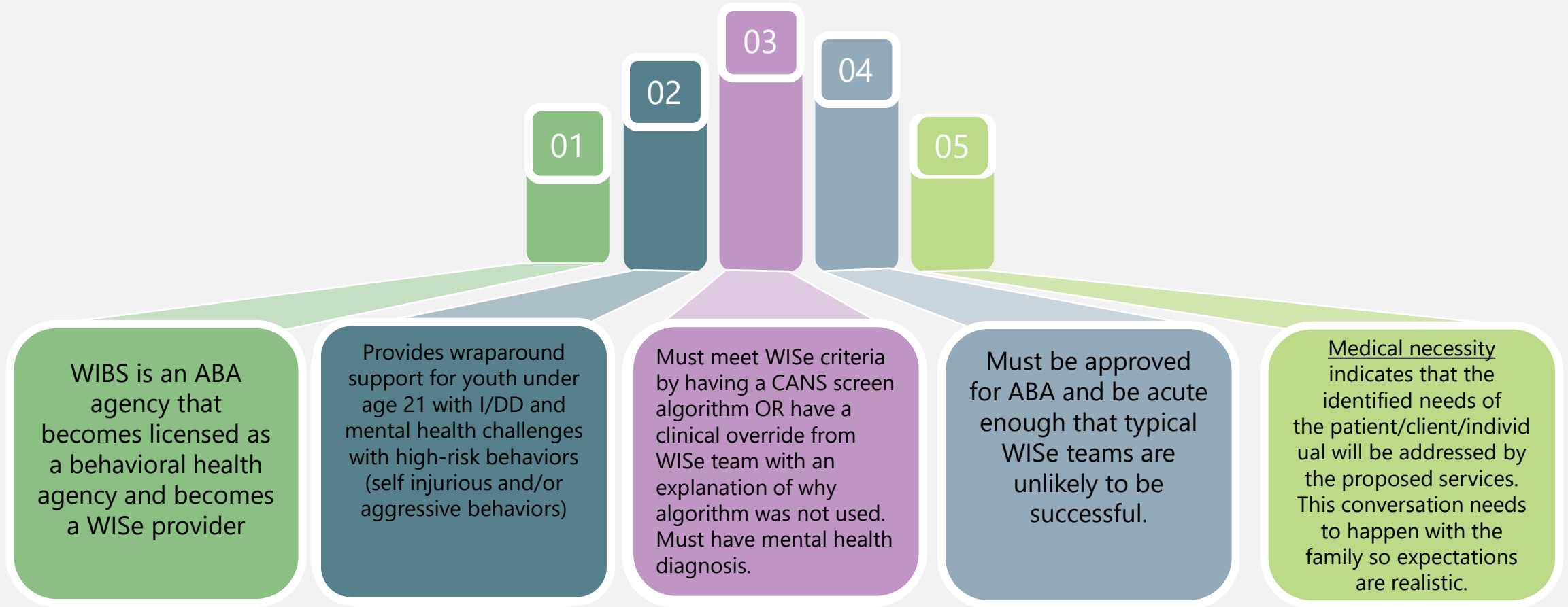
[If you or someone you know is seeking resources to get help or enter and inpatient program](#)

A close-up photograph of a hand gently holding a small green plant seedling with two leaves. The background is blurred, showing another hand. A diagonal dark band runs across the image, and a thin green horizontal line is positioned below the main text.

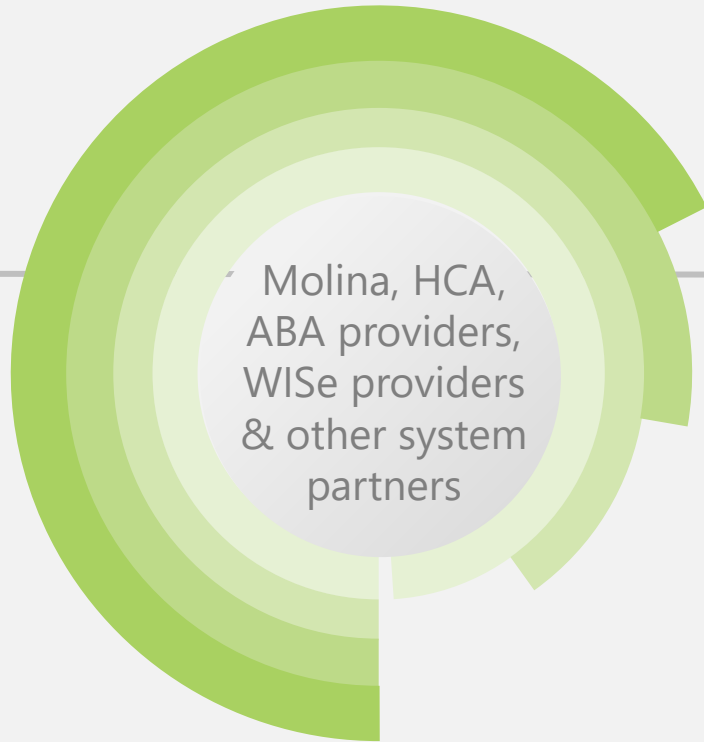
# WISe specialty teams

Washington State  
Health Care Authority

# Wraparound with Intensive Behavior Supports (WIBS)



# Partners and timeline



Partners and  
providers to  
develop  
demonstration  
project



Lilac City  
providing WISB  
in Spokane

Working to  
implement in  
King County



Expand to  
another two  
locations

Lilac under  
contract to  
expand to Pierce  
Co.

Looking for  
another agency



# ECHO START trainings

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Washington State  
Health Care Authority



# Extension for Community Healthcare Outcomes (ECHO) & Systemic Therapeutic Assessment Resources and Treatment (START) training

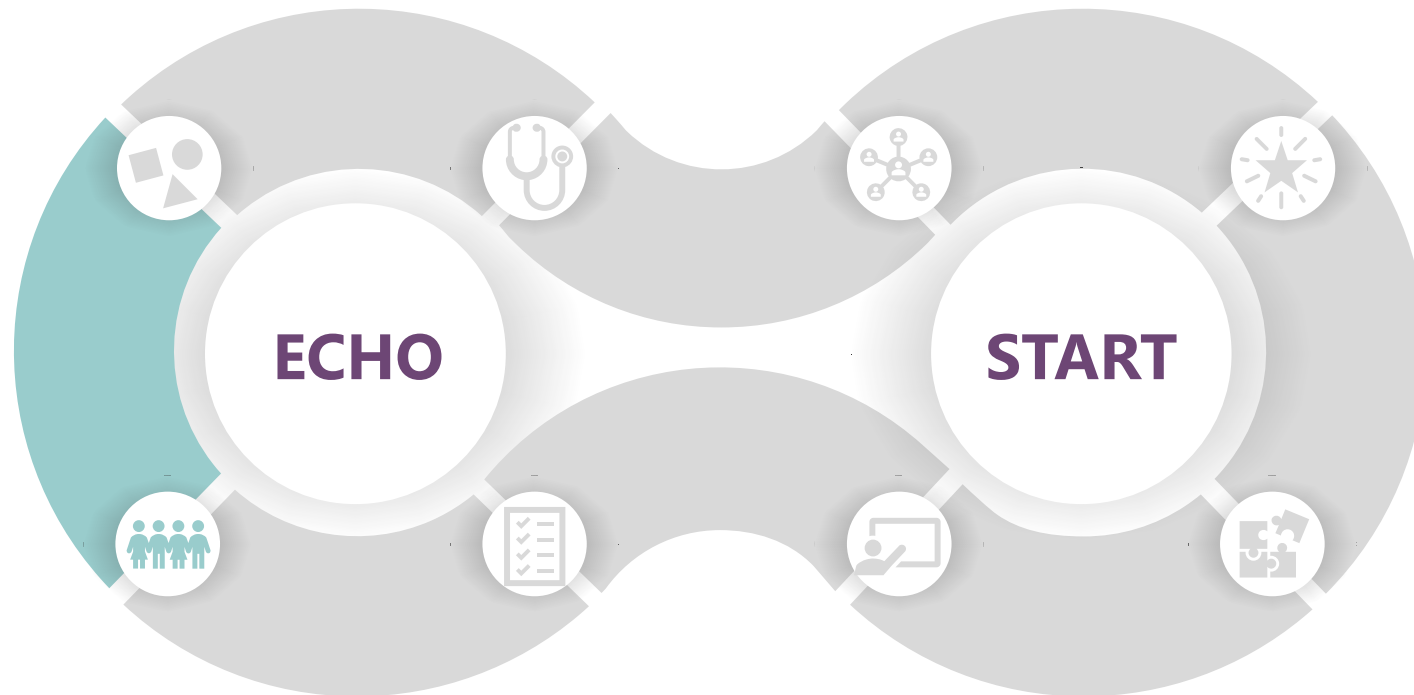


## Overview

ECHO and START training

ECHO is a hub and spoke method to provide expertise among providers. In this case, we are providing training for WISE providers so that they know how to treat behavioral health issues with clients that have autism and intellectual/developmental delays.

# Extension for Community Healthcare Outcomes (ECHO) & Systemic Therapeutic Assessment Resources and Treatment (START) training

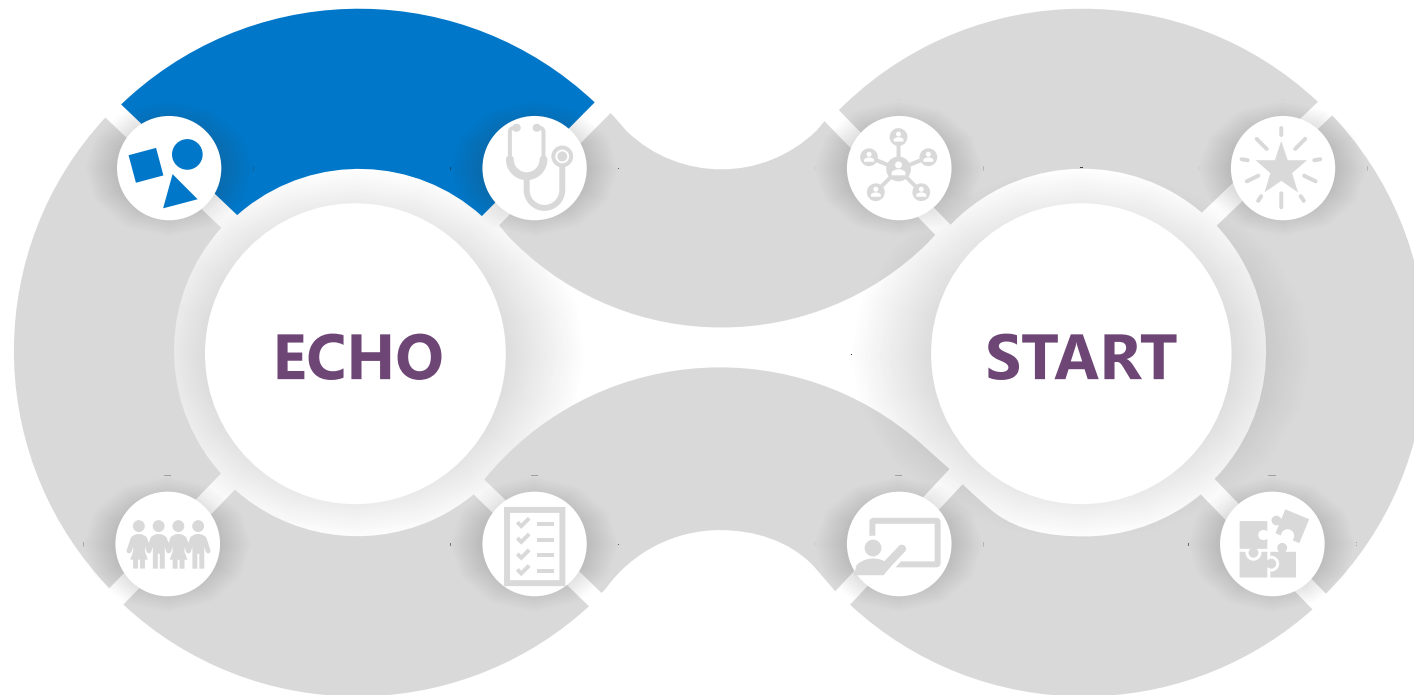


## ECHO and START training

One in six children between 3-17 has a developmental disability

Children with developmental disabilities also have mental health needs

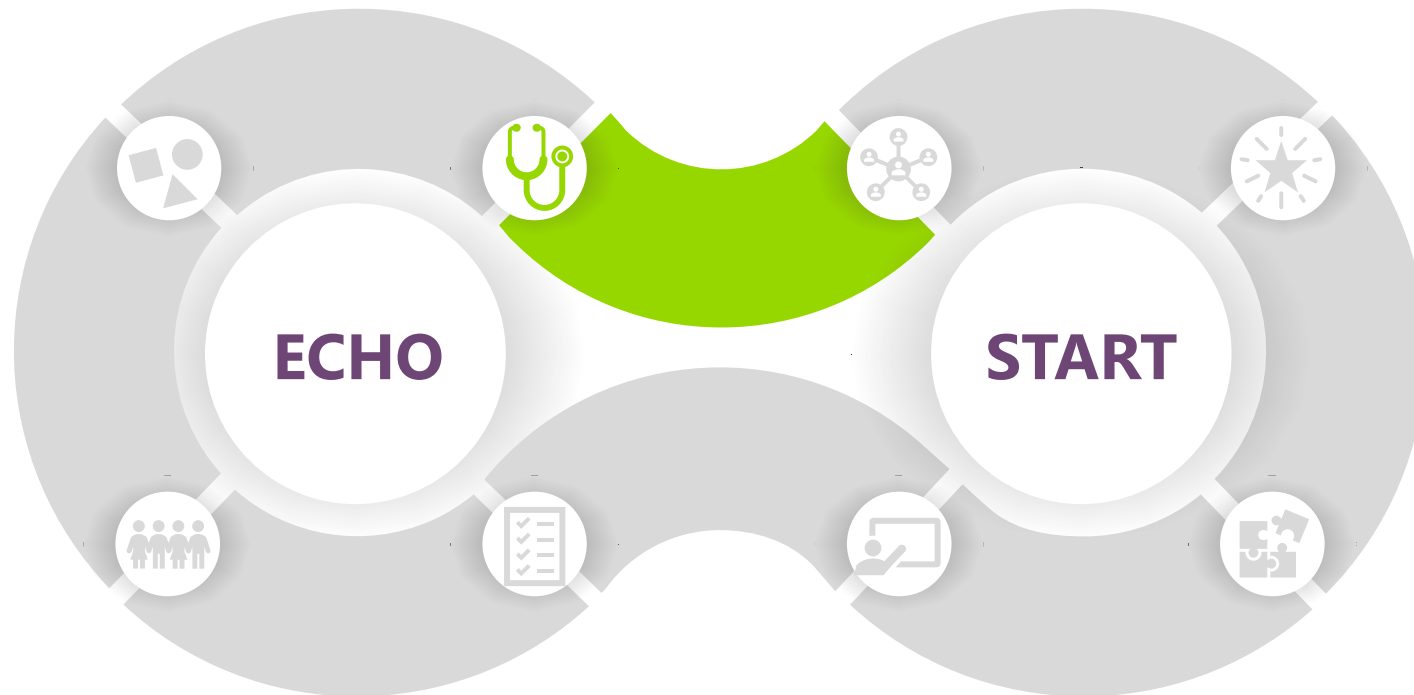
# Extension for Community Healthcare Outcomes (ECHO) & Systemic Therapeutic Assessment Resources and Treatment (START) training



## ECHO and START training

Many times, these children are involved in several different systems (mental health, developmental disabilities services, child services, etc.)

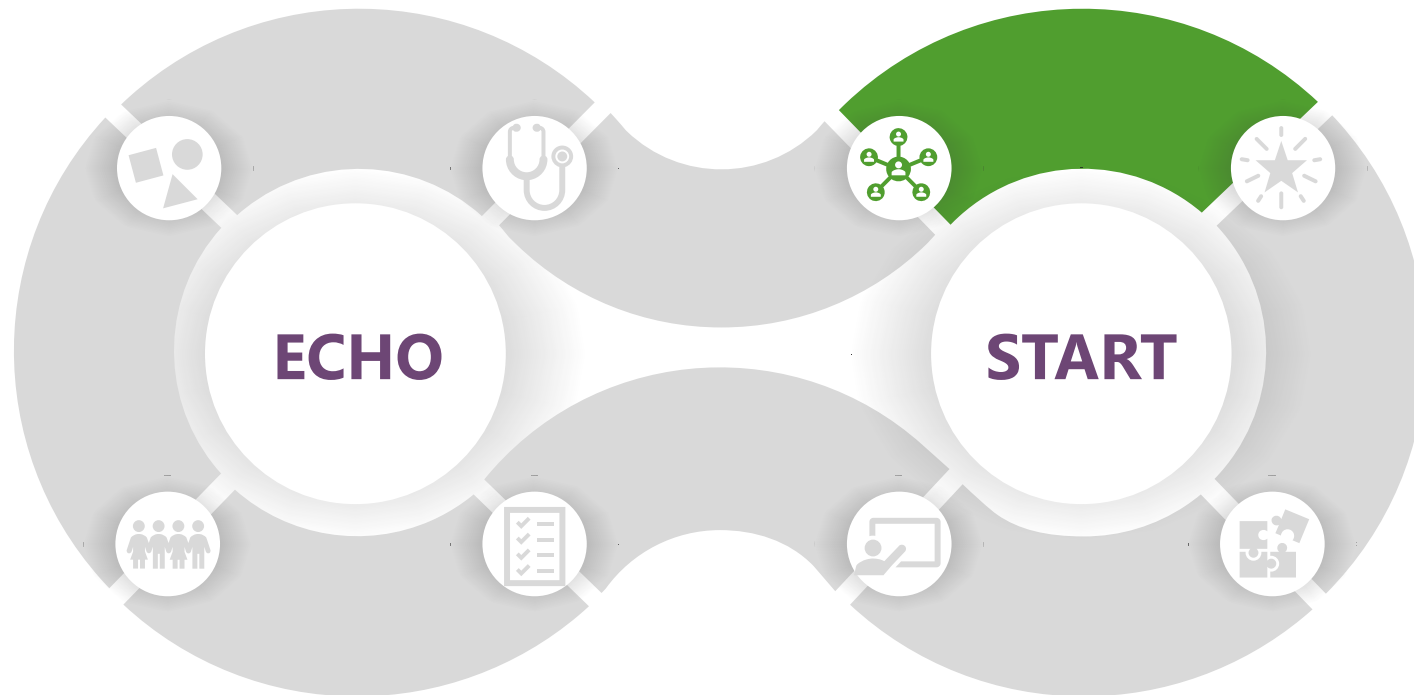
# Extension for Community Healthcare Outcomes (ECHO) & Systemic Therapeutic Assessment Resources and Treatment (START) training



## ECHO and START training

Mental health clinicians frequently lack the skills to work with those that have autism or intellectual or developmental disabilities (IDD/ASD)

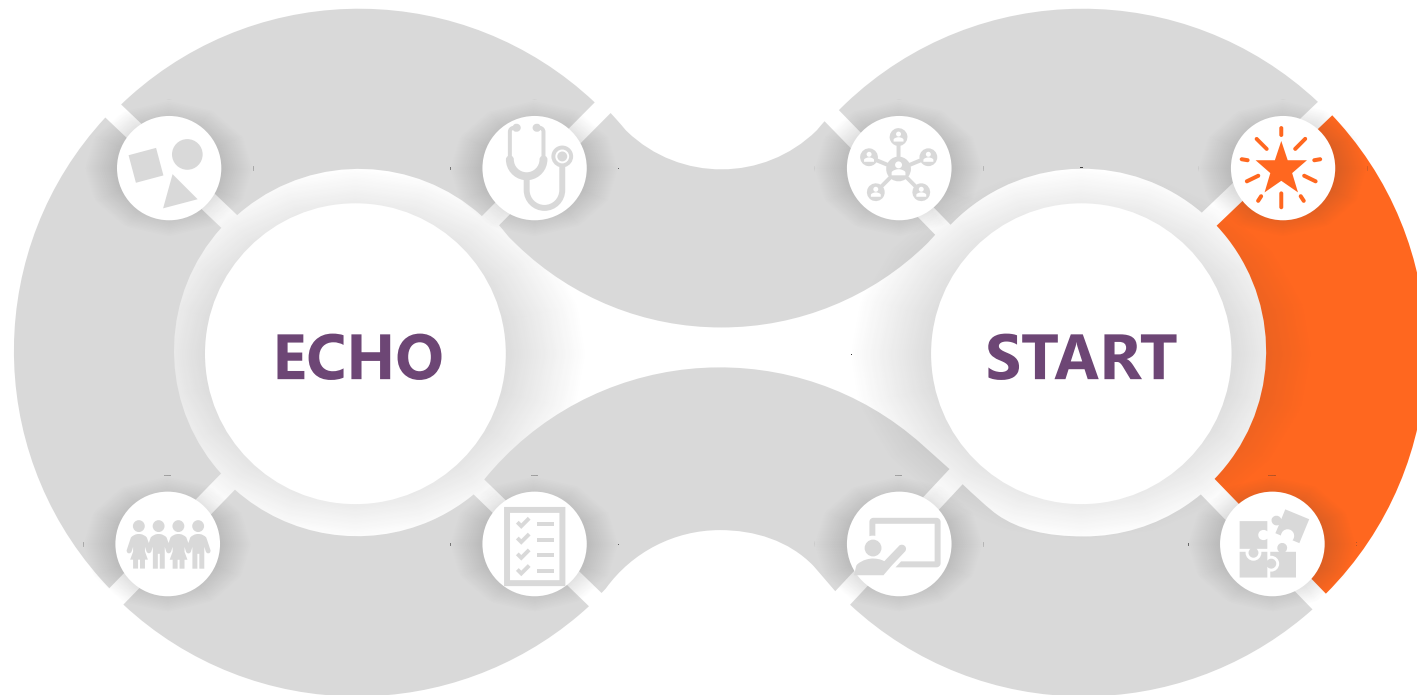
# Extension for Community Healthcare Outcomes (ECHO) & Systemic Therapeutic Assessment Resources and Treatment (START) training



## ECHO and START training

We are providing a hub and spoke training model to increase the skill set of our existing behavioral health work force by using the ECHO model.

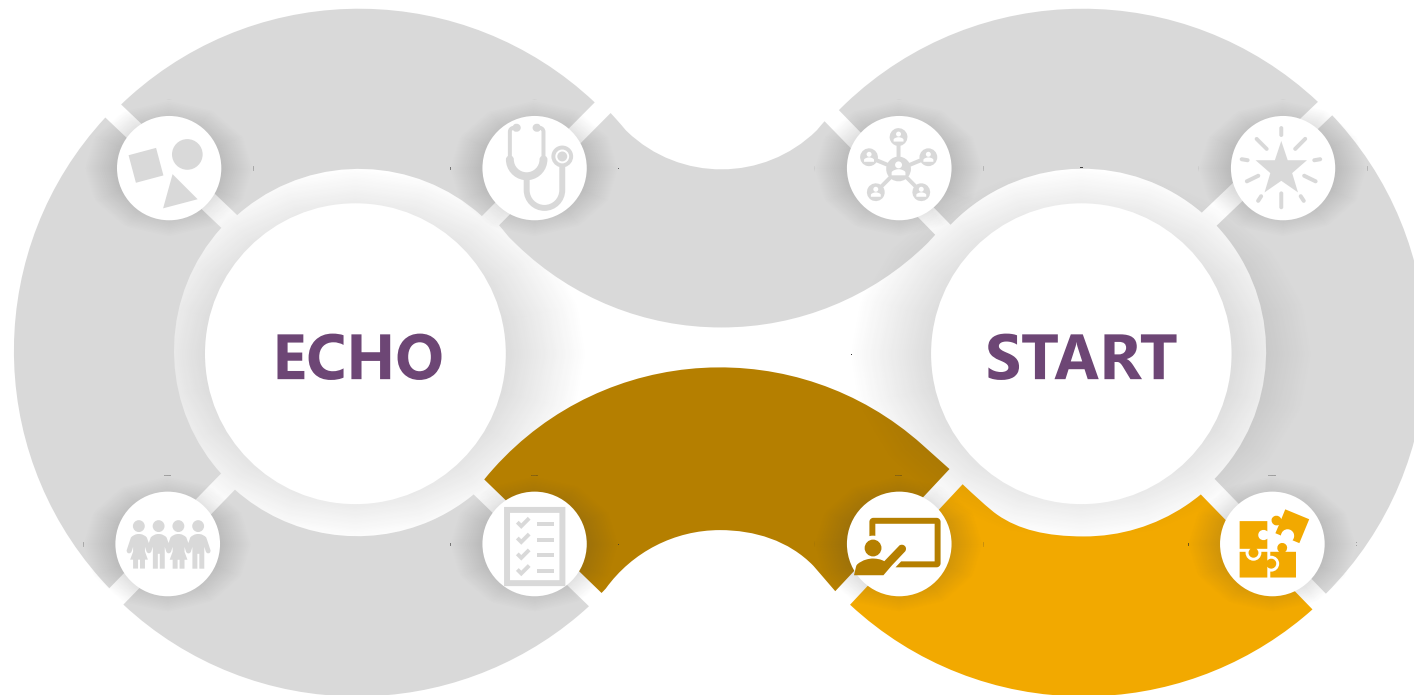
# Extension for Community Healthcare Outcomes (ECHO) & Systemic Therapeutic Assessment Resources and Treatment (START) training



## ECHO and START training

START facilitates the delivery of appropriate services to IDD individuals as a component of ECHO sessions.

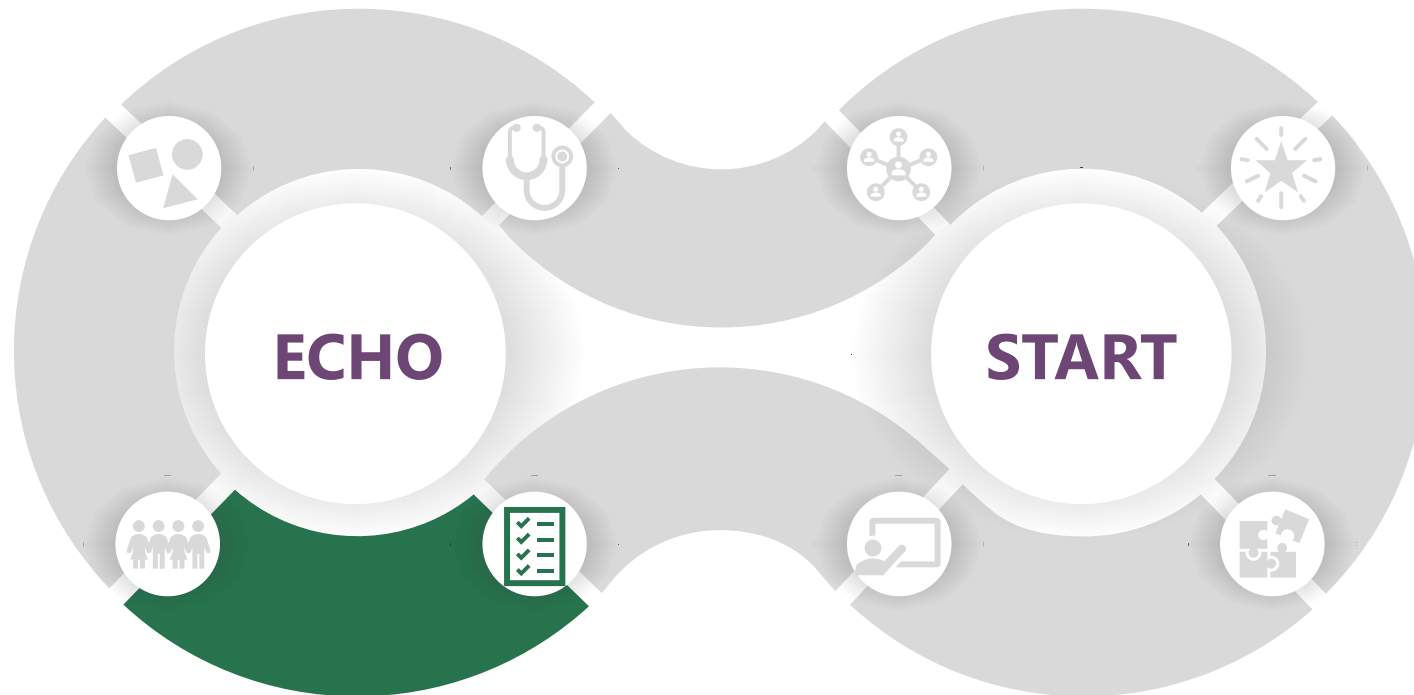
# Extension for Community Healthcare Outcomes (ECHO) & Systemic Therapeutic Assessment Resources and Treatment (START) training



**ECHO (Extension for Community Health Outcomes) I/DD**

Designed to provide training using experts from University of Washington and Seattle Children's Autism Center and other organizations, for community health providers who work with children and youth with I/DD and behavioral health needs.

# Extension for Community Healthcare Outcomes (ECHO) & Systemic Therapeutic Assessment Resources and Treatment (START) training



## ECHO (Extension for Community Health Outcomes) I/DD

Three ECHO offerings:

1. Intellectual Disabilities and Developmental Disabilities (I/DD) Wraparound
2. Medication management for youth with I/DD and co-occurring behavioral health diagnosis
3. Resources and resource navigation



# Components of a teleECHO session

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01

The order of the didactic and case presentations can be adjusted to best fit the program needs

02

Time span of a teleECHO session is based on your needs



Introduction

Didactic



Case presentation

Clarifying questions  
Case discussion



Case recommendations

A photograph of five children sitting on a wooden bench in a park, viewed from behind. They are looking out over a green field with trees in the background. A large, semi-transparent grey triangle is overlaid on the right side of the image. The text 'SS HB 1580 Children in crisis' is centered over the triangle, with a thin green horizontal line underneath it.

# SS HB 1580 Children in crisis

Washington State  
Health Care Authority

# SS HB 1580 Children in Crisis

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- ▶ The governor must maintain a children and youth multisystem care coordinator to serve as a state lead on addressing complex cases of children in crisis.
- ▶ Who will direct
  - ▶ The appropriate use of state and other resources to a child in crisis, and that child's family, if appropriate; and appropriate and timely action by state agencies to serve children in crisis;
  - ▶ Have access to flexible funds to support
    - ▶ The safe discharge of children in crisis from hospitals; and long-term appropriate placement for children in crisis who are dependent under chapter 13.34 RCW; and
- ▶ Coordinate with
  - ▶ The rapid response team established under RCW 43.216.205 to make sure that resources are effectively identified and mobilized for people who meet the definition of child in crisis and a youth or young adult exiting a publicly funded system of care; and
  - ▶ Youth behavioral health and inpatient navigator teams (currently know as Kids Mental Health WA) to efficiently and effectively mobilize services for a child in crisis.



# Q&A

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September 12, 2023



# What's next

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- ▶ Where can I find information about this webinar series?
  - ▶ Prenatal, child, and young adult behavioral health services
    - ▶ Full schedule
    - ▶ Slides
    - ▶ Registration
    - ▶ Recordings