

Prenatal-25 Behavioral Health Legislative implementation status with Q&A

October 17, 2022

Housekeeping

- ▶ Please mute yourself if you are not speaking
- ▶ Raise your hand if you want to speak
- ▶ This time is for you. We welcome questions, comments, and feedback
 - ▶ During the presentation, please add your questions to the chat and we will answer in the chat and/or during the Q&A.
- ▶ If we cannot answer your question on this call, we will follow-up after the meeting.

Disclaimer

- ▶ This Zoom meeting is being recorded and will be posted to the HCA [Prenatal, child, and young adult behavioral health services](#) page.
- ▶ This recording is open to public disclosure.
- ▶ Please do not disclose any private or confidential information.

Agenda

Project updates

- Children's Long-term Inpatient Program expansion (CLIP)
- Habilitative Mental Health (HMH)
- Short-term Residential Crisis Stabilization Program (RCSP)
- Regional Youth Behavioral Health Navigator
- BH360 Parent Portal
- New Journeys expansion

Presenters



Diana Crockrell



Ashley Mangum



Mandy Huber



Gina Cabiddu



Stefanie Robinson



LaRassa Foure



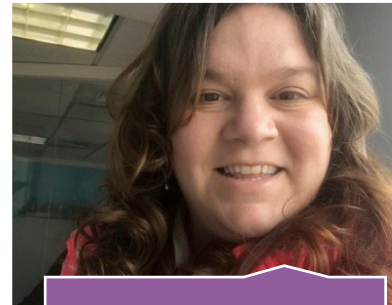
Matt Mazur-Hart



Cammie Perretta



Rebecca Daughtry



Jennifer Peterson

Children's Long-term Inpatient Program (CLIP) expansion

Children's Long-term Inpatient Program (CLIP) expansion

Expansion and Implementation

- Increase the number of bed and rates for contracted community children's long-term inpatient program (CLIP) providers.
- The number of beds is increased on a phased in basis to 62 beds by the end of FY 2022 and to 72 beds by the end of FY 2023.
- The rates are increased by two percent effective July 1, 2021, and by an additional 4.5% effective January 1, 2023.

Children's Long-term Inpatient Program (CLIP) expansion

CLIP system bed capacity overview

- Bed utilization numbers change daily
- Current available bed capacity: 54 beds
- Current monthly average utilization: 37 beds

Provider updates & challenges

- **Updates**
 - Identified potential providers
 - Interested providers touring CLIP facilities
 - Discussions with other providers
- **Challenges**
 - Workforce shortages and meeting staffing requirements
 - Competitive rates to hire and retain staff
 - Permitting and licensing process

Habilitative Mental Health (HMH)



Habilitative Mental Health (HMH)

► Overview

- ▶ Contract for a 12 bed children's long-term inpatient program facility specializing in HMH services for children and youth with intellectual/developmental disabilities who have intensive behavioral health support needs.
- ▶ Provide data on the demand and utilization of the facility by June 2023.

► Implementation & challenges

- ▶ Request for Information (RFI), January 2022
- ▶ Advisory Stakeholder Committee
 - Specialist, providers, and partners
 - Build a program within the current legislative funding language
- ▶ Find a provider to create a new, innovative scope of work
- ▶ Provider program work and details to provide care to populations in a treatment environment.

Short-term Residential Crisis Stabilization Program (RCSP)

Residential Crisis Stabilization Program (RCSP)

► Overview

- ▶ Provides twenty-four hour per day, seven days per week intake, treatment and supervision of youth and young adults in a safe and therapeutic environment.
- ▶ Provides a structured setting for a short-term stay of 30 days (not to exceed 90 days) to restore the individual and families functioning to transition home, to the community or to a more long-term setting.
- ▶ Services for youth and young adults with behavioral health co-occurring conditions that include mental health, substance use disorder, and intellectual developmental disorder (I/DD) and autism spectrum disorder (ASD).

► Implementation phases

- ▶ FY23, capital funding for two sites
- ▶ FY24, funding is assumed for 32 beds, with a goal of 16 beds on available on each side of the Cascades
- ▶ Operational dollars are allocated in coming years for these facilities: the outlook assumes operating funds for 32 beds, effective July 2024



Short-term Residential Crisis Stabilization Program (RCSP)



Capital funding:

Issue grants for two crisis stabilization facilities for youth and young adults.



Implementation:

Part 1: Request For Application to procure two-16 bed programs

Part 2: Cross agency coordination



Deadlines:

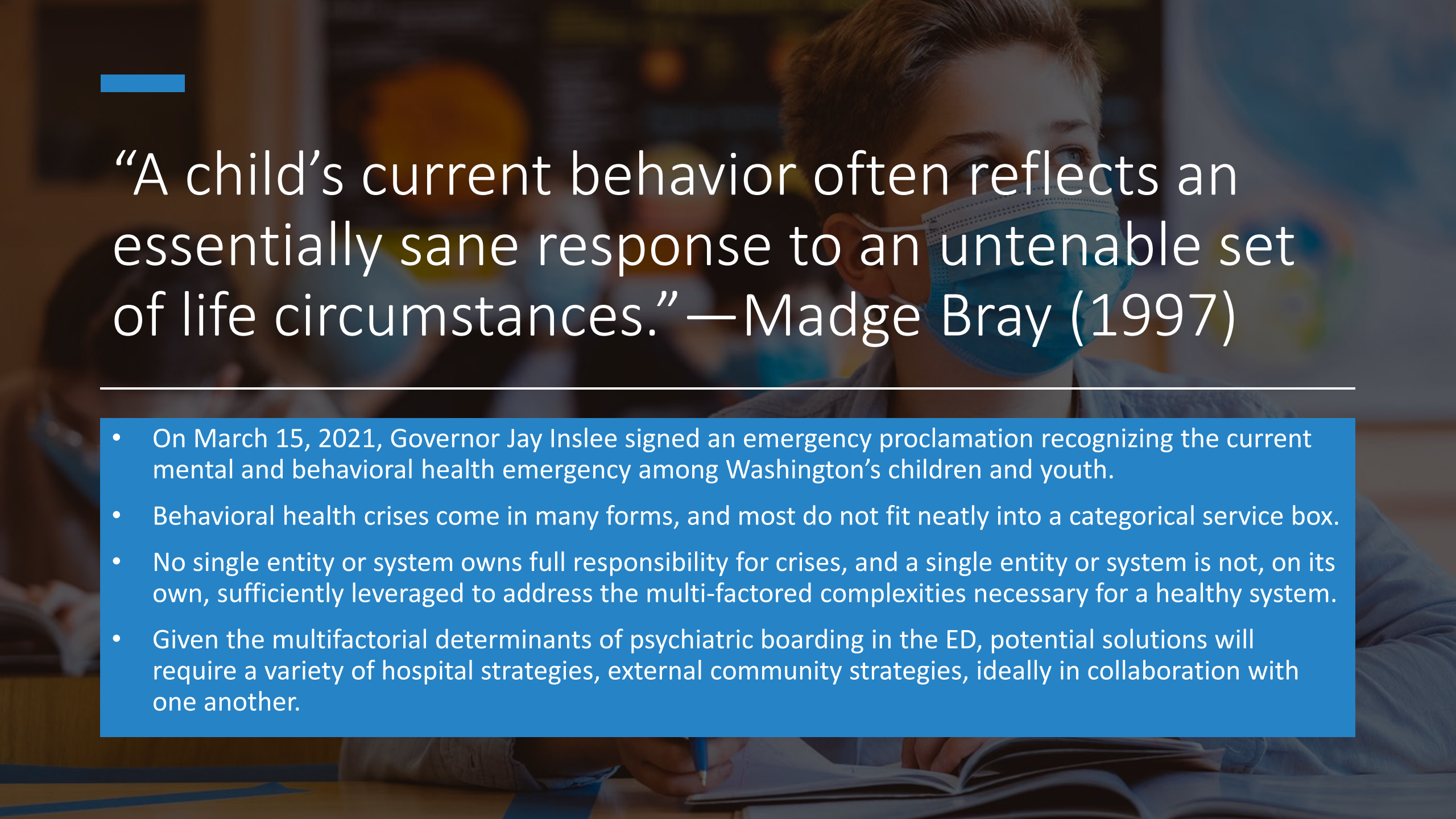
September 29, 2022

October 20, 2022




Regional Youth Behavioral Health Navigators

Leveraging Partnership to Transform Change



“A child’s current behavior often reflects an essentially sane response to an untenable set of life circumstances.” —Madge Bray (1997)

- On March 15, 2021, Governor Jay Inslee signed an emergency proclamation recognizing the current mental and behavioral health emergency among Washington’s children and youth.
- Behavioral health crises come in many forms, and most do not fit neatly into a categorical service box.
- No single entity or system owns full responsibility for crises, and a single entity or system is not, on its own, sufficiently leveraged to address the multi-factored complexities necessary for a healthy system.
- Given the multifactorial determinants of psychiatric boarding in the ED, potential solutions will require a variety of hospital strategies, external community strategies, ideally in collaboration with one another.



Youth Behavioral Health Navigator Program



Standing up community wide teams that convene to support the children youth and families in their regions.

Building an access portal for individuals concerned about a child or youth to reach out and request support.

Convene multi system disciplinary team, pulling partners from the regional teams who have potential assets that can support the child and family in accessing what they are seeking, and/or to develop a plan of stability while the resource options get worked out.

Requests for support for young people needing intensive services will be prioritized by the Navigation teams.

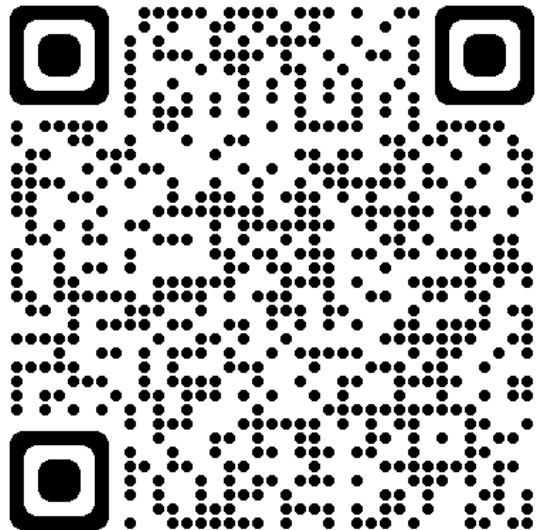


Youth Behavioral Health Navigator Program



- The Health Care Authority (HCA) is partnering with Kids' Mental Health Pierce County and Department of Developmental Administration (DDA) to stand up 3 regions per year for the next three years.
- Technical assistance and support, collaborative learning teams across the state, and pathways for real time input on regional strengths and needs will be developed as the first teams begin standing up.
- Youth Navigator regions standing up in fiscal year 2023:
 - Greater Columbia
 - Salish
 - Southwest

Contacts



The Health Care Authority (HCA)	Kids' Mental Health Pierce County (KMHPC)
<p>Diana Cockrell, MA, LMHCA, SUDP Section Manager, Prenatal to 25 Lifespan Behavioral Health & Substance Use Diana.Cockrell@hca.wa.gov</p> <p>Ruth Leonard, MA, SUDP Section Manager, Strategic Design & Program Oversight Ruth.Leonard@hca.wa.gov</p>	<p>Ashley Mangum, MSW, LICSW Director, KMHPC Ashley.Mangum@multicare.org</p> <p>Gina Cabiddu, MSW Program Coordinator Gina. Cabiddu@multicare.org</p> <p>www.kidsmentalhealthpiercecounty.org</p>

BH360 Parent Portal

BEHAVIORAL HEALTH 360

[Home](#)[About Us](#)[Resources](#) [Screener](#)[Providers](#)[Community](#)[Contact](#)[My Account](#)

Crisis & Suicide Line: Text HOME to 741741 or call [1\(800\) 273-8255](tel:18002738255)



SUPPORTING CHILDREN AND FAMILIES

THROUGH YOUR BEHAVIORAL
HEALTH JOURNEY

 Let's Chat!

HB 1800: Requires the Health Care Authority (HCA) to design and implement a parent portal to connect families to service and education infrastructure related to behavioral health services for children ages 0-17*. HCA will work with stakeholders, which must include parents, caregivers, and young adults, to design and implement the portal. HCA must work with Washington State Community Connectors (WSCC) and consider the website prototype already under development by that organization.

BH360 ECOSYSTEM



BH360 connects communities across the state, enabling immediate support for those in need.

BH360 ECOSYSTEM: IMPACT REACH



BH360 WILL:

1. Enable caregivers to connect to relationships that can help inform their unique care pathway
2. Provide caregivers **navigational tools** to support their child's needs within the broader community
3. Shed light on policy and program changes required to support more **equitable access** to behavioral health care and resources across the state

BH360:

Connecting the Pieces



WORK INITIATED

Initial grant secured,
organizational partnerships
began

PILOT BH360

Stakeholder engagement: family caregivers, providers, community organizations

Strategic partnerships onboarded: Priya McLennan and Jackie St. Louis

Philanthropic input gathered: BH Catalyst, Mindful Philanthropy, etc.

WE ARE HERE

Resource Mapping Exercises: Deep partnership with communities in WA state to map resources + identify in-person entry points with existing organizations

Presentations to evangelize the efforts: WA State Mental Health Summit, YYAC, DOH, etc.

BH360 prototype developed: Focus on depression resources


Content + technical build: Further build out BH360 content to include 13+ behavioral health diagnosis types, parent profile capabilities, culturally responsive screening questions, etc.

Parent engagement: Engagement and appropriate compensation of a diverse parent group on the content and capabilities of BH360

New Journeys expansion

New Journeys Overview

CAUSES & ONSET



Because psychosis affects a person's mind, feelings, & behaviour, everyone who experiences psychosis experiences it differently.

Psychosis occurs in ~3% of the population. Onset usually occurs during adolescence and can be due to several factors, including biology, stress, trauma, and drug use.

INTERVENTION



Currently, only 1 in 3 get help.
Let's change this.

Specialized early intervention helps people to get better faster and return to their regular lives more quickly. Delaying treatment may lead to slower recovery.

ROAD TO RECOVERY



RECOVERY
is about getting better.

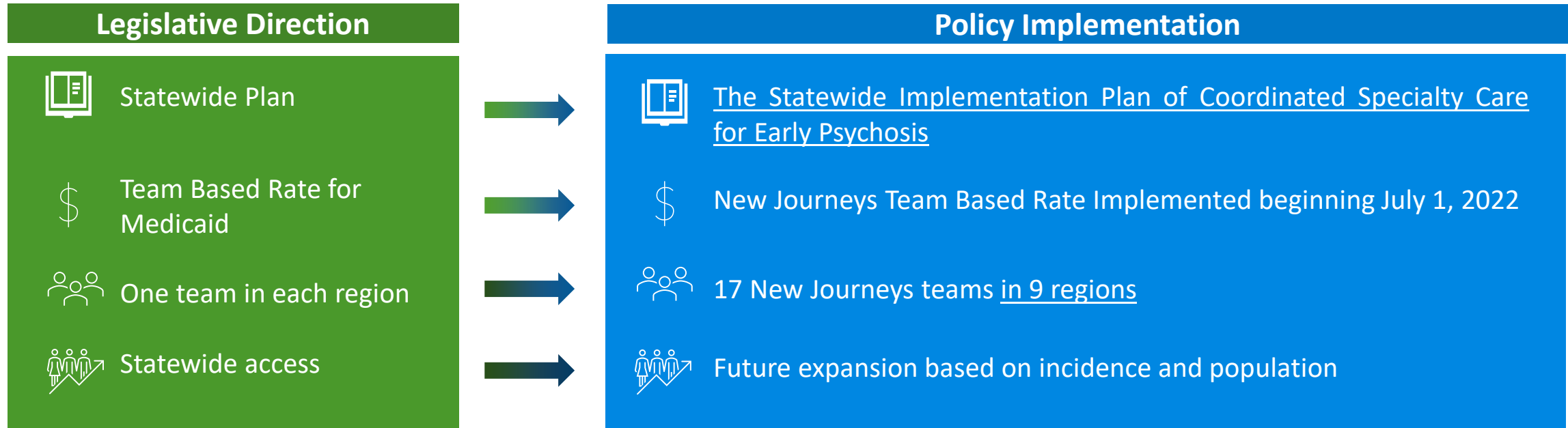
Recovery is a process. Each person who has experienced psychosis will define recovery in their own way.



New Journeys

2nd SSB 5903 (Sec. 6), 2019

For the purposes of **developing a statewide plan to implement evidence-based coordinated specialty care programs that provide early identification and intervention for psychosis**, HCA will:





Q&A

October 17, 2022

Where can I learn more?

- ▶ Children's Long-term Inpatient Program (CLIP)
- ▶ Short-term Residential Crisis Stabilization Program (RCSP)
- ▶ New Journeys expansion
- ▶ 2021-2023 fiscal biennium supplemental operating appropriations, Bill 5693, section 215
 - ▶ CLIP: Chapter 59, page 306
 - ▶ HMH: Chapter 72, page 312

What's next

- ▶ Where can I find information about this meeting series?
 - ▶ [Prenatal, child, and young adult behavioral health services](#)
 - ▶ Full schedule
 - ▶ Slides
 - ▶ Registration
 - ▶ Recording

What's next

- ▶ What will the November agenda include?
 - ▶ Behavioral Health Respite exploration
 - ▶ Children's Long-term Inpatient Program expansion (CLIP)
 - ▶ Family Initiated Treatment (FIT)
 - ▶ Habilitative Mental Health (HMH)
 - ▶ Intensive outpatient and partial hospitalization pilot programs
 - ▶ Mental Health Assessment for Young Children (MHAYC)
 - ▶ SUD Family Navigators and Family SUD education and curriculum
 - ▶ Youth mobile response stabilization team