



HELP YOUR DOCTOR READ BETWEEN THE LINES.

Without the whole picture, you might not be getting the whole treatment. Tell your doctor about ALL of your alcohol and drug use.

Washington State
Health Care Authority

 **wasbirt**
www.dshs.wa.gov/wasbirt

NIDA
NATIONAL INSTITUTE
ON DRUG ABUSE

Washington
Recovery Help Line
24-Hr Help for Substance Abuse, Problem Gambling & Mental Health
866-789-1511
www.waRecoveryHelpLine.org