


**Washington Apple Health (Medicaid)**

# Home Health (Acute Care Services) Billing Guide

**January 1, 2019**

Every effort has been made to ensure this guide's accuracy. If an actual or apparent conflict between this document and an agency rule arises, the agency rules apply.



## About this guide\*

This publication takes effect January 1, 2019, and supersedes earlier guides to this program.

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Washington Apple Health means the public health insurance programs for eligible Washington residents. Washington Apple Health is the name used in Washington State for Medicaid, the children's health insurance program (CHIP), and state-only funded health care programs. Washington Apple Health is administered by the Washington State Health Care Authority.

## What has changed?

Subject	Change	Reason for Change
<b>Throughout guide</b>	<p>Removed references to the client’s residence. Home health services may now be provided in any setting where normal life activities take place.</p> <p>Replaced “licensed practitioner” with “physician” when used in connection with signing orders for home health services</p>	<p>Revised to align with changes to Chapter 182-551 WAC and 42 C.F.R. 440.70</p>
<a href="#"><u>Resources Available</u></a>	<p>Providers may now submit prior authorization (PA) requests online through direct data entry into ProviderOne</p>	<p>New online option for requesting PA</p>
<a href="#"><u>When does the Medicaid agency pay for covered home health services?</u></a>	<p>Removed the agency’s reimbursement exclusion for services provided at a workplace, school, or child day care</p> <p>Added intermediate care facilities for individuals with intellectual disabilities as services excluded from agency reimbursement</p>	<p>Revised to align with changes to Chapter 182-551 WAC and 42 C.F.R. 440.70</p>

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\* This publication is a billing instruction.

## Home Health (Acute Care Services)

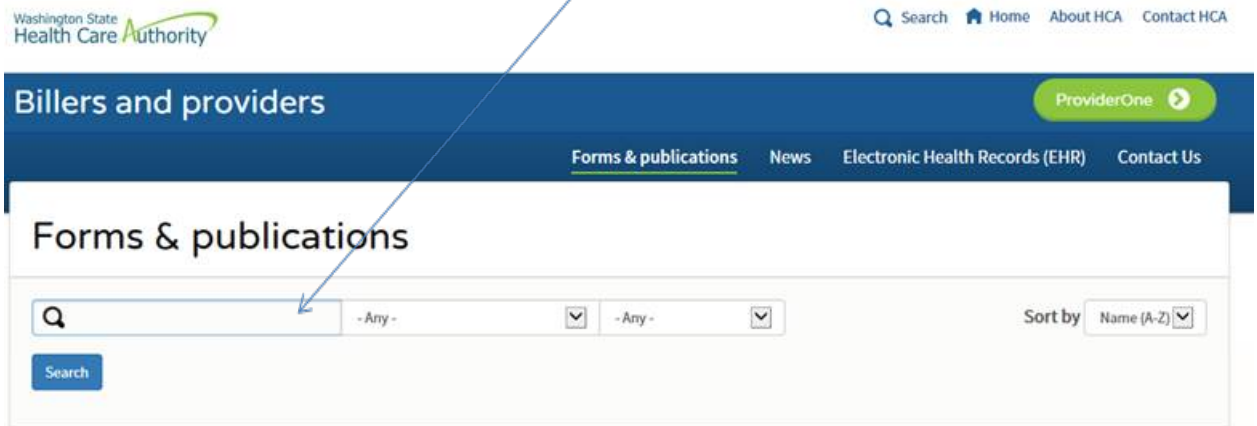
<p><a href="#"><u>Documentation to keep in the client's medical record in the event of a Medicaid agency request</u></a></p>	<p>Added a bullet to include the new face-to-face encounter requirement</p> <p>Clarified that orders must be signed or co-signed by a physician</p>	<p>Revised to align with changes to Chapter 182-551 WAC and 42 C.F.R. 440.70</p>
<p><a href="#"><u>Client Eligibility: BHO, Changes for January 1, 2019, IMC, and Integrated Apple Health Foster Care</u></a></p>	<p><b>Effective January 1, 2019</b>, some existing integrated managed care regions have new counties and many new regions and counties will be implemented.</p>	<p>Apple Health managed care organizations (MCOs) in certain RSAs will expand their coverage of behavioral health services (mental health and substance use disorder treatment), along with continuing to cover physical health services.</p>
<p><a href="#"><u>How do I bill for habilitative services?</u></a></p>	<p>Removed hyperlinks to the agency's Approved Diagnosis Codes by Program webpage</p>	<p>The agency's Approved Diagnosis Codes by Program lists are not inclusive of all the available codes and will be discontinued</p>
<p><a href="#"><u>What are the plan of care requirements?</u></a></p>	<p>Added a blue note box regarding billing for physicians co-signing home health or medical equipment orders</p>	<p>Revised to align with changes to Chapter 182-551 WAC and 42 C.F.R. 440.70</p>
<p><a href="#"><u>General requirements</u></a></p>	<p>Clarified that orders must be signed or co-signed by physicians</p>	<p>Revised to align with changes to Chapter 182-551 WAC and 42 C.F.R. 440.70</p>

## How can I get agency provider documents?

To access Provider Alerts, go to the agency's [Provider Alerts](#) webpage. To access provider documents, go to the agency's [Provider billing guides and fee schedules](#) webpage.

## Where can I download agency forms?

To download an agency provider form, go to HCA's Billers and providers webpage, select [Forms & publications](#). Type the HCA form number into the **Search box** as shown below (Example: 13-835).



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# Table of Contents

About this guide.....	2
What has changed? .....	2
Documentation to keep in the client’s medical record in the event of a Medicaid agency request.....	3
Client Eligibility: BHO, Changes for January 1, 2019, IMC, and Integrated Apple Health Foster Care .....	3
How do I bill for habilitative services?.....	3
What are the plan of care requirements?.....	3
General requirements .....	3
How can I get agency provider documents?.....	4
Where can I download agency forms?.....	4
<b>Resources Available .....</b>	<b>7</b>
<b>Definitions.....</b>	<b>10</b>
<b>About the Program .....</b>	<b>12</b>
What is the purpose of the home health program? .....	12
Who is an eligible home health provider? .....	12
<b>Client Eligibility .....</b>	<b>13</b>
How do I verify a client’s eligibility?.....	13
What are the restrictions?.....	14
Are clients enrolled in an agency-contracted managed care organization (MCO) eligible?.....	14
Managed care enrollment.....	15
Behavioral Health Organization (BHO) .....	15
Integrated managed care .....	16
Integrated Apple Health Foster Care (AHFC).....	18
Are primary care case management (PCCM) clients covered? .....	18
Are dually-enrolled clients eligible?.....	19
<b>Coverage/Limits .....</b>	<b>20</b>
When does the Medicaid agency pay for covered home health services?.....	20
Does the agency cover acute care services? .....	21
How do I become a Medicaid agency-approved infant phototherapy agency?.....	24
Does the agency cover specialized outpatient rehabilitative therapy for clients age 20 and younger?.....	24
Does the agency cover skilled outpatient rehabilitative therapies for clients age 19 and 20 in MCS and clients age 21 and older? .....	25
How are timed/untimed CPT® codes billed? .....	26
Does the Medicaid agency pay for outpatient rehabilitative therapy evaluations for clients age 21 and older?.....	27
Outpatient Rehabilitative Therapy Evaluation Codes.....	27

**Alert!** This Table of Contents is automated. Click on a page to go directly to the page.



## Home Health (Acute Care Services)

What is the expedited prior authorization (EPA) for additional units of outpatient rehabilitative services for clients age 21 and older? .....	27
What are habilitative services under this program? .....	27
How do I bill for habilitative services? .....	28
What are the limits for home health aide services? .....	28
Does the agency cover home health services through telemedicine? .....	29
Payment .....	29
Payment requirements .....	29
Telemedicine-related costs .....	30
Prior authorization .....	30
What home health services are not covered? .....	30
<b>Authorization.....</b>	<b>33</b>
What is a limitation extension (LE)? .....	33
How is LE authorization obtained? .....	33
What forms are required for LE authorization? .....	33
What does expedited prior authorization (EPA) do? .....	34
What are the EPA guidelines for documentation? .....	34
Which services require EPA? .....	34
<b>Provider Requirements .....</b>	<b>35</b>
What are the Medicaid agency’s documentation requirements? .....	35
Documentation to keep in the client’s medical record in the event of a Medicaid agency request .....	35
Visit notes .....	36
Will insufficiently documented home health care service cause a denial of claims? .....	36
What are the plan of care (POC) requirements? .....	37
General requirements .....	37
Information that must be in the POC .....	38
Is it required that clients be notified of their rights (Advance Directives)? .....	39
<b>Criteria for High-Risk Obstetrical .....</b>	<b>41</b>
When is home care for hyperemesis gravidarum (HG) initiated? .....	41
When are skilled nursing services used for clients with gestational diabetes? .....	42
When is home care for clients in preterm labor initiated? .....	44
When is home care used for clients with pregnancy-induced hypertension? .....	45
<b>Billing .....</b>	<b>47</b>
What are the general billing requirements? .....	47
Where is the Home Health Services fee schedule? .....	48
How do I bill claims electronically? .....	48



# Resources Available

Topic	Contact Information
Becoming a provider or submitting a change of address or ownership	<p style="text-align: center;">See the agency's <a href="#">Billers and Providers</a> webpage.</p>
Finding out about payments, denials, claims processing, or Medicaid agency contracted managed care organizations	
Electronic billing	
Finding Medicaid agency documents (e.g., billing guides, provider notices, fee schedules)	
Private insurance or third-party liability, other than agency-contracted managed care	
Sending medical verification of visits, plan of care, and change orders during focused review periods	<p>Health Care Benefits and Utilization Management Home Health Program Manager PO Box 45506 Olympia WA98504-5506</p>
Finding a list of interpreter agencies in my area	<p>Visit the Medicaid agency's <a href="#">Medicaid Interpreter Services</a> webpage.</p>
Home health policy or medical review questions.	<p>Home Health Program Coverage Home Health Program Manager Phone: 360-725-1611 FAX requests to: 866-668-1214</p>
Long-term care (LTC) needs	<p>LTC Exceptions FAX requests to: 866-668-1214</p>
Home and Community Services (HCS)	<p>Look at the front of the local telephone book <b>or call</b> the Aging and Long-Term Support Administration (AL TSA) State Reception Line 800-422-3263 and ask for the local HCS number.</p>

**Home Health (Acute Care Services)**

<b>Topic</b>	<b>Contact Information</b>	
Developmental Disabilities Administration (DDA)	Chelan, Douglas, Ferry, Grant, Lincoln, Okanogan, Spokane, Stevens	800-462-0624
	Adams, Asotin, Benton, Columbia, Franklin, Garfield, Grant, Kittitas, Klickitat, Walla Walla, Whitman, Yakima	800-822-7840
	Island, San Juan, Skagit, Snohomish, Whatcom	800-788-2053
	King	800-314-3296
	Kitsap, Pierce	800-248-0949
	Clallam, Clark, Cowlitz, Grays Harbor, Jefferson, Lewis, Mason, Pacific, Skamania, Thurston, Wahkiakum	800-339-8227
	<p align="center">Or visit:</p> <p align="center"><a href="https://www.dshs.wa.gov/dda/service-and-information-request">https://www.dshs.wa.gov/dda/service-and-information-request</a></p>	
Pharmacy Authorization	See the Medicaid agency’s <a href="#">Billers and Providers</a> webpage.	
First Steps – Maternity Support Services (MSS)	<p>HCA Family Services Program Manager 360-725-1293 Email: <a href="mailto:FirstSteps@hca.wa.gov">FirstSteps@hca.wa.gov</a> <a href="#">First Steps Maternity Support Services and Infant Case Management</a> webpage</p>	
Contacting Aging and Long-Term Support Administration (AL TSA)	<p>If you do not know the local telephone number, you may call: AL TSA State Reception Line: 800-422-3263</p>	
How do I obtain prior authorization or a limitation extension or	<p>For prior authorization or a limitation extension, providers may submit prior authorization requests online through direct data entry into ProviderOne. See <a href="#">the agency’s prior authorization</a></p>	



## Home Health (Acute Care Services)

Topic	Contact Information
request a noncovered service?	<p><a href="#">webpage</a> for details. Providers may also fax requests to 866-668-1214, along with the following:</p> <ul style="list-style-type: none"><li>• A completed, TYPED <i>General Information for Authorization</i> form (HCA 13-835). This request form MUST be the cover page when you submit your request.</li><li>• A completed <i>Home Health Authorization Request</i> form (HCA 13-847), all documentation listed on this form, and any other medical justification.</li></ul> <p>See <a href="#">Where can I download agency forms?</a></p>
Where do I find the Medicaid agency's maximum allowable fees for services?	<p>See the Medicaid agency's online <a href="#">Provider billing guides and fee schedules</a> webpage.</p>

# Definitions

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This list defines terms and abbreviations, including acronyms, used in this billing guide. Refer to [Chapter 182-500 WAC](#) for a complete list of definitions for Washington Apple Health.

**Acute care** – Care provided by a home health agency for clients who are not medically stable or who have not attained a satisfactory level of rehabilitation. These clients require frequent intervention by a registered nurse or licensed therapist. (WAC [182-551-2010](#))

**Authorized practitioner** – A person authorized to sign a home health plan of care.

**Brief skilled nursing visit** – A registered nurse, or a licensed practical nurse under the supervision of a registered nurse, performs only one of the following activities during a visit to a client for:

- An injection
  - A blood draw
  - Placement of medications in containers
- (WAC 182-551-2010)

**Case manager** – A social worker or a nurse assigned by the Aging and Long-Term Care Administration (AL TSA) in the Department of Social and Health Services to manage and coordinate the client’s case.

**Case resource manager (CRM)** – A person assigned by the Developmental Disabilities Administration (DDA) to meet with the family, conduct an assessment, develop a plan with the client and/or the family, and help to connect to appropriate resources

**Chronic care** – Long-term care for medically stable clients. (WAC 182-551-2010)

**Full skilled nursing services** – A registered nurse, or a licensed practical nurse under the supervision of a registered nurse, performs one or more of the following activities during a visit to a client for:

- Assessment
  - Evaluation
  - Management
  - Observation
  - Treatment
  - Teaching
  - Training
- (WAC 182-551-2010)

**Home health aide** – A person registered or certified as a nursing assistant under chapter 18.88 RCW who, under the direction and supervision of a registered nurse or licensed therapist, assists in the delivery of nursing or therapy related activities, or both. (WAC 182-551-2010)

**Home health aide services** – Services provided by a home health aide when a client has an acute, intermittent, short-term need for the services of a registered nurse, physical therapist, occupational therapist, or speech therapist who is employed by, or under contract with, a home health agency. Such services are provided under the supervision of the previously identified authorized practitioners, and include, but are not limited to, ambulation and exercise, assistance with self-administered medications, reporting changes in a client’s condition and needs, and completing appropriate records. (WAC 182-551-2010)

**Home health skilled services** – Skilled health care (nursing, specialized therapy, and home health aide) services provided in any setting where the client’s normal life activities take place, on an intermittent or part-time basis, by a Medicare- certified home health agency with a current Core Provider Agreement. (WAC 182-551-2010)

**Long-term care** – A generic term referring to various programs and services, including services provided in home and community settings, administered directly or through contract by the Aging and Long-Term Support Administration (AL TSA) or Developmental Disabilities Administration (DDA) with the Department of Social and Health Services. (WAC 182-551-2010)

**Plan of Care (POC)** – (Also known as plan of treatment (POT)). A written document established and periodically reviewed and signed by both a physician and a home health agency provider. The plan describes the home health care to be provided in any setting where normal life activities take place. (WAC 182-551-2030) (For information on clients in residential facilities whose home health services are not covered through the Medicaid agency’s home health program see [When does the Medicaid agency pay for covered home health services?](#))

**Review period** – The three-month period the Medicaid agency assigns to a home health agency, based on the address of the home health agency’s main office, during which the Medicaid agency reviews all claims submitted by that home health agency. (WAC 182-551-2010)

**Specialized therapy** – Skilled therapy services provided to clients that include: physical, occupational, and speech/audiology services. (WAC 182-551-2010)

**Supervision** - Authoritative procedural guidance given by a qualified person who assumes the responsibility for the accomplishment of a function or activity and who provides initial direction and periodic inspection of the actual act of accomplishing the function or activity.

# About the Program

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(WAC [182-551-2000](#))

## What is the purpose of the home health program?

The purpose of the Medicaid agency's home health program is to provide equally effective, less restrictive quality care to the client, in any setting where the client's normal life activities take place, when the client is not able to access the medically necessary services in the community, or in lieu of hospitalization.

Home health skilled services are provided for **acute**, intermittent, short-term, and intensive courses of treatment.

**Note:** See [What home health services are not covered?](#) for information on chronic, long-term maintenance care.

## Who is an eligible home health provider?

(WAC [182-551-2200](#))

The following may contract with the Medicaid agency to provide health services through the home health program, subject to the restrictions or limitations in this billing guide and applicable published Washington Administrative Code (WAC):

- A home health agency that:
  - ✓ Is [Title XVIII](#) (Medicare)-certified
  - ✓ Is licensed by the Department of Health (DOH) as a home health agency
  - ✓ Continues to meet DOH requirements
  - ✓ Submits a completed, signed Core Provider Agreement to the Medicaid agency
  - ✓ Has a home health taxonomy on their provider file
- A registered nurse (RN) who:
  - ✓ Is prior authorized by the Medicaid agency to provide intermittent nursing services when a home health agency does not exist in the area a client resides
  - ✓ Is unable to contract with a Medicare-certified home health agency
  - ✓ Submits a completed, signed core provider agreement to the Medicaid agency
  - ✓ Has an RN home health taxonomy on their provider file

**Important!** Notify the Medicaid agency **within ten days** of any changes in name, address, or telephone number (see [Resources Available](#)).

# Client Eligibility

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(WAC [182-551-2020\(1\)](#))

Most Apple Health clients are enrolled in an agency-contracted managed care organization (MCO). This means that Apple Health pays a monthly premium to an MCO for providing preventative, primary, specialty, and other health services to Apple Health clients. Clients in managed care must see only providers who are in their MCO's provider network, unless prior authorized or to treat urgent or emergent care. See the agency's [Apple Health managed care page](#) for further details.

**It is important to always check a client's eligibility prior to providing any services because it affects who will pay for the services.**

## How do I verify a client's eligibility?

Check the client's Services Card or follow the two-step process below to verify that a client has Apple Health coverage for the date of service and that the client's benefit package covers the applicable service. This helps prevent delivering a service the agency will not pay for.

Is the client enrolled in an agency-contracted managed care organization (MCO), in a behavioral health organization (BHO), or is the client receiving services through fee-for-service (FFS) Apple Health?

### Verifying eligibility is a two-step process:

**Step 1. Verify the patient's eligibility for Apple Health.** For detailed instructions on verifying a patient's eligibility for Apple Health, see the *Client Eligibility, Benefit Packages, and Coverage Limits* section in the agency's [ProviderOne Billing and Resource Guide](#).

If the patient is eligible for Apple Health, proceed to **Step 2**. If the patient is **not** eligible, see the note box below.

**Step 2. Verify service coverage under the Apple Health client's benefit package.** To determine if the requested service is a covered benefit under the Apple Health client's benefit package, see the agency's [Program Benefit Packages and Scope of Services](#) webpage.

**Note:** Patients who are not Apple Health clients may submit an application for health care coverage in one of the following ways:

1. By visiting the Washington Healthplanfinder's website at:  
[www.wahealthplanfinder.org](http://www.wahealthplanfinder.org)
2. By calling the Customer Support Center toll-free at: 855-WAFINDER (855-923-4633) or 855-627-9604 (TTY)
3. By mailing the application to:  
Washington Healthplanfinder  
PO Box 946  
Olympia, WA 98507

In-person application assistance is also available. To get information about in-person application assistance available in their area, people may visit [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org) or call the Customer Support Center.

## What are the restrictions?

(WAC [182-551-2020\(2\)](#))

The CNP–Emergency Medical Only program covers two skilled nursing home health visits for those covered under the cancer treatment program and hemodialysis program.

## Are clients enrolled in an agency-contracted managed care organization (MCO) eligible?

(WAC [182-551-2020\(1\)](#))

**Yes.** When verifying eligibility using ProviderOne, if the client is enrolled in a Medicaid agency-contracted managed care organization (MCO), managed care enrollment will be displayed on the client benefit inquiry screen. All services must be requested directly through the client's primary care provider (PCP). Clients can contact their MCO by calling the telephone number provided to them.

All medical services covered under a Medicaid agency-contracted MCO must be obtained by the client through designated facilities or providers. The managed care plan is responsible for:

- Payment of covered services.
- Payment of services referred by a provider participating in the plan to an outside provider.

**Note:** To prevent billing denials, check the client's eligibility **prior** to scheduling services and at the **time of the service** and make sure proper authorization or referral is obtained from the plan. See the Medicaid agency's [ProviderOne Billing and Resource Guide](#) for instructions on how to verify a client's eligibility.

## Managed care enrollment

Apple Health (Medicaid) places clients into an agency-contracted MCO the same month they are determined eligible for managed care as a new or renewing client. This eliminates a person being placed temporarily in FFS while they are waiting to be enrolled in an MCO or reconnected with a prior MCO. This enrollment policy also applies to clients in FFS who have a change in the program they are eligible for.

New clients are those initially applying for benefits or those with changes in their existing eligibility program that consequently make them eligible for Apple Health managed care. Renewing clients are those who have been enrolled with an MCO but have had a break in enrollment and have subsequently renewed their eligibility.

### Checking eligibility

- Providers must check eligibility and know when a client is enrolled and with which MCO. For help with enrolling, clients can refer to the Washington Healthplanfinder's [Get Help Enrolling](#) page.
- MCOs have retroactive authorization and notification policies in place. The provider must know the MCO's requirements and be compliant with the MCO's policies.

## Behavioral Health Organization (BHO)

The Health Care Authority manages the contracts for behavioral health services (mental health and substance use disorder) for the following four Regional Service Areas (RSAs):

- **Great Rivers:** Includes Cowlitz, Grays Harbor, Lewis, Pacific, and Wahkiakum counties
- **North Sound:** Includes Island, San Juan, Skagit, Snohomish, and Whatcom counties
- **Salish:** Includes Clallam, Jefferson, and Kitsap counties
- **Thurston-Mason:** Includes Thurston and Mason counties

To view a map and table of the integrated managed care plans available within each region, please see [Changes coming to Washington Apple Health](#). You may also refer to the agency's [Apple Health managed care webpage](#).

See the agency's [Mental Health Services Billing Guide](#) for details.

## Apple Health – Changes for January 1, 2019

Effective January 1, 2019, agency-contracted managed care organizations (MCOs) in certain Regional Services Areas (RSAs) will expand their coverage of behavioral health services (mental health and substance use disorder treatment), along with continuing to cover physical health services. The RSAs are outlined in the [Integrated Managed Care Regions](#) section.

Apple Health clients who are not enrolled in an agency-contracted MCO for their physical health services (e.g., dual-eligible Medicare-Medicaid clients) will still receive their behavioral health services through one of the agency-contracted MCOs. The MCO will provide only behavioral health services for the client.

Most clients will remain with the same health plan, except in regions where client's plan will no longer be available. HCA will auto-enroll these clients to one of the offered plans.

Clients can change their plan at any time by:

- Visiting the [ProviderOne Client Portal](#).
- Calling Apple Health Customer Service toll-free at 1-800-562-3022. This automated system is available 24 hours a day, 7 days a week.
- Requesting a change online through our secure [Contact us – Apple Health \(Medicaid\) client web form](#). Select the topic “Enroll/Change Health Plans.”
- Visiting the [Washington Healthplanfinder](#) (only for clients with a Washington Healthplanfinder account).

## Integrated managed care

For clients who live in an integrated managed care region, all physical health services, mental health services, and drug and alcohol treatment are covered and coordinated by the client's agency-contracted MCO. The BHO will not provide behavioral health services in these regions.

Clients living in an integrated managed care region will enroll with an MCO of their choice that is available in that region. If the client does not choose an MCO, the client will be automatically enrolled into one of the available MCOs, unless the client is American Indian/Alaska Native (AI/AN). Clients currently enrolled in one of the available MCOs in their region may keep their enrollment when the behavioral health services are added.



**American Indian/Alaska Native (AI/AN)** clients living in an integrated managed care region of Washington may choose to enroll in one of the agency-contracted MCOs available in that region or they may choose to receive all these services through Apple Health FFS. If they do not choose an MCO, they will be automatically enrolled into Apple Health FFS for all their health care services, including comprehensive behavioral health services. See the agency's [American Indian/Alaska Native webpage](#).

For more information about the services available under the FFS program, see the agency's [Mental Health Services Billing Guide](#) and the [Substance Use Disorder Billing Guide](#).

For full details on integrated managed care, see the agency's [Changes to Apple Health managed care webpage](#).

### **Integrated managed care regions**

Clients who reside in the following integrated managed care regions and who are eligible for managed care enrollment must choose an available MCO in their region. Details, including information about mental health crisis services, are located on the agency's [Apple Health managed care webpage](#).

#### **Existing integrated managed care regions – Expanding January 1, 2019**

- **North Central** (Chelan, Douglas, Grant, and Okanogan counties)  
The agency expanded this region to include Okanogan County
- **Southwest Washington** (Clark, Klickitat, and Skamania counties)  
The agency expanded this region to include Klickitat County

#### **New integrated managed care regions – Effective January 1, 2019**

The following new regions are implemented for integrated managed care:

- **Greater Columbia** (Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Walla Walla, Yakima, and Whitman counties)
- **King** (King County)
- **Pierce** (Pierce County)
- **Spokane** (Adams, Ferry, Lincoln, Pend Oreille, Spokane, and Stevens counties)

## Integrated Apple Health Foster Care (AHFC)

Effective January 1, 2019, children and young adults in the Foster Care, Adoption Support and Alumni programs who are enrolled in Coordinated Care of Washington's (CCW) Apple Health Foster Care program will receive both medical and behavioral health services from CCW.

Clients under this program are:

- Under the age of 21 who are in foster care (out of home placement)
- Under the age of 21 who are receiving adoption support
- Age 18-21 years old in extended foster care
- Age 18 to 26 years old who aged out of foster care on or after their 18<sup>th</sup> birthday (alumni)

These clients are identified in ProviderOne as  
"Coordinated Care Healthy Options Foster Care."

## Fee-for-service Apple Health Foster Care

Children and young adults in the fee-for-service Apple Health Foster Care, Adoption Support and Alumni programs receive behavioral health services through the regional Behavioral Health Administrative Services Organization (BH-ASO). For details, see the agency's [Mental Health Services Billing Guide](#), under *How do providers identify the correct payer?*

## Are primary care case management (PCCM) clients covered?

For the client who has chosen to obtain care with a PCCM provider, information will be displayed on the client benefit inquiry screen in ProviderOne. These clients must obtain or be referred for services via a PCCM provider. The PCCM provider is responsible for coordination of care just like the PCP would be in a plan setting.

**Note:** To prevent billing denials, check the client's eligibility **prior** to scheduling services and at the **time of the service** and make sure proper authorization or referral is obtained from the PCCM provider. See the Medicaid agency's [ProviderOne Billing and Resource Guide](#) for instructions on how to verify a client's eligibility.

## Are dually-enrolled clients eligible?

**Dually-enrolled (Medicare-Medicaid)** clients and **Medicare only** clients may be eligible to receive certain home and community based services under the Community Options Program Entry System (COPEs) or Title XIX Personal Care programs. These programs are administered under the Department of Social and Health Services' Aging and Long-Term Support Administration (AL TSA). Contact the local AL TSA field office for more information on these programs (see [Resources Available](#)).

Dually-enrolled clients who do NOT meet Home Bound status criteria per Medicare are eligible for Home Health through Medicaid. Providers must indicate NOT HOMEBOUND in the *Billing Note* section of the electronic institutional claim.

# Coverage/Limits

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(WAC [182-551-2030](#))

## When does the Medicaid agency pay for covered home health services?

The Medicaid agency pays for covered home health services provided to eligible clients when all of the criteria listed in this section are met. Reimbursement is subject to the restrictions or limitations in this billing guide and other applicable published Washington Administrative Code (WAC).

For information about the Habilitative Services benefit, see [What are habilitative services under this program?](#)

### Home health skilled services provided to eligible clients must:

- Meet the definition of acute care.
- Provide for the treatment of an illness, injury, or disability.
- Be medically necessary (see [Chapter 182-500 WAC](#) for definition).
- Be reasonable, based on the community standard of care, in amount, duration, and frequency.
- Be provided under a plan of care (POC). Any statement in the POC must be supported by documentation in the client's medical records.
- Be used to prevent placement in a more restrictive setting. **In addition**, the client's medical records must justify the medical reason(s) that the services should be provided in any setting where the client's normal life activities take place, instead of a licensed practitioner's office or clinic. This includes justification for services for a client's medical condition that requires teaching that would be most effectively accomplished in any setting where the client's normal life activities take place on a short-term basis.
- The Medicaid agency does not reimburse for services if provided at an adult day care, skilled nursing facility, intermediate care facility for individuals with intellectual disabilities, or any other setting in which payment is or could be made under Medicaid for inpatient services that include room and board.

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## Home Health (Acute Care Services)

- ✓ **Residential facilities** contracted with the state to provide limited skilled nursing services are **not reimbursed** separately for those same services under the Medicaid agency's home health program.
  - ✓ It is the home health agencies' responsibility to request coverage for a client when the services are not available to the client in the community or through LTC.
  - ✓ If the client meets the criteria for therapy services in this billing guide, the Medicaid agency will evaluate the need after receiving the request.
  - ✓ Refer to the Aging and Long-Term Support Administration's (AL TSA) [Residential Care Services](#) webpage for more information.
- Be provided by a home health agency that is Title XVIII (Medicare) certified and state-licensed

### WAC [182-551-2100\(1\)](#)

The Medicaid agency covers home health acute care skilled nursing services when furnished by a qualified provider.

The Medicaid agency evaluates a request for covered services that are subject to limitations or restrictions, and approves such services beyond those limitations or restrictions when medically necessary, under the standard for covered services in WAC [182-501-0165](#).

## Does the agency cover acute care services?

(WAC [182-551-2100\(2\)\(3\)](#))

The Medicaid agency covers the following home health acute care services:

- **Full skilled nursing services** that require the skills of a registered nurse (RN) **or** a licensed practical nurse (LPN) under the supervision of a RN, if the services involve **one or more** of the following:
  - ✓ Observation (approximately three weeks)
  - ✓ Assessment (approximately three weeks)
  - ✓ Treatment
  - ✓ Teaching (approximately three days)
  - ✓ Training (approximately four visits unless client remains unstable)
  - ✓ Management
  - ✓ Evaluation

**Note:** Use revenue code **0551** when billing for skilled nursing care visits in the home setting.

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## Home Health (Acute Care Services)

- **Brief skilled nursing visit** if only one of the following activities is performed during the visit:
  - ✓ An injection
  - ✓ A blood draw
  - ✓ The placement of medications in containers (e.g., envelopes, cups, medisets)

**Note:** Use revenue code 580 when billing for a brief skilled nursing visit.

The Medicaid agency limits skilled nursing visits provided to eligible clients to **two visits (whether they are brief or full) per day.**

- **Home infusion therapy** only if the client:
  - ✓ Is willing and capable of learning and managing the client's infusion care
  - ✓ Has a volunteer caregiver willing and capable of learning and managing the client's infusion care

**Note:** The Medicaid agency does not reimburse for any of the following services through the Home Health Program:

- Administration of IV therapy
- Teaching of IV therapy
- Skilled observation of the IV site

**Note:** All other infusion therapy related services must be billed on a professional claim using the [Home Infusion Therapy/Parenteral Nutrition Program Billing Guide](#).

**Note:** Although Medicaid agency clients may have a paid caregiver who is willing and capable of performing the skilled task, a paid caregiver cannot bill for these services. The client may want to be involved in self-directed care.

- **Infant phototherapy** for an infant diagnosed with hyperbilirubinemia:
  - ✓ When provided by a Medicaid agency-approved infant phototherapy agency
  - ✓ For up to five skilled nursing visits per infant

**Note:** If the infant's mother is enrolled in a Medicaid agency-contracted managed care organization (MCO) at the time of the birth, approval must be received from the MCO listed on the mother's eligibility check. **Do not bill the Medicaid agency for these services.**

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- **Limited high-risk obstetrical services for all of the following:**
  - ✓ A medical diagnosis that complicates pregnancy and may result in a poor outcome for the mother, unborn, or newborn
  - ✓ Up to three home health visits per pregnancy, if:
    - Enrollment in or referral to the following providers of First Steps has been verified:
      - Maternity Support Services (MSS)
      - Infant Case Management (ICM)
    - The visits are provided by a registered nurse who has either of the following:
      - National perinatal certification
      - A minimum of one year of labor, delivery, and postpartum experience at a hospital within the last five years

**Note:** Use revenue code **0551** when billing for skilled high-risk obstetrical nursing care visits in the home setting.

**Note:** The Medicaid agency does not reimburse for high-risk obstetrics if the registered nurse has not met the criteria listed above.

See [Criteria for High-Risk Obstetrical](#).

### **Additional information required in the plan of care**

(See [Criteria for High-Risk Obstetrical](#))

1. Infant's name, mother's name, and ProviderOne Client ID(s)
2. Information regarding the infant's medical condition, and the family's ability to safely provide home phototherapy
3. Name of hospital where the infant was born and discharge date
4. Visit notes that include family teaching and interventions
5. Bilirubin levels

## How do I become a Medicaid agency-approved infant phototherapy agency?

You must:

- Be a Medicaid- and Medicare-certified home health agency.
- Have an established phototherapy program.
- Submit to the Medicaid agency for review, all of the following:
  - ✓ Six months of documented phototherapy services delivered for infants
  - ✓ A written policy for home phototherapy submitted to the Medicaid agency for review that includes guidelines, procedures, and job descriptions verifying experience in pediatrics and maternal child health
  - ✓ Three letters of recommendation from pediatricians who have used your program

**Note:** The Medicaid agency will not cover infant phototherapy **unless** your agency has a pre-approval letter on file from the Medicaid agency noting that you are an approved infant phototherapy agency. See the Medicaid agency's current [Durable Medical Equipment \(DME\) Billing Guide](#) for equipment component.

## Does the agency cover specialized outpatient rehabilitative therapy for clients age 20 and younger?

(WAC [182-551-2110](#)(1)(2))

For eligible clients age 20 and younger, the Medicaid agency covers **specialized therapy services**, which include physical, occupational, or speech/audiology services.

The agency covers habilitative services for clients enrolled in the Alternative Benefit Plan (ABP). See [What are habilitative services under this program?](#) for specialized therapy rendered under the habilitative services benefit (see WAC [182-545](#)).

The Medicaid agency reimburses for specialized therapy services only when the client is **not able to access these services in the client's local community**. The Medicaid agency limits specialized therapy visits to one per client, per day, per type of specialized therapy. Documentation must justify the skilled need of the visit. Under specialized therapy, home health services may be provided in a residential care facility with skilled nursing services available.

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**Note: The maximum number of visits allowed is based on appropriate medical justification.** The Medicaid agency does not allow duplicate services for any specialized therapy for the same client when both providers are performing the same or similar procedure (s). If the client requires more than one therapist on the same day, the Medicaid agency requires the therapist to document the therapeutic benefit of having more than one therapist for specialized therapy on the same day.

## Does the agency cover skilled outpatient rehabilitative therapies for clients age 19 and 20 in MCS and clients age 21 and older?

**Yes.** The following are the short-term benefit limits for outpatient rehabilitation (occupational therapy [OT], physical therapy [PT], and speech therapy [ST]) that apply to clients age 19 and 20 in MCS (medical care services) medical and all clients age 21 and older. These benefit limits are **per client, per calendar year**, regardless of setting (home health, outpatient hospital, and freestanding therapy clinics.) Authorization is not required.

- Physical therapy: 24 units (equals approximately 6 hours)
- Occupational therapy: 24 units (equals approximately 6 hours)
- Speech therapy: 6 units (equals a total of 6 untimed visits)

To ensure payment:

- Bill in a timely manner. Claims will pay in date of service order. If a claim comes in for a previous date of service, the system will automatically pay the earlier date and recoup or adjust the later date.
- Contact the Medicaid agency to check on the limits by submitting the [information request form for providers](#) on the Contact Us webpage to the Medical Assistance Customer Service Center (MACSC).
- Consult the [ProviderOne Billing and Resource Guide](#): Client Eligibility, Benefit Packages, and Coverage Limits sections.

See expedited prior authorization (EPA) in the [Outpatient Rehabilitation Billing Guide](#) to obtain additional visits for qualifying conditions. If the client does not have a qualifying condition as outlined in the EPA section, the Medicaid agency requires the home health agency to request a [limitation extension \(LE\)](#) from the Medicaid agency.

For Department of Social and Health Services occupational therapy (OT) assessments, see the [Outpatient Rehabilitation Billing Guide](#).

## How are timed/untimed CPT® codes billed?

For specialized therapies:

- Each 15 minutes of timed CPT® codes equals one unit
- Each non-timed CPT® code equals one unit, regardless of how long the procedure takes

**Therapy codes, including evaluations, must be billed as described in this billing guide. Failure to bill correctly will result in denials or recoupment.**

Modality	Home Health Revenue Codes	Home Health Procedure Codes	Short Description	Modifiers
PT	0421	G0151	Services performed by a qualified physical therapist in the home health or hospice setting each 15 minutes	GP
OT	0431	G0152	Services performed by a qualified occupational therapist in the home health or hospice setting each 15 minutes	GO
ST	0441	92507	Treatment of speech, language, voice, communication, and/or auditory processing disorder individual	GN

If the client’s outpatient rehabilitation services maximum benefit limit has been reached (initial units and any additional EPA units, when appropriate), a provider may request authorization for [a limitation extension](#) from the Medicaid agency.

## Does the Medicaid agency pay for outpatient rehabilitative therapy evaluations for clients age 21 and older?

**Yes.** The Medicaid agency pays for therapy evaluations for physical therapy (PT), occupational therapy (OT), and speech therapy (ST). Evaluations do not count toward the limit, but are subject to annual limits. See the [Outpatient Rehabilitation Billing Guide](#). Providers bill with revenue code, the CPT® code, and the appropriate modifier. Providers must request authorization for a [limitation extension](#) (LE) if additional evaluations are needed.

## Outpatient Rehabilitative Therapy Evaluation Codes

For outpatient rehabilitative therapy evaluation codes, see the [Outpatient Rehabilitation Billing Guide](#).

## What is the expedited prior authorization (EPA) for additional units of outpatient rehabilitative services for clients age 21 and older?

When a client meets the EPA criteria listed in [Authorization](#) for additional benefit units of outpatient rehabilitation, providers must use the expedited prior authorization (EPA) process. When a client's situation does not meet the conditions for EPA, a provider must request prior authorization.

**Note:** EPA may be used once, per client, per calendar year, per each therapy type.

## What are habilitative services under this program?

Habilitative services are those medically necessary services provided to help a client partially or fully attain or maintain developmental age-appropriate skills that were not fully acquired due to a

congenital, genetic, or early-acquired health condition. Such services are required to maximize the client's ability to function in his or her environment.

Clients in the expanded population and covered by the Alternative Benefit Plan (ABP) only, the agency covers outpatient physical, occupational, and speech therapy to treat one of the qualifying conditions listed in the agency's [Habilitative Services Billing Guide](#), under *Client Eligibility*.

## **How do I bill for habilitative services?**

See the [Habilitative Services Billing Guide](#) for details on billing habilitative services provided in the home health setting.

## **What are the limits for home health aide services?**

(WAC [182-551-2120\(1\)\(2\)\(3\)](#))

- The Medicaid agency limits home health aide visits to **one per day**.
- The Medicaid agency reimburses for home health aide services only when the services are provided under the supervision of, and in conjunction with, practitioners who provide:
  - ✓ Skilled nursing services
  - ✓ Specialized therapy services
- The Medicaid agency covers home health aide services only when a registered nurse or licensed therapist visits the client at least once every fourteen days to monitor or supervise home health aide services, with or without the presence of the home health aide. The Medicaid agency does not reimburse for services covered by another state administration such as LTC services, Community Options Program Entry System (COPES), CHORE, or CAP services.
- Documentation in the client's file must justify the need for the home health aide visits.

**Note:** Contact the client's case manager/case resource manager to see if the client is eligible for, or is already receiving, LTC services, COPES, CHORE, or CAP services.

# Does the agency cover home health services through telemedicine?

(WAC [182-551-2125](#))

The Medicaid agency covers the delivery of home health services through telemedicine for clients who have been diagnosed with an unstable condition who may be at risk for hospitalization or a more costly level of care. The client must have a diagnosis or diagnoses where there is a high risk of sudden change in medical condition which could compromise health outcomes.

When billing the Medicaid agency for home health services delivered through telemedicine, use the following codes:

Revenue Code	HCPCS Code	Short Description	Limitation
0780	T1030	RN home care per diem	One per client per day
0780	T1031	LPN home care per diem	One per client per day

## Payment

The Medicaid agency pays for one telemedicine interaction, per eligible client, per day, based on the ordering licensed practitioner’s home health plan of care.

## Payment requirements

To receive payment for the delivery of home health services through telemedicine, the services must involve:

- A documented assessment, identified problem, and evaluation, which includes:
  - ✓ Assessment and monitoring of clinical data including, but not limited to, vital signs, pain levels and other biometric measures specified in the plan of care. Also included is an assessment of response to previous changes in the plan of care.
  - ✓ Detection of condition changes based on the telemedicine encounter that may indicate the need for a change in the plan of care

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- Implementation of a documented management plan through one or more of the following:
  - ✓ Education regarding medication management as appropriate, based on the findings from the telemedicine encounter
  - ✓ Education regarding other interventions as appropriate to both the patient and the caregiver
  - ✓ Management and evaluation of the plan of care, including changes in visit frequency or the addition of other skilled services
  - ✓ Coordination of care with the ordering licensed provider regarding findings from the telemedicine encounter
  - ✓ Coordination and referral to other medical providers as needed
  - ✓ Referral to the emergency room as needed

### Telemedicine-related costs

The Medicaid agency does not pay for the purchase, rental, repair, or maintenance of telemedicine equipment and associated costs of operation of telemedicine equipment.

### Prior authorization

The Medicaid agency does not require prior authorization for the delivery of home health services through telemedicine.

### What home health services are not covered?

(WAC [182-551-2130](#))

The Medicaid agency does not cover the following home health services under the Home Health program, unless otherwise specified:

- Chronic long-term care skilled nursing visits or specialized therapy visits for a medically stable client when a long-term care skilled nursing plan or specialized therapy plan is in place through the Department of Social and Health Services Aging and Long-Term Support Administration (AL TSA) or Developmental Disabilities Administration (DDA).

## Home Health (Acute Care Services)

- ✓ **The Medicaid agency may consider requests** for interim chronic long-term care skilled nursing services or specialized therapy services for a client while the client is waiting for ALTSA or DDA to implement a long-term care skilled nursing plan or specialized therapy plan.
- ✓ On a case-by-case basis, the Medicaid agency may authorize long-term care skilled nursing visits or specialized therapy visits for a client for a limited time until an ALTSA or DDA long-term care skilled nursing plan or specialized therapy plan is in place. Any services authorized are subject to the restrictions and limitations in this billing guide and other published WACs.

### Home Health Agencies

- The client must have a stable, chronic skilled nursing need.
- The client's skilled nursing need cannot be met in the community (e.g., the client is unable to access outpatient services in the community).
- The home health provider must **contact the Medicaid agency and request coverage** through the home health program.

**The Medicaid agency will first** contact the client's ALTSA or DDA case manager to see if long-term care skilled nursing services are accessible in the community or through ALTSA or DDA

If there are no other options, the Medicaid agency will send a notification letter to the client, home health agency, and case manager notifying them that the chronic, long-term care skilled nursing visits will be reimbursed through the Medicaid agency for a limited time until a long-term care plan is in place.

- Social work services
- 
- Psychiatric skilled nursing services
- Pre and postnatal skilled nursing services, except those listed under Covered – Acute Nursing Services
- Well-baby follow-up care
- Services performed in hospitals, correctional facilities, skilled nursing facilities, or a residential facility with skilled nursing available
- Home health aide services that are not provided in conjunction with skilled nursing or specialized therapy services

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## Home Health (Acute Care Services)

- Home health care for a medically stable client (e.g., one who does not have an acute episode, a disease exacerbation, or treatment change, unless the client meets the applicable criteria in this guide)
- Skilled nursing visits for a client when a home health agency cannot **safely** meet the medical needs of that client within home health services program limitations

### Examples:

- ✓ The client or caregiver is not willing and/or capable of managing the client's infusion therapy care.
- ✓ A client requires daily visits in excess of program limitations.
- More than one of the same type of specialized therapy and/or home health aide visit per day. The Medicaid agency does not reimburse for duplicate services for any specialized therapy for the same client when both providers are performing the same or similar procedure(s).
- Any home health services covered by another state administration such as LTC services, COPEs, CHORE, or CAP services.
- Home health visits made without a physician's written order, unless the verbal order is:
  - ✓ Documented prior to the visit
  - ✓ The document is signed by the physician within 45 days of the order being given
- Additional administrative costs billed above the visit (these costs are included in the visit rate and will not be paid separately)

The Medicaid agency evaluates a request for any service that is listed as noncovered under the provisions of WAC [182-501-0165](#).

Requests must include the following:

1. Name of agency and NPI
2. Client's name and ProviderOne Client ID
3. Copy of the plan of care
4. Explanation of client-specific medical necessity

Send requests for noncovered services to the Medicaid agency (see [Resources Available](#)). See [Authorization](#) for information regarding Limitation Extensions.



# Authorization

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The Medicaid agency evaluates a request for covered services that are subject to limitations or restrictions, and approves such services **beyond** those limitations or restrictions when medically necessary, under the standard for covered services in WAC [182-501-0165](#).

**Note:** A provider may request an exception to rule (ETR) for a noncovered service as described in WAC [182-501-0160](#).

## What is a limitation extension (LE)?

A limitation extension (LE) is authorization for cases when a provider can verify that it is medically necessary to provide **more units of service** than allowed in the Medicaid agency's Washington Administrative Code (WAC) and Medicaid billing guides.

## How is LE authorization obtained?

Providers may submit a prior authorization request by direct data entry into ProviderOne or by submitting the request in writing (see the agency's [prior authorization web page](#) for details).

LE may also be obtained by using the written/fax authorization process. **Your request must include the following:**

- Name of agency and NPI
- Client's name and ProviderOne Client ID
- Copy of the plan of care
- Explanation of client-specific medical necessity to exceed limitation

## What forms are required for LE authorization?

The Medicaid agency requires **both** of the following forms to request LE authorization:

- A completed, TYPED *General Information for Authorization* form (HCA 13-835). This request form **MUST** be the cover page when you submit your request. See [Where can I download agency forms?](#)
- A completed *Home Health Authorization Request* form (HCA 13-847), and all the documentation listed on this form and any other medical justification. See [Where can I download agency forms?](#)

Fax your request to: 866-668-1214

**Note:** See the Medicaid agency's [ProviderOne Billing and Resource Guide](#) for more information on requesting authorization.

## What does expedited prior authorization (EPA) do?

EPA is designed to eliminate the need for written authorization from the Medicaid agency. The Medicaid agency establishes clinical criteria for the provider to apply and determine if the client's condition is medically necessary and qualifies for additional services. The Medicaid agency assigns each criteria-set a specific numeric code.

Enter the appropriate 9-digit EPA code on the billing form in the authorization number field, or in the **Authorization or Comments** field when billing electronically.

**EPA numbers and/or limitation extensions (LE) do not override the client's eligibility or program limitations. Not all eligibility groups receive all services.**

**Note:** The Medicaid agency denies claims submitted without a required EPA number.

The Medicaid agency denies claims submitted without the appropriate diagnosis, procedure code, or service as indicated by the last three digits of the EPA number.

The billing provider must document in the client's file how EPA criteria were met and make this information available to the Medicaid agency upon request. If the Medicaid agency determines the documentation does not meet the criteria, the claim will be denied.

## What are the EPA guidelines for documentation?

The provider must verify medical necessity for the services billed using the EPA number submitted. The client's medical record documentation must support the medical necessity and be available upon the Medicaid agency request. If the Medicaid agency determines the documentation does not meet EPA criteria, the claim will be denied.

**Note:** When medical necessity for the service cannot be established using the EPA clinical criteria, prior authorization is required.

## Which services require EPA?

To determine which services require EPA, see the [Outpatient Rehabilitation Billing Guide](#).

# Provider Requirements

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## What are the Medicaid agency's documentation requirements?

The Medicaid agency requires home health providers to keep individual medical records for each client and report to Medicare's [Outcome and Assessment Information Set \(OASIS\)](#).

## Documentation to keep in the client's medical record in the event of a Medicaid agency request

The individual client medical record must comply with community standards of practice, and must include documentation of:

- Visit notes for every billed visit.
- The face-to-face encounter required by WAC 182-551-2040 that supports the medical necessity for home health services.
- Supervisory visits for home health aide services as described in [Coverage/Limits](#).
- All medications administered and treatments provided.
- All orders, new orders, and change orders, with notation that the order was received prior to treatment.
- New or changed orders must be signed or co-signed by a physician.
- Home health aide services as indicated by a registered nurse or licensed therapist in a home health aide care plan.
- Interdisciplinary and multidisciplinary team communications.
- Inter-agency and intra-agency referrals.
- Medical tests and results.
- Pertinent medical history.
- Notations and charting with signature and title of writer.

**Note:** For billing information related to a physician co-signing home health or medical equipment orders, see the [Physician-Related/Professional Services Billing Guide](#)

## Visit notes

At a minimum, the provider must document:

- Skilled interventions per the plan of care (POC)
- Client response to POC
- Any clinical change in the client status
- Follow-up interventions specific to a change in status with significant clinical findings
- Any communications with the licensed practitioner

### **In addition, when appropriate:**

- Any teachings, assessment, management, evaluation, client compliance, and client response
- **Weekly** documentation of wound care, size (dimensions), drainage, color, odor, and identification of potential complications and interventions provided
- If a client's wound is not healing, the client's licensed practitioner has been notified, the client's wound management program has been appropriately altered and if possible, the client has been referred to a wound care specialist
- The client's physical system assessment as identified in the POC

## **Will insufficiently documented home health care service cause a denial of claims?**

(WAC [182-551-2220\(6\)](#))

The Medicaid agency may take back or deny payment for any insufficiently documented home health care service when the Medicaid agency determines that:

- The service did not meet the conditions listed in [Coverage/Limits](#).
- The service was not in compliance with program policy.

## What are the plan of care (POC) requirements?

For any delivered home health service to be payable, the Medicaid agency requires home health providers to develop and implement an individualized POC for the client.

**Note:** Home health providers are required to comply with audits and/or site visits to ensure quality of care and compliance with state rule. All documentation in the client record, including the signed plan of care, must be made available to the Medicaid agency upon request. (See WAC 182-502-0020)

### General requirements

The POC must:

- Be documented in writing and be located in the client's home health medical record.
- Be developed, supervised, and signed by a licensed registered nurse or licensed therapist.
- Reflect the physician's orders and client's **current** health status.
- Contain specific goals and treatment plans.
- Be reviewed and revised by the licensed registered nurse or licensed therapist and the client's licensed practitioner at least every 60 calendar days.
- Signed or co-signed by the physician within 45 days of the verbal order.
- Returned to the home health agency's file.
- Be available to the Medicaid agency staff or its designated contractor(s) on request.

**Note:** For billing information related to a physician co-signing home health or medical equipment orders, see the [Physician-Related/Professional Services Billing Guide](#)

## Information that must be in the POC

The POC must include:

- The client's name and date of birth
- The start of care
- The date(s) of service
- The primary diagnosis (the diagnosis that is **most related to the reason** the client qualifies for home health services, and the reason for the visit frequency)
- All secondary medical diagnosis including date(s) of onset (**O**) or exacerbation (**E**)
- The prognosis
- The type(s) of equipment required

**Note:** Durable Medical Supplies & Equipment (DME) must be billed on a separate claim using an NPI and taxonomy for which DME/MSE services are allowed. Do not bill DMEs on a Home Health claim.

- A description of each planned service and goals related to the services provided
- Specific procedures and modalities
- A description of the client's mental status
- A description of the client's rehabilitation potential
- A list of permitted activities
- A list of safety measures taken on behalf of the client
- A list of medications which indicates:
  - ✓ Any new (N) prescription.
  - ✓ Which medications are changed (C) for dosage or route of administration.

The following important information must be included in or attached to the POC:

- The client's address, including the name of the residential care facility where the client is residing (if applicable)
- A description of the client's functional limits and the effects
- Documentation that justifies why the medical services should be provided in any setting where the client's normal life activities take place, instead of at a licensed practitioner's office or clinic
- Significant clinical findings
- The dates of recent hospitalization
- Notification to the home health agency's designated case manager of admittance
- A discharge plan, including notification to the home health agency's designated case manager of the planned discharge date and client disposition at time of discharge
- A short summary of:
  - ✓ What is happening with the client
  - OR-
  - ✓ What has happened since last review

## Is it required that clients be notified of their rights (Advance Directives)?

[\(42 CFR, Subpart I\)](#)

All Medicare-Medicaid certified hospitals, nursing facilities, home health agencies, personal care service agencies, hospices, and managed health care organizations are federally mandated to give **all adult clients** written information about their rights, under state law, to make their own health care decisions. Keep a copy of the written information in the client's record.

Clients have the right to:

- Accept or refuse medical treatment
- Make decisions concerning their own medical care
- Formulate an advance directive, such as a living will or durable power of attorney, for their health care



# Criteria for High-Risk Obstetrical

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## When is home care for hyperemesis gravidarum (HG) initiated?

Home care for the client with HG may be initiated when weight loss and significant metabolic changes require fluid and nutritional replacement therapy that can be managed in the home setting. The client or caregiver must be willing and capable of learning and managing the client's intravenous therapy.

### Goals:

- Assess the client's condition
- Teach the client to help maintain the pregnancy to term
- Reduce the signs and symptoms of fluid, nutritional and electrolyte imbalances

**Therapeutic Skilled Nursing Services** may be initiated with the obstetrical provider's request for care. These services are designed to reinforce the clinic, hospital and/or provider's teaching. The nursing services assist the client and family in managing the client's care in the home and may include:

- Education about the factors that may contribute to HG, such as stress and coping with pregnancy
- Education on the symptoms related to dehydration and electrolyte disturbances and their effects on the mother and fetus (e.g., parenteral fluids and nutritional supplements)
- Assurance that the client is able to follow the treatment regimen (parenteral fluids and nutritional supplements) and comply with medications (antiemetics)
- Reinforcement of the obstetrical provider's plan of care, including the plan for resuming oral intake
- Demonstration of the ability to manage and administer the infusion treatment ordered by the obstetrical provider (hydration or total parenteral nutrition)
- Education concerning when to notify the obstetrical provider

Documentation in the client record is not limited to, but must include:

- An estimated date of confinement
- The gravidity/parity
- A history of symptoms of hyperemesis gravidarum (HG)
- An evaluation of clinical status of mother and fetus, including maternal weight and vital signs
- An evaluation of the obstetrical provider's plan of care
- A referral to a maternity support services (MSS) provider
- Education of the client and family regarding management of the prescribed care for a medically high-risk pregnancy

## **When are skilled nursing services used for clients with gestational diabetes?**

**Therapeutic Skilled Nursing Services** may be initiated when there is a documented reason for teaching gestational diabetes management in the home. It should reinforce the obstetrical provider's or clinic's teaching.

### **Goals:**

- Assess the client's condition
- Provide adequate support and education to help the client reduce symptoms of gestational diabetes
- Maintain the pregnancy to planned delivery

Whenever possible, education should be given at suitable diabetes teaching centers. A more complete and comprehensive training is available at these sites. A few cases may merit skilled nursing services. For example, skilled nursing may be provided to a client who is unable to get to a diabetes educational center or to a client who has special learning needs.

Therapeutic Skilled Nursing services may include:

- Assuring the client understands the plan of care
- Managing insulin injections
- Diet and exercise
- Demonstrating and teaching the blood glucose monitoring techniques, and the necessary times to test and documentation of testing results
- Explaining the differences between normal and abnormal blood glucose test results
- Explaining protocols for results of abnormal blood glucose, ketones and protein in the urine
- Planning with the client for emergency treatment of hyper/hypoglycemia
- Explaining when to notify the obstetrical provider about symptoms

Documentation in the client record is not limited to, but must include:

- The estimated date of confinement
- The gravidity/parity
- A history of symptoms of gestational diabetes
- An evaluation of clinical status of mother and fetus
- An evaluation of obstetrical provider's plan of care
- Rationale for in-home gestational diabetes education
- A referral to a maternity support services (MSS) provider
- Education of the client and family in the management of the prescribed treatment for a medically high-risk pregnancy.

## When is home care for clients in preterm labor initiated?

Home care for preterm labor (PTL) symptoms may be initiated with the obstetrical provider's prescription for care and when there is an assurance of a viable newborn.

### Goals:

- Assess the client's condition
- Provide adequate support and education to help the client maintain the pregnancy to term

**Preventive services** may be initiated between 20-25 weeks when an eligible client has a history of preterm births and/or has a multiple gestation and has been started on oral tocolytics.

**Therapeutic Skilled Nursing Services** may be initiated between 25-36 weeks gestation or birth (whichever comes first) or until the tocolytics are discontinued. Cervical changes should be documented at the start of care.

Skilled nursing care reinforces the medical protocol and assures that:

- The client comprehends and is compliant with the medication.
- The client can manage the restricted activity plan.
- The plan of care is coordinated with maternity support services (MSS) so that childcare and transportation services are readily available, if needed.
- The client education includes fetal movement count, signs and symptoms of preterm labor, and when to notify the obstetrical provider.

Documentation in the client record is not limited to, but must include:

- The estimated date of confinement
- The gravidity/parity
- A history of pre-term labor (PTL)
- Documentation of cervical change
- The obstetrical provider's plan of care

- An assessment of maternal and fetal clinical status
- A list of medications
- A referral to an MSS provider
- Education of the client and family in management of the prescribed care for a high-risk pregnancy

## **When is home care used for clients with pregnancy-induced hypertension?**

Home care for Pregnancy-Induced Hypertension (PIH) may be initiated after 20 weeks gestation when:

- Blood pressure readings have increased by 30 mm Hg (systolic pressure) /15 mm Hg (diastolic pressure) over the baseline
- The client has accompanying symptoms (e.g., lab changes, proteinuria, and a weight gain greater than two lbs. / week). Late signs/symptoms may include hyperreflexia, epigastric pain, and/or visual changes.

### **Goals:**

- Assess the client's condition
- Provide adequate support and education to help the client reduce symptoms of pregnancy induced hypertension
- Maintain the pregnancy to term

**Therapeutic Skilled Nursing Services** may be initiated at the prescribing medical provider's request and when documented signs and symptoms indicate the PIH may be safely managed in the home setting, **and** the:

- Client requires bed rest with bathroom privileges.
- Client understands and is able to comply with bed rest or reduced activities in the home.
- Assessment includes vital signs, fetal heart tones, fundal height, deep tendon reflexes, and a check for proteinuria, edema, and signs and symptoms of PIH.

## Home Health (Acute Care Services)

- Client and family members receive education on:
  - ✓ How to monitor blood pressure
  - ✓ How to evaluate urine for protein
  - ✓ When to notify the obstetrical provider
- Skilled nursing service provider reinforces education that the client received from the obstetrical provider's office. This may include:
  - ✓ Etiology and diagnosis of PIH
  - ✓ Treatment and rationale
  - ✓ Nutrition needs
  - ✓ Need for rest
  - ✓ Client monitoring of uterine and fetal activity
  - ✓ The role of medication in reducing symptoms (if provided)
- Plan of care is coordinated with the MSS provider so that childcare and transportation services are readily available.

Documentation in the client record is not limited to, but must include:

- The gravidity/parity
- A history of symptoms of PIH
- An evaluation of clinical status of mother and fetus
- An obstetrical provider's plan of care
- Frequency of clinic visits
- Activity level
- List of medication, if prescribed
- A referral to a maternity support services (MSS) provider
- Education of the client and family on management of the prescribed care

# Billing

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All claims must be submitted electronically to the agency, except under limited circumstances. For more information about this policy change, see [Paperless Billing at HCA](#). For providers approved to bill paper claims, see the agency's [Paper Claim Billing Resource](#).

## What are the general billing requirements?

Providers must follow the agency's [ProviderOne Billing and Resource Guide](#). These billing requirements include:

- What time limits exist for submitting and resubmitting claims and adjustments.
- When providers may bill a client.
- How to bill for services provided to primary care case management (PCCM) clients.
- How to bill for clients eligible for both Medicare and Medicaid.
- How to handle third-party liability claims.
- What standards to use for record keeping.

**Note:** When billing on an institutional claim, services provided on different days are required to be listed separately along with revenue code, procedure code, modifier, dates of service, and units.

**Medical review rebilling:** Prior to rebilling, remove all lines on the claim that have already been paid by the Medicaid agency.

**ATTN: Special Handling**  
Home Health Services Program Manager  
PO Box 45506  
Olympia, WA98504-5506

## Where is the Home Health Services fee schedule?

See the Medicaid agency's [Home Health Services Fee Schedule](#) webpage.

## How do I bill claims electronically?

Instructions on how to bill Direct Data Entry (DDE) claims can be found on the agency's [Billers and Providers](#) webpage, under [Webinars](#).

For information about billing Health Insurance Portability and Accountability Act (HIPAA) Electronic Data Interchange (EDI) claims, see the ProviderOne 5010 companion guides on the [HIPAA Electronic Data Interchange \(EDI\)](#) webpage.

External cause codes (V00-Y99) are required to be submitted in groups of three in order for a claim to be processed.