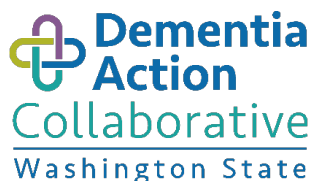


Dementia Innovations Summit: Primary Care at The Forefront



Friday, March 7th, 2025
 8:00am – 5:00 pm
 Valley Medical Center

Wi-Fi: valley_guest
 Password: 4334

8:00 am	Lobby + A&B	Registration Opens/Exhibitors Open/Coffee Service
8:30 am	Auditorium	Welcome
8:35 am	Auditorium	Dementia Prevention Science, Neuroplasticity and Brain Health <i>Dr. Nancy Isenberg</i> This presentation will highlight the growing evidence on dementia prevention and behavior change science. It will explore how to partner with patients and families to target modifiable risks and promote brain health.
9:00 am		Evaluation of Cognition in Primary Care and Diagnosis <i>Dr. Barak Gaster</i> This presentation will outline a practical and accurate framework for evaluating concerns about cognition in the primary care setting, including typical entry points, decision aids, and diagnostic tools. This approach will cover concise checklists which clinicians can easily embed in their electronic health record as well as communication tips for counseling a patient and family about a new diagnosis.
10:00 am	Auditorium	Guided Stretch Break <i>Stephanie Kunold</i>
10:15 am	Auditorium	Scientific Update: Drug Treatments <i>Dr. Micheal Rosenbloom</i> This presentation will cover what drug therapies are on the market currently for people living with dementia/cognitive decline, what's new and what is to be expected.
11:00 am	A&B	Networking Break/Exhibitors Open/ Lunch
12:15 pm	Auditorium	Project ECHO Dementia – Live <i>Dr. Kris Rhoads</i> Overview of the philosophy, approach and structure of ECHO (Extension for Community Health Outcomes) model and applications to increase a dementia-capable primary care workforce. In addition, the presentation will include a live demonstration of an ECHO session, including a didactic component in addition to case-based learning. Didactic: Cognitive Decline Workup in the Primary Care Setting – Challenges and Opportunities <i>Dr. Silvia Russo</i> Cognitive disorders are on the rise and Alzheimer's disease is expected to become the most common chronic healthcare

		condition in the United States and worldwide. Not every patient can be seen and followed by a neurologist. Many areas of Washington State have "Neurology Deserts", where access is limited. If an elderly patient presents to the primary care provider, and cognitive changes are noted, what are the next steps, and how should primary care providers follow this up so that the patient and their families are supported?
1:15 pm		Break & Transition
1:30 pm	Breakout Session #1:	
	E/F	<p>Right Document, Right Time, Right Patient: Early Goals of Care and Advance Care Planning <i>Dr. Carrie Rubenstein</i> <i>Hilary Walker, OTL</i></p> <p>We will provide an overview of Advance Care Planning (ACP), with a focus on an interdisciplinary approach. Our goal is to deepen clinicians' understanding of ACP and the related documents and to have them leave this training with increased competence and confidence related to Advance Care Planning with patients living dementia and/or their caregivers.</p>
	B	<p>Elder Abuse: Prevention, Detection, and Intervention <i>Dr. Laura Mosqueda</i></p> <p>People with a dementing illness are at high risk for mistreatment, often at the hands of a caregiver. This presentation will discuss the causes and consequences of abuse along with practical ways to predict, assess, and reduce the risk of abusive scenarios.</p>
	C	<p>Cognitive Care Clinics, Kaiser Permanente Washington <i>Dr. Kimberly Painter</i> <i>Dr. Andrea Grace</i></p> <p>We will present our journey to constructing the current model of Cognitive Care at KPWA.</p>
2:30 pm		Break, Transition & Snack

We regret to inform you that *The 3Ds of Mentation in Aging: Frontline Care for Dementia, Delirium, and Depression* presentation by Dr. Emily Trittschuh was not able to be delivered live due to factors out of ours or her control. In your summit packet, you will find the slides and 3Ds tool, the top of the slides has a QR code to her recorded presentation. Thank you for your understanding.

2:45 pm	Breakout Session #2:	
	B	<p>Feeling Toasty? Identifying Caregiver Burnout and Leveraging Community Resources <i>Kristen Childress, DNP, ARNP</i> <i>Breanne Swanson</i></p> <p>Family caregivers play a crucial role in the lives of individuals living with dementia, often balancing intense responsibilities with their personal lives. Maintaining the well-being of family care partners is critical to keeping care costs down and supporting overall health and quality of life for the loved ones they are caring for. This talk will explore effective strategies for supporting care partners through recognition of and intervention for caregiver burnout. We will highlight a variety of resources available throughout Washington State that can be utilized by care partners during their journey in caring for loved ones with dementia.</p>
	E/F	<p>Having Difficult Conversations Around Diagnosis of MCI/Dementia <i>Dr. Jackie Raetz</i></p> <p>Many patients and their families do not recall being given a diagnosis of dementia. Conversations around diagnosis and prognosis of mild cognitive impairment and dementia can be difficult. This talk will review best practices as well as complex situations and how to approach them.</p>
	Auditorium	<p>Dementia Care is a Team Sport – How and When to Work With: Dental, Audiology, and Occupational Therapy Dental: <i>Sarah Luetke, LD, RDH & Christine Hao, DMD, MPH</i> Audiology: <i>Nichole Kingham, AuD</i> Occupational Therapy: <i>Kelsey Schultz, OTL & Helen Halpern, OTL</i></p> <p>Understand how dementia care requires a collaborative approach, and how Audiology, Occupational Therapy, and Dental disciplines can work together when working with individuals living with dementia.</p>
3:45 pm	Transition	
4:00 pm	Auditorium	<p>Age Friendly Health Systems as part of the Age-Friendly Ecosystems <i>Jane Carmody, DNP, MBA, RN, CENP, NEA-BC, FAAN</i></p> <p>Age-friendly care follows an essential set of evidence-based practices, causes no harm and aligns with What Matters to older adults and their care partners. Becoming an Age-Friendly Health System (AFHS) entails reliably providing a set of four evidence-based elements of high-quality care, known collectively as the 4Ms, to all older adults in a health care setting or system. When implemented as a set, the 4Ms represent a broad shift by health systems to focus on needs and what matters.</p> <p>Wrap-up & Closing</p>
5:00 pm	Summit Concludes	

Thank you for choosing to spend the day with us to learn and connect!