

# Recommended Screening Tools

Common child-youth screening tools identified in the 2016 Children's Mental Health Work Group Final Report

# **Recommended Screening Tools**

This table lists more common child-youth screening tools identified in the 2016 Children's Mental Health Work Group Final Report and Recommendations to the legislature. Cultural assessment of the screening tools was not completed. The table identifies tools available in different languages. Results of the screening tools should be documented in the medical record.

#### **Developmental Screens**

Instrument	Description	Recommended	96110	96127	96160	96161	Free	Other
		Age Range						Languages
Ages and Stages Questionnaire (ASQ) – Third Edition	Helps parents provide information about the developmental status of their young child across five developmental areas: communication, gross motor, fine motor, problem solving, and personal- social.	0-5 years	Х				No	Yes
Parents' Evaluation of Developmental Status (PEDS)	An evidence-based method for detecting and addressing developmental and behavioral problems in children.	0-8 years	Х				No	Yes
Survey of Wellbeing of Young Children (SWYC) – Developmental Milestones	10-item parent questionnaire about childhood developmental milestones.	0-5 years	Х				Yes	Yes

#### Autism

Instrument	Description	Recommended	96110	96127	96160	96161	Free	Other
		Age Range						Languages
Australian Scale for Asperger's Syndrome (ASAS)	Designed to identify behaviors and abilities indicative of Asperger's Syndrome in children during their primary school years.	6-12 years	Х				Yes	No
Autism Spectrum Quotient (AQ) for Adolescents	A caregiver questionnaire for assessing the severity of autism spectrum symptoms in adolescents.	12-15 years	Х				Yes	Yes

### General Psychosocial and Behavioral Assessments

Instrument	Description	Recommended	96110	96127	96160	96161	Free	Other
		Age Range						Languages
Ages and Stages Questionnaire – Social Emotional (ASQ-SE)	Parent-completed tool with a deep, exclusive focus on children's social and emotional development.	0-5 years		Х			No	Yes
Beck Youth Inventory – Second Edition (BYI-II)	Evaluates children's and adolescents' emotional and social impairment.	7-18 years		Х			Yes	Yes
Behavior Assessment Scale for Children – 2nd Edition (BASC-2)	Brief, targeted forms and software for monitoring changes in behavior or emotional status.	2-21 years		Х			No	Yes

Instrument	Description	Recommended	96110	96127	96160	96161	Free	Other
		Age Range						Languages
Brief Infant- Toddler Social and Emotional Assessment (BITSEA)	Designed to assess the social emotional problems and competencies of children.	1-3 years		Х			No	Yes
Early Childhood Screening Assessment (ECSA)	A screening tool to facilitate primary care pediatricians' identification of young children who need further assessment of their emotional and behavioral development.	1.5-5 years		Х			Yes	Yes
Global Appraisal of Individual Needs – short screener (GAIN- SS)	Caregiver or self-report general functioning scale with internalizing, externalizing, and substance use indicators.	Adolescence		Х			Yes	Yes
Pediatric Symptom Checklist (PSC-17 and 35)	General parent-report mental health questionnaire designed for primary care settings, subscales available for internalizing, externalizing, and attention problems.	4-16 years		Х			Yes	Yes
Strengths and Difficulties Questionnaire (SDQ)	General caregiver or youth self-report on emotional, conduct, hyperactivity, and peer problems as well as prosocial scale.	2-17 years – administered; 8- 17 years – Self- report		Х			Yes	Yes
Survey of Wellbeing of Young Children (SWYC)-Behavior	Parent questionnaire about childhood social and emotional development.	0-5 years		Х			Yes	Yes

## ADHD

Instrument	Description	Recommended	96110	96127	96160	96161	Free	Other
		Age Range						Languages
Behavior Rating Inventory of Executive Function (BRIEF)	An assessment of executive function behaviors at home and at school for children and adolescents.	5-18 years		Х			No	No
Conners Rating Scale	A parent-report measure that assesses children's problem behaviors, particularly symptoms of attention deficit hyperactivity disorder (ADHD) and related disorders (including oppositional defiant disorder and conduct disorder).	6 – 18 years - Administered. 8 – 18 years - Self- Reported.		Х			Yes	Yes
Swanson, Nolan and Pelham Teacher and Parent Rating Scale (SNAP-IV)	The SNAP-IV is a 90-item tool, originally devised to screen for attention deficit hyperactivity disorder (ADHD) but can yield more general information.	6-18 years		Х			Yes	Yes
Vanderbilt ADHD rating scales	A psychological assessment tool for attention deficit hyperactivity disorder (ADHD) symptoms and their effects on behavior and academic performance.	6-12 years		Х			Yes	Yes

## Anxiety

Instrument	Description	Recommended Age Range	96110	96127	96160	96161	Free	Other Languages
Generalized Anxiety Disorder (GAD 7)	A self-reported questionnaire for screening and severity measuring of generalized anxiety disorder (GAD).	13-17 years		Х	Х		Yes	Yes
Screen for Child Anxiety Related Disorders (SCARED)	A self or parent-report screening questionnaire for different anxiety disorders.	8-18 years		Х	Х		Yes	Yes

# Depression

Instrument	Description	Recommended Age Range	96110	96127	96160	96161	Free	Other Languages
Center for Epidemiological Studies Depression Scale (CES-DC)	The Center for Epidemiological Studies Depression Scale for Children (CES-DC) is a 20- item self-report depression inventory with possible scores ranging from 0 to 60.	Adolescence		Х	Х		Yes	No
Kutcher Adolescent Depression Scale (KADS)	A psychological self-rating scale developed to assess the level of depression in adolescents.	12-17 years		Х	Х		No	No
Patient Health Questionnaire (PHQ-2, PHQ-9, or PHQ-A)	Self-administered tools for assessing depression. PHQ-2 is a two-question pre-screener validated for adults. PHQ-9 is validated for adolescent use in	13 years and older		Х	Х		Yes	Yes

Instrument	Description	Recommended	96110	96127	96160	96161	Free	Other
		Age Range						Languages
	multiple languages. PHQ-A is a modification targeted at adolescents.							
Mood and Feelings Questionnaire (MFQ)	Self-report depressive symptoms screen.	8-16 years		Х	Х		Yes	No

# Eating Disorders

Instrument	Description	Recommended	96110	96127	96160	96161	Free	Other
		Age Range						Languages
Eating Attitudes Test (EAT-26)	A self-report measure of symptoms and concerns characteristic of eating disorders.	9-21 years			Х		Yes	Yes

## Substance Use Disorders

Instrument	Description	Recommended	96110	96127	96160	96161	Free	Other
		Age Range						Languages
CAGE	The CAGE questionnaire, the name of which is an acronym of its four questions, is a widely used screening test for problem drinking and potential alcohol problems.	Adolescence			X		Yes	No
						Recom	mended S	creening Tools

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Instrument	Description	Recommended	96110	96127	96160	96161	Free	Other
		Age Range						Languages
CRAFFT Screening Interview	A behavioral health screening tool to screen adolescents for high-risk alcohol and other drug use disorders.	21 years and under			Х		Yes	No

# Trauma Reaction (PTSD)

Instrument	Description	Recommended Age Range	96110	96127	96160	96161	Free	Other Languages
Child and Adolescent Trauma Screen (CATS)	Caregiver questionnaire of child traumatic event exposure and trauma reaction symptoms.	7-17 years		Х			Yes	Yes
Trauma Screening Questionnaire (TSQ)	The Trauma Screening Questionnaire (TSQ) is a 10-item self-report screen which can be used to assist in the identification of children at risk of developing PTSD. The questions are designed to assess traumatic stress reactions in children following a potentially traumatic event.	7-16 years		Х			Yes	Yes
SCARED Trauma Stress Disorder Scale	Brief 4 item self-report screening questionnaire of PTSD symptoms	7-19 years		Х			Yes	Yes

#### Maternal Mood Disorders

Instrument	Description	Recommended	96110	96127	96160	96161	Free	Other
		Age Range						Languages
Patient Health Questionnaire (PHQ-2, PHQ-9, or PHQ-A	Self-administered tools for assessing depression. PHQ-2 is a two-question pre-screener validated for adults. PHQ-9 is validated for adolescent use, multiple languages. PHQ-A is a modification targeted at adolescents.	PHQ-A (Adolescent) 13 – 17 years PHQ-2 or PHQ-9 (Adult) 18 – 64 years (Elderly) 65 years and up				X	Yes	Yes
Edinburgh Postnatal Depression Scale (EPDS)	Developed to assist primary care health professionals to detect whether mothers are suffering from postnatal depression.					Х	Yes	Yes