

## How long will I have coverage?

Your Family Planning Only coverage is one year from the time you were approved for the program.

## What do I do when my coverage ends?

You can reapply for Family Planning Only coverage after you receive notification by mail that your coverage is ending. If you have had a change in income or household size, you may be eligible for free or low-cost Apple Health coverage.

## Does Apple Health (Medicaid) coverage also include family planning services?

Yes. Apple Health provides full-scope coverage with additional benefits. For more information, visit [hca.wa.gov/apple-health](https://hca.wa.gov/apple-health).

## Can I apply for Apple Health while I have Family Planning Only coverage?

Yes, you can apply for full-scope Apple Health coverage at any time.

## How will I know if I am approved and when my coverage begins?

You will receive an approval or denial letter from the Health Care Authority (HCA) by mail. If you are approved, your coverage begins on the first day of the month you applied.



### Where can I get more information?



Online: [hca.wa.gov/family-planning](https://hca.wa.gov/family-planning)



Email: [hcafamilyplanning@hca.wa.gov](mailto:hcafamilyplanning@hca.wa.gov)



Phone: 1-800-562-3022

Washington State  
Health Care Authority

HCA complies with all applicable federal and Washington state civil rights laws and is committed to providing equal access to our services. If you need an accommodation, or require documents in another format or language, please call 1-800-562-3022 (TRS: 711).



## Family Planning Only (FPO) coverage

*How to access family planning services.*



## Why should I apply for Family Planning Only (FPO)?

You should apply if:

- You are uninsured and in need of family planning services (contraceptive care/birth control method), **or**
- You are insured and a victim of domestic violence or under 18 and seeking confidential family planning services.

## What services are covered?

- Family planning education and risk reduction counseling
- All FDA approved birth control methods including: pills, patches, rings, shots, IUDs, implants, diaphragms, cervical caps, condoms, and spermicides (foam, cream, and gels), and emergency contraception
- Education and supplies for natural family planning and abstinence
- Permanent birth control methods: tubal ligations ("tubes tied"), sterilization, and vasectomy
- Limited screening and treatment for sexually transmitted infections (STI)
- Screening for cervical cancer and a well woman physical exam
- Office visits directly related to a family planning problem when medically necessary

## Where can I receive services?

You can receive family planning services at any eligible Apple Health provider.

Condoms and spermicides (contraceptive foam, cream, gels) are available at pharmacies without prescription.

Emergency contraception is available at any eligible Apple Health provider or directly from a pharmacist although you may need to have a prescription depending on the medication type.

## Where can I find a provider who offers Family Planning services?

You can find a list of Apple Health providers at <https://fortress.wa.gov/hca/p1findaprovider/> to apply for benefits over the phone, or in person.

### Am I eligible?

You must meet income limits and be either:

- Uninsured and not eligible for Apple Health (Medicaid) coverage, **or**
- Insured and seeking confidential family planning services.

## How do I apply for coverage?

To apply for Family Planning Only coverage, download an application at [hca.wa.gov/family-planning](https://hca.wa.gov/family-planning).

Submit your application by:

- Fax: 1-866-841-2267
- Email: [apple@hca.wa.gov](mailto:apple@hca.wa.gov)
- Mail: HCA MEDS

PO Box 45531

Olympia, WA 98504-5531

You can also apply over the phone at 1-800-562-3022.

Confidential services are available for teens and victims of intimate partner violence. If you need confidential services, contact your Apple Health provider to apply for benefits over the phone, or in person.

## 2023 Family Planning Only income limits

Single person	2-person household	3-person household	4-person household
\$3,220 monthly	\$4,355 monthly	\$5,490 monthly	\$6,625 monthly
5-person household	6-person household	7-person household	8-person household
\$7,761 monthly	\$8,896 monthly	\$10,031 monthly	\$11,166 monthly

Income amounts effective April 1, 2023 through March 31, 2024.