

2025 Apple Health Plans Value-Added Benefits Comparison Chart

Value-Added Benefits (VAB) offer additional supports not covered by Apple Health (Medicaid) and are provided to clients by their managed care plan.



Some managed care plans offer virtual or in-person coordination support to help you access these and other benefits. Not all plans are available in all counties or for all Apple Health programs. Click the plan webpages under their names for a complete list of benefits offered by plan. Common VABs are found in the table below.

Value-Added Benefits	Coordinated Care	Community Health Plan of Washington	Molina Healthcare of Washington	UnitedHealthcare Community Plan	Wellpoint Washington (previously Amerigroup)
Webpage	coordinatedcarehealth.com/value-added-benefits	chpw.org/chpw-benefits-plus	MolinaHealthcare.com/MemberWA	UHCCP.com/wa/imc	wellpoint.com/wa/medicaid/extras
Food Security	\$100/year in vouchers for fruits and vegetables	Help with meal deliveries after a hospital stay, accessing food banks, nutrition support and completing applications	Two free weeks of healthy meals after a hospital stay Support from dietitians and health educators Help with food vouchers and state benefits	See Maternity Support VAB	Free Costco Gold membership See Maternity Support VAB
Housing Support	N/A	Help with housing applications and referrals for rental, moving support, and housing assistance programs	N/A	See Support with Life Transitions VAB	N/A
Transition Support for Jail/Detention	Grants to buy essential needs, such as food, clothing, and other items, to support successful transition	Support for a successful transition with location-based services when available	Help navigating your health care and connecting you to food, clothing, housing, and other resources	Essentials: Duffel bag containing clothing and other items	Free Laptop \$100 for Internet/ technology \$75 towards menstrual hygiene products
Maternity Support	Three-month supply of prenatal vitamins Free car seat or Pack and Play and help with cribs Doula Care Free manual or electric breast pump	Free prenatal vitamins Specialized case managers to support pregnancy related needs Free manual or electric breast pump	Free prenatal vitamins Help accessing other state resources like the Women, Infants, and Children's (WIC) program Free manual or electric breast pump	Free prenatal vitamins Free car seat Home-delivered meals for birthing people engaged in case management with Healthy First Steps (two-weeks of meals for birthing person and up to 4 family members) Educational content and support through Babyscripts and Text4Baby Doula Care Free manual or electric breast pump	Two week meal delivery program for pregnant and new parents 10-week meal delivery for pregnant individuals with gestational diabetes \$100 gift card to buy baby items Free manual or electric breast pump
Support with life transitions	Personalized care management (free necessities toiletries, shoes, and planners, and more) LGBTQIA+ Care Navigators (gender affirming care navigation and support)	Life-skill education for youth 15-18 years old Up to \$500 toward independent living goals Daily living skills coaching, education support, career development, vocational training, and job placement services LGBTQIA+ Care Navigators (gender affirming care navigation and support)	LGBTQIA+ Care Navigators (gender affirming care navigation and support)	Online youth resource to help reach your housing, employment, and financial management needs LGBTQIA+ Care Navigators (gender affirming care navigation and support)	Free Life transition kit with dental and first aid kits, emergency blanket, and more Wound kit for youth experiencing homelessness Free industry certification for employment Free GED tests
Transportation	N/A	Unlimited ride scheduling assistance to book free rides to medical appointments	N/A	N/A	\$50 Orca if you live in King, Pierce, and Snohomish counties or \$50 gas card if you live outside of those counties
Fitness/Healthy Lifestyles (Gym Membership)	Weight management coaching Post-bariatric surgery support and coaching	Guidance from experienced health coaches, nurses, and registered dietitians	Weight management coaching Nutrition consultation with a registered dietitian including meal planning and guidance Diabetes Prevention Program with free YMCA membership and educational classes	AbleTo: Self-care app with emotional health tools including meditations, breathing, exercises, videos, blogs and more	\$50 card for gym membership or exercise kit for members with pre-diabetes or type 2 diabetes diagnosis Online fitness resources WW (formerly Weight Watcher®) voucher for members with obesity (covers sign-up fee, 13 weeks of in-person or online classes)
Kids Activities/Clubs (4H, Boys and Girls Club for kids 6-18 years old)	Free Boys & Girls Club membership Sports physicals Healthy Kids Club	Free Boys & Girls Club membership Sports physicals	Free Boys & Girls Club membership Sports physicals BeMe App: Mental Health Wellness App for teens 13-19 years old	Free Boys & Girls Club membership Sports physicals	Free Boys & Girls Club membership Sports physicals \$50 toward other youth clubs including girl scouts, boy scouts and more 4H membership \$120 for swim lessons up to age 18 YMCA membership (Wenatchee and Longview only) Meditation App for young people ages 13 to 18
Hearing/Vision Benefit(s) For adults 21 and older	\$100 for eyeglasses or contacts	Free eyeglasses	Free eyeglasses	\$100 for eyeglasses (Not applicable to Apple Health Expansion members)	\$100 for eyeglasses
Telehealth Resources	Teladoc Mental Health offers tools to reduce anxiety, depression, and substance use NeuroFlow app for behavioral health support Pacify App with 24/7 access to doulas, lactation consultants, crisis help line, and more	24/7 phone and video visits through CHPW Virtual Care Help learning to use technology for health care Bright Heart Health: 24/7 substance use disorder phone line BoulderCare: telehealth solution for members looking for addiction treatment Charlie Health: Intensive outpatient program for youth	24/7 virtual urgent care (Teladoc) Pyx Health App: program offering companionship and resources to support your physical and mental health needs Our network of behavioral health and recovery telehealth providers includes: Boulder Care, Bicycle Health, and Teladoc	24/7 Virtual care with UHC Doctor Chat Bright Heart Health: 24/7 treatment and support for mental health and substance use disorder Eleanor Health: treatment for alcohol and substance use disorders, plus care coordination with physical health BoulderCare Charlie Health: Intensive Outpatient Program	Live Health Online Online emotional wellbeing resources
Rewards Programs (Up to \$200 per member per year)	Earn up to \$200 by completing preventive screenings and services	Earn up to \$200 in gift cards from Target, Amazon, or Safeway/Albertsons by completing preventive screenings and services	Earn up to \$200 by completing preventive screenings and services	Earn up to \$200 by completing preventive screenings and services	Earn up to \$200 by completing preventive screenings and services
Additional Services (Acupuncture, Circumcisions, etc.)	Amazon Prime discount Free smartphone with minutes, data, and unlimited text messages (free calls to Coordinated Care and 24/7 advice nurse line) 90-day Medication Fills: option to have prescriptions mailed to your home or filled at your pharmacy Help to quit smoking	Amazon Prime discount Combined 20 visits per year for pain and stress support including acupuncture, chiropractic, and massage therapy (open network, no referral needed or prior authorization) Circumcision 90-day medication supply for most chronic conditions Help to quit smoking	Amazon Prime discount Wireless service with 4 GB of data, unlimited talk and text, internal calls to Mexico, Canada, China, South Korea, and Vietnam 90-day Medication Fills: option to have prescriptions mailed to your home or filled at your pharmacy Help to quit smoking	Amazon Prime discount Free smartphone: includes text, talk minutes and data Circumcision 90-day medication supply for most chronic conditions Help to quit smoking	Amazon Prime discount 7 acupuncture sessions Free Industry Certification for employment Free GED-Tests Traditional healing benefits for American Indian/Alaska Native members (Including sweat lodge, smudging, storytelling, and circle sharing) \$150 towards circumcisions with in-network provider LightBox for members with depression diagnosis or seasonal affective disorder Help to quit smoking

Access to these benefits is dependent on Apple Health eligibility. The products and services described in the chart above are not offered or guaranteed through Apple Health. Access to these benefits is not subject to the Apple Health appeals process. Any disputes regarding these products and services may be subject to the managed care plan's grievance process.