



Do you need free or low-cost health care? **We've got you covered**

Many teens and young adults may be eligible for free or low-cost health care coverage through Washington Apple Health (Medicaid).

Why do I need health coverage?

Health coverage can help with the basic care young people need—doctor visits, care if you get sick or injured, sexually transmitted infection (STI) screenings, prescription drugs, and hospitalization.

Health coverage also includes contraception, pregnancy care or termination of pregnancy, mental health and substance use disorder treatment services.

Can I get health coverage if I'm 19 or older?

Yes! There are options for affordable health coverage for teens and young adults. You may qualify for free coverage if you meet the income standards or have been in foster care.

Can I get health coverage without my parents?

Yes! If you are age 18 or younger you may be able to get health coverage on your own if you:

- Live separately from your parents/guardians and are not claimed by them as a tax dependent.
- Are pregnant.
- Need birth control or STI care.

If you have questions or think you might be in one of these situations, you must contact Washington Healthplanfinder at 1-855-923-4633 to apply for coverage (you cannot apply on the website). When you call, say: "I need to apply for Apple Health". They will put you through to someone who can provide free and confidential help to understand your options.

How do I apply?

You may be eligible for free or low-cost coverage. Apply now!

- Online: Go to wahealthplanfinder.org - select the "Apply Now" button.
- Mobile app: Download the WAPlanfinder app.
Phone: Call the Washington Healthplanfinder at 1-855-923-4633.
- Paper: Download the application at hca.wa.gov/health-care-application.
- In-person: Local resources who, at no additional cost, can help you apply for health coverage. Visit wahealthplanfinder.org - Find a navigator through the customer support link.



Washington State
Health Care Authority

When you're ready to apply, you'll need your:

- Monthly income.
- Social Security number.
- Date of birth.
- Immigration information, if that applies to you.
- Mailing address.
 - If you don't have a mailing address, you can use a friend's or relative's address, or the address of a youth shelter or school.

Already have health coverage?

If you are already getting Apple Health, you need to renew to keep your coverage.

- If you are 19 years of age or older, renew online at [wahealthplanfinder.org](https://www.wahealthplanfinder.org).
- If you are 18 years of age or younger, you must renew your coverage by calling 1-855-923-4633

To find a community-based in-person navigator, go to Washington Healthplanfinder at [wahealthplanfinder.org](https://www.wahealthplanfinder.org).

Questions?

Contact us for free help!

If you have questions about this coverage, call 1-800-562-3022.

Speech or hearing disability, or mobility issues

If you have a speech or hearing disability or mobility issue, you should tell the receptionist when you make your appointment. The receptionist of your health care provider will help you make any necessary arrangements.

Interpreter services

If you don't speak English well or you are Deaf, Deaf Blind, or Hard of Hearing, professional interpreters are available in many languages, including sign language at no cost to you. Let the receptionist know you need an interpreter when you schedule your appointment. For more information visit hca.wa.gov/interpreter-services.

Transportation services

You may be eligible for help with transportation to your health care appointment at no cost to you. The appointment must be for services covered by Apple Health. If you need help to find transportation or a doctor in your area, please call 1-800-562-3022. For more information visit hca.wa.gov/transportation-help.

HCA complies with all applicable federal and Washington state civil rights laws and is committed to providing equal access to our services. If you need an accommodation, or require documents in another format or language, please call 1-800-562-3022 (TRS: 711).

