Health Care Authority
School Employees Benefits Board

2025 School Employee Change Form

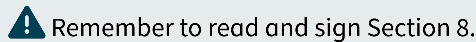
Use this form if you are unable to use Benefits 24/7 at benefits247.hca.wa.gov.

The information written on this form replaces all enrollment and change forms previously submitted. Therefore, you must complete the entire form, including the dependent section for any children you want to continue to cover. Inaccurate, incomplete, or illegible information may delay coverage.

To make changes during annual open enrollment or a special open enrollment, submit this form to your payroll or benefits office.

All members who are eligible for enrollment in both the SEBB Program and Public Employees Benefits Board (PEBB) Program must choose health plan enrollment through one program. Choosing some health plans in both programs is not allowed.

Type or print clearly in blue or black ink and use all capital lettering in the spaces provided. Example: J O H N


Remember to read and sign Section 8.

1 Account changes and special open enrollment

Date of event/change (mm/dd/yyyy)

Changes you can make anytime

If you have a name or address change, contact your payroll or benefits office.

Remove dependents from coverage. If removing due to loss of eligibility (divorce, annulment, dissolution, or no longer eligible as a child), your payroll or benefits office must receive this form **no later than 60 days** after the last day of the month the dependent loses eligibility for health plan coverage. If applicable, provide former dependent's new address:

Street address

Address line 2

City

State

ZIP/Postal code

County

Changes you can make during the SEBB Program's annual open enrollment

All changes become effective January 1 of the following year. Check the boxes next to the change requested.

- Add dependents
- Remove dependents
- Change medical plan
- Change dental plan
- Change vision plan
- Enroll after waiving medical coverage
- Waive medical due to enrollment in other employer-based group medical, a TRICARE plan, or Medicare.

Changes you can make if an event creates a special open enrollment (SOE)

The SEBB Program only allows changes outside of annual open enrollment when an event creates an SOE. The changes must be allowable under the Internal Revenue Code and Treasury regulations and correspond to and be consistent with a special open enrollment event for the employee, employee's dependent, or both. You are required to provide proof of the event. Your payroll or benefits office must receive this form and proof of the event **no later than 60 days** after the event occurs. In most cases, enrollment or change will be effective the first day of the month following the later of the event date or the date this form is received.

What changes are you requesting?

Check the box next to the change you are requesting and the matching event below.

- Add dependents
- Remove dependents
- Change medical plan
- Change dental plan
- Change vision plan
- Enroll after waiving medical coverage
- Waive medical coverage due to enrollment in other employer-based group medical, a TRICARE plan, or Medicare.

Note: A health plan change is not allowed when adding an SRDP or their child if they are not a tax dependent.

The following events allow an employee to add dependents; remove dependents; change medical, dental, and/or vision plans; and enroll after waiving medical coverage.

- Employee has a change in employment status that affects the employee's eligibility for their employer contribution toward their employer-based group health plan.
- Employee's dependent has a change in their own employment status that affects their eligibility or their dependent's eligibility for the employer contribution under their employer-based group health plan.
- Employee or a dependent becomes entitled to or loses eligibility for Medicaid or Children's Health Insurance Program (CHIP).
- Marriage, registering a state-registered domestic partner (SRDP) as defined by WAC 182-31-020, birth, adoption, or assuming legal obligation for total or partial support in anticipation of adoption. You must also submit a *SEBB Declaration of Tax Status* if adding an SRDP or their child to indicate whether the dependent qualifies as a dependent for tax purposes.

The following events allow an employee to add dependents, enroll after waiving medical, and change medical, dental, and/or vision plans.

- Child becomes eligible as an extended dependent through legal custody or legal guardianship. Also submit a SEBB *Extended Dependent Certification*.
- Employee or dependent loses eligibility for other coverage under a group health plan or through health insurance as defined by the Health Insurance Portability and Accountability Act (HIPAA).
- Employee or dependent becomes eligible for a state premium assistance subsidy for a SEBB health plan from Apple Health (Medicaid) or a state CHIP.

The following event allows an employee to add dependents, remove dependents, enroll after waiving medical coverage, and waive medical coverage.

Employee or dependent has a change in enrollment under another employer-based group health plan during its annual open enrollment that does not align with the SEBB Program's annual open enrollment. (Waiving medical coverage is allowed for this event only when an employee enrolls under another employer-based group health plan during its annual open enrollment.)

The following event allows an employee to add dependents, remove dependents, and enroll after waiving medical coverage.

Employee's dependent moves from another country to live within the United States or moves from the U.S. to live in another country, and the move resulted in the dependent losing their health insurance.

The following event allows an employee to add dependents, remove dependents, change medical, dental, and/or vision plans, and enroll after waiving medical coverage.

A court order requires the employee or any other individual to provide insurance coverage for an eligible dependent of the employee.

The following events allow an employee to change medical, dental, and/or vision plans.

Employee's or dependent's current health plan becomes unavailable because the employee or dependent is no longer eligible for a health savings account (HSA).

Employee or dependent experiences a disruption of care that could function as a reduction in benefits for the employee or their dependent for a specific condition or ongoing course of treatment (requires approval by the SEBB Program).

Employee has a change in employment location that affects medical plan availability, or results in the employee having one or more new medical plans available.

Employee or dependent has a change in residence that affects health plan availability.

The following events allow an employee to enroll after waiving medical coverage and waive medical coverage.

Employee or dependent becomes eligible and enrolls in a TRICARE plan, or loses eligibility for a TRICARE plan.

The following event allows an employee to add dependents, remove dependents, change medical plans, enroll after waiving medical coverage and waive medical coverage.

Employee becomes entitled to and enrolls in Medicare or loses eligibility for Medicare.

2 Subscriber

Social Security number

Date of birth

Sex assigned at birth[1]

Male Female

Last name

Gender identity[2]

Male Female X

First name

Middle initial

Suffix

Phone number

Alternate phone number

Street address

Address line 2

City

State

ZIP/Postal code

County

Mailing address (if different from above)

Mailing address line 2

City

State

ZIP/Postal code

County

Choose one box for each type of coverage.

Medical coverage	Dental coverage	Vision coverage
Cover	Cover	Cover
Waive	Waive (Dental can only be waived if you enroll in PEBB dental and vision.)	Waive (Vision can only be waived if you enroll in PEBB dental and vision.)

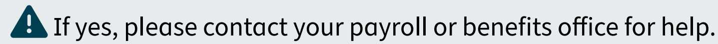
If you waive medical coverage for yourself, you cannot enroll your dependents in SEBB medical coverage. You can waive SEBB medical coverage if you are enrolled in other employer-based group medical, a TRICARE plan, or Medicare.

1 This field is required for health care services.

2 Gender X means a gender that is not exclusively male or female. This field is optional and will be kept private to the extent allowable by law. To learn more, visit HCA's website at **hca.wa.gov/gender-x**.

Subscriber's last name Social Security number

Are you or your dependents enrolled in SEBB or PEBB insurance coverage under another account? Yes No


If yes, please contact your payroll or benefits office for help.

Tobacco use premium surcharge

Response required if enrolling in medical coverage. The SEBB Program requires a $25-per-account premium surcharge in addition to your monthly medical premium if you or an enrolled dependent (age 13 or older) uses a tobacco product. The surcharge doesn't apply to dependents under age 13. Tobacco use is defined as any use of tobacco products within the past two months except for religious or ceremonial use. Refer to the School Employee Enrollment Guide or visit HCA's website at **hca.wa.gov/sebb-employee** to learn more.

Does the tobacco use premium surcharge apply to you? If you check **Yes** or do not check any boxes below, you will be charged the $25 premium surcharge. Check one:

Yes, I am subject to the $25 premium surcharge. I have used tobacco products in the past two months. If this is a change to a previous attestation, submit the *SEBB Premium Surcharge Attestation Change Form*.

No, I am not subject to the $25 premium surcharge. I have not used tobacco products in the past two months, or I have enrolled in or accessed the tobacco cessation resources noted above.

Subscriber's last name Social Security number

3 Spouse or state-registered domestic partner (SRDP)

List a spouse or SRDP, as defined by WAC 182-31-020, you wish to enroll or remove from medical, dental, or vision coverage. State-registered domestic partners include partners of a legal union from another jurisdiction that is substantially equivalent to a domestic partnership in Washington State. Individuals in state-registered domestic partnerships are treated the same as legal spouses except when in conflict with federal law. A health plan change is not allowed when adding an SRDP if they are not a tax dependent.

If enrolling, you must provide proof of your spouse or SRDP's eligibility within the SEBB Program's timelines, or they will not be enrolled. Timelines and a list of acceptable documents to verify eligibility is available on HCA's website at **hca.wa.gov/sebb-employee**.

If your spouse or SRDP is eligible to enroll in both the PEBB and SEBB Programs, they are limited to a single enrollment in medical, dental, and vision plans from either the PEBB Program or SEBB Program WAC 182-31-070. They may not be enrolled in both programs.

Relationship to subscriber. Choose one.

Spouse: Date of marriage (mm/dd/yyyy)

SRDP (Washington State): Partnership start date (mm/dd/yyyy)

SRDP (non-Washington State): Partnership start date (mm/dd/yyyy)

If enrolling an SRDP, also submit a *SEBB Declaration of Tax Status* form to indicate whether they qualify as a dependent for tax purposes.

Social Security number

Date of birth

Sex assigned at birth[1]

Male Female

Last name

Gender identity[2]

Male Female X

First name

Middle initial

Suffix

Phone number

Alternate phone number

Street address (if different from subscriber)

Address line 2

City

State

ZIP/Postal code

County

1 This field is required for health care services.

2 Gender X means a gender that is not exclusively male or female. This field is optional and will be kept private to the extent allowable by law. To learn more, visit HCA's website at **hca.wa.gov/gender-x**.

2025 SEBB Employee Change Form

Subscriber's last name

Social Security number

Choose one box for each type of coverage.

Medical coverage	Dental coverage	Vision coverage
Add to coverage	Add to coverage	Add to coverage
Remove from coverage	Remove from coverage	Remove from coverage

If removing from coverage, include reason:

Tobacco use premium surcharge

Response required if enrolling your spouse or state-registered domestic partner in medical coverage. If you check **Yes** or do not check any boxes below, you will be charged the $25-per-account tobacco use premium surcharge in addition to your monthly medical premium. See page 5 of this form for instructions on how to respond.

Does the tobacco use premium surcharge apply to you? Check one.

Yes, I am subject to the $25 premium surcharge. This person has used tobacco products in the past two months.

No, I am not subject to the $25 premium surcharge. This person has not used tobacco products in the past two months or has enrolled in one of the tobacco cessation resources noted in the *School Employee Enrollment Guide*.

Spouse or state-registered domestic partner (SRDP) coverage premium surcharge

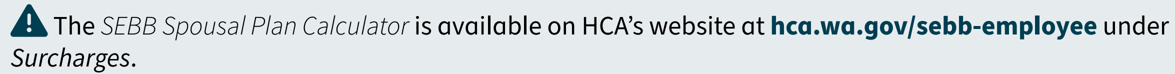
Response required if you are enrolling your spouse or SRDP in medical coverage. The SEBB Program requires a $50 premium surcharge in addition to your monthly medical premium if you are enrolling your spouse or SRDP in SEBB medical and they have chosen not to enroll in another employer-based group medical that is comparable to PEBB's Uniform Medical Plan (UMP) Classic.

Answer these questions for your spouse or SRDP in 2025:

	Question		
1	Are you covering your spouse or SRDP in a SEBB medical plan under your account?	Yes	No
2	Will they be eligible for medical coverage through their employer? (If they will not be employed in 2025, answer No.)	Yes	No
3	Will their employer offer at least one medical plan that serves their county of residence?	Yes	No
4	Have they chosen not to enroll in their employer's medical (including PEBB) coverage?	Yes	No
5	Will the coverage offered by their employer **not** be through the SEBB Program or a TRICARE plan? • Answer Yes if their employer **does not** offer SEBB coverage or a TRICARE plan. • Answer No if their employer **offers** SEBB coverage or a TRICARE plan.	Yes	No
6	Will their share of the medical premium through their employer be less than $126.36 per month?	Yes	No

If you answered No to any of these questions, check No on the next page. You will not be charged the surcharge.
If you answered Yes to all of these questions:

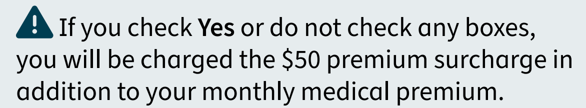
1. Ask your spouse or SRDP for the Summary of Benefits and Coverage (SBC) for all medical plans that:
   a. Serve their county of residence.
   b. Have a monthly premium of less than $126.36 per month for the employee.
2. Use the SBC information to answer the questions in the *SEBB Spousal Plan Calculator* online tool. You will get a Yes or No response from the calculator. Enter this response on the next page.



The *SEBB Spousal Plan Calculator* is available on HCA's website at **hca.wa.gov/sebb-employee** under *Surcharges*.

Does the spouse or state-registered domestic partner coverage surcharge apply to you?

Yes, I am subject to the $50 premium surcharge. If needed, I completed the *SEBB Spousal Plan Calculator*.



If you check **Yes** or do not check any boxes, you will be charged the $50 premium surcharge in addition to your monthly medical premium.

No, I am not subject to the $50 premium surcharge. If needed I completed the *SEBB Spousal Plan Calculator*.

Employer to help determine if premium surcharge applies. I am submitting a printed *SEBB Spousal Plan Calculator*. My employer will use these to determine whether my spouse's or state-registered domestic partner's employer-based group medical is comparable to the PEBB's UMP Classic plan and whether I am subject to this premium surcharge.

Subscriber's last name

Social Security number

4 Dependents

List eligible dependents you wish to add or remove from coverage. They must be eligible under SEBB Program rules. This includes children through the month of their 26th birthday regardless of marital status, student status, or eligibility for coverage under another plan and dependent children age 26 or older with a disability. Timelines and a list of documents we will accept to verify eligibility are available on HCA's website at **hca.wa.gov/sebb-employee**.

If adding a state-registered domestic partner's child, extended dependent, or other nonqualified tax dependent, also attach a *SEBB Declaration of Tax Status* to indicate whether they qualify as a dependent for tax purposes. A health plan change is not allowed when adding an SRDP's child if they are not a tax dependent.

If enrolling an extended dependent, complete a *SEBB Extended Dependent Certification*.

If enrolling a child with a disability (age 26 or older), also submit a *SEBB Certification of a Child with a Disability* and submit it as instructed.

⚠ If they are eligible to enroll in both the SEBB and PEBB Programs, they are limited to a single enrollment in medical, dental, and vision from either the SEBB Program or PEBB Program WAC 182-31-070. They may not be enrolled in both programs.

Relationship to subscriber

- Child
- Stepchild (not legally adopted)
- Extended dependent (attach a copy of court order)
- Child with a disability (age 26 or older)

Social Security number

Date of birth

Sex assigned at birth[1]

Male Female

Last name

Gender identity[2]

Male Female X

First name

Middle initial

Suffix

Phone number

Alternate phone number

Street address (if different from subscriber)

Address line 2

City

State

ZIP/Postal code

County

1 This field is required for health care services.

2 Gender X means a gender that is not exclusively male or female. This field is optional and will be kept private to the extent allowable by law. To learn more, visit HCA's website at **hca.wa.gov/gender-x**.

Subscriber's last name

Social Security number

Choose one box for each type of coverage.

Medical coverage	Dental coverage	Vision coverage
Add to coverage	Add to coverage	Add to coverage
Remove from coverage	Remove from coverage	Remove from coverage

If removing from coverage, include reason:

Tobacco use premium surcharge

Response required for dependents age 13 and older enrolling in medical coverage.

If you check **Yes** or do not check any boxes below, you will be charged the $25-per-account tobacco use premium surcharge in addition to your monthly medical premium. See page 5 for instructions on how to respond.

Does the tobacco use premium surcharge apply to you? Check one:

Yes, I am subject to the $25 premium surcharge. This dependent has used tobacco products in the past two months. If this is a change to a previous attestation, submit the *SEBB Premium Surcharge Attestation Change Form.*

No, I am not subject to the $25 premium surcharge. This dependent has not used tobacco products in the past two months or has enrolled in or accessed one of the tobacco cessation resources noted on page 5 of this form.

Subscriber's last name

Social Security number

5 Medical plan selection

Choose one medical plan.

Kaiser Foundation Health Plan of the Northwest (Kaiser Permanente NW)

- Kaiser Permanente NW 1
- Kaiser Permanente NW 2
- Kaiser Permanente NW 3

Kaiser Foundation Health Plan of Washington (Kaiser Permanente WA)

- Kaiser Permanente WA Core 1
- Kaiser Permanente WA Core 2
- Kaiser Permanente WA Core 3
- Kaiser Permanente WA SoundChoice

Kaiser Foundation Health Plan of Washington Options, Inc. (Kaiser Permanente WA Options)

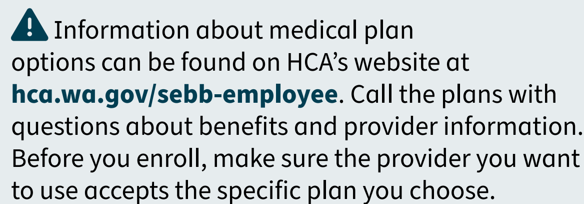
- Kaiser Permanente WA Options Summit PPO 1
- Kaiser Permanente WA Options Summit PPO 2
- Kaiser Permanente WA Options Summit PPO 3

Premera Blue Cross

- Premera High PPO
- Premera HMO
- Premera Standard PPO

Uniform Medical Plan (UMP), administered by Regence BlueShield and ArrayRx

- UMP Achieve 1
- UMP Achieve 2
- UMP High Deductible
- UMP Plus–Puget Sound High Value Network
- UMP Plus–UW Medicine Accountable Care Network


Information about medical plan options can be found on HCA's website at **hca.wa.gov/sebb-employee**. Call the plans with questions about benefits and provider information. Before you enroll, make sure the provider you want to use accepts the specific plan you choose.

(Contact information is at the end of this form.)

These plans have specific service areas. You must live or work in the medical plan's service area to join the plan. All school employees are offered a choice of plans based on their county of residence or the county where their employment location is based. If you work in a district that crosses county lines, identify all counties your school district is in to see all plan options available. **Exception**: To enroll in a UMP Plus plan, you must live in the service area.

If you move out of the medical plan's service area or change jobs to a different employment location and your current medical plan is no longer available, you must select a new plan. If you do not, the SEBB Program will enroll you in a plan. You must report your new address and any request to change your health plan to your payroll or benefits office **no later than 60 days** after your move.

Kaiser Foundation Health Plan of the Northwest offers plans in Clark and Cowlitz counties in Washington and select counties in Oregon.

Subscriber's last name | Social Security number

6 Dental plan selection

Choose one dental plan in this section. Before you enroll, call the plan to make sure the provider you want to use accepts the specific plan and group you choose. If you do not select a dental plan, you will be automatically enrolled in Uniform Dental Plan (Group #09600).

Preferred Provider Organization (PPO)

Uniform Dental Plan (Group #09600), administered by Delta Dental of Washington
You can choose any dental provider and change providers at any time.

Managed-care plans (limited network)

DeltaCare (Group #09601), administered by Delta Dental of Washington
You must select a primary care dentist in the DeltaCare network.

Willamette Dental of Washington, Inc. (Group WA 733), administered by Willamette Dental Group. You will select and receive care from a primary care dental provider in the Willamette Dental Group network.

7 Vision plan selection

Choose one vision plan in this section. Before you enroll, call the plan to make sure the provider you want to use accepts the specific plan you choose. If you do not choose a vision plan, you will be automatically enrolled in MetLife Vision.

Davis Vision by MetLife, underwritten by Metropolitan Life Insurance Company ("MetLife")

EyeMed Vision Care, underwritten by Fidelity Security Life Insurance Company

MetLife Vision, underwritten by Metropolitan Life Insurance Company ("MetLife")

Subscriber's last name | Social Security number

8 Signature

By submitting this form, I declare that the information I have provided is true, complete, and correct. If it isn't, or if I do not update this information within the timelines in the SEBB Program rules, to the extent permitted by federal and state laws, I must repay any claims paid by my health plans or premiums paid on my behalf. My dependents and I may also lose SEBB benefits as of the last day of the month we were eligible. To the extent permitted by law, the SEBB Program or my employer may retroactively terminate coverage for me and my dependents if I intentionally misrepresent eligibility. In addition, I understand that it is a crime to knowingly provide false, incomplete, or misleading information to an insurance company for the purpose of defrauding the company. Penalties include imprisonment, fines, and denial of SEBB insurance benefits.

If adding a state-registered domestic partner (SRDP) to my account, I declare that my domestic partner and I have registered through the Washington Secretary of State's Office or another state.

Enrollment of any dependent is not complete until the SEBB Program verifies the eligibility of my dependents. I understand that if I am applying to add a dependent to my SEBB insurance coverage, I must provide copies of documents that prove the dependent's eligibility within the SEBB Program's enrollment timelines, or the dependent will not be enrolled.

Eligible employees must enroll in SEBB dental, vision, basic life, basic accidental death and dismemberment, and basic long-term disability (LTD) insurance. Employees will be enrolled in employee-paid LTD insurance unless they decline coverage.

Employees who choose to waive SEBB medical coverage must be enrolled in other employer-based group medical, a TRICARE plan, or Medicare. If I waive medical coverage, I understand I can enroll during annual open enrollment or no later than 60 days after a special open enrollment event as defined in the SEBB Program rules. If I waive medical coverage for myself, I cannot enroll my eligible dependents in medical coverage.

I allow my employer to deduct money from my earnings to pay for insurance coverage and any applicable premium surcharges. I understand I am responsible for paying any applicable tobacco use premium surcharge and spouse or SRDP coverage premium surcharge in addition to my monthly premium.

If I enroll in a high-deductible health plan with a health savings account (HSA), I must meet HSA eligibility conditions. I understand that my employer will contribute to an HSA on my behalf based on the information I have provided, and that there are limits to these contributions and my HSA contributions (if any) under federal tax law.

I understand that my enrollment and my dependents' enrollment are subject to me abiding by all applicable deadlines and SEBB rules and policies. Failure to comply with applicable deadlines and SEBB rules and policies may result in my benefits selection being rejected or defaulted. This form replaces all enrollment forms previously submitted, including any changes made in the online enrollment system.

Sign, date, and return completed form and documentation to your payroll or benefits office.

Subscriber's signature | Date

HCA is committed to providing equal access to our services. If you need an accommodation, or require documents in another format, please contact your payroll or benefits office.

HCA's Privacy Notice: HCA will keep your information private as allowed by law. To see our Privacy Notice, go to **hca.wa.gov**.

Subscriber's last name

Social Security number

9 Employer

This section to be completed by a school district, charter school, or educational service district benefits administrator.

HCA Code

Organization number

Organization name

Organization name continued

Eligibility: Check one

Subscriber is SEBB-eligible

Subscriber is locally eligible

Eligibility date

Effective date

Represented?

Yes, if yes date they became represented

No

SEBB Program contractors

Do not send forms to the addresses below. This information is only for your reference.

Medical

Kaiser Foundation Health Plan of the Northwest
500 NE Multnomah St.
Suite 100
Portland, OR 97232
1-800-813-2000 (TRS: 711)

Kaiser Foundation Health Plan of Washington
2715 Naches Ave SW
Renton, WA 98057
1-888-901-4636
TTY: 1-800-833-6388 (TRS: 711)

Kaiser Foundation Health Plan of Washington Options, Inc.
2715 Naches Ave SW
Renton, WA 98057
1-888-901-4636
TTY: 1-800-833-6388 (TRS: 711)

Premera Blue Cross
High PPO and Standard PPO
7001 220th St. SW
Mountlake Terrace, WA 98043
1-800-807-7310
TTY: 1-800-842-5357 (TRS: 711)

Premera Blue Cross HMO
7001 220th St. SW
Mountlake Terrace, WA 98043
1-800-807-7310
TTY: 1-800-842-5357 (TRS: 711)

Uniform Medical Plan, administered by Regence BlueShield (for medical benefit questions)
PO Box 1106
Lewiston, ID 83501-1106
1-800-628-3481 (TRS: 711)

Uniform Medical Plan, administered by ArrayRx (for prescription drug questions)
PO Box 40168
Portland, OR 97240-0168
1-833-599-8539 (TRS: 711)

Dental

DeltaCare, administered by Delta Dental of Washington
400 Fairview Ave. N., Suite 800
Seattle, WA 98109-5371
1-800-650-1583
TTY: 1-800-833-6384

Uniform Dental Plan, administered by Delta Dental of Washington
400 Fairview Ave. N., Suite 800
Seattle, WA 98109-5371
1-800-537-3406
TTY: 1-800-833-6384

Willamette Dental of Washington, Inc.
6950 NE Campus Way
Hillsboro, OR 97124-5611
1-855-433-6825 (TRS: 711)

Vision

Davis Vision Inc. by MetLife, underwritten by Metropolitan Life Insurance Company
200 Park Avenue
New York, NY 10166
1-877-377-9353
TTY: 1-800-523-2847

EyeMed Vision Care, underwritten by Fidelity Security Life Insurance Company
1209 Orange Street
Wilmington, DE 19801
1-800-699-0993
TTY: 1-844-230-6498

Metropolitan Life Insurance Company (Vision Plan)
200 Park Avenue
New York, NY 10166
1-833-854-9624
TTY: 1-800-428-4833