

2025 changes to your UMP benefits

On January 1, 2025, changes are coming to your UMP benefits. To learn more about these changes, read your plan's 2025 certificate of coverage by visiting forms and publications at hca.wa.gov/ump-pebb-coc.



A Open enrollment is now October 28 to November 25.

Your concerns about the challenges of making open enrollment changes at the end of November and during the Thanksgiving holiday have been heard. To make sure you have help and support when making changes, the PEBB Program is moving open enrollment to October 28 through November 25, 2024. Make all your changes before Thanksgiving!

Washington State Rx Services (WSRxS) is changing its name to ArrayRx: Your prescription drug benefits are not changing, but you will see ArrayRx referenced instead of Washington State Rx Services on benefit documents and on your new member ID card.

UMP Classic Medicare with Part D (PDP) replacing **UMP Classic Medicare:** UMP Classic Medicare with Part D (PDP) is replacing the old UMP Classic Medicare plan, which will no longer be available for retirees. You may see changes in which generic prescriptions are covered, prior authorization requirements, or your pharmacy network. You will see expanded services in addition to the services you are used to with the current UMP Classic Medicare plan.

Due to CMS regulations for Part D benefits, drugs purchased outside the United States and its territories will not be covered under this new plan and subscribers must have a physical address on file that is within the United States and its territories. All existing UMP Classic Medicare members will be automatically enrolled in the UMP Classic Medicare with Part D (PDP) plan if they do not select a different plan during open enrollment.

You will receive two separate ID cards, one from Regence that you will use for medical services, and one from ArrayRx to use when filling prescription

drugs at a network pharmacy. It's important to keep both ID cards. You can fill your prescriptions before you travel when requested and approved by ArrayRx.

Changes to the UMP Preferred Drug List: Starting in November, you can view a list of anticipated changes to the UMP Preferred Drug List. Visit ump.regence.com/pebb/benefits/prescriptions,

select Find Forms at the top of the page, then click Visit HCA's website to access UMP's forms & publications database. Type "preferred drug list changes" into the search box and click the Search button. The list is updated monthly and is subject to change. It does not contain every anticipated change to the UMP Preferred Drug List. It only contains changes that may negatively impact members, such as increasing a drug's cost or limiting the amount of drug available per refill. UMP Classic Medicare with Part D (PDP) has a separate formulary.

All UMP Classic Medicare with Part D (PDP) members will be automatically enrolled in Medicare Part D prescription drug coverage.

- Prescription drugs filled outside the United States or its territories are not covered.
- Prior Authorization will not transfer from your current plan to the UMP Classic Medicare with Part D (PDP) plan. Member's prescribers will need to submit a new prior authorization if prior authorization is required under the Part D plan.
- A physical address within the United States and its territories is required for coverage under CMS Part D rules.
- Members must be enrolled in both Medicare Part A and Part B.
- Enrollees will receive a Regence medical ID Card and a pharmacy Membership Card.

A Benefits 24/7, the new online enrollment system, has replaced PEBB My Account.

You can use it to access your PEBB UMP benefits anytime. Benefits 24/7 is there when you need it, such as when you have a change in employment or when you experience a life event (for example, getting married or the birth of a child). Log in at benefits247.hca.wa.gov.

Drug Price Estimator Tool

Even when you go to network pharmacies, the price you pay may vary based on which pharmacy you use. To get an estimate of what you will pay at network pharmacies in your area, use the Drug Price Estimator Tool at ump.regence.com/pebb/benefits/ **prescriptions** by selecting *Prescription drug coverage* and price check tool. The Drug Price Estimator Tool provides an estimated cost of prescription drugs based on the average price paid to pharmacies based on the average wholesale price from manufacturers. The Drug Price Estimator Tool can compare costs across different network pharmacies within the search area you indicate.

Have questions about your 2025 benefits?

Attend a Benefits fair!

Attend a PEBB benefits fair to meet with plan representatives and learn more about your options for 2025. Benefits fairs will be held across Washington between October 21 and November 7. All fairs will run from 10 a.m. to 6 p.m. except the fairs held at the University

of Washington, which will run from 10 a.m. to 5 p.m. Get presentation schedules, parking information,

maps, and additional details at hca.wa.gov/pebb-fairs.

Important: Please check the website for any late changes before you go!

Visit the virtual benefits fair

Find out more about all of UMP's plans online with the Public Employees Benefit Board (PEBB) Program's virtual benefits fair. The virtual benefits fair is a good way to learn about your benefit options through an online, interactive, and personalized experience. It's available anytime, day or night, on the Health Care Authority's website at hca.wa.gov/vbf-pebb beginning on September 30.

Use your computer, tablet, or smartphone to visit UMP's virtual benefits booth. Once there, you can view UMP's short videos to get an overview of all UMP plans or select a specific plan to see more detailed information.

Learn about all UMP plans

To learn more about UMP's plans and benefit options, attend the UMP (PEBB) Open Enrollment online webinar. **UMP (PEBB) Live webinar:** Friday, November 1, Noon to 1 p.m. (Pacific).

- Register in advance for the Zoom webinar at regence.zoom.us/webinar/register/wn_dbkyiykqsusmxnlld33wcq. After registering, you will receive a confirmation email containing information about joining the webinar.
- The recorded session will be available by Wednesday, November 6.
- If you need a transcript of the webinar, send an email to UMPCustomerService@regence.com no later than Friday, October 25.

Transcripts will be sent by email on Wednesday,



Mental health: tools to support your path to wellness

UMP provides behavioral health support you can use at home.

Find Care

Find additional behavioral health resources, get connected to an in-network facility, office, or virtual behavioral health provider, or ask for help when you sign in to your **regence.com** account. If you are having difficulty finding a care provider or are not sure what type of provider you need, UMP Customer Service and the team of Regence behavioral health experts can help match you to in-person or virtual behavioral health providers that offer a variety of behavioral health resources.

Teladoc Health Mental Health

Teladoc Health Mental Health is a self-guided health and resiliency online tool clinically proven to improve emotional health. This secure resource is available 24 hours a day, 7 days a week to members age 13 or older at no cost to you. Teladoc Health's interactive and activity-based tools are personalized to you and address conditions such as depression, anxiety, stress, substance use disorders, and chronic pain. Visit Teladoc Health's Mental Health website at **TeladocHealth.com/start/mental-health-digital**, click *Register Now* and use the Teladoc Health code **PEBB: WAPEBB** to sign up and learn more or download the app in the Apple App Store or on Google Play.



Virtual care options

Virtual therapy can be more comfortable than going in person, and it can also be a faster way to get care. Many behavioral health providers offer virtual appointments. To find providers in your network, visit regence.com/registration or sign in at ump.regence.com/ump/signin to your regence.com account and select *Get care now*, then select *Find behavioral health support*. You can then select *Find a behavioral health provider* or *In-network virtual care*.

When you see a network virtual behavioral health provider, services are paid at the network rate. If you see an out-of-network provider, telemedicine services are paid at the out-of-network rate. See the "Summary of services and payments" section in your plan's certificate of coverage for more details.

Doctor on Demand

Doctor On Demand is a virtual care service that gives UMP Classic, UMP Select, and UMP Consumer-Directed Health Plan (CDHP) members 24/7 access to providers. Doctor On Demand covers primary care and behavioral health services. It is a good option when you need medical attention, but not emergency room or urgent care.

Doctor On Demand providers are board-certified, U.S.-based providers who are specifically trained in video medicine. Members can connect in minutes with doctors face-to-face through a smartphone, tablet, or computer. You can activate Doctor On Demand by downloading the app for iOS, Android, or Windows or by signing in to your Regence account at ump.regence.com/ump/signin.

During a virtual appointment, providers review a member's history and symptoms, perform an exam, and recommend treatment, which may include prescription drugs and lab work. Doctor On Demand providers can treat most common physical health conditions like asthma, colds and allergies, diabetes, migraines, and more. Providers can also treat mental health conditions like depression, anxiety, and attention-deficit/hyperactivity disorder (ADHD).

All Doctor On Demand providers are considered preferred providers and services are paid at the standard rate. Doctor On Demand does not include the use of audio-only telephone, fax, or email, and it is not available to UMP Plus members.

Telemedicine

Telemedicine is a delivery of health care services through video chat, allowing real-time communication between the patient at the originating site and a provider for the purpose of diagnosis, consultation, or treatment. Telemedicine includes audio-only telemedicine. Telemedicine does not include the use of fax or email.

UMP's telemedicine benefit allows health care providers to share your medical information like lab reports, imaging, and other records with a doctor, radiologist, or specialist at another location. This approach gives you access to a care team that can be made up of providers in different locations, even across long distances. It also uses technology that has security features to ensure patient confidentiality.

If you see a network provider, telemedicine services are paid at the network rate. If you see an out-of-network provider, telemedicine services are paid at the out-of-network rate.

Ready to get started?

To learn more about how telemedicine and Doctor On Demand work, you can visit UMP's Telemedicine (virtual care) webpage at ump.regence.com/pebb/benefits/telemedicine. If you have additional questions, call UMP Customer Service at 1-800-628-3481 (TRS: 711).

Can I get a vaccine at a pharmacy?

You can get covered, preventive vaccinations at no cost at a network vaccination pharmacy. Not all pharmacies offer vaccinations, so check with the pharmacy before you go. Present your UMP member ID card at the pharmacy counter before receiving a vaccine. You can also get vaccinations through your preferred or network provider.

To find out which vaccinations are considered preventive, check the Centers for Disease Control (CDC) immunizations schedules at **cdc.gov/vaccines**. Note that some covered immunizations are classified as "may be recommended" depending on medical condition or lifestyle. For those immunizations to be covered as preventive, you must meet the criteria described on the CDC schedule.

The plan does not cover immunizations for travel or employment, even when recommended by the CDC or required by travel regulations.

Authenticated site

Once you've received your member ID card in the mail, have it handy and create an account at ump.regence.com/ump/signin or on the Regence app. You can see a timeline of your health history, check your coverage, find in-network care, and explore other resources that come with your health plan. Support is also available through live chat or over the phone.

You've got email!

Prefer to receive emails? You can sign up to receive newsletters in your inbox by visiting Benefits 24/7 at benefits247.hca.wa.gov. Select the *Profile* tile and then *Contact information*. Check the *Opt-in to receive email notifications* box and then click *Submit*.

Ready to make changes for 2025?

Open enrollment starts October 28 and ends November 25 at midnight (Pacific). To learn how to make changes to your benefits, see the PEBB Program's October *For Your Benefit* newsletter or visit the Health Care Authority's website at hca.wa.gov/pebb-oe.

Considering changing medical plans this year? Before you switch, visit the HCA website (web address above) to learn more about what's changing in 2025.

UMP Notice of Privacy Practices updated

The UMP Notice of Privacy Practices is being updated and will be effective November 1, 2024. To find the notice, visit the UMP Notice of Privacy Practices webpage at hca.wa.gov/ump-privacy.

Wondering about 2025 premiums?

For the complete list of 2025 premiums, visit the Health Care Authority's website at hca.wa.gov/pebb-oe.



Uniform Medical Plan Nondiscrimination Notice and Language Access Services

Uniform Medical Plan (UMP) and its contracted vendors comply with applicable federal and Washington State civil rights laws and does not discriminate (exclude people or treat them less favorably) on the basis of race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

UMP provides reasonable accommodations and free appropriate auxiliary aids for people whose primary language is not English and people with disabilities, such as qualified sign language interpreters and written information and written information in other formats (large print, audio, accessible electronic formats, and other formats), as well as free language assistance services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, or if you believe UMP or its contracted health plans has failed to provide these services or discriminated in another way, contact the appropriate health plan listed below. You can file a grievance in person, by mail, fax, or email. If you need help filing a grievance, the Health Care Authority Nondiscrimination Coordinator is available to help you.

If you believe one of the below organizations has failed to provide language access services or discriminated in another way, you can file a grievance by using the contact information below.

Regence BlueShield

For discrimination concerns about all UMP plans, except UMP Plus:

Regence BlueShield Civil Rights Coordinator

Attn: UMP Appeals and Grievances Regence BlueShield PO Box 1106 Lewiston, ID 83501-1106

PEBB members: 1-888-849-3681 (TRS: 711) SEBB members: 1-800-628-3481 (TRS: 711)

Fax: 1-877-663-7526

UMPcivilrights@regence.com

For UMP Plus – UW Medicine ACN members only:

Embright

Attn: UMP Plus – UW Medicine ACN Appeals and Grievances 1037 NE 65th St. PMB 259 Seattle, WA 98115

For UMP Plus – Puget Sound High Value Network only Phone: 1-855-776-9503 1149 Market St. MS 10-09 Tacoma, WA 98405

ArrayRx

For discrimination concerns about prescription drug benefits for all UMP plans, except UMP PEBB plan, Classic Medicare with Part D (PDP):

ArrayRx

Attn: Appeals Unit PO Box 40168 Portland, OR 97240-0168 1-855-232-9111 (TRS: 711) | Fax 1-866-923-0412

compliance@modahealth.com

For discrimination concerns about prescription drug benefits for the UMP PEBB plan, UMP Classic Medicare with Part D (PDP) members:

ArrayRx

Attn: Appeals Unit PO Box 40384 Portland, OR 97240-0384 1-833-599-8539 (TRS: 711) | Fax 1-833-949-1888 compliance@modahealth.com

Public Employees Benefits Board (PEBB) Program or School Employees Benefits Board (SEBB) Program

You can also file a civils rights complaint with:

Centralized Case Management Operations U.S. Department of Health and Human Services

200 Independence Avenue, S.W. Room 509F HHH Bldg. Washington, D.C. 20201

1-800-368-1019 (TDD: 1-800-537-7697)

OCRComplaint@hhs.gov

To submit complaints electronically, visit the Complaint Portal Assistant webpage at:

ocrportal.hhs.gov/ocr/portal/lobby.jsf.

The Washington State Office of the Insurance Commissioner

Submit complaints electronically through the Office of the Information Commissioner Complaint portal available at:

https://www.insurance.wa.gov/file-complaint-or-check-your-complaint-status,

or by phone at 1-800-652-6900, (TDD: 360-586-0241).

Complaint forms are available at:

https://fortress.wa.gov/oic/onlineservices/cc/pub/complaintinformation.aspx Commissioner

Visit HCA's nondiscrimination statement webpage at **hca.wa.gov/about-hca/non-discrimination-statement** to file a grievance online.

To find information on filing a complaint, visit the Office for Civil Rights webpage at **hhs.gov/ocr/complaints/index.html**.

UMP is administered by Regence BlueShield and ArrayRx under contract with the Washington State Health Care Authority.

U.S. Department of Health and Human Services, Office for Civil Rights

For discrimination concerns about eligibility and enrollment:

Health Care Authority

Attn: ADA/Nondiscrimination Coordinator PO Box 42704 Olympia, WA 98504-2704 1-855-682-0787 (TRS: 711) | Fax 360-507-9234

compliance@hca.wa.gov



[English] Language assistance services, including interpreters and translation of printed materials, are available free of charge. Employees: Contact your personnel, payroll, or benefits office. Retirees, PEBB and SEBB Continuation Coverage members: Call the Health Care Authority at 1-800-200-1004 (TRS: 711).

[Amharic] የድምጽ እገዛ አገልግሎት፣ ተርጓሚዎችን እና የተተረጎሙ የታተሙ ጽሁፎችን ጨምሮ፣ በነጻ እዚህ ይገኛል። ሰራተኞች: የፐርሶኔል፣ የደምወዝ፣ ወይም የጥቅማጥቅም ቢሮውን ያናግሩ። ጡረተኞች፣ የማህበረሰብ ሰራተኞች የጥቅማጥቅም ቦርድ (PEBB) እና የትምህርት ቤት ሰራተኞች የጥቅማጥቅም ቦርድ (SEBB) ቀጣይ ሽፋን አባላት: የ Health Care Authority ን በ 1-800-200-1004 (TRS: 711) ደውለው ያነጋግሩ።

تتوفر المساعدة اللغوية، بما في ذلك الترجمة الفورية وترجمة المواد [Arabic] المطبوعة، مجاناً. الموظفون: الاتصال مع شؤون الموظفين أو الرواتب أو مكتب ،(PEBB) المزايا. المتقاعدون، وأعضاء متابعة تغطية هيئة مزايا الموظفين الحكوميين على Health Care Authority الاتصال على :(SEBB) هيئة مزايا موظفي المدارس (TRS:711). الرقم: 1004-200-1004

[Burmese] စကားပြန်များ၊ ပုံနှိပ်ထားသည့် စာရွက်စာတမ်းများကို ဘာသာပြန်ဆိုပေး မှုများ အပါအဝင် ဘာသာစကား အထောက်အကူပြု ဝန်ဆောင်မှုများကို အခမဲ့ စီစဉ် ဆောင်ရွက်ပေးနေပါသည်။ ဝန်ထမ်းများသည် မိမိ၏ ဝန်ထမ်း၊ လစာထုတ်ပေးသည့် ရုံး သို့မဟုတ် အကျိုးခံစားခွင့်များ စီစဉ်ပွေးသည့်ရုံးကို ဆက်သွယ်ပါ။ အငြိမ်စား ယူထားသူများ၊ အစိုးရ ဝန်ထမ်းများ အကျိုးခံစားခွင့် ဘုတ်အဖွဲ့ (PEBB) နှင့် ကျောင်း ဝန်ထမ်းများ အကျိုးခံစားခွင့် ဘုတ်အဖွဲ့ (SEBB) အာမခံ ဆက်လက်ခံစားရေး အဖွဲ့ဝင် များ- Health Care Authority ထံ 1-800-200-1004 (TRS: 711) တွင် ဆက်သွယ်ပါ။

[Cambodian] សេវាជំនួយផ្នែកភាសា រួមទាំងអ្នកបកប្រែ និងការបកប្រែឯកសារបោះពុម្ពុ មានផ្តល់ជូនដោយឥតគិតថ្ងៃ។ និយោជិត៖ ទាក់ទងបុគ្គលិក បញ្ជីបើកប្រាក់ខែ ឬការិយាល័យ អត្ថប្រយោជន៍របស់អ្នក។ និវត្តជន សមាជិករ៉ាប់រងបន្តនៃក្រុមប្រឹក្សាភិបាលផ្តល់អត្ថ ប្រយោជន៍ដល់បុគ្គលិកសាធារណៈ (PEBB) និងក្រុមប្រឹក្សាភិបាលផ្តល់អត្ថប្រយោជន៍ដល់ បុគ្គលិកសាលារៀន (SEBB) សូមហៅទូរស័ព្ទទៅ Health Care Authority តាមរយៈលេខ 1-800-200-1004 (TRS: 711)។

[Chinese] 可免費提供語言援助服務,包括口譯及列印資料翻譯服務。僱員:請洽人事部、薪資部或福利辦公室。退休人員、(PEBB) 及學校 職工福利委員會 (SEBB) 續保會員:請致電1-800-200-1004 (TRS: 711) 聯絡 Health Care Authority。

[Korean] 통역 및 번역된 인쇄물을 포함한 언어 지원 서비스를 무료로 제공해드리고 있습니다. 고용인: 귀하의 인사부, 경리부, 복지혜택부서 에 문의하여 주십시오. 은퇴자, 공무원복지혜택위원회 (PEBB) 및 교직원복지혜택위원회 (SEBB) 연속 보장 회원: Health Care Authority 전화번호 1-800-200-1004 (TRS: 711)로 문의하여 주십시오.

[Laotian] ບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ລວມເຖິງ ນາຍພາສາ ແລະການແປ ເອກະສານ, ແມ່ນມີ ໃຫ້ ໂດຍບໍ່ເສັຽຄ່າ. ພະນັກງານ: ຂໍໃຫ້ຕິດຕໍ່ພະແນກບຸກຄະລາກອນ, ບັນຊີຄ່າຈ້າງ, ຫຼື ຫ້ອງການ ສິດຜົນປະໂຫຍ ດຕ່າງໆ. ຜູ້ອອກກິນເບິ້ຽບຳນານ, ສະມາຊິກຜູ້ຮັບການຄຸ້ມ ຄອງຕໍ່ເນື່ອງຂອງໂຄງການ ການຈັດການດູແລສິດ ຜົນປະໂຫຍດສຳລັບລູກຈ້າງຂອງ ຣັຖ (PEBB) ແລະ ໂຄງການການຈັດການດູ ແລສິດຜົນປະໂຫຍດສຳລັບ ລູກຈ້າງຂອງ ໂຮງຮຽນ (SEBB): ໂທຣຕິດຕໍ່ອົງການ Health Care Authority ທີ່ເບີໂທຣ 1-800-200-1004 (TRS: 711).

[Oromo] Tajaajila deeggarsa afaanii, afaan hiikuu fi waraqawwan afaan barbaachiseti hiikuu, kafaltii kamiyu malee. Mindeffamtonni: Nama isin to'atu, galmee kaffaltii, yookiin biiroo fayyadamtan qunnama. Sorooma, miseensota Cufuu Itti fufiinsan Boordii Fayyadamtoota Mindeffamtoota Uumattaa (PEBB) fi Boordii Fayyadamtoota Mindeffamtoota mana Barumsa (SEBB): Health Care Authority bilbila 1-800-200-1004 (TRS: 711).

خدمات کمک زبانی، شامل مترجم شفاهی و ترجمه مطالب چاپی، به [Persian] صورت رایگان ارائه میشود. کارمندان: با دفتر پرسنل، حسابداری یا مزایای خود تماس بگیرید. بازنشستگان، اعضای پوشش مستمر هیئت عمومی مزایای کارمندان به Health Care Authority با (SEBB) و هیئت مزایای کارمندان مدرسه (PEBB) به TRS: 711) شماره 1004-200-108-1 [Punjabi] ਭਾਸ਼ਾ ਸਬੰਧੀ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ, ਜਿੰਨਾਂ ਵਿੱਚ ਦੁਭਾਸ਼ਿਏ ਅਤੇ ਪ੍ਰਿੰਟ ਕੀਤੀ ਹੋਈ ਸਮੱਗਰੀ ਦਾ ਅਨੁਵਾਦ ਕਰਨਾ ਸ਼ਾਮਲ ਹੈ, ਮੁਫ਼ਤ ਉਪਲੱਬਧ ਹਨ। ਕਰਮਚਾਰੀ: ਆਪਣੇ ਅਮਲੇ, ਤਨਖ਼ਾਹ ਜਾਂ ਫ਼ਾਇਦੀਆਂ ਦੇ ਦਫਤਰ ਨਾਲ ਸੰਪਰਕ ਕਰੋ। ਰਿਟਾਇਰ ਹੋ ਚੁੱਕੇ, PEBB ਅਤੇ SEBB ਜਾਰੀ ਰੱਖਣ ਵਾਲੇ ਕਵਰੇਜ਼ ਸਦੱਸ: Health Care Authority (ਹੈਲਥ ਕੇਅਰ ਅਥਾਰਿਟੀ) ਨੂੰ 1-800-200-1004 (TRS: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

[Romanian] Sunt disponibile în mod gratuit servicii de asistență lingvistică, inclusiv interpreții și traducerea materialelor tipărite. Angajați: contactați-vă biroul de personal, de plată a salariilor sau de beneficii. Membri pensionari, ai PEBB și ai SEBB acoperiți în continuare: apelați Health Care Authority la numărul de telefon 1-800-200-1004 (TRS: 711).

[Russian] Услуги языковой поддержки, включая устных переводчиков и перевод печатных материалов, предоставляются бесплатно. Сотрудникам: свяжитесь с вашим отделом кадров, отделом выплаты заработной платы или выплаты льгот и пособий. Пенсионеры, продление договора страхования для членов PEBB и SEBB: свяжитесь с Health Care Authority по номеру 1-800-200-1004 (TRS: 711).

[Somali] Adeegyada kaalmada luuqada, waxaa kamid ah turjumaad iyo turjubaan wixii daabacan, waxaana lagu heli karaa bilaash. Shaqaalaha: Waxaad la xidhiidhaa xafiiskaaga shaqaalaha, mushahar, ama gunooyin. Dib uga noqosho, PEBB iyo SEBB Usii Wadida Caymiska ee xubnaha: Kala Hadal Health Care Authority 1-800-200-1004 (TRS: 711).

[Spanish] Los servicios de asistencia lingüística, incluidos los intérpretes y la traducción de los materiales impresos, están disponibles de forma gratuita. Empleados: Comuníquense con su oficina de personal, de nómina o de beneficios. Jubilados, miembros de la PEBB y de la SEBB: Llamen a Health Care Authority al 1-800-200-1004 (TRS: 711).

[Swahili] Huduma za usaidizi wa lugha, ikiwemo wakalimani na tafsiri ya nyenzo zilizochapishwa, zinapatikana bila malipo. Waajiriwa: Wasiliana na ofisi yako ya wafanyakazi, malipo au manufaa. Wastaafu, wanachama wa PEBB na SEBB Continuation Coverage: Wasiliana na Health Care Authority kwa nambari 1-800-200-1004 (TRS: 711).

[Tagalog] Makakakuha ng mga walang bayad na mga serbisyo ng tulong sa wika, kasama ang mga interpreter at pagsasalin-wika ng mga na-ka-print na materyal. Mga empleyado: Makipag-ugnayan sa iyong opisina ng personnel, payroll, o mga benepisyo. Mga retirado, mga miyembro ng Pagpapatuloy ng Coverage ng PEBB at SEBB: Tawagan ang Health Care Authority sa 1-800-200-1004 (TRS: 711).

[Tigrigna] ናይ ቛንቛ ሓገዝ ግልጋሎታት ፣ ብሕትመት ናይ ዘለዉ ጽሑፋት ትርጉምን መተርጎምትን ሓዊሱ፣ ብዘይ ምንም ክፍሊት ንህብ ኢና። ቅፅረኛታት፦ ምስ ናይ ሰራሕተኛ ጉዳያት ኣስፈፃሚ ቢሮ፣ ምስ ቢሮ ክፍሊት መሃያ፣ ወይ ከዓ ምስ ቢሮ ጥቅማ ጥቅሚ ተራኸቡ። ጡረተኛታት፣ ናይ ህዝቢ ሰራሕተኛታት ጥቅሚ ቦርድ (PEBB)ን ናይ ትምህርቲ ትካላት ሰራሕተኛታት ጥቅሚ ቦርድ (SEBB) ኣባላት ዝኾንኩም፦ ናብ Health Care Authority በዚ 1-800-200-1004 (TRS: 711) ቑፅሪ እዚ ይደውሉ።

[Ukrainian] Послуги мовної підтримки, включаючи усних перекладачів і переклад друкованих матеріалів, надаються безкоштовно. Співробітникам: Зв'яжіться з вашим відділом кадрів, відділом виплати заробітної плати або виплати пільг і допомог. Пенсіонери, продовження договору страхування для членів Ради з виплати пільг та допомоги для державних службовців (РЕВВ) і Ради з виплати пільг та допомоги шкільним працівникам (SEBB): зв'яжіться з Health Care Authority за номером 1-800-200-1004 (TRS: 711).

[Vietnamese] Chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ, bao gồm thông dịch và biên dịch các tài liệu in. Nhân viên: Liên hệ với văn phòng phụ trách nhân sự, bảng lương hoặc chế độ phúc lợi. Người về hưu, hội viên hưởng Quyền Lợi Liên Tục của Ủy Ban Quyền Lợi Nhân Viên Chính Phủ (PEBB) và Ủy Ban Quyền Lợi Nhân Viên Giáo Dục (SEBB): Xin gọi đến Health Care Authority theo số 1-800-200-1004 (TRS: 711).



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