

JOB SATISFACTION SURVEY

	YES	NO
1. I look forward to going to work on Monday morning.		
2. I feel positive and up most of the time I am working.		
3. I have energy at the end of each work day to attend to the people I care about.		
4. I have energy at the end of each work day to engage in personal interests.		
5. I have the time and energy in my life to read books that interest me.		
6. Most interactions at work are positive.		
7. I have good friends at work.		
8. I feel valued and affirmed at work.		
9. I feel recognized and appreciated at work.		
10. Work is a real plus in my life.		
11. I'm engaged in meaningful work.		
12. I feel free to be who I am at work.		
13. I feel free to do things the way I like at work.		
14. My values fit with the organizational values.		
15. I am aligned with the organizational mission.		
16. I trust our leadership team.		
17. I respect the work of my peers.		
18. I have opportunities to learn what I want to learn.		
19. I feel involved in decisions that affect our organizational community.		
20. Creativity and innovation are supported.		
21. I feel informed about what's going on.		
22. I know what is expected of me at work.		
23. I have the materials and equipment that I need in order to do my work right.		
24. I have the opportunity to do what I do best every day at work.		
25. My manager cares about me as a person.		
26. I know someone at work who encourages my development.		
27. My opinions count.		
28. My coworkers are committed to doing quality work.		
29. My manager reviews my progress.		
30. I am fairly compensated.		
TOTAL POINTS	5	

Give yourself two points for each statement you answered positively. Use the following scale to evaluate your job.

50-60 points: Great Job **40-49 points:** Good Job **30-39 points:** OK Job **20-29 points:** Bad Job **1-19 points:** Depressing Job