

Medicaid and CHIP Operations Group

November 21, 2024

Susan Birch, Director Dr. Charissa Fotinos, State Medicaid Director Washington State Health Care Authority Post Office Box 45502 Olympia, WA 98504-5010

Re: Washington State Plan Amendment (SPA) - 24-0013

Dear Director Birch and Dr. Fotinos:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 24-0013. This amendment will add Behavioral Health Support Specialists as providers to the Medicaid State Plan.

We conducted our review of your submittal according to statutory requirements in Section 1905(a)(6) of the Act and 42 CFR 440.60. This letter informs you that Washington State Plan Amendment (SPA) – 24-0013 was approved on November 20, 2024, with an effective date of January 1, 2025.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Washington State Plan.

If you have any questions, please contact Edwin Walaszek at (212)-616-2512 or via email at edwin.walaszek1@cms.hhs.gov.

Sincerely,

James G. Scott, Director Division of Program Operations

Enclosures

cc: Ann Myers, Section Manager & State Plan Coordinator, Health Care Authority

CENTERS FOR MEDICARE & MEDICAID SERVICES	OMB No. 0938-0193
TRANSMITTAL AND NOTICE OF APPROVAL OF STATE PLAN MATERIAL FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES	1. TRANSMITTAL NUMBER     2. STATE       2     4     0     0     1     3       3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL       SECURITY ACT     XIX     XXI
TO: CENTER DIRECTOR	4. PROPOSED EFFECTIVE DATE
CENTERS FOR MEDICAID & CHIP SERVICES DEPARTMENT OF HEALTH AND HUMAN SERVICES	January 1, 2025
5. FEDERAL STATUTE/REGULATION CITATION	6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)
1 <del>902a of the Social Security Act</del> - 1905(a)(6) of the Act and 42 CFR 440.60	a. FFY         2025         \$         5;843;467-         \$54,000           b. FFY         2026         \$         14;537;206 \$117,000
7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT	8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION OR ATTACHMENT (If Applicable)
Attachment 3.1-A pages <del>2</del> , 20, 20a, <del>21c</del> Attachment 3.1-B pages <del>3, 20</del> , 21, <del>22b-</del>	Attachment-3.1-A-pages-2-(TN#03-019), 20 (TN#24-0012), 20a (TN#24-0012) <del>, 21c (TN</del> #24-0007)-
	 Attachment-3.1-B-pages-3-(TN#03-019), 20-(TN#24-0012), -21 (TN#24-0012), <del>-22b (TN#24-000</del> 7)
<ol> <li>SUBJECT OF AMENDMENT</li> <li>Add adult-chiropractic-services as a covered service; add acupuncturists and Behavioral Health Services Specialists as Medicaid providers</li> </ol>	
10. GOVERNOR'S REVIEW (Check One)         O GOVERNOR'S OFFICE REPORTED NO COMMENT         O GOVERNOR'S OFFICE REPORTED NO COMMENT         O COMMENTS OF GOVERNOR'S OFFICE ENCLOSED         NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL	
11. SIGNATURE OF STATE AGENCY OFFICIAL	15. RETURN TO
	State Plan Coordinator
Jim / Charles I and	POB 42716
12. TYPED NAME Charissa Fotinos, MD, MSc	Olympia, WA 98504-2716
13. TITLE Medicaid and Behavioral Health Medical Director	
14. DATE SUBMITTED	
October 22, 2024 FOR CMS U	SE ONI V
	17. DATE APPROVED
October 22, 2024	November 20, 2024
PLAN APPROVED - ONE COPY ATTACHED	
	19. SIGNATURE OF APPROVING OFFICIAL
January 1, 2025	
20. TYPED NAME OF APPROVING OFFICIAL	21. TITLE OF APPROVING OFFICIAL
James G. Scott	Director, Division of Program Operations
22. REMARKS	
10/28/24: State authorizes the following pen and ink change: -Box 5: Change federal statute/regulation citation to 1905(a)(6) of the Act and 42 CFR 440.60. 11/15/24: State authorizes the following pen and ink changes: -Box 6- 6a: 2025 = \$54,000 6b. 2026 = \$117,000 -Box 7: Attachment 3.1-A, remove pages 2 and 21c. Pages 20 and 20a remain. For Attachment 3.1-B, remove pages 3, 20, and 22b. -Box 8: Attachment 3.1-A, remove pages 2 (TN#03-019) and 21c (TN#24-0007). For Attachment 3.1-B, remove pages 3 (TN#03-019), 20 (TN#24-0012), and 22b (TN#24-0007). -Box 9: Amend the title to "Add Behavioral Health Support Specialists as Medicaid providers".	
FORM CMS-179 (09/24)	

### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTON

# AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

#### 6. Other practitioners' services

Medical care and any other type of remedial care recognized under State law, furnished by licensed practitioners within the scope of their practice as defined by State law

- a. Podiatrists' services
  - (1) Foot care is covered only for specific medical conditions that must be treated by a podiatrist.
- b. Optometrists' services
  - (1) The Medicaid agency covers medically necessary eye examinations, refractions, and fitting fees every 24 months for asymptomatic adults 21 years or older.
  - (2) Exceptions will be considered for all individuals based on medical necessity.
  - (3) For clients under 21 years of age, services will be provided in accordance with EPSDT requirements at 1905(r), subject to determination of medical necessity and prior authorization by the Medicaid agency.
- d. Other practitioners' services
  - (1) All other practitioners covered by the Medicaid agency include, but are not limited to, the following licensed practitioners. These practitioners are limited to services within their scope of practice and specialty area.
    - Advanced registered nurse practitioners including certified registered nurse
       anesthetists
    - Certified behavior support specialists under the supervision of a licensed practitioner covered under this benefit whose scope of practice includes assessment, diagnosis, and treatment of identifiable mental and behavioral health conditions.
    - Chiropractors (for EPSDT only)
    - Dental health aide therapists\* (under the supervision of a dentist within the scope of practice as defined under state law. The supervising licensed practitioner assumes professional responsibility for the services provided by the unlicensed practitioner and the licensed practitioner bills for services furnished by unlicensed practitioners.) \**Technical correction: Dental health aide therapists added per SPA 17-0027 approved 6/21/2023 effective 7/23/2017*.
    - Dental hygienists
    - Denturists
    - Licensed non-nurse midwives
    - Naturopathic physicians (services are limited to physician-related primary care services)
    - Opticians
    - Pharmacists
      - Pharmacy interns and pharmacy technicians may furnish services in accordance with their professional scope of practice in accordance with state law.
      - Pharmacies are qualified providers of COVID-19 vaccinations per the HHS COVID-19 PREP Act Declaration and authorizations.

### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTON

# AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

- 6. Other practitioners' services (cont)
  - Physician assistants
  - Psychologist
  - Certified substance use disorder professionals
  - (2) Other practitioners are covered as specified in other sections of the State Plan and as approved by the Medicaid agency.
  - (3) Mental health outpatient services may be provided by the following providers licensed by the state under 42 CFR 440.060(a):
    - Licensed Advance Social Workers
    - Licensed Advance Social Worker Associates
    - Licensed Independent Clinical Social Workers
    - Licensed Independent Clinical Social Worker Associates
    - Licensed Marriage and Family Therapists
    - Licensed Mariage and Family Therapist Associates
    - Licensed Mental Health Counselors
    - Licensed Mental Health Counselor Associates
    - Licensed Psychiatric Advanced Nurse Practitioner
    - Licensed Psychologist

To diagnose and treat clients eighteen years of age and younger, the practitioner must be listed above and must:

- a. Meet state requirements for a Children's Mental Health Specialist; or
- b. Be working under the supervision of a licensed practitioner listed above who meets the state requirement for a Children's Mental Health Specialist.

### STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTON

AMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE MEDICALLY NEEDY GROUP(S): \_\_\_\_\_\_ALL

#### 6. d.Other practitioners' services

- (1) All other practitioners covered by the department include, but are not limited to, the following licensed practitioners. These practitioners are limited to services within their scope of practice and specialty area.
  - Advanced registered nurse practitioners including certified registered nurse
     anesthetists
  - Certified behavior support specialists under the supervision of a licensed practitioner covered under this benefit whose scope of practice includes assessment, diagnosis, and treatment of identifiable mental and behavioral health conditions.
  - Chiropractors (for EPSDT only)
  - Dental health aide therapists\* (under the supervision of a dentist within the scope of practice as defined under state law. The supervising licensed practitioner assumes professional responsibility for the services provided by the unlicensed practitioner and the licensed practitioner bills for services furnished by unlicensed practitioners.)
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  - Pharmacists
  - Pharmacy interns and pharmacy technicians may furnish services in accordance with their professional scope of practice in accordance with state law.
  - Pharmacies are qualified providers of COVID-19 vaccinations per the HHS COVID-19 PREP Act Declaration and authorizations.
  - Physician assistants
  - Psychologist
  - Certified substance use disorder professionals
- (2) Other practitioners are covered as specified in other sections of the State Plan and as approved by the Medicaid agency.