

**Behavioral Health Advisory Council**  
**Meeting Minutes**  
**January 4, 2017**

**Mission Statement:**

The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery, for planning and implementation of effective, integrated behavioral health services by promoting individual choice, prevention, and recovery in Washington State

<b>Present:</b>	<p><b>Members:</b> Donald Bowen, Joellen Woodrow, Linda Kehoe, Kimberly Miller, Carolyn Cox, Beth Dannhardt, Phillip Gonzales, Myra Paull, Shelli Young, Becky Bates, Michael Langer, Jenni Olmstead, Jeff Aldrich, Susan Kydd, Taku Mineshita, Dan Halpin, Jennifer Bliss, Pamela Sacks-Lawlar, Mary O'Brien</p> <p><b>Members attending by telephone:</b> Cathy Callahan Clem, Carrie Brim Reid, Brad Finegood, Kristina Sawyckyj-Moreland, Vanessa Lewis, Annabelle Payne</p> <p><b>Visitors:</b> Acacia Pennix, Dennis Malmer, Jessica Shook, Tom Fuchs, Paul Nielsen</p>
<b>Members Excused:</b>	Connie Batin, Heather Maxwell, Tory Henderson, Chris Imhoff
<b>Not Present:</b>	Dakota Foxx, Moira O'Crotty, Kathy Morgan, Kathy Bishop, Mark Freedman, Melodie Pazolt, Ron Hertel, Ruth Leonard, Steve Kutz, Mario Williams Sweet, Marci Arthur,
<b>DBHR Staff:</b>	Martha Williams, Sandra Mena Tyree, Melissa Clarey
<b>Minutes taken by:</b>	Martha Williams
<b>Call to Order</b>	Meeting was called to order at 9:12 a.m.
<b>Welcome; Introductions; Review of agenda; amendments to agenda, and approval of previous meeting minutes</b>	Becky welcomed all. Member introduced themselves, and welcomed Melissa Clarey whose email address is: <a href="mailto:claremm@dshs.wa.gov">claremm@dshs.wa.gov</a> . Melissa is the new Block Grant Manager. Members reviewed the agenda; members requested amendments which were made. Minutes were reviewed; it was moved and seconded that the minutes be approved with member provided corrections. Motion passed.
<b>Bylaw discussion</b>	<p>Kimberly Miller provided a print out of the items the Bylaw Ad Hoc committee were requested to review. The document was provided electronically to members just prior to the meeting. Kimberly reviewed the issues, the ad hoc committee's recommendations for the issues, and any revisions to the by-laws. Members requested that "exceptional conditions" be fleshed out further by the ad hoc committee. Members expressed concern with proposed term-limits.</p> <p>Members agreed that the ad hoc team needs to continue flesh out the by-laws further and bring new recommendations to the March meeting. Motion passed.</p> <p>Members agreed to wait to appoint a nominating committee until the March meeting</p>
<b>SWOT and Taskforce Update</b>	Susan reviewed the past activities related to the BHAC Strategic Plan and suggested that a new Strengths, Weaknesses, Opportunities, and Threats (SWOT) discussion occur to make sure that we are focusing Strategic Plan efforts correctly.

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	<p>One revision to the current BHAC Strategic Plan, is to the Prevention section. A hand out was provided regarding the Prevention Strategic Objective. Shelli Young discussed the history, collaboration, and coordination concerns.</p>
<b>Director's Update</b> <ul style="list-style-type: none"><li>• <b>Hospital Issues</b></li><li>• <b>Governor's budget</b></li><li>• <b>Updates on 16 day IMD Waiver</b></li><li>• <b>Leg Session Update</b></li><li>• <b>ITA Update</b></li><li>• <b>Children's Mental Health</b></li><li>• <b>Michaels's print out</b></li><li>• <b>Federal Funding for CARA (Tom Fuchs grant)</b></li></ul>	<p>Michael Langer expressed Chris Imhoff's regrets; she had a 7.01 Tribal meeting to attend. In her stead, Dennis Malmer will be co-presenting the Directors update.</p> <p><b>Hospital Issues:</b> During the next 12 months the Western State Hospital team will be working on several issues. Eastern State Hospital continues to be on track. Workforce and workforce development continue to be an issue. Evaluation of the state hospitals will continue.</p> <p><b>Governor's budget:</b> Melissa Clarey provided printed information regarding the projects that would be funded under the proposed Governor's budget. The governor is looking to change the focus of Psychiatric hospitals, with additional beds becoming available in several stages and in several communities. Several agencies are working together regarding secure detox and other facilities including step-down units for those ready to be discharged from state facilities but who are not quite ready for community integration. The Governor's budget also covers other areas such as workforce funding and in-patient rate increases.</p> <p><b>Updates on 16 day IMD Waiver:</b> July 1, 2017 the IMD rule will be changed to include additional days funded federally. Workgroups have been formed to determine how IMD status is applied. Understanding this waiver is complicated and difficult. Members need to review this issue periodically for updates and changes.</p> <p><b>Leg Session Update:</b> Concerning Substance Use Disorder (SUD) involuntary commitment, the current legislation does not cover this. Another bill (no bill number has been assigned), regarding integration of DBHR and HCA/DOH, is quite lengthy. Funding effective 7/1/17, move effective 7/1/18.</p> <p><b>ITA Update:</b> Jessica Shook gave a history of the legislation as well as the several bills dealing with SUD/Mental Health (MH), crisis responders, and secure detox facility set-up. Cross-Training for SUD to MH or MH to SUD needs to occur by 4/1/18.</p> <p><b>Children's Mental Health (CMH):</b> A new CMH administrator has been named: Diana Cockrell. Michael reviewed upcoming funding that involves Children's Mental Health.</p>

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	<p>Members questioned the impacts if Obamacare is repealed. The governor's office is reviewing possibilities.</p> <p><b>State Opioid Response Plan:</b> Michael provided a print out of the 2017 Washington State Interagency Opioid Working Plan. This is a joint plan between several different agencies and other entities; it is a plan requested by the governor's office.</p> <p><b>Federal Funding for CARA (Tom Fuchs grant):</b> A new grant has been created by SAMHSA worth \$11M per year; DBHR has chosen to apply for the grant. Applications are due February 17, 2017. Members were asked to provide input at the meeting regarding the focus (treatment and prevention) of the grant document that will be submitted to SAMHSA. Capacity for appropriate programs needs to be in place by fall. Michael reviewed the grant activity requirements: needs assessment, strategic plan, prevention, EBPs, provide assistance with non-medicaid costs, treatment transition coverage, and enhancement of peer services. Allowable activities include training, addressing barriers to treatment, supportive IT systems, enhance prescription drug take back program, establish a statewide support system, address tobacco cessation, and other activities.</p> <p>Members provided input regarding items to include in the grant document. Notes were taken by Sandra and Melissa regarding the various ideas for Tom to incorporate into the grant writing.</p> <p>Members can provide more input by Friday, January 6 to Tom Fuchs at <a href="mailto:Thomas.fuchs@dshs.wa.gov">Thomas.fuchs@dshs.wa.gov</a>.</p>
<b>Peer Review Process Review and Discussion</b>	Sandra Mena Tyree reviewed the reasons why peer reviews are required, and the process of reviewing providers by providers; Sandra provided documents related to the reviews. Beth suggested the ad hoc teams take the documents and review the forms to make suggestions on forms and processes. The next review cycle will begin in Spring. Ad Hoc groups need to finalize their recommendations to modify training and forms prior to the spring roll out (mid-February).

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<b>Round Table and Wrap Up</b>	<p><b>Pamala Sacks-Lawlar</b> informed the council that JRA is changing treatment and will be contracting with a provider to provide services. This will assist with the handoff back to the community.</p> <p><b>Jo Ellen Woodrow</b> provided a report on the December Performance Measures Committee meeting.</p> <p><b>Carolyn Cox</b> reported that the Behavioral Health Summit will be occurring mid-state in May.</p>
<b>Adjourned</b>	Meeting adjourned at 2:38 pm.