

Behavioral Health Advisory Council
Meeting Minutes
January 3, 2018

Mission Statement:

The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery, for planning and implementation of effective, integrated behavioral health services by promoting individual choice, prevention, and recovery in Washington State

Present:	<p>Attending in person: Becky Bates, Annabelle Payne, Jennifer Bliss, Tory Henderson, Susan Kydd, Kristina Sawyckyj, Phillip Gonzalez, Mary O'Brien, Jacqueline Cobbs, Jenni Olmstead, JoEllen Woodrow, Beth Dannhardt, Vanessa Lewis, Jim Leingang, Jaqueline Cobbs, Ruth Leonard, Kathleen Murphy (for Michael Reading), Teesha Kirschbaum, Melissa Clarey, Katie Mirkovich, Myra Paull, Pamala Sacks-Lawlar, Ron Hertel, Chris Imhoff, Michael Langer, Joe Neigel, Jeff Aldrich, Cathy Callahan-Clem, Connie Batin, Linda Kehoe, Taku Mineshita, Cary Retlin, Melodie Pazolt, Dan Halpin, Dawn Williams</p> <p>By Phone: Shelli Young, Kimberly Miller</p> <p>Visitors: Paul Neilson, John Brobach (HCA), Wanda Johns, Lisa Bennett-Perry, Sarah Mariani, Tom Fuchs, Neetha Mony</p>
Members Excused:	Carolyn Cox, Michael Reading
Not Present:	Cary Brim Reid, Dakota Foxx, Moira O'Crotty, , Steve Kutz, Marci Arthur
Minutes taken by:	Martha Williams
Call to Order	The meeting was called to order at 9:12 a.m.
Welcome, Introductions, Introduction of State Agency Reps, Review of agenda, Review November minutes, amendments, and approval of minutes	<p>Members introduced themselves; a quorum was reached. There were no agenda modifications from members.</p> <p>It was moved and seconded to approve the November Meeting Minutes. The motion passed.</p>
Membership Update	<p>Phillip reviewed the history of the membership of the past year. Phillip provided a list of community members whose terms are ending or who need to agree to a second term. There are seven open positions on the Council. Council members ask several clarifying questions. The membership committee will be meeting late January/early February. The motion was made to extend to a second term the following members: Aldrich, Kehoe, Lewis, Miller, O'Crotty, Sawyckyj, and Paull. Motion passed. Members with upcoming expiring terms will need to be contacted to regarding their willingness to serve a second term; voting will occur at our March meeting.</p>
<p>Director's Update:</p> <p>Legislative Update Integration (departmental and primary care) Update</p>	<p>Chris Imhoff thanked the Council for amending the agenda to accommodate her schedule.</p> <p>Legislative session starts next week; but, there have already been a number of pre-filed bills. The integration bill is expected to be reintroduced. It is expected that that bill will likely pass and the division is preparing for the moves. The Division of Behavioral Health and Recovery (DBHR), will become part of the Health Care Authority (HCA). DBHR currently has an active role in HCA on the executive level. The focus will be integrated care. Members requested a continued focus on partnering with schools re: behavioral health and physical health as the move is made to HCA. The bill is about 200 pages long.</p> <p>In addition, there is a bill concerning Children's Mental Health; our division will continue to support this focus. This bill currently includes a request for studies to support children's mental health and partial hospitalization.</p>

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<p style="text-align: center;">Governor’s Budget Update</p>	<p>In addition, there will be a bill concerning opioids. At the upcoming January 15 news gathering, the bill will be unveiled. Michael Langer reviewed the proposed points of the bill. If the bill passes, an October date for a formal plan regarding opioids and treatment options is currently being considered.</p> <p>Members also advocated for the support of a capital budget in order to secure funding for facilities.</p> <p>Supplemental budget from the Governor has lined out dollars for the opioid crisis, and the prevention funding is in the governor’s budget as well. Children’s Long Term Inpatient Program is also mentioned as is Substance Use Disorder Peer Support dollars are also included.</p> <p>Melissa Clarey was asked to send out the Governor’s Budget in bullet points. Chris and Michael volunteered to have a conference call with the executive committee to update them during the short session. Melissa or Martha will send out possible dates for the conference call.</p>
<p>Block Grant Data and Review Team Report</p>	<p>The reports submitted to SAMSHA were mailed out to members earlier. Melissa reviewed the goals achieved and goals to work on. Phillip Gonzales will complete the review tool and forward to Melissa within two weeks. Following the receipt of the review tool, review teams (East and West) will be recruited.</p>
<p>DOH Statewide Suicide Prevention Presentation</p>	<p>Neetha Mony (DOH) provided handouts to members attending regarding the history of the Statewide Suicide Prevention Plan and the executive order covering firearm sales and suicide prevention. Suicides are often completed by firearm. Ms. Mony reviewed the data currently available regarding suicide in the state and reviewed the 2017-2018 goals for suicide prevention. The Suicide Prevention Lifeline is scheduled to be on line by mid-January. The Crisis Text Line is a national service that is not government funded but provides data regarding situations involving bullying, depression, other family issues, and more. Ms. Mony mentioned other projects that are part of the Suicide Prevention Plan, as well.</p>
<p>SWOT Strengths, Weakness, Opportunities, and Threats</p>	<p>Members engaged in a discussion regarding the council strengths weaknesses, opportunities and threats.</p> <p>Strengths – multiple perspectives, respect for each other, unique knowledge base, commitment, balance between representatives, collaboration, partnering with others, passion for the subject area, ability to listen to each other, stable core of members, ethnic diversity, inclusion, resiliency, growth, strong leadership, leadership that allow all to express opinions.</p> <p>Weaknesses – systems and processes are not all tight, primary care is missing, going off topic, too much time spent in the weeds, need to</p>

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	<p>proactively influence, being passive rather than active with our voice, possible need for more meetings, time regarding grant information, communication between meetings, have to play the memory game with where we are on tasks, budget available and restrictions, accomplishments not mentioned often enough.</p> <p>Opportunities – genuine input and influence on the direction of the block grant prior to submission, making a difference and making the attempt to measure that difference, communicate to the community about integration or general behavioral health, enriching ourselves with other’s expertise and experiences, higher profile and visibility, white papers to educate, strengthen influence to DBHR, BHO/MCO/ACHS presence, improve monitoring of block grant deliverables, streamline processes, strategically govern our own council, review charge and mission review, ability to share with other agencies, youth representation, social media.</p> <p>Threats – Congress – federal budget & leadership, state budgets, what is our role as we move closer to integration, changing environment with verbiage, rules and funding, no primary care representative, change management, new division of Children, youth and family, turf sharing or lack of, political process dividing state.</p> <p>Members chose to look at the opportunities list to condense them into subject groups. Susan will email the clustered lists to the Council prior to the March meeting.</p>
<p>1115 Waiver</p>	<p>Melodie Pazolt introduced John Brobach (HCA), Wanda Johns, Lisa Bennett-Perry who are working together on the 1115 Waiver. Melodie talked of the steps in the process to add services under the 1115 Waiver, how the services will be measured as well as the partners with the deliverables. Navigation of the supported housing and supported employment systems is complicated and challenging. The soft launch began yesterday (January 2, 2018) and will gradually ramp up. To providers who are interested in participating in the provider network with Amerigroup, there is still opportunity. A fact sheet handout was provided explaining the Foundational Community Supports. Recipients of the programs must be Medicaid eligible, have a health need, and have a specified risk factor. The waiver will be continued for four more years (demonstration period).</p>
<p>Integration and Town Halls</p>	<p>Jennifer Bliss provided information on the Town Hall Integration opportunities. Three Office of Consumer Partnership Integration and Recovery Forums have been held and seven more are planned. Jennifer will provide the documents handed out as well as the dates and locations of the forums and town halls as they are set to Melissa for distribution to the Council. Members indicated they would be interested in receiving a compilation of the information from the town halls that have been held to</p>

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	date.
Opioid Update	Sarah Mariani and Tom Fuchs updated the Council on the Opioid Grants. Handouts were provided to members. The current opioid grants were reviewed and explained. The largest grant is the STR grant with \$11.9M and 18 prevention and treatment projects. Sarah and Tom outlined the projects that their respective areas have rolled out as well as other state efforts that are ongoing. Stability is the goal. Members engaged in the conversation regarding prevention and treatment to delve deeper in the programs. Tom requested he be reminded about Taku Mineshita's psychotropic comment.
Member Shares	<ul style="list-style-type: none"> • January 17: from 5:30 – 7 p.m. Disability Legislative Reception at the state capital in the meeting room in the basement • February 1: housing and homelessness advocacy day in Olympia
Topics for March	<ul style="list-style-type: none"> • Project aware – Ron Hertel • OCP Integration and Town Hall as a standing item on the agenda – Jennifer Bliss • East/West Teams - Melissa • SWOT Continued - Susan • Membership vote – Phillip • Caleb from ADAI – Melissa to contact for March meeting • By Law update (BHSIA vs. BHA) – Executive Committee • Cary Retlin Housing project – • Half-way housing – Melissa • Children's Mental health – Taku
Adjourn	The meeting was adjourned at 3:11 pm.

In the parking lot are the following subjects:

- Presentation re: the Infant Mental Health State Plan – Tory, timeline undefined