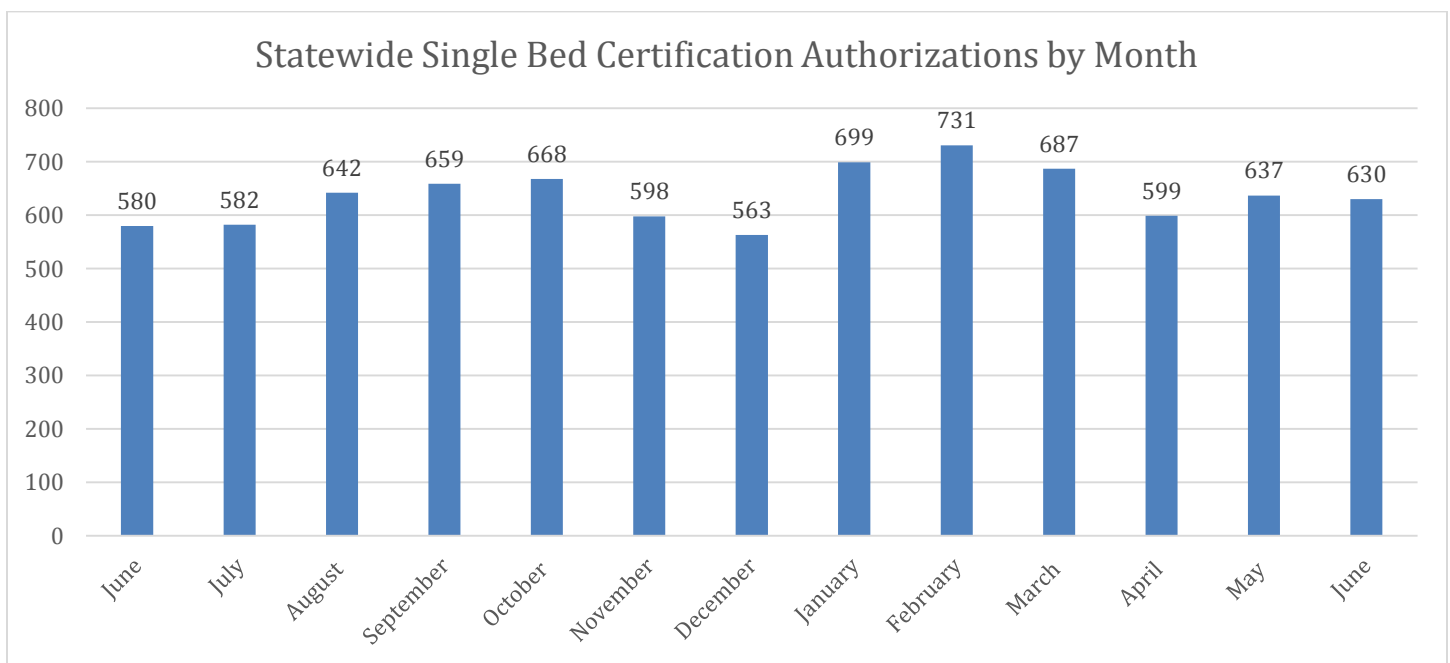


Single Bed Certification Quarterly Update

August 2016

A Single Bed Certification (SBC) allows a person to be detained under the Involuntary Treatment Act and temporarily receive services from a licensed facility that is not currently certified as an Evaluation and Treatment facility, to provide involuntary mental health treatment under WAC 388-865-0500. The Behavioral Health Organization or its designee (Designated Mental Health Professional) must submit a written request for the SBC to the local State Hospital. The SBC requires that the facility named in the SBC be willing and able to provide timely and appropriate mental health treatment.

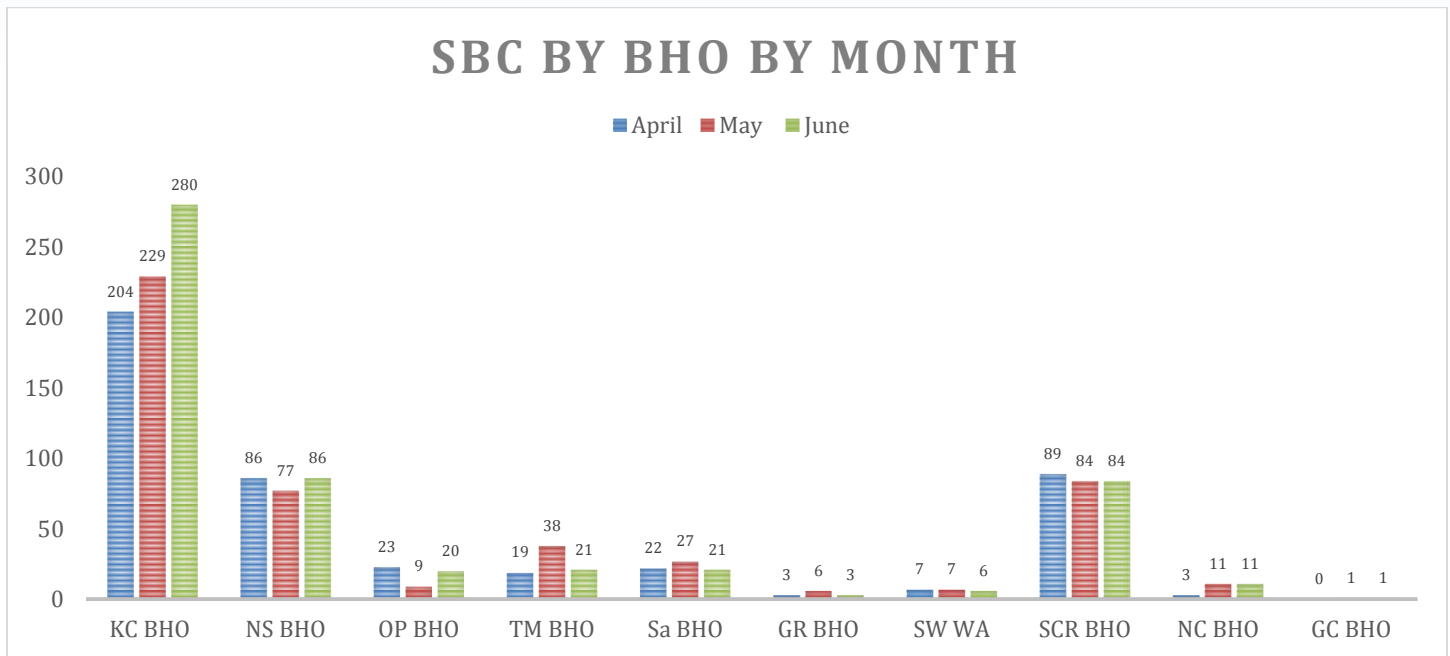


In spite of the various efforts by the Behavioral Health Organizations and the Department of Social and Health Services (DSHS) the use of SBC has gradually increased. From June 2015 to June 2016 there has been an 8% increase.

Source: Past SBC Quarterly Updates and hand counting from WSH and EST daily SBC reports, or April May June 2016



As reflected in previous reports, the greatest incidence in Single Bed Certifications occurred in King County BHO, North Sound BHO and Spokane County BHO.



The data shows that King County BHO’s use of SBC is steadily increasing. With the addition of Grant County to North Central BHO, there has been an increase in the use of SBCs. This increase is offset by slight decrease in Spokane County BHO’s SBCs—also triggered by the transition of Grant County to NC BHO. It is notable while King County has increased psychiatric bed capacity from 377 to about 421, the increased capacity has not slowed the growth in the use of SBCs. This reflects the complexity of psychiatric bed use not only in King County but across the state.

Source: Hand counted from WSH and ESH daily SBC reports

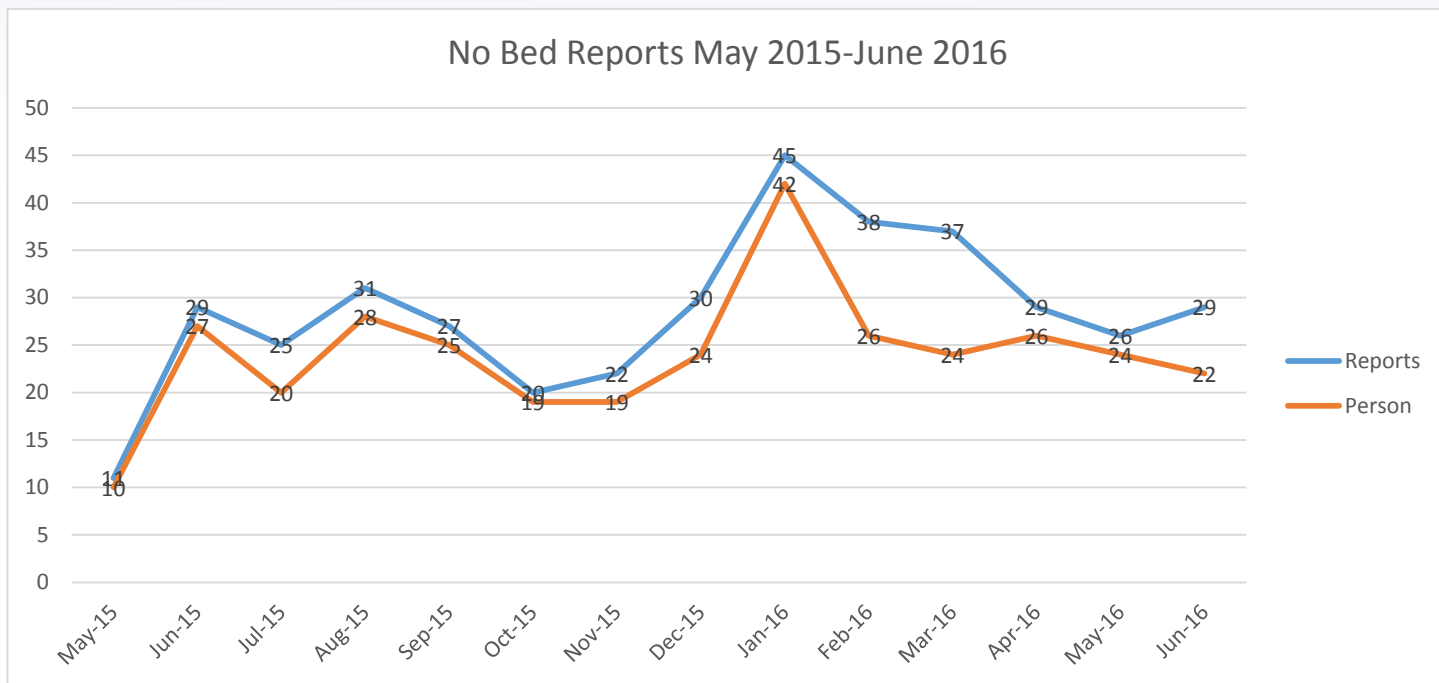


# Transforming Lives

As indicated by the data below, facilities such as hospitals with a psychiatric unit or psychiatric hospitals or hospitals that are willing to provide timely and appropriate care receive the most SBCs. The use of SBCs for individuals who have 90 or 180 day orders is the second most used type of SBC.

<b>Criteria for Single Bed Certification from WSH</b>	April 2016	May 2016	June 2016
Pt expected to be ready for discharge in 30 days	104	83	72
Pt can receive appropriate mental health treatment in a RTF	7	3	5
Pt can receive appropriate mental health treatment in a Psychiatric hospital or hospital with a psych unit or a hospital that can provide timely and appropriate treatment	382	441	471
Pt requires medical care not generally available in a E&T	19	14	13

<b>Criteria for Single Bed Certification from ESH</b>	April 2016	May 2016	June 2016
Pt expected to be ready for discharge in 30 days	5	14	10
Pt can receive appropriate mental health treatment in a RTF	0	0	0
Pt can receive appropriate mental health treatment in a Psychiatric hospital or hospital with a psych unit or a hospital that can provide timely and appropriate treatment	104	110	103
Pt requires medical care not generally available in a E&T	1	4	3



## Unavailable Detention Facilities Reports (No Bed Available Reports)

When a Designated Mental Health Professional determines a person meets detention criteria but is unable to detain the person at risk due to the lack of an available bed at an Evaluation and Treatment facility and the person cannot be served by the use of a Single Bed Certification or by a less restrictive option, the Designated Mental Health Professional is required to make a report to the Department within 24 hours.

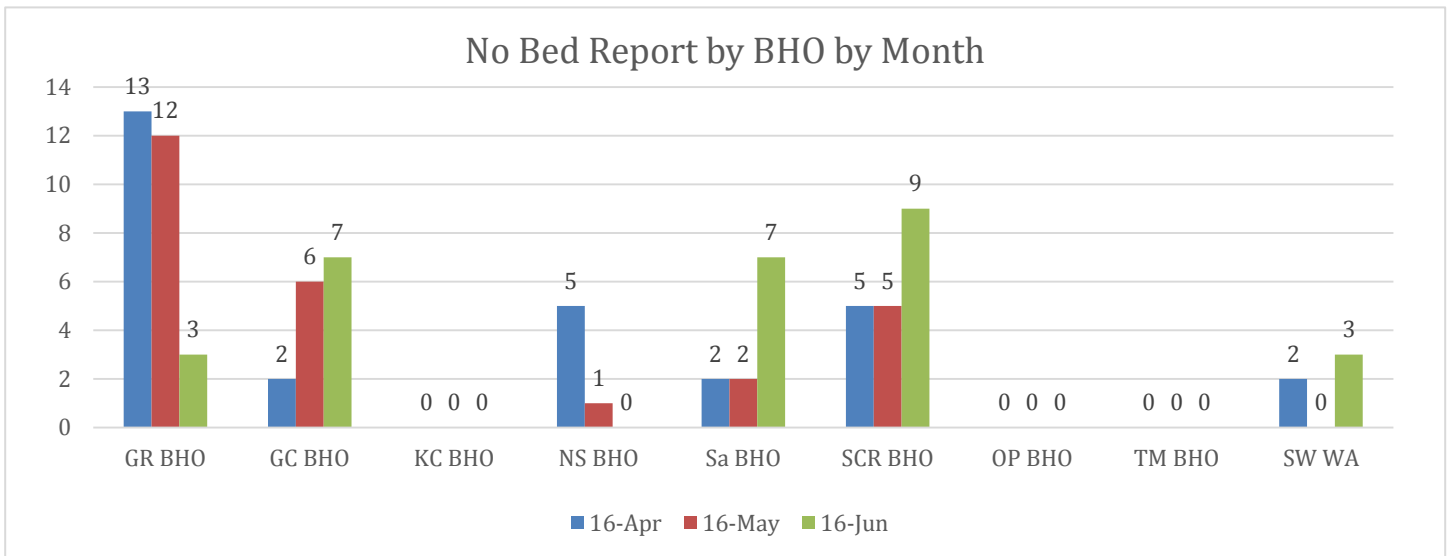
Although there was an increase in reports of Unavailable Detention Facilities which culminated in January of this year, there has been a steady decline since then. It is hoped that this trend will continue.

Source: Hand counted from reports send to the Department.



# Transforming Lives

In looking at the Unavailable Detention Facilities report data by BHO it is striking the decrease in reports from Great Rivers BHO. Greater Columbia BHO, Salish BHO, Spokane County Regional BHO and Southwest Washington show increases in reports.



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