



Diabetes Alert Day: March 26

80 percent of people with prediabetes don't know they have it. Omada can help you build healthy habits that last and reduce your risk for type 2 diabetes, one small change at a time.

Check if you're eligible: omadahealth.com/wasebb

The SEBB Diabetes Prevention Program powered by Omada is available to members enrolled in Kaiser Permanente or UMP plans. Premera Blue Cross members have a different program. See hca.wa.gov/sebb-diabetes to learn more.

