

SmartHealth wellness incentive deadline approaching (SEBB)

How to use

1. Share the message below with employees before November 30, 2024.
2. The message is ready to use as is. You can edit it to make it work for your organization.

MESSAGE BELOW

**Subject**: **SmartHealth $125 wellness incentive deadline approaching**

Don’t miss your chance to [qualify](https://www.hca.wa.gov/employee-retiree-benefits/sebb-smarthealth#eligible) for the SmartHealth $125 wellness incentive. The deadline is quickly approaching.

**How to qualify**

Each year, complete the [SmartHealth](https://smarthealth.hca.wa.gov) well-being assessment (worth 800 points) and reach a total of 2,000 SmartHealth points by the deadline. Eligible SEBB subscribers can qualify for a $125 wellness incentive.

The deadline is **November 30** for most eligible subscribers. For new employees whose benefits begin between October 1 and December 31, the deadline is December 31.

**Learn more about SmartHealth**

* Visit [SmartHealth (SEBB)](https://www.hca.wa.gov/employee-retiree-benefits/sebb-smarthealth)
* Get activity ideas on the [Reward yourself with SmartHealth flyer](https://www.hca.wa.gov/assets/program/SEBB-reward-yourself-flyer.pdf).
* Visit [Accessing SmartHealth](https://www.hca.wa.gov/employee-retiree-benefits/accessing-smarthealth)  for step-by-step log on instructions.
* Watch the [SmartHealth overview](https://www.youtube.com/watch?v=zPIjoSzHzZc) video.

**Questions?**

* **SmartHealth support:**

**WebMD Customer Service  
Online:**[**Contact SmartHealth**](http://www.webmdhealth.com/main/feedback.aspx?spid=860)  
**Phone**: 1-800-947-9541, Monday through Friday, 6 a.m. to 6 p.m. (Pacific)

* **Help with SAW**  
  Click the **Get Help** button on the [**SAW website**](https://secureaccess.wa.gov/) for help with:
  + SAW account creation or access (forgot username/password)
  + Multifactor authentication

**END MESSAGE**