

The Accountable Care Program (ACP)

Background

The Public Employees Benefits Board (PEBB) and School Employees Benefits Board (SEBB) are the health benefit programs for public and school employees in Washington State. HCA is responsible for purchasing plans for PEBB and SEBB members, who can choose which of the offered plans to enroll in.

One option is the Uniform Medical Plan (UMP), which is designed by HCA and administered by Regence. Within UMP, there are two UMP Plus options, known together as the Accountable Care Program (ACP).

What is UMP Plus?

UMP Plus is a health plan designed to promote high-quality care at a lower cost. The plan is offered through two limited networks (known as Accountable Care Networks, or ACNs). Providers in these ACNs work together to maximize member health while minimizing cost. Providers are held accountable for total spending and can earn financial rewards based on quality and performance. HCA designed UMP Plus to help providers achieve these goals while allowing members to choose their own providers within their UMP Plus Plan.

Where is UMP Plus offered?

UMP Plus is offered through two ACNs, available in the following counties:

- **Puget Sound High Value Network:** serving Chelan, Douglas, King, Kitsap, Pierce, Thurston, Snohomish, and Yakima
- **UW Medicine Accountable Care Network:** serving King, Kitsap, Pierce, Skagit, Snohomish, and Spokane

How are UMP Plus network plans designed?

UMP Plus is designed to improve member experience and promote the use of high-quality health care services. Features include:

- Lower monthly premium compared to UMP Classic or UMP Achieve 2
- Flexibility to choose a primary care provider (PCP), hospital, or other health care provider **within** the UMP Plus network
- Lowest deductible of UMP plans
- Primary care office visits (including qualified PCP telemedicine visits), which are covered at 100 percent
- No prescription drug deductible
- Regence support network
- Coordination of care
- No referral needed for specialists
- The network plans offer the same monthly out-of-pocket limits, inpatient and emergency coinsurance rates, and covered services as the UMP Classic and UMP Achieve 2 plans.

How do UMP Plus networks improve quality?

HCA holds the networks to specific cost and quality standards. ACP contracts require providers to participate in programs and projects to improve quality, such as:

- Bree Collaborative (Washington)
 - Creates best practice guidelines in areas of care variation

- Networks required to implement guidelines and report to HCA
- Foundation for Health Care Quality (Washington)
 - Clinical outcome assessment programs collect clinical data to drive care improvement in obstetrics, spine surgery, and cardiology
- Patient-centered medical home
 - Comprehensive, whole-person care coordinated by a primary care team
- Member access and experience, such as appointment availability, timely access to providers, and customer service experience
- Other quality measurement targets and reporting

How do UMP Plus networks achieve lower costs?

Providers who join UMP Plus agree to deliver and evaluate the quality of the care delivered. When members receive covered preventive care and coordinated care through their network, the overall cost of care is lower. These cost savings help keep premiums and deductibles lower without limiting necessary care.

The UMP Plus structure incentivizes networks to apply the same efficient, high-quality care to UMP Plus enrollees and members who see ACN providers but did not enroll in UMP Plus. This expands a network's approach or member experience beyond those enrolled in UMP Plus.

Learn more

Find more information about [UMP and UMP Plus](#) on HCA's website.