Welcome from HCA's IECMH team

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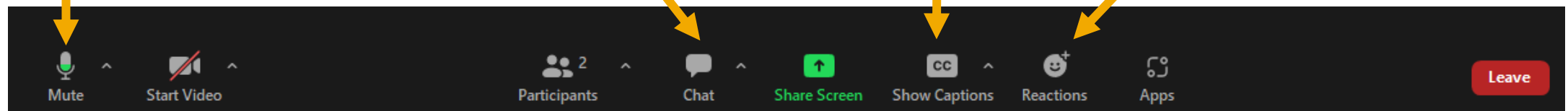
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Using Zoom Today

Attendees are automatically muted to prevent background noise.

Put questions or comments in the chat. If you have a technical issue, you can chat Kiki directly.

Enable live closed captions for yourself by clicking this button.

Use the "raise hand" reaction if you have a question...or use other emojis to show some love!
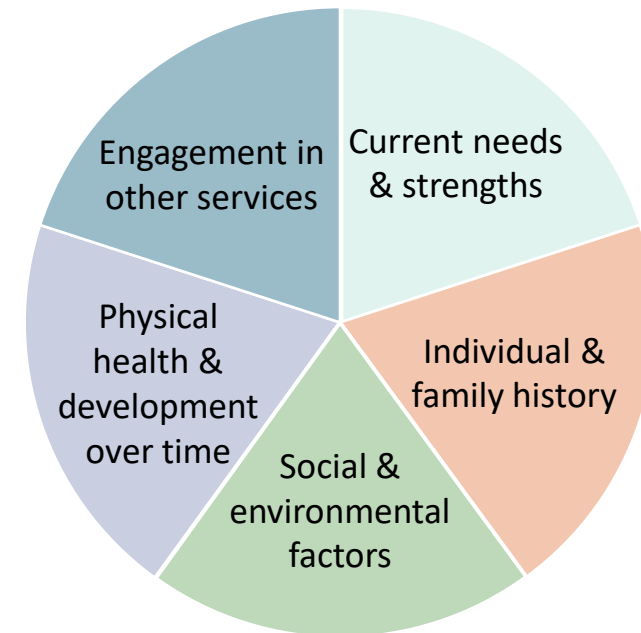
Mute | Start Video | Participants 2 | Chat | Share Screen | Show Captions | Reactions | Apps | Leave

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Mental Health Assessment for Young Children

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Initiating mental health treatment

- Mental health assessments are used to establish **medical necessity.**
  - What is the **condition** that is needing to be addressed?
  - What is the **service** that is appropriate, specific, and effective to **address this condition,** under accepted standards of clinical practice?
  - Which **provider is qualified** to provide **this service** to address **this condition**?
- Other terms used for assessments:
  - Intake evaluation
  - Diagnostic evaluation

Assessments include topics such as:

Pie chart segments:
- Current needs & strengths
- Individual & family history
- Social & environmental factors
- Physical health & development over time
- Engagement in other services

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Apple Health's Mental Health Assessment for Young Children (MHAYC)

For mental health assessments for children birth through age 5, Apple Health will:

- ▶ Allow reimbursement for:
  - Multi-session assessments
  - Provider travel to home and community settings
- ▶ Require providers to:
  - Use the DC:0-5™

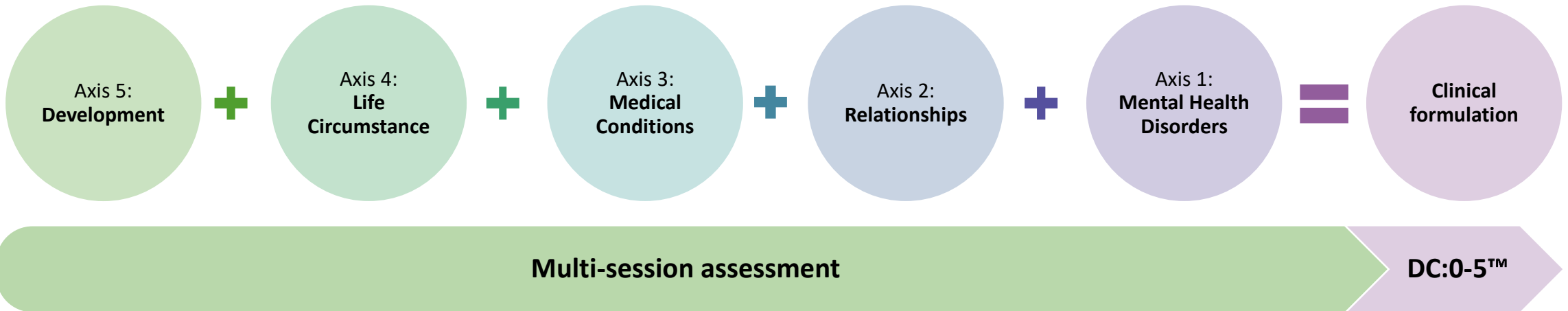⚖️ **Statutory Authority**
RCW 74.09.520 (**2021 c 126 § 2**) **WAC 182-531-1400**

"Assessment" means the process of obtaining all pertinent bio-psychosocial information, as identified by the person, and family and collateral sources, for determining a diagnosis and to plan individualized services and supports.

(**WAC 182-538D-0200**; **WAC 246-341-0200**)

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Multi-session assessment & DC:0-5™

| Axis 5:
Development | + | Axis 4:
Life
Circumstance | + | Axis 3:
Medical
Conditions | + | Axis 2:
Relationships | + | Axis 1:
Mental Health
Disorders | = | Clinical
formulation |

Multi-session assessment ➤ **DC:0-5™**

- ▶ **Start with** understanding multiple aspects of a child's life from the family's perspective **BEFORE** diagnosing
  - ▶ It is important to understand the culture & community context of the behaviors
- ▶ **Then**, use the Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC:0-5™) to assess **emotional/behavioral symptoms**, with a **developmental lens**

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DC:0-5™ Crosswalk

- ▶ The crosswalk is a **reference tool** to convert DC: 0–5™ diagnoses into associated ICD diagnostic codes and DSM diagnoses
  - ▶ While DC: 0–5™ manual includes a sample crosswalk, it is not state specific nor updated on a regular basis.
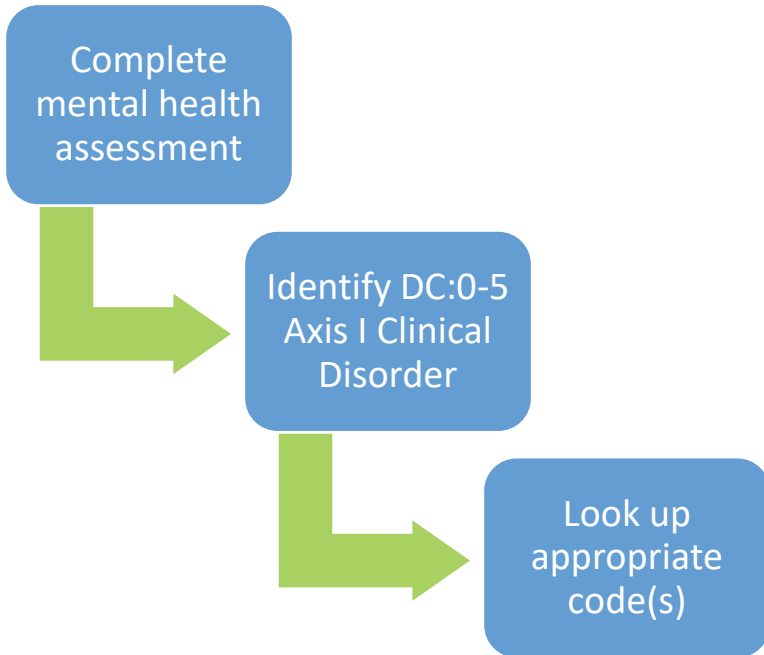
Centers for Medicare and Medicaid Services
- CMS requires an ICD code for service reimbursement.

Electronic Record Systems
- Many electronic record systems require a DSM diagnosis for documentation

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How to use the DC:0-5™ Crosswalk

DC:0-5™ → **DSM Diagnosis** → **ICD Classification**

Complete mental health assessment

Identify DC:0-5 Axis I Clinical Disorder

Look up appropriate code(s)

Anxiety Disorders

DC:0 – 5™ Axis I Clinical Disorder		DSM Diagnosis		ICD Classification	
Separation Anxiety Disorder	30.1	Separation Anxiety Disorder	309.21	Separation Anxiety Disorder of Childhood	F93.0
Social Anxiety Disorder (Social Phobia)	30.2	Social Anxiety Disorder	300.23	Social Phobia, Unspecified	F40.10
				Social Phobia, Generalized	F40.11

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Development of the Community-Informed Apple Health DC:0-5 Crosswalk

January 2022
Interim Apple Health DC0-5™ Crosswalk

- Based on crosswalk from Zero To Three
- Changes to align with current coding standards to ensure reimbursable

October 2022
1st Community-Informed DC:0-5 Crosswalk

- Informed by 6-month workgroup of IECMH providers and experts, and consultation from other professional disciplines
- Changes to align with best clinical fit and billable diagnoses

January 2024 & annually afterwards
Annual updated DC:0-5 Crosswalk

- Changes to align with current coding standards and community feedback

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Feedback process for the 2025 Crosswalk

Timeline

Oct 21 – Nov 15, 2024

How to share feedback

Crosswalk Feedback Form

Tip

Make sure you are providing feedback on the **current Apple Health crosswalk**!

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Proposed updates from HCA

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New ICD-10 codes for Overeating Disorder

▶ **Proposed change**: Add new ICD-10 codes for binge eating disorders to the DC:0-5 diagnosis Overeating Disorder

▶ **Reason for change**: new, more specific codes added to the FY2025 ICD-10-CM

DC:0 – 5™ Axis I Clinical Disorder		DSM Diagnosis		ICD Classification	
Overeating Disorder	60.5	Other Specified Feeding or Eating Disorder	307.59	Other specified eating disorder	F50.89
				Binge eating disorder, mild	F50.810
				Bing eating disorder, moderate	F50.811
		Binge-Eating Disorder	307.51	Binge eating disorder, severe	F50.812
				Binge eating disorder, extreme	F50.813
				Binge eating disorder, unspecified	F50.819

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Name change for ICD-10 code F98.21

▶ **Proposed change**: Update name of ICD-10 code F98.21

▶ **Reason for change**: Name has been updated in the FY2025 ICD-10-CM

DC:0 – 5™ Axis I Clinical Disorder		DSM Diagnosis		ICD Classification	
Atypical Eating Disorder - Rumination	60.7c	Rumination Disorder	307.53	Rumination disorder of infancy and childhood	F98.21

Additional areas for input

Using 'umbrella' codes

▶ **Area for feedback**: Would it be helpful to list the 'umbrella code' (i.e., non-specific code) for diagnoses in which all types of that diagnosis could apply, instead of listing the codes for each specific type?

DC:0 – 5™ Axis I Clinical Disorder		DSM Diagnosis		ICD Classification	
Depressive Disorder of Early Childhood	40.1	Major depressive disorder, **all types***	296.2X*	Major Depressive Disorder, **all types***	F32.X*
					F32.0
		Major depressive disorder, Mild	296.2	Major Depressive Disorder, Single Episode, Mild	
		Major depressive disorder, Moderate	296.22	Major Depressive Disorder, Single Episode, Moderate	F32.1
		Major depressive disorder, Severe	296.23	Major Depressive Disorder, Single Episode, Severe	F32.2

Would also apply to:
- ADHD
- Social Anxiety Disorder
- Binge Eating Disorder
- Sleep Disorders
- PTSD
- Adjustment Disorder
- Relationship Specific Disorder

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DSM-5/ICD-9 codes

▶ **Area for feedback**: Is it helpful to include ICD-9 codes alongside DSM-5 diagnoses?

DC:0 – 5™ Axis I Clinical Disorder		DSM Diagnosis		ICD Classification	
Obsessive-Compulsive Disorder	50.1	Obsessive-Compulsive Disorder	300.3	Mixed Obsessional Thoughts & Acts	F42.2
Tourette's Disorder	50.2	Tourette's Disorder	307.23	Tourette's Disorder	F95.2
Motor or Vocal Tic Disorder	50.3	Persistent (Chronic) Motor or Vocal Tic Disorder	307.22	Chronic motor or vocal tic disorder	F95.1
Trichotillomania	50.4	Trichotillomania	312.39	Trichotillomania	F63.3

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Reminder: Feedback process

Timeline

Oct 21 – Nov 15, 2024

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Want to learn more from HCA?

Visit our websites

Infant-early childhood mental health

Mental Health Assessment for Young Children

Find MHAYC billing resources

Recordings, slides, and other resources under **How Do I Bill?** on our MHAYC website

Email us!
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Christine.cole@hca.wa.gov

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MHAYC Provider Spotlight

Date: Oct 24, 2024

Time: 11am – noon

Topic: Gathering Information

Register

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