## Support your loved ones living with Substance Use Disorder: **Free family/caregiver**

### (S) Learn, connect, and empower

This training helps **parents, family members, and caregivers** learn how to support their loved ones impacted by substance use behaviors or living with substance use disorder diagnoses.

### (i) Training details

training

This training prepared in partnership with WSCC staff and EnRoute Network, spans 16 hours over 4 days, with attendance required on all 4 days. Visit wsccsupport.org/family-navigator-training/ to learn more details and access training dates.

### ☆ Topics covered

Interactive, research-based content will include:

- Information on Substance Use Disorder: What it is and how it's treated
- The impact of substances on the adolescent and developing brain
- Skills for families and caregivers to address selfcare, set boundaries, and support treatment

#### **%** Toolkit

Participants receive a toolkit with information and resources on SUD supports and services specific to Washington State, serving as a reference guide.

### **⊘** Register today



Register for ongoing sessions throughout the year:
wsccsupport.org/family-navigator-training/

For questions, contact **SUD@wsccsupport.org**.







# Support your loved ones living with Substance Use Disorder: Free family/caregiver training

## (S) Learn, connect, and empower

This training helps **parents, family members, and caregivers** learn how to support their loved ones impacted by substance use behaviors or living with substance use disorder diagnoses.

## (i) Training details

This training prepared in partnership with WSCC staff and EnRoute Network, spans 16 hours over 4 days, with attendance required on all 4 days. Visit the **WSCC training web page** to learn more details and access training dates.

## ☆ Topics covered

Interactive, research-based content will include:

- Information on Substance Use Disorder: What it is and how it's treated
- The impact of substances on the adolescent and developing brain
- Skills for families and caregivers to address self-care, set boundaries, and support treatment

### **X** Toolkit

Participants receive a toolkit with information and resources on SUD supports and services specific to Washington State, serving as a reference guide.

## Register today

Register for ongoing sessions throughout the year.

For questions, contact **SUD@wsccsupport.org**.









Support your loved ones living with Substance Use Disorder: Free family/caregiver training





