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**Behavioral Health
Services: WADOC
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Agenda

- Screening for mental health services
- Access to mental health services
- Available Mental Health Services
- Residential Treatment Units
- Discussion

Screening for Mental Health Services

All individuals received at a department facility (e.g., from courts, jail, Juvenile Rehabilitation Administration, hospital, out-of-state, newly sentenced, community supervision violators or alternative sentence revocations) will receive an initial health screening to evaluate their health status within 16 hours of arrival.

-Mental health screenings will be conducted within one business day of arrival to determine subsequent need for further mental health evaluation. Current mental health status will be documented on DOC 13-349 Intersystem/Restrictive Housing Mental Health Screening and as an encounter in health services section of the individual's electronic file.

-Based on screening response, initial mental health PULHES "S" and suicidal risk "R" codes will be assigned.

-Concerns that an individual may be suicidal will be addressed immediately per Suicide Prevention and Response.

-Patients with emergent needs will receive clinical follow up. Full assessment will be completed as soon as possible after the patient is stabilized.

Screening for Mental Health Services

(continued)

The goal of the screening with DOC 13-349 is to triage the mental health needs of the individual, which falls into one of three categories:

1. Urgent/Emergent – the individual is in need of immediate stabilization and possible placement in the COA
2. Routine – the individual likely qualifies for mental health services and will require further evaluation (e.g., MHA)
3. Low/No MH needs – the individual is not on any mental health medications and is not in need of mental health services at present.

Screening for Mental Health Services

(continued)

- A psychiatric assessment is typically completed within 60 days of arrival when an individual is on at least one psychotropic medication and/or referred by a mental health employee/contract staff as having a priority need.
- If the individual has a verified prescription, the medication will be issued for no more than 60 days by medical practitioners per policy. Pharmaceutical management is necessary to ensure continuity of care prior to the first psychiatric appointment.

Access to Mental Health Services



**Via Initial intake
screening**



Via the request of the individual:

Health Services Kite or
declaration of a mental health
emergency



**Via staff referral or staff declared
mental health emergency**



Outpatient Mental Health Services

The Outpatient Services policy directs the provision of health for all disciplines services (including Mental Health) in the general population setting. In parent facilities all individuals are assigned a primary health care provider, similar to what you would encounter in the community. Additionally, individuals who are designated as an S2 or higher are assigned a mental health Primary Therapist.

Access to care, coverage and a process for communication is established by the Health Services Manager, which is largely facilitated by kites or kiosk messages. Requests for healthcare are triaged daily and assigned a level of priority from Urgent to Routine.

Important areas include:

- obtaining informed consent
- screenings that may be conducted
- possibility of transfer to another facility in the event that critical services cannot be provided at the individual's current location.

Residential Treatment Units (RTU's)

- A residential treatment unit (RTU) is a specialized housing unit for individuals with severe, current or chronic mental health conditions. Many of these individuals are designated as Seriously Mentally Ill (SMI) and carry diagnoses such as Schizophrenia, Bipolar Disorder and Major Depressive Disorder to name a few. They often have co-occurring substance use disorders, personality disorders and/or other complicating health disorders.
- The RTU is specialized and designed in such a way as to provide a higher level of mental health care to those that are housed in these units. There are three designated units across the State.

RTU's (continued)

WCCW-TEC/TEC-ACUTE

- Women's Division

WSP-BAR-RTU

- Men's Division
- Walla Walla, WA

MCC-SRTC

- Men's Division
- Monroe, WA

Transfers in the Men's Division
take place via Mental Health
Care Review Committee

Discussion/Questions?

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