

**Behavioral Health  
Advisory Council**

**November Minutes**

**Tuesday, November 12th,  
2024**

**9:30 AM– 2:30 PM**

Attendees:					
<input checked="" type="checkbox"/>	Teesha Kirschbaum (DBHR)	<input checked="" type="checkbox"/>	Robert Hopkins	<input checked="" type="checkbox"/>	Nathan Lusk (DBHR)
<input checked="" type="checkbox"/>	Teresa Claycamp (DBHR)	<input checked="" type="checkbox"/>	Miranda Meier	<input checked="" type="checkbox"/>	Janet Cornel (DBHR)
<input checked="" type="checkbox"/>	Leah Coberly (DBHR)	<input checked="" type="checkbox"/>	Michelle Tinkler	<input checked="" type="checkbox"/>	Tori McDermott Hale (DBHR)
<input checked="" type="checkbox"/>	Enos Mbajah (DBHR)	<input checked="" type="checkbox"/>	Ruth Leonard	<input checked="" type="checkbox"/>	Kimberly Wright (DBHR)
<input type="checkbox"/>	Richelle Madigan	<input checked="" type="checkbox"/>	Christal Eshelman	<input checked="" type="checkbox"/>	LaShawnda Kilgore (guest)
<input checked="" type="checkbox"/>	Vanessa Lewis	<input checked="" type="checkbox"/>	Erika Rodriguez	<input checked="" type="checkbox"/>	Dakota Steel (DBHR)
<input checked="" type="checkbox"/>	Yavonnie Griggs-Brown	<input checked="" type="checkbox"/>	David Musser	<input checked="" type="checkbox"/>	Saroeum Phoung (guest)
<input checked="" type="checkbox"/>	Katie Mirkovich	<input checked="" type="checkbox"/>	Thomas Jackson	<input checked="" type="checkbox"/>	Scott Tankersley (DBHR)
<input type="checkbox"/>	Nelson Rason	<input type="checkbox"/>	Paulina Zyskowski	<input checked="" type="checkbox"/>	Meghan Hopkins (guest)
<input checked="" type="checkbox"/>	Tessa Clements	<input checked="" type="checkbox"/>	Kailey Lawless	<input checked="" type="checkbox"/>	Jesse Sharber (guest)
<input checked="" type="checkbox"/>	Shundra King	<input type="checkbox"/>	Michael Roberston	<input checked="" type="checkbox"/>	Jeremy Smith (guest)
<input checked="" type="checkbox"/>	Megyn Ross	<input type="checkbox"/>	Suzanne Sailto	<input checked="" type="checkbox"/>	Paul French (guest)
<input checked="" type="checkbox"/>	Paulette Brooks	<input type="checkbox"/>	Victor De Los Santos	<input checked="" type="checkbox"/>	Carolyn Cox (guest)
<input checked="" type="checkbox"/>	Linda Hughen	<input type="checkbox"/>	Shefali Saxena	<input checked="" type="checkbox"/>	Thary Lim (guest)
<input type="checkbox"/>	Huda Swelam	<input type="checkbox"/>	Heather Williamson	<input checked="" type="checkbox"/>	Dawn Ek (guest)
<input checked="" type="checkbox"/>	Jazmaine Wong	<input type="checkbox"/>		<input type="checkbox"/>	

#	Agenda Items	Time	Lead	Decisions and Summary of Meeting
1.	Welcome & Call to Order <ul style="list-style-type: none"> <li>Attendance</li> <li>Approve September minutes</li> </ul>	9:30 am	Tessa Clements and Vanessa Lewis	<ul style="list-style-type: none"> <li>Vanessa Lewis motioned to approve September minutes</li> <li>Katie Mirkovich seconded. September minutes approved unanimously.</li> </ul>
2.	Council Round Table and New Member introductions	9:45 am	Tessa Clements	
3.	BHAC Officer Elections Officer Elections for MH Co-chair, Member at Large and Youth Seat.	10:00 am	Katie Mirkovich	<p>The following members volunteered at the meeting to form the nominating committee and presented the slate of nominations:</p> <ul style="list-style-type: none"> <li>Tessa Clements</li> <li>Yavi Griggs-Brown</li> <li>Jazmaine Wong</li> </ul> <p>Nominations for Mental Health Co-Chair:</p> <ul style="list-style-type: none"> <li>Request for nominations made from the floor</li> <li>Richelle Madigan 16 in favor 1 abstain</li> <li>Erika Rodriguez- withdrew nomination for MH co- chair</li> </ul> <p>Nominations for Member at Large:</p> <ul style="list-style-type: none"> <li>Request for nominations made from the floor</li> <li>Victor De Los Santos- 2 in favor 7 opposed 8 abstain</li> <li>Erika Rodriguez 16 in favor, 1 abstain</li> </ul>

			<p>Nominations for Youth Seat:</p> <ul style="list-style-type: none"> <li>Request for nominations made from the floor</li> <li>Yavonnie Griggs Brown- 14 in favor, 3 abstain</li> <li>Huda Swelam- 3 in favor, 1 opposed, 13 abstain</li> </ul> <p>Richelle Madigan has been elected MH Co-chair Erika Rodriguez has been elected Member at Large Yavonnie Griggs Brown has been elected Youth Seat</p>
4. Short Break	10:20 am	All	
5. Block Grant Update	10:35 am	Janet Cornell	<p>See Block Grant Update Nov 2024</p> <p><b>Progress Report is due December 1st, 2024.</b> The report will be sent out to the council for their initial review in December in anticipation for a presentation at the January 2025 meeting.</p> <p>2025 is a full application year, BHAC will have the opportunity to provide feedback on priorities, recommendations, gaps in services, etc., for the upcoming application.</p> <p><b>Discussion:</b></p> <p>Tessa Clements (BHAC Member): Are their active requests for proposals right now?</p> <p>Janet Cornell (DBHR): These are budgeted projects we plan to go out in contract. The total obligated showing is what is already in contract and being executed. The unobligated amount will go into contract, they are planned contracts that are still in process or waiting to start.</p> <p>Tessa Clements (BHAC Member): The Mental Health Block Grant is showing a larger percentage of unobligated projects, is there a reason for that?</p> <p>Janet Cornell (DBHR): There are more Mental Health Projects that start a little later in the year so that is probably why you are seeing a larger percentage of unobligated projects. The Mental Health Block Grant also tends to spend down quicker.</p> <p>Tessa Clements (BHAC Member): Is there language in the BH-ASO contracts about equitable spending across the region for that funding? Has found spending is often centered where the BH-ASO is located, meaning smaller, rural communities are underserved due to geography.</p>

			<p>Ruth Leonard (HCA): There is not language that specifically says it has to be spent in a certain area. A lot of their funding is tied to projects like crisis services. BH-ASO's don't have a lot of resources to build capacity but they do support that.</p> <p>Thomas Jackson (BHAC Member): Is there a way to add that assistance or make it more equitable across the board for the rural areas. Seeing a lot of areas that are not getting the help they need.</p> <p>Kimberly Wright (DBHR): It is a complicated answer to explain the BH-ASO's and how their spending is allocated out. The BH-ASO team prepared to present on the BH-ASO spending plans at the September 2024 meeting that was canceled and is something they could bring another time to BHAC.</p> <p>We are going to ask BHAC for some very important recommendations this spring, so as you are reviewing the progress report, funding updates, we are coming to the Council and asking what gaps you are seeing with the funding and how is being addressed and is something you should include in your recommendations back to us.</p> <p>We really use those recommendations on how we build our future planning, allocations, and funding obligations.</p> <p>Tessa Clements (BHAC Member): How do agencies get access to Block Grant Funding?</p> <p>Kimberly Wright (DBHR): Also, a complicated answer but you often find projects with braided funding streams like prevention where there are requests for procurement. We can provide BHAC with more information on how we post procurements and how those bids come in. A lot of these are also established agencies and services that have continuing contracts such as recovery supports.</p> <p>BHAC Coordinator will send the Block Grant Factsheets and BHAC 101 training for more information regarding Block Grants.</p>
<p>6. Directors Dialogue</p> <ul style="list-style-type: none"> <li>• ASAM Criteria for SUD providers</li> <li>• Behavioral Health Legislative Priorities</li> <li>•</li> <li>• DBHR Leadership Updates</li> <li>•</li> </ul>	<p>11:15 am</p>	<p>Teresa Claycamp, Leah Coberly, Enos Mbajah</p>	<p>See Adult ASAM Criteria 4<sup>th</sup> Edition PowerPoint ASAM stands for American Society of Addiction Medicine</p> <p>ASAM Criteria is the most widely used and comprehensive set of guidelines for placement, continued stay and transfer and discharge of individuals with substance use disorder and co-occurring conditions. The ASAM Criteria defines the treatment criteria and levels of care for the treatment of substance-related and co-occurring conditions.</p> <ul style="list-style-type: none"> <li>• The Adult ASAM Criteria 4th Edition is now available.</li> <li>• The State will adopt the new ASAM Criteria version in January of 2026.</li> </ul>

- To get ready to use the new version, the state will offer a series of training courses.
- The courses will be held virtually and start in July 2024 through January 2026.
- Trainings will be offered by the Train for Change Company.
- The Adolescent and Transition Age Youth version is anticipated to be released in 2026.
- More information will be provided as it becomes available.

**Discussion:**

Paul French (DOC guest): How do you get out the information about upcoming dates and trainings?

Teresa Claycamp (DBHR): The main way we disseminate information is through our GovDelivery system. Also sharing it with our other councils, the Washington Behavioral Health Council and AAP Association of Alcohol and Addition Professionals. Also sharing it with our monthly provider listening sessions.

Also Partnering with Department of Health so that their licensing side and review side are aware of this.

Tessa Clements (BHAC Member) How well positioned do you think we are to address these new levels of care statewide?

Teresea Claycamp (DBHR): When I have spoken to providers a lot of them have not taken the training yet, so am looking forward to talking to providers and how they are feeling about it after they have taken the training. Outpatient might be a little easier to adopt than residential. Residential changes may be a little harder.

Shundra King (BHAC Member): With the change in the intensive outpatient piece will there be changes to the reimbursement with Medicaid for providers?

Teresa Claycamp (DBHR): In the Decision Packet for the budget request around implementing the new standards, we have requested rate increases throughout levels of care for both residential and outpatient.

**7. Directors Dialogue  
DBHR Leadership Updates**

Teresa Claycamp,  
Leah Coberly,  
Enos Mbajah

Introduced Deputy Directors Leah Coberly and Enos Mbajah. There are three deputy directors are now:

- Leah Coberly -Deputy Director of Operations
- Enos Mbajah- Deputy Director of Prevention, P-25 and State Opioid Response
- Teresa Claycamp- Deputy Director of Treatment and Recovery.

8. Directors Dialogue
- Behavioral Health Legislative Priorities

11:30am

Scott Tankersley

**Discussion:**

David Musser (BHAC Member): Regarding violence prevention training, what’s the frequency/cadence of violence prevention trainings being offered under the Marty Smith Law?

Follow-up answer sent in the Meeting Summary:

Thanks for raising this question at the Behavioral Health Advisory Council (BHAC) meeting in November.

BHA employees are required to complete the training within 90 days of hire ([RCW 49.19.030](#)) and annually thereafter ([RCW 71.05.720](#)).

The previous Marty Smith Training, created in 2008, was initially available as a DVD set to BHA staff who completed the train-the-trainer trainings. Between 2014 – 2022 it was continuously available via the Relias Online Learning Portal. Staff were able to log in and take the training for free via the Relias Portal. Relias stopped providing access to the training due to outdated materials and instruction.

All Public Health Agencies are required to be compliant with [RCW 49.19.030](#) which was in place prior to the passage of the Marty Smith bill and the statute requirements for development of Safety and Violence Prevention training in [RCW 71.05](#). All BHAs should have a plan as part of their organization quality management.

In 2008 the Marty Smith training included a DVD set and there were train-the-trainer events. Some agencies are still utilizing these DVDs. As the information is very outdated, some agencies have piecemealed training however these only address national standards – not state specific ([RCW 49.19](#)) requirements.

These include:

- Management of Aggressive Behavior (MOAB), MOAB Training International, Inc. – <https://www.moabtraining.com/>
- Professional Assault Crisis Training (Pro-ACT) – <https://proacttraining.com/>
- Crisis Prevention Institute (CPI) – <https://www.crisisprevention.com/>
- Crisis Intervention EDGE Approach a De-escalation training offered by Growth Central Training (aka EDGE) - <https://growthcentraltraining.com/products/certified-crisis-intervention-specialist-ii-training>

Additionally, RCW 71.05/71.34 requires BHA staff to dispatch with a second individual for safety on public outreach. These staff must

additionally be trained in the requirements for Safety and Violence prevention. Having a uniform training method such as was created under the Marty Smith bill ensures access to appropriate individuals for community outreach.

Meghan Hopkins (DSHS guest): What does RCSP stand for?

Scott Tankersley (DBHR): RCSP stand for Reentry Community Services Program.

Meghan Hopkins (DSHS guest): And is that different than the Residential Crisis Step Stabilization Program?

Scott Tankersley (DBHR): Yes, it is.

Meghan Hopkins (DSHS guest): Regarding the Children's Long-term Inpatient Program (CLIP), does HCA's DP submission include requests that would support individuals who are seeking assistance with activities of daily living (ADLs) and communication assistance tools?

Follow-up answer sent in the Meeting Summary:

The daily rate paid to CLIP facilities includes supporting ADLs while a youth is in CLIP treatment. CLIP treatment teams work in partnership with the youth's health plan, and parents/guardians to access communication tools, and/or any other needs to support the youth's treatment and successful discharge.

Paul French (guest): Does HCA's DP primarily focus on jail?

Follow-up answer sent in the Meeting Summary:

Thanks for raising this question at the Behavioral Health Advisory Council (BHAC) meeting in November.

It does not. The only program in the DP that serves people in jails directly is the MOUD in Jails program. Most of the funding requests in the decision package are for supporting programs and projects that focus on diversion from incarceration or connecting people with community-based services, such as:

- The Diversion Data Integration Platform (data from RNP, AJA, LEAD, and the pretrial diversion program)
- WSIPP study of RNP/LEAD
- Health Engagement Hub evaluation support
- Behavioral Health Services Mapping System

Paul French (DOC guest): Will HCA be considering prioritizing projects/programs that interact with individuals outside of jails?

			<p>Follow-up answer sent in the Meeting Summary:</p> <p>Many of our programs and projects at HCA serve individuals outside of jails and if we are provided with supportive funding, we will continue to provide and expand those services, while making sure we work to provide access to individuals in criminal justice involved settings for their behavioral health needs.</p>
<b>9.</b> Lunch	11:45am	All	
<b>10</b> Enhancing Mental Health Practice for Improved Family Stability and Well-being	12:15 pm	LaShawnda Kilgore	Unable to present. Presentation can be found in meeting summary.
<b>11</b> Office of Community Voices and Empowerment	12:30pm	Dakota Steel	<p>Please see Office of Community Voice and Empowerment pdf.</p> <p><b>Discussion:</b> No questions</p>
<b>12</b> The Peacemaking Institute	1:00 pm	Saroeum Phoung	<p>Please see The Peacemaking Institute pdf.</p> <p><b>Discussion:</b></p> <p>Paul French (guest): Have you heard of the immense program they are trying to implement in Washington State Corrections?</p> <p>Saroeum Phoung (guest): I have actually, we are working with partners in the juvenile system and prison system across the country, and actually helping write reentry programs for a lot of folks.</p> <p>Jazmaine Wong (BHAC Member): Have you heard of certified peer work?</p> <p>Saroeum Phoung (guest): Yes, we are working to get it. We've had issues getting into trainings.</p> <p>Jazmaine Wong (guest): I do the trainings and train a lot of people who have also had push back. It's based off their lived experience. I'll contact you.</p> <p>Jazmaine Wong (BHAC Member): Have you worked with tribal communities?</p> <p>Saroeum Phoung (guest): Yes, but only if they are open and want us there. Indigenous people have been through a lot and have reasons to distrust outsiders. So only if they are ready to do the training.</p>
<b>13</b> Council Member Announcements	2:15 pm	All	No Announcements at the meeting

<p><b>14</b></p> <p>Action Items and January agenda items</p> <ul style="list-style-type: none"> <li>• 2024 Peer Review Report due 12/31/2024</li> <li>• Block Grant Progress Report at January 2025 meeting</li> </ul>	<p>2:20pm</p>	<p>Richelle Madigan and Vanessa Lewis</p>	<ul style="list-style-type: none"> <li>• 2024 Peer Review Report due 12/31/2024</li> <li>• Block Grant Progress Report at January 2025 meeting</li> </ul>
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<b>15</b> Adjourn	2:30 pm	All
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### Action Items/Decisions

#	Action Item	Assigned To:	Date Assigned:	Date Due:	Status
1.	Draft a working document of Block Grant Recommendations from BHAC meeting Presentations	Nathan Lusk	7/9/24	ongoing	
2.	Continue work on strategic planning finalizing the contract with the contractor.	Nathan Lusk Executive Committee	5/14/2024	ongoing	Currently in the contracts process.
3.	Block Grant Team to send BHAC the Block Grant Progress Report in December and present on it and Block Grant Priorities at the January 2025 meeting	Block Grant Team	11/12/2024	12/31/2024	Completed. Emailed progress report priorities to the council 12/20/2024.
4.	Peer Review Work Group to submit its report and executive summary by the end of the year and present at the January 2025 Meeting.	Peer Review Work Group	9/10/2024	12/31/24	Report completed 12/18/2024. Report sent with January 2025 meeting materials.
5.	Bylaws workgroup to complete a draft of the revised bylaws for the council for review by the end of the year.	Bylaws Work Group	9/10/2024	12/31/2024	Completed. Bylaw revisions sent for Council review 12/13/2024.