

**Behavioral Health  
Advisory Council Meeting**

**Agenda**

**Tuesday, January 14, 2025**

**9:00am –  
3:00pm**

**Attendees:**

<input checked="" type="checkbox"/> Teesha Kirschbaum (DBHR)	<input checked="" type="checkbox"/> Miranda Meier	<input checked="" type="checkbox"/> Mia Park (guest)
<input checked="" type="checkbox"/> Teresa Claycamp (DBHR)	<input checked="" type="checkbox"/> Michelle Tinkler	<input checked="" type="checkbox"/> Jesse Sharber (HCA)
<input checked="" type="checkbox"/> Leah Coberly (DBHR)	<input checked="" type="checkbox"/> Ruth Leonard	<input checked="" type="checkbox"/> Sam Mellendorf (HCA)
<input checked="" type="checkbox"/> Enos Mbajah (DBHR)	<input checked="" type="checkbox"/> Christal Eshelman	<input checked="" type="checkbox"/> Isabelle Gubas (guest)
<input checked="" type="checkbox"/> Richelle Madigan	<input checked="" type="checkbox"/> Erika Rodriguez	<input checked="" type="checkbox"/> Dawn Ek (guest)
<input checked="" type="checkbox"/> Vanessa Lewis	<input checked="" type="checkbox"/> David Musser	<input checked="" type="checkbox"/> Dakota Steele (DBHR)
<input checked="" type="checkbox"/> Yavonnie Griggs-Brown	<input type="checkbox"/> Thomas Jackson	<input checked="" type="checkbox"/> Carolyn Cox (guest)
<input checked="" type="checkbox"/> Katie Mirkovich	<input checked="" type="checkbox"/> Paulina Zyskowski	<input checked="" type="checkbox"/> Meghan Hopkins (DSHS)
<input checked="" type="checkbox"/> Nelson Rason	<input checked="" type="checkbox"/> Kailey Lawless	<input checked="" type="checkbox"/> Christina Jackson (guest)
<input checked="" type="checkbox"/> Tessa Clements	<input type="checkbox"/> Suzanne Sailto	<input checked="" type="checkbox"/> LaShawnda Kilgore (guest)
<input checked="" type="checkbox"/> Shundra King	<input checked="" type="checkbox"/> Victor De Los Santos	<input checked="" type="checkbox"/> Sara Ellsworth (ESD 113)
<input checked="" type="checkbox"/> Megyn Ross	<input checked="" type="checkbox"/> Nathan Lusk (DBHR)	<input checked="" type="checkbox"/> Erin Wick (ESD 113)
<input type="checkbox"/> Paulette Brooks	<input checked="" type="checkbox"/> Janet Cornel (DBHR)	<input type="checkbox"/>
<input type="checkbox"/> Linda Hughen	<input checked="" type="checkbox"/> Tori McDermott Hale (DBHR)	<input type="checkbox"/>
<input checked="" type="checkbox"/> Kristie Lund	<input checked="" type="checkbox"/> Kimberly Wright (DBHR)	<input type="checkbox"/>
<input checked="" type="checkbox"/> Jazmaine Wong		<input type="checkbox"/>
<input checked="" type="checkbox"/> Robert Hopkins		

#	Agenda Items	Time	Lead	Decisions and Summary of Meeting
1.	Welcome & Call to Order <ul style="list-style-type: none"> <li>Attendance</li> <li>Approve November minutes</li> </ul>	9:00 am	Richelle Madigan and Vanessa Lewis	Tessa Clements moves to approve November minutes Christal Eshelman Seconded November minutes passed unanimously
2.	Council Round Table and Announcements	9:15 am	Richelle Madigan	
3.	Membership Committee Update	9:30 am	Vanessa Lewis	<ul style="list-style-type: none"> <li>We have had 3 resignations and 3 terminations due to absences since 8/2024.</li> <li>The current lived experience ratio is 52% so there is a need to recruit more members.</li> <li>Plan to recruit for 6 members since there have been 6 vacancies. Begin reviewing applications 1/7/2024</li> <li>Going forward, plan to review membership quarterly to be more proactive instead of reactive.</li> </ul>
4.	2024 Bylaw Revisions Review	9:45 am	Megyn Ross	Further Discussion:

			<p>The council voted on the following options defining the member at large role.</p> <p>Option one, have one role to take on the Secretary duties lead action items and minute review, gather agenda items.</p> <p>Option two: Create two roles, one as Secretary to lead action items and minute review, gather agenda items, and a second role member at large to participate in the membership committee.</p> <p>17 voted in favor of option two, 1 voted in favor of option 1.</p> <p>The council approved the creation of a secretary position to help lead action items, minute review, and gather agenda items.</p> <p>The Member at large role will be to participate on the membership committee and act as a liaison between them and the executive committee.</p> <p>Once the revised bylaws have been reviewed and approved by the council. Requests for nominations for the secretary will go out and a virtual vote will take place.</p> <p>The council discussed creating specifically represented seats on the council as part of the bylaws. It was determined it would be better for the membership committee to create a guiding document/ matrix to allow for more flexibility.</p>	
5.	Short Break	10:15 am	All	
6.	Block Grant Progress Report	10:30 am	Janet Cornell	<p>Please see FY25 SUPTRS and MHBG Priorities</p> <ul style="list-style-type: none"> <li>BHAC will form workgroups at the end of January, beginning of February to compile recommendations on Block Grant Progress Report Priorities, Executive committee to draft report to HCA by the March Meeting</li> </ul> <p>Discussion: No Discussion</p>
7.	Directors Dialogue <ul style="list-style-type: none"> <li>Governor’s Budget</li> <li>Upcoming Legislative Session</li> <li>Progress Report Questions</li> </ul>	11:00 am	Teesha Kirschbaum, Teresa Claycamp, Leah Coberly, Enos Mbajah	<p><b>New HCA Director:</b></p> <ul style="list-style-type: none"> <li>With the new incoming governor there is new leadership at the HealthCare Authority. Current Director Sue Birch’s last day is today 1/14/2025. The new acting director is MaryAnne Lindeblad until the governor selects an appointment.</li> </ul> <p>The State Legislature Session began Monday, 1/13/2025.</p>

			<ul style="list-style-type: none"> <li>• Departing Governor Inslee released a budget in December. Governor Ferguson released his budget priorities last week. Both the House and Senate will create their own budgets.</li> <li>• This year is looking a lot leaner with a budget deficit and will have a better understanding of where we are when the legislature releases their budgets.</li> </ul> <p>Discussion:</p> <p>Richelle Madigan (member): With the budget shortfall Do you know of any opportunities for advocacy we have where we can communicate how important these programs are and how they benefit the community?</p> <p>Teesha Kirshbaum (DBHR): As a state agency we are part of the executive branch and support the governor’s budget. It’s different in your own individualized role. It is always important to make sure that legislators are aware of the good work that you are doing and how the funding that you’re receiving benefits your communities.</p>
8. Lunch and Networking	11:30am	All	
9. 2024 Peer Review Executive Summary	1:00 pm	Paulina Zyskowski	<p>Please see 2024 FBG BHAC Peer Review Executive Summary and Recommendations.</p> <ul style="list-style-type: none"> <li>• At least 5 percent of treatment providers receiving Substance Abuse Block Grant (SABG) and/or Mental Health Block Grant (MHBG) funds participate in an independent peer review to assess the quality, appropriateness, and efficacy of treatment services.</li> <li>• BHAC gathers these field reports to create an executive summary and recommendations that are then sent to HCA/DBHR.</li> </ul> <p>Discussion:</p> <p>David Musser (member): Requested reviewing the Peer Review interview forms. BHAC Coordinator will send follow-up.</p>
10. Enhancing Mental Health Practice for Improved Family Stability and Well-being	1:20 pm	LaShawnda Kilgore	<p>See NTI Raises the Bar General Overview PowerPoint.</p> <p>National Adoption Competency Mental Health Training Initiative.</p> <ul style="list-style-type: none"> <li>• Provides multiple free online trainings including child welfare, mental health and school based mental health training.</li> </ul>

			<ul style="list-style-type: none"> <li>• Focuses on children in foster care/ going through the adoption process and tailored to them to meet behavioral health and mental health.</li> </ul> <p>Discussion:</p> <p>Richelle Madigan (member): Do you see a strong correlation with adopted kids and crisis access?</p> <p>LaShawnda Kilgore (guest): Yes definitely, we have even created a post adoption training model to help meet those needs.</p>
11. Next steps, review action items	1:45 pm	Richelle Madigan, Vanessa Lewis	See action items below
12. True North Presentation Capital Region ESD 113	2:00 pm	Sara Ellsworth	<p>See True North Student Assistance- HCA Jan 2025 Handout</p> <p>Mission:</p> <ul style="list-style-type: none"> <li>• Guiding students</li> <li>• Enriching our school districts</li> <li>• Increasing knowledge of mental health</li> <li>• Raising awareness of substance abuse</li> </ul> <p>Student Assistance Program provides:</p> <ul style="list-style-type: none"> <li>• Universal school-wide prevention services</li> <li>• School-based youth prevention team</li> <li>• Screening &amp; Referral for behavioral health conditions</li> <li>• Early intervention for behavioral health concerns</li> <li>• Outpatient behavioral health treatment*</li> </ul> <p>Discussion:</p> <p>Victor De Los Dantos (member): Are there any peers on your teams or programs?</p> <p>Sara Ellsworth (guest): We do not have a formalized peer sitting on our student assistance team. What does happen a lot is that we get a lot of referrals from students and their peers, where they tell their friends this program has really helped me.</p> <p>Paulina Zyskowski (member): Do you have prevention professionals on staff or are they mental health professionals doing prevention work?</p> <p>Sara Ellsworth (guest): It depends, some sites we have prevention and early intervention and can connect students with SUD</p>

			<p>treatment services. We are also able to provide licensed mental health staff too.</p> <p>Tessa Clements: How are you currently funding your programs?</p> <p>Sara Ellsworth (guest): Our prevention and intervention services are primarily funded through community, prevention and wellness initiatives. We have Medicaid to cover mental health and SUD treatment and then some local district contracts that match funding</p>
<b>13.</b> Washington State Community Connectors	2:30 pm	Kristie Lund Christina Jackson	<p>See Washington State Community Connectors SUD Flyer Handout</p> <p>Discussion: Victor De Los Santos (member): shared his previous work with the people harm reduction alliance and how he is encouraged seeing Washington State Community Connectors focusing on the whole person and not just their behaviors.</p>
<b>14.</b> Adjourn	3:15 pm	All	

### Action Items/Decisions

#	Action Item	Assigned To:	Date Assigned:	Date Due:	Status
	Draft a working document of Block Grant Recommendations from BHAC meeting Presentations	Nathan Lusk	7/9/24	ongoing	Completed: Block Grant recommendations from meetings sent to each BHAC workgroup to inform them of their recommendations.
	Continue work on strategic planning finalizing the contract with the contractor.	Nathan Lusk Executive Committee	5/14/2024	ongoing	Strategic Planning contract is in the process of being drafted.
	BHAC will form workgroups at the end of January, beginning of February to compile recommendations on Block Grant Progress Report Priorities, Executive committee to draft report to HCA by the March Meeting	BHAC Council	1/14/2025	3/11/2025	Completed: Workgroups met in January and February, BHAC Executive committee compiled workgroup notes into executive summary/recommendations presented at the 3/11/2025 meeting.
	Bylaws workgroup to incorporate Bylaw discussions into a new final draft and send to the council for their review	Bylaws Work Group	1/14/2025	1/31/2025	Completed: The Bylaw workgroup sent a final revised draft of the bylaws 2/4/2025, with review due

				2/19/2025. Vote sent 2/24/25, with final tally due 3/10/25
Hold virtual election for new secretary position on the executive committee	BHAC Council	1/14/2025	3/11/2025	To occur once bylaws have been approved.