

Behavioral Health Advisory Council

General Membership Attendees:					
<input type="checkbox"/>	Annabelle Payne	<input type="checkbox"/>	Josh Wallace	<input type="checkbox"/>	Shelli Young (phone)
<input type="checkbox"/>	Becky Hammill	<input type="checkbox"/>	Kristina Sawyckyj (phone)	<input type="checkbox"/>	Susan Kydd
<input type="checkbox"/>	Beth Dannhardt (excused)	<input type="checkbox"/>	Linda Kehoe, Ed.D (excused)	<input type="checkbox"/>	Vanessa Lewis (phone)
<input type="checkbox"/>	Carolyn Cox	<input type="checkbox"/>	Mary O'Brien	<input type="checkbox"/>	Guest: Paul Nielsen (phone)
<input type="checkbox"/>	Dennis Swennumson	<input type="checkbox"/>	Nelson Rascon	<input type="checkbox"/>	Guest: Stu Parker
<input type="checkbox"/>	Haley Tibbits	<input type="checkbox"/>	Phillip Gonzales	<input type="checkbox"/>	Guest: Kimberly Conner
<input type="checkbox"/>	Jeff Aldrich	<input type="checkbox"/>	Richelle Madigan	<input type="checkbox"/>	Guest: Maria Nunez
<input type="checkbox"/>	Jorden Rosa (excused)	<input type="checkbox"/>	Sharon McKellery	<input type="checkbox"/>	Guest: Kevin Galicia
<input type="checkbox"/>	Guest: Devon Picardo	<input type="checkbox"/>	Guest: Marcia Mongrain-Finkas	<input type="checkbox"/>	

Main Outcome: *The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery, for planning and implementation of effective, integrated behavioral health services by promoting individual choice, prevention, and recovery in Washington State*

Agency representative Attendees:					
<input type="checkbox"/>	Dixie Grunenfelder	<input type="checkbox"/>	Lateisha De Lay	<input type="checkbox"/>	Michael Langer
<input type="checkbox"/>	Janet Fraatz (excused)	<input type="checkbox"/>	Michael Reading (phone)	<input type="checkbox"/>	Louise Nieto
<input type="checkbox"/>	Jeff Green	<input type="checkbox"/>	Pamala Sacks-Lawlar	<input type="checkbox"/>	Ruth Leonard
<input type="checkbox"/>	Jeff Spring	<input type="checkbox"/>	Taku Mineshita	<input type="checkbox"/>	Block Grant Facilitator: Janet Cornell
<input type="checkbox"/>	Jenni Olmstead	<input type="checkbox"/>	Tory Henderson	<input type="checkbox"/>	Block Grant Staff/Minutes: Ryan Keith
<input type="checkbox"/>	Karen Huber	<input type="checkbox"/>	Trish Benschopf	<input type="checkbox"/>	Guest presenter: Roxane Waldron (DBHR)
<input type="checkbox"/>	Katie Mirkovich	<input type="checkbox"/>	Guest: Kathleen Murphy	<input type="checkbox"/>	Guest: Maureen Greeley (EPGC)

No	Agenda Items	Time	Lead	Summary Meeting Notes
1.	CALL TO ORDER	9:00 a.m.	Annabelle Payne	
2.	Welcome, Introductions, Review of agenda, Review and approval of July minutes	9:05 a.m.	Annabelle Payne	
3.	Executive Committee update (Membership changes, Nominating Committee, Bylaws adoption, and other council business)	9:15 a.m.	Executive Committee Members	<p>For the July minutes, an amendment was suggested to include comments on FCS and recovery supports and the role of the BHAC regarding the application. Voted to approve as amended.</p> <p>An updated membership list was distributed. Discussed terms and changeover, along with representation matrix and definition of “agency representative” for non-state organizations. Debated impact of adding another ‘youth’ designated member, the east/west and rural/urban divide, how to define ‘youth’, and how to improve engagement and cultivate broader support for youth representation.</p> <p>Nominating committee – A committee of three is needed for coordination. Applicants contact the committee members, who will make recommendations and meet to coordinate the vote in November. Open positions include one co-chair, two vice-Chair positions, and Secretary.</p> <p>Committee member volunteers - Josh, Mary, Richelle</p>

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4.	Problem Gambling Update <ul style="list-style-type: none"> • Follow up from May • Upcoming topics 	10:00 a.m.	Roxane Waldron	Update on a new task force for problem gambling, request for interested parties to get involved. Discussed new materials for distribution and followup questions from past presentation.
5.	Break	10:45 a.m.		
6.	Director's update	11:00 a.m.	Michael Langer	<p>Regarding the <u>rise in meth use in WA</u>, had opportunity to travel to Washington D.C. to meet with HHS secretary Azar to convey what is happening at the state level and discuss re-allocating resources going forward. Since 2012, a spike in use overall but a slight drop for youth (confirmed it's included in the HYS), UW held a Meth Summit in June. Members observed that it's reported to be a very accessible drug in their communities.</p> <p>For the <u>state opioid plan</u>, mentioned Kris Shera's work as the state opioid coordinator, updates to the state plan through targeted workgroups, the transition from STR to SOR, and new changes in Naloxone availability. Highlighted the work that Shelli has done around Naloxone kits and her involvement with their development. Discussed adoption and expansion of the LEAD model, keeping parents together in PPW treatment, and the Medicaid waiver allowing for MAT to be paid for in the jails. DOC has done some great work around MAT but the smaller jails (particularly rural) are having implementation challenges, and it was pointed out that juvenile programs are also heavily out-resourced on this topic. Responding to a question on Recovery Support Services, getting more peer workers involved with Emergency services/ED is part of that, as well as expanding medication supports through the regional ACHs. Emphasis is on the PPW priority population but there are other efforts in place such as through the Hub & Spoke model.</p> <p>Regarding <u>WACs and other administrative code changes</u>, both HCA and DOH are working on many issues – licensing changes, remainders initially added as 'emergency' rules will transition to permanent status in January 2020 through a cleanup process, also discussed new legislative efforts.</p> <p><u>Firearms changes</u> – DBHR manager of the compliance desk had provided info on the changes around new non-commitment situations. Feedback concern is that it's being put on the DCRs to complete the review, and that it should not be so heavily emphasized at their level. Michael mentioned the loss of Robbie Pellet and the impact on how the DCR operationalizing is going. Discussion continued on the topic of getting pulled into the politics of a situation and how that can occlude the services provided. The stigma around accessing services for youth and loss of rights can be a huge barrier for parents requesting services for their kids. The need for a larger educational piece was emphasized around the unintended consequences of how the law is being implemented, and a fact</p>

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				<p>sheet would be helpful if/once it is available. Michael indicated he would take the concerns back to DBHR leadership.</p> <p><u>What does the next Leg session look like?</u> The next “short” session will involve cleanup more than new legislation. Efforts will largely be focused on resolving outstanding issues (PDMP, residences, ITA ambulance and court costs, ramp up for PACT, MH waivers for IMD, match dollars for PATH, and Tribal E&T).</p> <p>For the <u>Sunrise Review</u> on changes in licensure for peer counsellors, it acts as a feasibility study on what possibly could change. Members relayed anxiety from field providers, that there was a limited level of education in the community around the implementation changes and that there’s not a centralized source for updates, but that organizations try to fill that gap.</p> <p>Highlighted the work of all involved in the submission of the <u>Block Grant application</u> and answered questions on the limited timeframe for providing feedback on the full application, noting that as a perennial problem between the states and SAMHSA. Members mentioned the desire for oversight of funding of projects and priorities around the application and implementation of the block grant. Michael responded with an ask for clarification on the level of granularity needed.</p>
7.	Council Member Updates	12:00 p.m.	All Members	<p>Topics included:</p> <ul style="list-style-type: none"> • Stigma campaign and delays with implementation. • Charity “Every day matters” around MH and stigma reduction, handed out awareness bracelets. • Rules changes through OIC around confidentiality. • Peer Pathways conference and developments in the Peer movement, as well as an educational milestone. • Upcoming Father’s retreat with speakers. • National recovery month and outreach efforts in King county including transit advertisements. • Youth peers at the WiSE symposium and recent completion of apprenticeships, one who applied for the Governor’s Juvenile Justice committee, other peers are working on a separate council around the topic. A new SPARK class coming this fall, and partnerships with universities are progressing. • Introduced some personal advocacy regarding the limits around in-patient treatment for kids in crisis and asked for a boost in advocating for increasing the amount of long-term services available in WA. • Peer Spokane is opening up next week, all are invited. • Peer specialist forums and outreach to the LGBTQ community, highlighted syringe exchange program in Pend Orielle county, emphasizing what a big deal that is in such a conservative area.

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				<ul style="list-style-type: none"> From the phone – Work with North Sound BHO on stigma reduction, has resources to pass along.
8.	SWOT workshop	1:00 p.m.	Susan Kydd	Comments raised included the idea of a charter, and that simply attending to view presentations does not fulfill the advisory nature of the council. Discussed an annual calendar/plan or a strategic plan, to help stay on task and meet all responsibilities, as well as historical perspective around past changes and dealing with outcomes. What are the parameters by which DBHR is able to accept recommendations in a full manner? Without guidelines then BHAC will encounter barriers.
9.	Topics for November - Meeting: 11/6 at Olympia Ramada	2:30 p.m.	Becky Hammill Annabelle Payne	<ul style="list-style-type: none"> <u>Elections</u> <u>Membership</u> <u>Peer Review outcomes</u> <u>SWOT outcomes/follow-up</u> <u>Long-term residential for kids</u> <u>Workforce development</u>
10.	Adjourn	3:00 p.m.	Becky Hammill Annabelle Payne	

#	Action Item	Assigned To:	Date Assigned:	Date Due:	Status
1	Send out an electronic survey on the SWOT themes to guide further discussion	Susan			

