

## Behavioral Health Advisory Council

General Membership Attendees:		
<input type="checkbox"/>	Annabelle Payne (Phone)	<input type="checkbox"/>
<input type="checkbox"/>	Becky Hammill	<input type="checkbox"/>
<input type="checkbox"/>	Beth Dannhardt	<input type="checkbox"/>
<input type="checkbox"/>	Cathy Callahan	<input type="checkbox"/>
<input type="checkbox"/>	Carolyn Cox	<input type="checkbox"/>
<input type="checkbox"/>	Dennis Swennumson	<input type="checkbox"/>
<input type="checkbox"/>	Haley Tibbits (excused)	<input type="checkbox"/>
<input type="checkbox"/>	Jeff Aldrich (Phone)	<input type="checkbox"/>
<input type="checkbox"/>	Jorden Rosa	<input type="checkbox"/>
<input type="checkbox"/>	Kristina Sawyckyj (excused)	<input type="checkbox"/>
<input type="checkbox"/>	Linda Kehoe, Ed.D	<input type="checkbox"/>
<input type="checkbox"/>	Mary O'Brien	<input type="checkbox"/>
<input type="checkbox"/>	Nelson Rascon	<input type="checkbox"/>
<input type="checkbox"/>	Phillip Gonzales	<input type="checkbox"/>
<input type="checkbox"/>	Richelle Madigan	<input type="checkbox"/>
<input type="checkbox"/>	Sharon McKellery	<input type="checkbox"/>
<input type="checkbox"/>	Shelli Young (Phone)	<input type="checkbox"/>
<input type="checkbox"/>	Susan Kydd	<input type="checkbox"/>
<input type="checkbox"/>	Vanessa Lewis(Phone)	<input type="checkbox"/>
<input type="checkbox"/>	Guest: Stu Parker	<input type="checkbox"/>
<input type="checkbox"/>	Guest: Mari Heusman	<input type="checkbox"/>
<input type="checkbox"/>	Guest:	<input type="checkbox"/>
<input type="checkbox"/>	Guest:	<input type="checkbox"/>
<input type="checkbox"/>	Guest:	<input type="checkbox"/>

**Main Outcome:** *The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery, for planning and implementation of effective, integrated behavioral health services by promoting individual choice, prevention, and recovery in Washington State*

Agency representative Attendees:		
<input type="checkbox"/>	Jacqueline Cobbs	<input type="checkbox"/>
<input type="checkbox"/>	Janet Fraatz	<input type="checkbox"/>
<input type="checkbox"/>	Jeff Green	<input type="checkbox"/>
<input type="checkbox"/>	Jeff Spring	<input type="checkbox"/>
<input type="checkbox"/>	Jim Leingang	<input type="checkbox"/>
<input type="checkbox"/>	Karen Huber	<input type="checkbox"/>
<input type="checkbox"/>	Katie Mirkovich	<input type="checkbox"/>
<input type="checkbox"/>	Mandy Paradise (excused)	<input type="checkbox"/>
<input type="checkbox"/>	Michael Reading	<input type="checkbox"/>
<input type="checkbox"/>	Pamala Sacks-Lawlar	<input type="checkbox"/>
<input type="checkbox"/>	Steve Kutz	<input type="checkbox"/>
<input type="checkbox"/>	Taku Mineshita	<input type="checkbox"/>
<input type="checkbox"/>	Tory Henderson	<input type="checkbox"/>
<input type="checkbox"/>	Trish Benshoof	<input type="checkbox"/>
<input type="checkbox"/>	Melodie Pazolt	<input type="checkbox"/>
<input type="checkbox"/>	Block Grant Facilitator: Janet Cornell	<input type="checkbox"/>
<input type="checkbox"/>	Block Grant Staff/Minutes: Ryan Keith	<input type="checkbox"/>
<input type="checkbox"/>	Guest:	<input type="checkbox"/>

No	Agenda Items	Time	Lead	Summary Meeting Notes
1.	<b>CALL TO ORDER</b>	9:00 a.m.	Becky Hammill	Becky called to order at 9:04
2.	<b>Welcome, Introductions, Review of agenda, Review and approval of January minutes</b>	9:05 a.m.	Becky Hammill Annabelle Payne	January minutes approved without amendments
3.	<b>Executive Committee update (Membership changes, bylaws updates)</b>	9:30 a.m.	Executive Committee Members	Discussed open position of co-vice-chair representing Mental Health. Went over responsibilities and expectations, replacement process, and the steps any members would take to put their name in for consideration. Becky went over the ongoing work by the executive committee on revising the bylaws.  <b>ACTION ITEM – Philip will compose and send out one vacancy for youth representation (ages 18-21/24)</b>
4.	<b>Director's Update</b> <ul style="list-style-type: none"> <li>General update</li> <li>Legislative issues</li> </ul>	10:15 a.m.	Melodie Pazolt	New DBHR asst. director Keri Waterland will start in May. Went over the high volume of behavioral health related bills under consideration this legislative session. Discussed ITA bill in detail, as requested by Exec. committee. It would integrate MH and SUD in expanding time periods an individual could be held involuntarily, expanding minimums from 72 hours to five days and potentially divert from the maximum of 14 days.  Becky reminded the group to address any communications to legislators as an individual and not as a representative of BHAC. <u>Jorden</u> asked about incarceration issues that disproportionately impact MH-involved individuals. Melodie went over bill info and

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				Trueblood settlement. Discussed capital budget and partnering with Commerce on housing trust, also the latest report on housing and support services through Amerigroup.
5.	<b>Break</b>	11:00 a.m.		
6.	<b>Presentation: A Trauma-Informed Approach to Care</b>	11:15 a.m.	Diana Cockrell	Presented on a new initiative to enhance and support statewide adoption of a trauma-informed approach to care. Will be launching a website and email address in the near future and will be soliciting referrals for providers or champions of trauma-informed approach (keynote speakers, special events, etc) as well as a series of smaller grants to “train the trainer” and change the dialogue.
7.	<b>Council Member Updates</b>	12:00 p.m.	All Members	<p>Conversations with MCOs around cost savings while maintaining standards of care.</p> <p>Challenges around rural service provision with limited/monopoly services and negative impacts on trust with service provision overall after even a single bad experience transferring over to primary care under the whole person model.</p> <p>Pilot project with students at New Horizons high school to become peer counselors. Expanding next year to become an academic pathway into social services, receiving dual-credit with local community college.</p> <p>Recently opened branch offices offering workshops and parental support groups with the goal of evolving into whole-family programs. Getting interns from the MSW field to expand training opportunities, and working on improving community trust in the BH system.</p> <p>Peer Bridgers at Eastern State Hospital working towards making the group more efficient and empowered through a person-centered approach, seeing more community members in the news discussing the benefits of trainings, while getting close to finishing degree and feeling it.</p> <p>Discussed process of starting a new non-profit to assist families and individuals in accessing resources and navigating the process, and meeting with legislators at different levels to assess needs</p> <p>Passage of rent control legislation in Oregon</p> <p>Recently got a tattoo and shared the meaning behind it, serving as a conversation starter for discussing personal story.</p>
8.	<b>Update on anti-Stigma campaign</b>	1:00 p.m.		Want to create a durable product that can then be used and advertised in multiple formats. Possibly getting the MCOs on board to assist in distribution. Richelle volunteered to assist with messaging (HCA staff is also available). Sharon volunteered to help with MH representation.

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9.	<b>Project updates:</b> <ul style="list-style-type: none"> <li>• Strategic Planning</li> <li>• Visibility</li> </ul>	1:45 p.m.		How can BHAC participate in improving the culture and awareness around peer supports? Recommended HCA communication staff with experience working with integration.
10.	<b>Topics for May - May Meeting: 5/1 at Ramada Inn</b>	2:30 p.m.	Becky Hammill Annabelle Payne	<p>MCOs –Panel discussion with around service provision and implementation. Questions raised around what is the councils’ role in relation to the MCOs and the ACHs?</p> <p>FYSBRT - Statewide/regional FYSBRT presentation</p> <p>DoC – Interest around vulnerability for the recently released as well as MAT and diversion efforts to keep people out of jails</p> <p>DoH – Update on Healthy Youth Survey results</p> <p>Peer Supports – suggested speaker Pattie Marshall from DBHR</p> <p>Problem gambling – suggested speaker Roxanne Waldron from DBHR, and March is the awareness month for this issue.</p> <p>Cannabis – Invite a speaker from LCB to discuss how money is being used for prevention, how intoxication is measured for DUIs.</p>
11.	<b>Adjourn</b>	3:00 p.m.	Becky Hammill Annabelle Payne	Adjourned early, at 1:45

#	Action Item	Assigned To:	Date Assigned:	Date Due:	Status

