



## Children and Youth Behavioral Health Work Group – Prenatal through Five Relational Health (P5RH) Subgroup

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April 19, 2024

### Glossary of Terms

AAC: Agency Affiliated Counselor

ACH: Accountable Communities of Health

CCBHC: Certified Community Behavioral Health Clinic

CHW: Community Health Worker

CRIS: Crisis Response Improvement Strategy Committee

DOH: Washington State Department of Health

HCA: Washington State Health Care Authority

IECMH: Infant and Early Childhood Mental Health

RCW: Revised Code of Washington

SUD: Substance-Use Disorder

### Meeting Topics

Understanding the landscape of P5RH issues

- Presentation: 2024 legislative session recap and updates on key issues
- Presentation: IECMH Workforce Project, Monica Oxford, University of Washington Barnard Center
- Discussing the development of P5RH Subgroup issue framework and related materials

### Discussion Summary

#### 2024 legislative session recap and updates

1. Session overview
2. Early ECEAP (ECEAP = Early Childhood Education and Assistance Program, pronounced “e-cap”)
  - a. The ask:
    - i. Expand slots (budget request for 400 slots at \$9.6M)
      1. Outcome: *Not funded*
    - ii. Streamline eligibility to make access easier for families and provide more financial predictability and stability for programs ([2SHB 2124](#), Rep. Eslick)
      1. Outcome: *passed*
  - b. Considerations for moving forward
3. Infant and early childhood mental health consultation (IECMH-C)
  - a. For the purpose of the P5RHS recommendation, IECMH-C refers to a specific program called Holding Hope which is statewide and administered by Child Care Aware of Washington and their [six regional early learning partners](#).
  - b. Outcome: *Funded at \$1.75m, on-going.*
  - c. Program updates
    - i. Current capacity



1. 15 FTE mental health consultants (MHCs) across the state, plus 2.25 FTE dedicated to the waitlist support (which is what P5RHS focused on in 2023)
  2. 12 MHCs identify as people of color
  3. 4 fluent in Spanish/English, 2 in Somali/English, 2 in Tagalog/English
  4. Delivering support to waitlisted providers including individual and group reflective consultation and group trainings. Every waitlisted provider is offered this "Tier 1" support until the on-site Holding Hope services can be shared.
- ii. Stretching resources.
    1. Some regions are creatively blending Holding Hope, ECEAP and other regional grants so that some MHCs have blended caseloads (child care, ECEAP, FFN sites). The total number of consultants (part-time and FTEs) associated with the Holding Hope team is 21.
  - iii. Overview of current funding
  - iv.

## **IECMH Workforce Project (2024 proviso)**

- This past (2024) legislative session, the legislature appropriated \$250k for the UW Barnard Center for Infant and Early Childhood Mental Health to identify existing IECMH workforce initiatives and activities in consultation with HCA and community stakeholders. This includes:
  - A report of findings and recommendations for expansion, diversification, training and retention within the IECMH workforce to appropriate committees of the legislature and the CYBHWG as established in [RCW 74.09.4951](#) pursuant to [RCW 43.01.036](#) by June 30, 2025.
- Purpose: Create a cohesive approach to: (1) expand, (2) diversify, (3) train, and (4) retain the IECMH workforce so that families of children prenatal through age five receive relationship-centered, diversity-informed, culturally-responsive, anti-racist, anti-oppressive, healing-forward, and developmentally-focused services.
- Method: **liberatory design**
- Timeline

### 2024

- Phase 1: Project set up and design (April-June)
- Phase 2: Stakeholder engagement round 1 (July-August)
- Phase 3: Data analysis (September-October)
- Phase 4: Stakeholder engagement round 2 (October-November)
- Phase 5: Drafting implementation plan (December)

### 2025

- Phase 6: Advocacy & prototyping (January-May)
- Phase 7: Final Report (June)

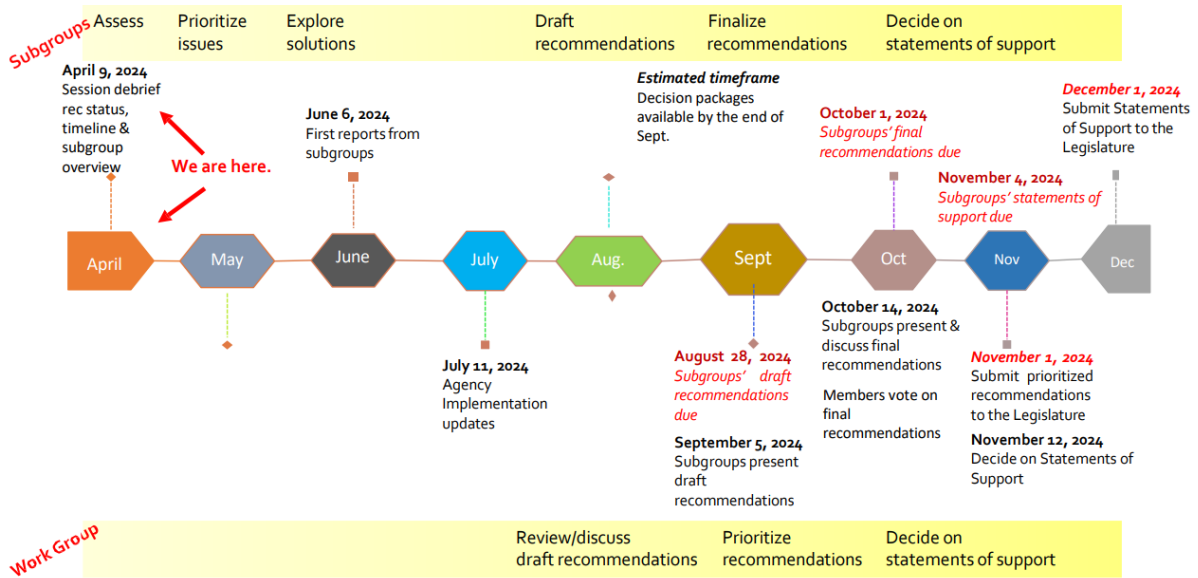


- Get involved: Contact Monica Oxford, [mloxford@uw.edu](mailto:mloxford@uw.edu)
- HCA [IECMH Statewide Tour Report](#)

### Look Ahead: 24/25 Schedule

#### CYBHWG Schedule

2024 Children and Youth Behavioral Health Workgroup (CYBHWG) Timeline



#### W&R Schedule

\*(April-August) The schedule for September-December is still under development. All meetings below take place on the first and third Wednesdays of the month, unless otherwise indicated.

- May 1 – 10 to 11
- May 15 - 10 to 11
- June 5 – 10 to 11
- \*Friday, June 21 – 10 to 11
- July 3 – 10 to 11
- July 17 – 10 to 11
- August 7 – 10 to 11
- August 21 – 10 to 11