

CYBHWG School-based Behavioral Health and Suicide Prevention (SBBHSP) subgroup

Date: June 26, 2024
Time: 3 – 5:00 PM

Leads: Representative My-Linh Thai
Christian Stark, OSPI

| Professional Members | | | | | |
|-------------------------------------|--|-------------------------------------|---|-------------------------------------|--|
| <input type="checkbox"/> | Devyna Aguon, Renton School District | <input checked="" type="checkbox"/> | Sinuon Hem, Asia Pacific Cultural Center | <input checked="" type="checkbox"/> | Daniel Smith, Community Health Plan of WA |
| <input checked="" type="checkbox"/> | Alice Amaya, Pasco School District | <input type="checkbox"/> | Megan Howard, OESD 114 | <input type="checkbox"/> | Joseph Soliz, Granger School District |
| <input type="checkbox"/> | Gina Cabiddu, Kids Mental Health WA | <input checked="" type="checkbox"/> | Delaney Knotterus, King County | <input type="checkbox"/> | Chetan Soni, WA Youth Alliance |
| <input checked="" type="checkbox"/> | Phyllis M. Cavens, MD, Child & Adolescent Clinic | <input checked="" type="checkbox"/> | Joe Neigel, Monroe School District | <input type="checkbox"/> | Michelle Sorensen, Richland School District |
| <input checked="" type="checkbox"/> | David Crump, Spokane Public Schools | <input checked="" type="checkbox"/> | Jill Patnode, Kaiser Permanente | <input checked="" type="checkbox"/> | Tabby Stokes, Vancouver Public Schools |
| <input type="checkbox"/> | Jodie DesBiens, NWESD 189 | <input checked="" type="checkbox"/> | Elise Petosa, WA Association of School Social Workers | <input type="checkbox"/> | Nigar Suleman, WA State PTA |
| <input type="checkbox"/> | Jeanne Dodd, Burlington School District | <input checked="" type="checkbox"/> | Megan Reibel & Rafaela Steen, UW Forefront Suicide Prevention | <input checked="" type="checkbox"/> | Mabel Thackeray, Quillayute Valley School District |
| <input checked="" type="checkbox"/> | Erin Dury, WA School-based Health Alliance | <input checked="" type="checkbox"/> | Nolita Reynolds, Catholic Community Services | <input checked="" type="checkbox"/> | Brook Vejo, Beacon Health Options |
| <input type="checkbox"/> | Brooke Fox, Frank Wagner Elementary School | <input type="checkbox"/> | Renee Schoening, Whitworth University | <input type="checkbox"/> | |
| <input type="checkbox"/> | Britnee Harvey, Shine Light on Depression | <input checked="" type="checkbox"/> | Rayann Silva, UW SMART Center | <input type="checkbox"/> | |

| Youth Members | | | | | |
|-------------------------------------|------------------|-------------------------------------|---------------|-------------------------------------|----------------|
| <input checked="" type="checkbox"/> | Eliasib Alvarado | <input type="checkbox"/> | Zoe Barnett | <input type="checkbox"/> | Rowan Guerrero |
| <input checked="" type="checkbox"/> | Taanvi Arekapudi | <input type="checkbox"/> | Payton Frank | <input checked="" type="checkbox"/> | Pradyu Kandala |
| <input type="checkbox"/> | Hanna Baker | <input checked="" type="checkbox"/> | Keira Gregson | <input type="checkbox"/> | |

| Parent/Guardian/Family Members | | | | | |
|-------------------------------------|----------------|--------------------------|------------------|-------------------------------------|--------------------|
| <input type="checkbox"/> | Valerie Denney | <input type="checkbox"/> | Richelle Madigan | <input checked="" type="checkbox"/> | Danielle Ouellette |
| <input checked="" type="checkbox"/> | Peggy Dolane | <input type="checkbox"/> | Arnie Martinez | <input checked="" type="checkbox"/> | Byron Smith |
| <input checked="" type="checkbox"/> | Shawnda Hicks | <input type="checkbox"/> | Yahaira Nava | <input type="checkbox"/> | Marcella Taylor |

Staff: Athena Ruggiero | OSPI

| Meeting notes |
|--|
| <p>Colorado’s Statewide Universal Free Therapy for School-aged Youth Senator Dafna Michaelson Jenet, <i>CO State Senate, District 21</i> Paul Barnett, <i>Director of Child Youth & Family Services, CO Behavioral Health Administration</i> Danielle Ryan, <i>Legislative Assistant, Senator Michaelson Jenet’s office</i></p> <p>Notes:</p> <ul style="list-style-type: none"> Had to postpone this presentation – Travel conflict |

- Looking to reschedule presentation later this summer, time/date TBD

WA Project AWARE Update

Bridget Underdahl, *Assistant Director, Mental Health Systems, OSPI*

Highlights

- Federal grant
- 2 concurrent grants
 - AWARE 2.0 & 3.0
 - Innovation Grants/Transformation Grants
 - 10 years of AWARE
- Goals w/ Grant funding
 - Increase awareness of mental health issues
 - Connect youth with BH needs to services
 - Train school personnel
- Interconnected system framework
 - Tier 1 – Universal overall MTSS
 - Tier 2 – Targeted interventions
 - Tier 3 – wrap around services
- Capacity building grant
 - Substance abuse prevention
- Over 30 School Partnerships
- LEAs (Districts and ESDs) could apply for 2.0 & 3.0
- Policy Impact
 - Inform
 - Share community voices
 - Taking back best practice insight
- Problems of Practice
 - Workforce
 - Stigma
 - Organizational wellness
 - Sustainability
 - Policy Changes
 - Have been made or will be made
 - Capacity Building
 - Grant/Project Funding
 - Braiding Funds
- Problems of Practice 2023-2024 Data Collection & Review
 - Social Skills/Isolation
 - Awareness
 - Trauma
 - Culturally responsive

- <https://ospi.k12.wa.us/student-success/health-safety/school-safety-center/mental-social-behavioral-health/project-aware>
- [Project AWARE \(Advancing Wellness and Resiliency in Education\) | SAMHSA](#)

Discussion

- Statewide required training requires funding
- Keira Gregson - How to get involved with this work?
 - Reach out to Bridget bridget.underdahl@k12.wa.us
- Peggy Dolane – why do you call it mental health and not behavioral health? This adds to the stigma
- Sinuon Hem - Why aren't teachers getting some basic training in Mental Health/ Students are having problems relating to students now?
 - Students are losing interest with learning
 - Are we reaching their potential? Teachers need to get involves in teaching more Technologies and Social Media Students can travel around the world in the palms of their hands
 - We are still stuck with the basic teaching skills
 - Most of the time, students really need a lot more connection with teachers, and teachers are exhausted.
 - Like I mentioned about giving teachers on doing more Self-care training and hiring teachers that can related to students and have a good hearts to help young people grows.
- Byron Smith - Are we putting more mental health training into the college ED programs?
- Eliasib Alvarado – I'm not sure if you touched on this but how does project aware make sure schools know about the funding opportunities available? (For my notes)
- Eliasib Alvarado - How does project AWARE make sure the continuation/survival of its programs and services once grant funding ends?
 - Bridget Underdahl - Great question, the sustainability slide in my presentation captures some of that work. I'll drop my slide deck below, thanks!
- Erin Wick - ESD 113 was one of the first 3 Project Aware sites and also a licensed behavioral health agency. We have sustained services in our original districts through Medicaid billing and district contributions.
- Shawnda Hicks - This program and type of support is desperately needed in our rural pocket communities! If there is opportunity to bring this to Clallam County, The Olympic Peninsula, I would be happy to support the work.
- Byron Smith - We can't throw money at a system that lacks resources - people. Bring in the retired educators to develop a youth corps for recent graduates as classroom assistants. Student>Counselor Job Corps>School/classroom Interns>Teachers/Counselors.

SBBHSP Recommendation Process Overview & History

Christian Stark, *OSPI*

Highlights

- Identify
- Educate
- Recommend Policy
- 2024 Legislative Recommendations
 - Funding for school districts – did not pass, not funded
 - Mental health training – did not pass, not funded
 - Designating lead agency – did not pass, not funded
 - To increase collaboration and reduce the amount of siloed work being done

- Access to student mental health education – Funded \$150,000 for OSPI to hire MH Instruction Implementation Coordinator
 - OSPI is in the process of hiring this person
- OSPI looking to host some In Person Community Engagement Partnership sessions
 - CBOs that support
 - LGBTQIA+
 - Students of color
 - Students with disabilities
 - Students in migratory working families
 - Tribes

Discussion

- Don't be discouraged by the items we did not get funded on. Keep advocating! Continue to educate Legislators.

See 'SBBHSP Legislative Guide 2021-24' for information on past SBBHSP legislative recommendations.

Public Comment

None

Announcement

- Next meeting – Wednesday, July 17th | 3-5pm on Zoom
- Feedback link - <https://survey.alchemer.com/s3/7902397/June-2024-SBBHSP>

Attendees:

State Agency & CYBHWG Staff:

Ace Bulger, HCA
Alyssa Fogel (she/her)
Angel Zhou (she/they)
Bridget Underdahl, OSPI
Brisa Sanchez Cornejo - OSPI
Brittany Mullins, WA State Medicaid
Candis Coble, OSPI (she/her)
Delika Steele
Ellen McGuire HCA (she/her)
Enos Mbajah, he/him (P-25/DBHR/HCA)
Erika Rodriguez, OSPI
Francesca Matias, OSPI
Heather Rees, OSPI
Jennifer Price, HCA
Julee Christianson, OSPI
Julia Kemner, BH Catalyst
Kelabe Tewolde
Kelsey C. Winters, WSSDA
Kerry Bloomquist, OSPI
LaPalm, Megan (COM)
Larry Kinread, OSPI

Meghan Hopkins, DSHS DDA (she/her)
Mikhail Cherniske, OSPI
Monica Webster (HCA/DBHR)
Sonya Salazar, HCA
Stacey Bushaw, HCA
Todd Slettvet, HCA-Medicaid, WA

State Legislators & Staff:

Erika Boyd, Rep. Lisa Callan's Office
Representative Lauren Davis
Representative Carolyn Eslick

Public Attendees:

Amber Ulvenes
Anni Jean-Pierre (she/her) | Children's Alliance
Chelsea Stone, CHPW/CHNW
Colleen McCarty
Connie Mom-Chhing, CHPW
Erin Wick
Josh Henderson (CSD REACH/CLIP)
Kacey Guin, Ballmer Group
Karen Pillar
Katie Shaler
Kristin Houser
Laurie Lippold
Lelach Rave
Max Lau, Children's Alliance
Nasue Nishida
Roz Thompson - AWSP
Shelley Seslar NCESD
Sophie King, SCCN
Taryn Kovac
Thalia Cronin, CHPW/CHNW
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