

CYBHWG School-based Behavioral Health and Suicide Prevention (SBBHSP) subgroup

Date: 9/18/2024
Time: 3:00 – 5:00 PM

Leads: Representative My-Linh Thai
Christian Stark, OSPI

Professional Members			
<input checked="" type="checkbox"/>	Devyna Aguon Renton School District	<input type="checkbox"/>	Sinuon Hem Asia Pacific Cultural Center
<input type="checkbox"/>	Alice Amaya Pasco School District	<input checked="" type="checkbox"/>	Megan Howard OESD 114
<input checked="" type="checkbox"/>	Gina Cabiddu Kids Mental Health WA	<input checked="" type="checkbox"/>	Delaney Knottnerus King County
<input checked="" type="checkbox"/>	Phyllis M. Cavens, MD Child & Adolescent Clinic	<input checked="" type="checkbox"/>	Joe Neigel Monroe School District
<input checked="" type="checkbox"/>	David Crump Spokane Public Schools	<input type="checkbox"/>	Jill Patnode Kaiser Permanente
<input checked="" type="checkbox"/>	Jodie DesBiens NWESD 189	<input type="checkbox"/>	Elise Petosa WA Association of School Social Workers
<input type="checkbox"/>	Jeannie Dodd Burlington School District	<input checked="" type="checkbox"/>	Megan Reibel & Rafaela Steen UW Forefront Suicide Prevention
<input checked="" type="checkbox"/>	Erin Drury WA School-based Health Alliance	<input checked="" type="checkbox"/>	Nolita Reynolds Catholic Community Services
<input type="checkbox"/>	Brooke Fox Frank Wagner Elementary School	<input checked="" type="checkbox"/>	Renee' Schoening Whitworth University
<input type="checkbox"/>	Britnee Harvey Shine Light on Depression	<input checked="" type="checkbox"/>	Rayann Silva UW SMART Center
<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	Daniel Smith Community Health Plan of WA
<input type="checkbox"/>		<input type="checkbox"/>	Joseph Soliz Granger School District
<input type="checkbox"/>		<input type="checkbox"/>	Chetan Soni WA Youth Alliance
<input type="checkbox"/>		<input checked="" type="checkbox"/>	Michelle Sorensen Richland School District
<input type="checkbox"/>		<input checked="" type="checkbox"/>	Tabby Stokes Vancouver Public Schools
<input type="checkbox"/>		<input checked="" type="checkbox"/>	Gwen Loosmore WA State PTA
<input type="checkbox"/>		<input checked="" type="checkbox"/>	Mabel Thackeray North Thurston Public Schools
<input type="checkbox"/>		<input checked="" type="checkbox"/>	Brook Vejo Carelton Behavioral Health
<input type="checkbox"/>		<input type="checkbox"/>	
<input type="checkbox"/>		<input type="checkbox"/>	

Youth Members			
<input checked="" type="checkbox"/>	Eliasib Alvarado	<input type="checkbox"/>	Zoe (Crow) Barnett
<input checked="" type="checkbox"/>	Taanvi Arekapudi	<input type="checkbox"/>	Payton Frank
<input checked="" type="checkbox"/>	Hanna Baker	<input type="checkbox"/>	Kei Gregson (Lead)
<input type="checkbox"/>		<input type="checkbox"/>	Rowan Guerrero
<input type="checkbox"/>		<input checked="" type="checkbox"/>	Pradyu Kandala
<input type="checkbox"/>		<input type="checkbox"/>	

Parent/Guardian/Family Members			
<input checked="" type="checkbox"/>	Valerie Denney	<input checked="" type="checkbox"/>	Richelle Madigan
<input checked="" type="checkbox"/>	Peggy Dolane	<input type="checkbox"/>	Arnie Martinez
<input checked="" type="checkbox"/>	Shawnda Hicks (Lead)	<input type="checkbox"/>	Yahaira Nava
<input type="checkbox"/>	Brandi Kingston	<input type="checkbox"/>	Danielle Ouellette
<input type="checkbox"/>		<input checked="" type="checkbox"/>	Byron Smith
<input type="checkbox"/>		<input checked="" type="checkbox"/>	Marcella Taylor
<input type="checkbox"/>			
<input type="checkbox"/>			

Staff: Diane Stead | OSPI

Agenda Items	Lead
<p>Welcome + Announcements</p> <p>Fall Community Engagement Forums, register today!</p> <p>East Side: October 23, 2024 – Registration Link</p> <ul style="list-style-type: none"> • Education Service District 123 in Pasco, WA • Wednesday, October 23rd 2:30-4:30pm <p>West Side: November 8, 2024 – Registration Link</p> <ul style="list-style-type: none"> • Education Service District 113 in Tumwater, WA • Friday, November 8th 2:30-4:30pm <p>Fall schedule changes</p> <p>We won't have an October Zoom meeting</p> <p>Final Recommendation Survey</p> <ul style="list-style-type: none"> • If you're a member of our group, you got an email with information about the recommendation survey ~noon on Friday, 9/20 • There is one page for every proposal. We would like you to rank the 7 'new' recommendations in order of priority. The Mental Health Literacy proposal is a 'legacy' item, just need a 'Yes/No' support vote on that item to advance it. • We recorded thi meeting so members can review for information • Drop-in hours on Monday (4:30-6p) on Zoom if you have questions about the survey. • Stipend for filling out the survey (roughly 1 hour) for members with lived experience. <p>Legislative Session Preview, Rep. Thai</p> <ul style="list-style-type: none"> • Not everyone is familiar with the legislative process. • Next session is 105 days (long session). That will be the session for budget decisions. • Because the main responsibility is funding, especially for education and health services. States have to balance the budget – state governments do acquire debt. Every quarterly budget forecast is available to the public. This includes all income sources and budget items. Education funding is constitutionally guaranteed. The most recent budget forecasts have not been very positive. We are projecting a \$3m – 1B shortfall. • We need a clear vision and understanding of how we can prioritize funding. <p>Q: Is the budget forecast deficit a 2-year or one year? A: 2 year Q: taking into account initiatives? A: Q: Does the budget include special education?</p>	<p>Christian Stark, OSPI Representative My-Linh Thai, 41st Legislative District</p>

A: The funding that we have done in the last session is the same, this is without any additional funds. We plan to maintain funding without adding funding, but we can change or shift funds. During the really hard times, there were very difficult conversations about maintaining services. We have not fully funded Special Education. We have asked OSPI for data on how much we need to fully fund Special Education. We do not know if we have the additional funds needed yet.

The next revenue forecast will be on November 20.

<https://erfc.wa.gov/forecasts/revenue-forecast>

Recommendation Proposal #1: Strengthening Statewide Capacity

See slide deck in meeting materials

Discussion:

One of the challenges this proposal will need to overcome is the fact that our behavioral health experts at DOH and HCA report to different elected than OSPI. So, this would have to include a mandate for collaboration between these state institutions.

In addition, juvenile justice and Child Protective Services exist in yet another silo.

What does “holding OSPI accountable” mean/look like?

Accountability is a great idea, but we don't seem to be able to hold ourselves accountable when we haven't fully funded special education. Again, the question is, what does OSPI accountability look like?

The proposal is asking for the state to designate a lead agency, OSPI, to provide direction and accountability.

This would require OSPI, in partnership with state, regional, and local entities, to:

- Define **minimum expectations** for each of the components of a comprehensive set of school behavioral health supports
- Establish **strategic direction and goals** for statewide programming to strengthen the capacity of schools to implement to implement supports and reduce system barriers
- Be **accountable** for ensuring schools have the information and resources they need to meet student behavioral health needs

What if the legislature does not fund the necessary levels to meet student behavioral health needs? Who is accountable then? Accountability is meaningless when we keep having to file lawsuits that don't lead to fully funding basic education. When children aren't provided with the educational supports they need, it frequently leads to behavioral health challenges -- depression, dropping out, addiction are all consequences of not fully funding special

The playbook and training center make a lot of sense. And I like the idea of an accountability focus for OSPI, we just need to have a clear idea and plan on how that works. I'm not seeing it in the presentation today

Devyna Aguon, Renton School District
Mabel Thackeray, North Thurston Public Schools
Tawni Barlow, Medical Lake School District
Eric Bruns, UW SMART Center

Recommendation Proposal #2: Expand Workforce for Student Well-being Program
See slide deck in meeting materials

We recruit students with diversity goals and financial need who otherwise would be unlikely to attend graduate school.

www.wswinitiative.org

Recommendation Proposal #3: Improve ratio of Social Workers to students in WA schools.

See slide deck in meeting materials

Wondering if the prototypical percentage increase needed is low. 1:250 vs. 1:40,000 seems like more than 93%.

Recommendation Proposal #4: Improve training on BH skills and staffing for school staff

See slide deck in meeting materials

I really appreciate the advocacy and awareness of the important role of School Social Work and have firsthand experience with these statistics. There are highly trained SSW who unfortunately are not being hired due to a lack of available positions. A multi-disciplinary approach is critical for MTSS implementation.

We do need everyone — mental health and safety belongs to everyone!! In school, home and community!

Assume the State will fund this ask, do we have adequate workforce to fill these positions?

How do we keep these workers within schools? I think we train a lot of people, and they get their feet wet in schools, but then they move on to higher paying jobs in the private sector

Should we start with the administrators first?

We have found that community-based MH workers often moved to school-based jobs due to the stability, quality of life and alignment of their hours and calendars with their own children's school schedule!

Yes- that's part of why I left community mental health and came to a school-based job.)

Who are well-trained and qualified workers? We need to promote expertise and more importantly, provide funding.

<https://wswinitiative.org/>

Jenn Stuber, UW SMART Center
Rachel Barrett, UW SMART Center

<p>Recommendation Proposal #5: Funding for School Districts for Screening, Recognition, & Response to Emotional & Behavioral Distress in students</p> <p>Question: which way of funding is more likely to be continued year over year? Grants seem to be time limited and lead to temporary programs instead of sustained programs.</p> <p>Q: When they speak of training are they referring to in-person training or virtual? A: not clear</p> <p>Recommendation Proposal #6: School BH Staffing Landscape Assessment</p> <p>So then why are larger districts like Seattle, consolidating elementary schools to be able to provide these supportive staff?</p> <p>Q: Who will do the landscape assessment? A: We will try to get a budget for the programs. There are several different types of organizations that could be tasked by the legislature to do this work.</p> <p>What does accountability mean? It would be helpful to get specifics to inform the decision.</p> <p>Group members can make proposals as far as policy. We can have Office of Financial Management pull together a fiscal note. Budget should not determine whether we ask or not.</p>	<p>Christian Stark, OSPI</p>
<p>Recommendation Proposal #7: AESD BH SAP Program Expansion</p> <p>Are conduct screenings part of developing behavior intervention plans?</p> <p>Yes, screenings are conducted by the SMART Center.</p> <p>Do you have any idea of which students are not being served by this program? Are there students not being referred that might be?</p> <p>We create a student concern support team. That team uses a lot of different strategies to identify students in need who could benefit from the program. We also work with the staff so they know what symptoms to look for so they can provide a referral.</p> <p>Is that like a sight intervention team? (SIT meetings)</p> <p>What percentage of districts are participating? Roughly 6%</p> <p>Is there space in your data collection for those stories</p> <p>Here's a representative quote from a school staff: "<i>“Since [the SAP] joined our school [they] have been a strong advocate for the kids here at the high school and a major support. Students look for them all the time and has been beyond helpful to the counseling staff.”</i></p>	<p>Erin Wick, Education Service District 113 Jodie Desbiens, Education Service District 189 Eric Bruns, UW SMART Center</p>

<p>Another: "“...They make relationships with students, provide coping skills, and support healthy choices in ways that other staff often cannot.”</p> <p>Here are some BHSAP quotes from students: I always come to school on group days because I like to know that I will have a break from class to talk about what’s bothering me. I learned what are good coping skills to handle my anger and frustration, and how to control it when I want to blurt things out in class. I don't get in trouble as much at school now.</p> <p>Groups helped me feel more confident and know what to do when I’m feeling stressed out. I’m taking better care of myself, and I actually go out and do things instead of sitting on my phone all day. I liked talking to other people who were experiencing the same things as me.</p> <p>The program helped me a lot in certain ways that I don’t know how to explain. I’m not very good at talking to people about what is going on with me or why I’m upset. But after going through the program, I’ve been able to talk to people about how I feel and what’s going on with me a lot more.</p> <p>Would Seattle Public Schools be ONE site?</p> <p>What does this cost per school? What would it take to be available statewide?</p> <p>Will have to come back with the costs.</p> <p>Am I right this is more of a middle and high school program?</p> <p>We are implementing this model at all level K-12 but the majority of the sites are MS and HS.</p>	
<p>Recommendation Proposal #8: Mental Health Literacy Coordinator extension</p> <p>www.mentalhealthinstruction.org</p> <p>In my engagement with students during the interim, because they didn’t know of this work at the state level, with young people asking for it, as well as educators.</p> <p>At this point we seem to be talking about a 6-hour, 8-1/2-month student assistance project.</p> <p>I am still concerned (like school lunches) what about the other missing times and access?</p>	<p>Todd Crooks, Chad’s Legacy Project Jodie Buntain-Ricklefs, UW SMART Center</p>
<p>OSPI 2025 Budget Request: Statewide Support for Student Mental & Behavioral Health</p> <p>OSPI Behavioral Health Budget Request: https://ospi.k12.wa.us/sites/default/files/2024-09/p17-2025-statewide-support-student-mental-and-behavioral-health.pdf</p> <p>All OSPI Budget Requests for 2025: https://ospi.k12.wa.us/policy-funding/legislative-priorities/legislative-budget-requests</p> <p>Why is fully funding special education not part of OSPI's request?</p>	<p>Misha Cherniske, Government Relations, OSPI</p>

https://ospi.k12.wa.us/sites/default/files/2024-09/p13-2025-fully-funding-equitable-high-quality-services-all-students-disabilities_0.pdf	
Meeting Adjourned	

Attendees:

State Agency & CYBHWG Staff:

Bridget Underdahl, OSPI
Brisa Sanchez Cornejo, OSPI
Brittany Mullins, WA State Medicaid
Cindi Wiek, HCA
DeeSha Connor, DOH
Delika Steele, OIC
Ella DeVerse, DCYF
Enos Mbajah, HCA
Erika Rodriguez, OSPI
Francesca Matias, OSPI
Jason McGill, WA HCA/Medicaid
Julia Kember, Behavioral Health Catalyst
Kerry Bloomquist, OSPI
Meghan Hopkins, WA DSHS DDA
Misha Cherniske, OSPI
RJ Monton, OSPI
Rose Spidell, DDA
Stacey Bushaw, HCA
Tammy Bolen, OSPI
Todd Slettvet, WA HCA-Medicaid

State Legislators & Staff:

Rep. Carolyn Eslick, 39th District

Public Attendees:

Adam Davis
Chelsea Stone, CHPW/CHNW
Kourtney Johnson, Newport Healthcare
Lula Sloans
Matt Crichton
Meredith Piehowski
Michelle Wilright
Patrick
Reid Saaris
Roz Thompson, AWSP
Shelley Seslar, NCESD
Tessa Gooding, Newport Healthcare
13607640097
C072230