

School-based Behavioral Health and Suicide Prevention Subcommittee

Of the Child and Youth Behavioral Health Work Group

May Meeting – 6.26.24



Washington Office of Superintendent of
PUBLIC INSTRUCTION



Vision

All students prepared for post-secondary pathways, careers, and civic engagement.

Mission

Transform K–12 education to a system that is centered on closing opportunity gaps and is characterized by high expectations for all students and educators. We achieve this by developing equity-based policies and supports that empower educators, families, and communities.

Values

- Ensuring Equity
- Collaboration and Service
- Achieving Excellence through Continuous Improvement
- Focus on the Whole Child



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Equity Statement

Each student, family, and community possesses strengths and cultural knowledge that benefits their peers, educators, and schools.

Ensuring educational equity:

- Goes beyond equality; it requires education leaders to examine the ways current policies and practices result in disparate outcomes for our students of color, students living in poverty, students receiving special education and English Learner services, students who identify as LGBTQ+, and highly mobile student populations.
- Requires education leaders to develop an understanding of historical contexts; engage students, families, and community representatives as partners in decision-making; and actively dismantle systemic barriers, replacing them with policies and practices that ensure all students have access to the instruction and support they need to succeed in our schools.



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Tribal Land Acknowledgment



ONE Logo
by Roger Fernandes
(Lower Elwha Klallam Tribe)

We start today with a land, water, and people acknowledgement. OSPI is here in Olympia, on the traditional territories of the Coast Salish people, specifically the Squaxin Island peoples. We say their name out loud because they are still here today despite the attempted erasure of their language, culture, and bodies. We, as OSPI and the SBBHSP Subcommittee, honor the past, present and future caretakers of these lands and dedicate our work to honor this place they call home. We strive to do so by respecting and affirming tribal sovereignty and culture, working with our tribal governments through the state in government-to-government partnership, and lifting tribal voice in the work of supporting student physical, social, and emotional well-being. We invite you to share the names of the first peoples on whose traditional lands you are joining us from today in the chat.

Agenda: June 26th, 2024

#	Agenda Items	Time	Lead
1.	Welcome	3:00 p.m.	Rep. My-Linh Thai & Christian Stark Co-Chairs
2.	Colorado's Statewide Universal Free Therapy for School Aged Youth	3:15 p.m.	Senator Dafna Michaelson Jenet , CO State Senate, District 21 Paul Barnett , Director of Child Youth & Family Services, CO Behavioral Health Administration Danielle Ryan , Legislative Assistant, Senator Michaelson Jenet's office
3.	WA Project AWARE Update	4:00 p.m.	Bridget Underdahl , Assistant Director, Mental Health Systems, OSPI
4.	SBBHSP Recommendation Process Overview & History	4:30 p.m.	Christian Stark , OSPI
5.	Public Comment	4:50 p.m.	
6.	Meeting Adjourned	5:00 p.m.	

Group Agreements

Share airtime; make sure all voices have the opportunity to be heard

Stay engaged

Speak your truth

Expect and accept non-closure

Listen with the intent to learn and understand

Assume positive intentions

Disagree respectfully

Clarify and define acronyms

Take care of yourself and take care of others

Ask for clarification

Listen harder when you disagree

Avoid using the phrase "committed suicide," instead refer to it as a cause of death

Person first language

Respect, but don't expect, the sharing of lived experience





Welcome Members and Guests

Co-Chairs



Representative My-Linh Thai

Christian Stark, OSPI



Members: Youth & Young Adults w/ Lived Experience



Alejandra Prado

Eliasib Alvarado

Hanna Baker

Keira Gregson

Kira Shirley

Payton Frank

Pradyu Kandala

Rowan Guerrero

Taanvi Arekapudi

Zoe Barnett



Members: Parents, Guardians, & Family Members with Lived Experience



Arnie Martinez

Brandi Kingston

Brandy Levene

Byron Smith

Danielle Ouellette

Kelly Adams

Marcella Taylor

Peggy Dolane

Richelle Madigan

Shawnda Hicks

Valerie Denney

Yahaira Nava



School, District, & Educational Service District Staff

Alice Amaya

Pasco School
District

Brooke Fox

Frank Wagner
Elementary

David Crump

Spokane Public
Schools

Devyna Aguon

Renton School
District

Jeannie M Dodd

Burlington Edison
School District

Jodie DesBiens

Northwest
Educational Service
District 189

Joe Neigel

Monroe School
District

Joseph Soliz

Granger School
District

Mabel Thackeray

Quillayute Valley
School District

Megan Howard

Olympia
Educational Service
District 114

Michelle Sorensen

Richland School
District

Tabby Stokes

Vancouver Public
Schools



Members: Health Care Providers & Community-based Organizations



Britnee Harvey Shine Light on Depression/Erika's Lighthouse

Brook Vejo Beacon Health Options

Nolita Reynolds Catholic Community Services

Phyllis M. Cavens, MD Child and Adolescent Clinic

Sinuon Hem Asia Pacific Cultural Center



Members: Local Government/Coalition, Managed Care, and Higher Education



Daniel Smith Community Healthplan of Washington

Delaney Knottnerus King County, Department of Community and Human Services, Behavioral Health and Recovery

Gina Cabiddu Kids Mental Health Washington

Renee' Schoening Whitworth University



Members: Advocacy & Other Professional Staff



Chetan Soni Washington Youth Alliance & Youth/Young Adult

Elise D Petosa Washington Association of School Social Workers

Erin Dury Washington School-Based Health Alliance

Jill Patnode Kaiser Permanente

Megan Reibel & Rafaela Steen Forefront Suicide Prevention

Nigar Suleman WA State PTA

Rayann Silva University of Washington School Mental Health Assessment Research & Training (SMART) Center



State Agency Staff Supporting the Subcommittee

Office of
Superintendent of
Public Instruction
(OSPI)

Health Care
Authority (HCA)

Office of the
Insurance
Commissioner
(OIC)

Department of
Health (DOH)

Department of
Children, Youth, &
Families (DCYF)

Department of
Social & Health
Services (DSHS)

WA State School
Directors'
Association
(WSSDA)





Colorado's Statewide Universal Free Therapy for School Aged Youth

Senator Dafna Michaelson Jenet, *CO State Senate, District 21*

Paul Barnett, *Director of Child Youth & Family Services, CO BH Administration*

Danielle Ryan, *Legislative Assistant, Senator Michaelson Jenet's office*



WA Project AWARE Update

Bridget Underdahl, *Assistant Director, Mental Health Systems, OSPI*

Purpose of the SBBHSP Subcommittee

To advise the CYBHWG on creating and maintaining an integrated system of care through a tiered support framework for preschool through twelfth grade school systems defined by the office of the superintendent of public instruction and behavioral health care systems that can:

- Rapidly **identify** students in need of care and effectively link these students to appropriate services
- Provide age-appropriate **education** on behavioral health and other universal supports for social-emotional wellness for all students, and
- **Improve** both education and behavioral health **outcomes** for students.

The school-based behavioral health and suicide prevention advisory group shall consider the broader behavioral health issues impacting children, youth, and families, while focusing on the issues that are unique to children and families that interface with schools. The work group co-chairs may invite non-workgroup members to participate as advisory group members.

What does the group *actually* do?

Bring people together

Monthly meetings with youth & family members, school and community behavioral health staff, advocacy, technical assistance, & other professional staff

Share information

- Highlight promising practices, share relevant data and information on system supports, and identify ongoing gaps in the system

Recommend policy changes

- Create annual recommendations to the CYBHWG for improving school-based behavioral health supports for P-12 students and their families in Washington



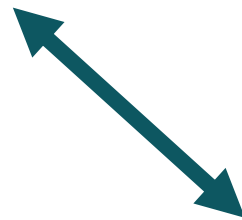
2024 SBBHSP Timeline

2024 Monthly Meeting Dates:

- Wednesday, April 17th
- Wednesday, May 15th
- **Wednesday, June 26th**
- Wednesday, July 17th
- Wednesday, August 21st
- Wednesday, September 11th
- Wednesday, October 9th
- Wednesday, November 6th
- Wednesday, December 11th

Recommendations Timeline:

- *August 28th* – Subgroups' **draft recommendations due**
- *September 5th* – Subgroups present draft recommendations
- *October 1st* – Subgroups' **final recommendations due**
- *October 14th* – Subgroups present & discuss final recommendations
- *November 4th* – Subgroups' **statements of support due**



*Meetings scheduled
from **3-5pm***



2024 Legislative Recommendations

<p>Funding for school districts: Provide funding to school districts to plan, coordinate, and provide school-based supports that address the emergent student mental health crisis.</p> <p style="text-align: right;">\$5 million request</p>	<p>Proviso request submitted & included in OSPI request HB 2280/SB 6216; did not pass & not funded</p>
<p>Mental health training: Provide funding to school districts to provide culturally-responsive mental health & suicide prevention training for school staff and student families.</p> <p style="text-align: right;">\$1 million request</p>	<p>Proviso request submitted; not funded</p>
<p>Designating a lead agency: Designate a statewide leadership authority for student behavioral health and well-being, with a mandate and the funding to ensure student access to comprehensive behavioral health services in school and interconnected community settings.</p> <p style="text-align: right;">\$\$ amt not specified</p>	<p>Proviso request submitted & included in OSPI request HB 2280/SB 6216; did not pass & not funded</p>
<p>Access to student mental health education: Fund a state position to serve as a mental health curriculum lead responsive for reviewing, disseminating, and cataloging high-quality mental health literacy curriculum for the P-12 education system.</p> <p style="text-align: right;">\$150,000 request</p>	<p>Funded: \$150,000 for OSPI to hire an MH instruction implementation coordinator</p>



2023 Legislative Recommendations

<p>Designate a lead agency for students' behavioral health: Designate a lead agency responsible for ensuring student access to the continuum of behavioral health and wellness services in school settings. In Year One, allocate funding for the designated lead agency to develop a work and project plan. In Year Two, include flexible funding to education service districts (ESDs) and school districts for development of comprehensive behavioral health services, support in becoming a licensed behavioral health provider, and/or to partner with community-based organizations (CBOs).</p> <p style="text-align: center;">\$200,000 request to create a workgroup</p>	<p>Proviso request submitted; not funded</p>
<p>Expand the number of school- and community-based clinicians serving students and expand the Partnership Access Line (PAL) in Schools pilot statewide: To increase the service capacity for schools across the state to provide access to and promote positive outcomes for Tier 2 and Tier 3 mental health interventions for all students: 1) Provide funding to districts to expand the number of school- and community-based mental health practitioners; and 2) Provide funding to expand the Partnership Access Line (PAL) in Schools pilot program statewide.</p> <p style="text-align: center;">\$10 million request</p>	<p>not funded; related priorities:</p> <p>\$0.5m for ESDs to provide access to tele-BH services in rural districts</p> <p>\$5m for ESDs to continue BH regional services grants to support districts</p>
<p>Funding for school-based health centers: Increase funding for school-based health centers (SBHCs) through the SBHC Program at the Department of Health (DOH). The SBHC Program provides grant funding—and partners to provide training and technical assistance—to SBHCs providing integrated medical, behavioral health, and other health care services in schools.</p> <p style="text-align: center;">\$5.655 million request</p>	<p>Funded: \$1.8m increase in funding for SBHC program at DOH</p>



2022 Legislative Recommendations

Grants to school districts for behavioral health clinicians: Provide base-level funding grants for 100 school-based licensed behavioral health clinicians in 2022 at \$65,000/FTE. To be eligible, school districts would need to designate matching funds from another source to fund full-time positions, including other district funds, grants, Medicaid billing, etc.

\$6.5 million request

Not funded



2021 Legislative Recommendations

Expand regional Multi-Tiered Systems of Support (MTSS)

capacity: Support the OSPI MTSS decision package to fund regional implementation specialists to train, coach, and support districts to align policies, personnel, and other resources so that their schools can implement and sustain MTSS with fidelity.

No state funding; Regional Implementation Coordinators (RICs) eventually funded at the 9 ESDs through a Fed. Grant and a mix of other funding

Increase school staffing ratios for safety & well-being

staff: Support the OSPI decision package specifically to (1) fund more appropriate staffing allocations to help ensure students are in healthy, safe, and productive learning environments, and (2) add additional days of professional development for certificated and classified staff, with requirements for racial literacy and cultural responsiveness.

Increases in the state allocations for physical, social, & emotional support (PSES) staff made in 2022 (\$113m '22-23; \$231m '23-24; \$353m '24-25);

ESSB 5044 (2021) required the development of cultural competency, diversity, equity, and inclusion (CCDEI) standards, requires school board members to complete CCDIE governance training program every 4 years; requires districts to use one state-funded professional learning day every other year on learning aligned with CCDEI standards



2024 Statements of Support

- Workforce for Student Well-Being extension
- Committee for Children Social Emotional Learning proposal
- Support the expansion of school-based health centers (SBHCs) to increase access to behavioral health care in academic settings
- Provide ongoing funding to the WA Homeless Student Stability Program
- Maintain and expand school-based prevention and intervention services for student behavioral and mental health through the AESD Network
- Addressing restraint and isolation in the school setting



Workforce Workshops – Thank you!

Four workshops across ~3 weeks:

- Tuesday, May 28th | 2-3pm
- Wednesday, June 5th | 3-4pm
- Tuesday, June 11th | 3-4pm
 - Youth & Family workshop
- Thursday, June 13th | 9-10am

19 total participants, including:

- 14 members + 5 others working in SBBH
- 4 parent/family members
- 1 youth/young adult
- 5 school/ESD staff
- And more!

We will share findings in depth at the July 17th SBBHSP meeting.



Thank you to everyone that participated!

Community Engagement Partnerships

Looking to partner with representatives from under-represented communities and other communities that are disproportionately represented in data around behavioral health need across the state, including (but not limited to),

- Community-based organizations that support:
 - LGBTQIA+ students
 - Students of color
 - Students with disabilities
 - Students in migratory working families
- Tribes and other organizations that serve native students to inform how our work empowers Tribal voice and addresses the needs of Native students



Next meeting

Wednesday, July 17th, 2024

3-5pm



We'd love your feedback!

Link: <https://survey.alchemer.com/s3/7902397/June-2024-SBBHSP>

The survey is anonymous, and you are welcome to answer as many, or as few, questions as you'd like

- Responses welcome from members, state agency reps, and public participants!



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