## Children and Youth Behavioral Health Work Group

## Children and Youth Behavioral Health Work Group (CYBHWG) Notes

## October 23, 2023

			Members		
$\boxtimes$	Representative Lisa Callan, Co-Chair	$\boxtimes$	Libby Hein		Joel Ryan
	Keri Waterland*, Co-Chair	$\boxtimes$	Dr. Robert Hilt		Noah Seidel
	Hannah Adira	$\boxtimes$	Kristin Houser		Maureen Sorenson
	Javiera Barria-Opitz	$\boxtimes$	Avreayl Jacobson	$\boxtimes$	Mary Stone-Smith
	Dr. Avanti Bergquist		Andrew Joseph, Jr.	$\boxtimes$	Delika Steele
$\boxtimes$	Shelly Bogart	$\boxtimes$	Kim Justice		Representative My-Linh Thai* (alternate)
$\boxtimes$	Kelli Bohanon	$\boxtimes$	Michelle Karnath	$\boxtimes$	Jim Theofelis
	Representative Michelle Caldier (alternate)	$\boxtimes$	Preet Kaur		Dr. Eric Trupin
	Diana Cockrell*	$\boxtimes$	Judy King		Senator Judy Warnick
$\boxtimes$	Lee Collyer		Amber Leaders		Lillian Williamson
	Elizabeth De La Luz	$\boxtimes$	Laurie Lippold	$\boxtimes$	Senator Claire Wilson
$\boxtimes$	Representative Carolyn Eslick		Mary McGauhey		Dr. Larry Wissow
$\boxtimes$	Dr. Thatcher Felt	$\boxtimes$	Cindy Myers	$\boxtimes$	Jackie Yee
	Summer Hammons		Michele Roberts		

## First Round of Vote

See TVW recording (0:12:05)

- Proposed recommendations brought forward for a vote.
- First round of vote results shared for discussion.

## **Group Discussion**

See TVW recording (33:15)

- It would be helpful to have more time to collaborate with others to learn more about the recommendations put forward. For example, many of the administrative burdens in WISe are there due to a lawsuit, and with the state's success in settling the lawsuit, it would only require dropping some of the additional administrative asks. This might be an easy win, that would not have a budget ask.
- Appreciated the small group discussions giving us some time to learn more from others that may have a different lens they are looking through
- It would be nice to know who else is working on a similar recommendation. Awareness of other work may help members determine how to best prioritize.

## Second Round of Voting

See TVW recording (47:18), see page 3 for slides

- The second round of voting took place to determine which recommendations to finalize and put forward to the legislature.
- A consensus was given via member vote for the second round of voted priorities to move forward.

### Children and Youth Behavioral Health Work Group

## **Public Comment**

See TVW recording (41:30)

- I once again would like to speak on three of the asks that I feel are the most important.
  - The first is from the BH Integration Subgroup to fund care coordination by Community Health Workers. Last meeting I focused on the lived experiences they have within the community, and today, I want to share a short story. I have been fighting against cancer for a year. I did 8 months of chemotherapy and am now on a maintenance medication program to stay in remission. All through this year and continuing, I have had care coordination. The impact this coordination had is priceless. Without it, I don't believe I would have been able to manage this fight. We fought for our family's help around children's behavioral health without care coordination and the impact was just as strong, in the opposite way. We lost too many fights in the battle for behavioral health wellness and a big part of that is because we didn't know what resources to identify or how to connect to them, we didn't know who and how to share information to best support us, and we had no point person to help us identify the needs and coordinate how to meet them. This is the work of the community health workers and the recommendation this group puts forward is written in clear and concise asks so please look it over again and vote it forward.
  - The second is the funding for the development of BH360. From the recommendation presented by the Youth and Young Adult Continuum of Care Subgroup, we see it is addressed in the 2023 budget proviso using Mental Health Block Funds which due to Federal regulations, is not possible. Families should not be set aside simply because of federal regulations; the health of our families greatly impacts all aspects of our state so using state funds to ensure this project has funding to continue to develop this needed project is extremely important. Families having access to the information to be held on the BH360 website will empower families and lighten the load on systems serving families. This recommendation partners well with the CHW recommendation I just spoke on, and we can further strengthen families and how they are supported with both recommendations.
  - o Finally, the Youth and Young Adult Continuum of Care Subgroup recommendations to ensure equitable access to and realize outcomes. I only have experience with the WISe program; however, in my scope of work, I see the impact and value of the other programs and support them as well. The complex behavioral health needs of families utilizing these services are not currently able to function as designed due to budget and staff challenges. If we can support these services by providing the dollars needed to identify challenges and barriers and implement solutions, we will see a decrease in youth needing to be admitted into the Children's Long-Term Inpatient Program (CLIP) or spending dollars to send youth out of state for services. For many families, our needs can be met with intensive outpatient programs such as WISe if they are functioning as designed. These dollars will ensure that can happen and in the long term, will impact families positively and save valued dollars at the state level. Thank you for listening and for your consideration.

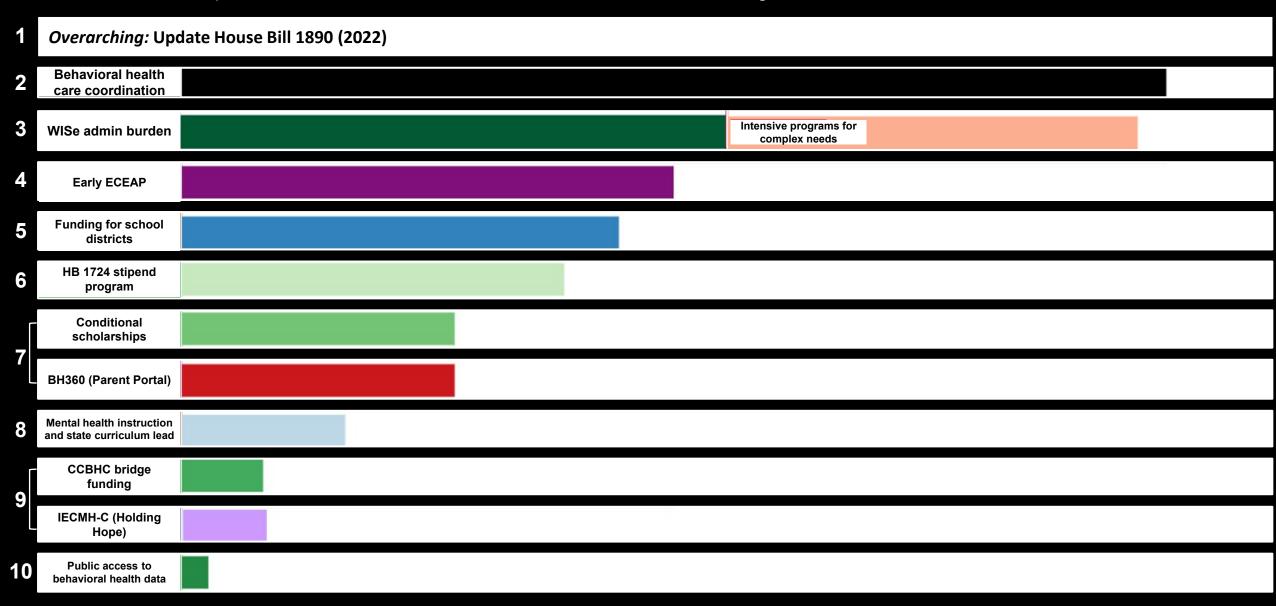
## **Next Steps and Closing**

See TVW recording (1:10:30)

• Next meeting will be held on November 17<sup>th</sup>, where the members will vote on Statements of Support to include in the legislative report.

# Ranked recommendations

The CYBHWG will put forward a total of 12 recommendations for the 2024 legislative session



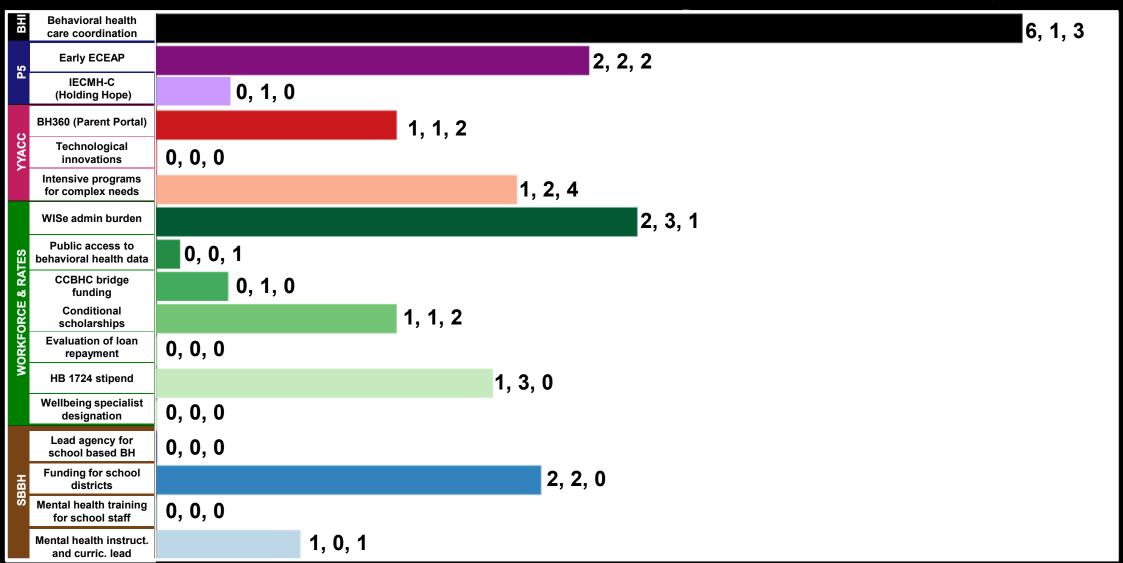
Weighted by priority

Vote counts for 1st, 2nd, 3rd

Weights:  $1^{st}$  priority = 5

 $2^{nd}$  priority = 3

 $3^{rd}$  priority = 1



Individuals voting: 18

