



Children and Youth Behavioral Health Work Group – Youth and Young Adult Continuum of Care (YYACC) Subgroup

April 11, 2024

Glossary of Terms

HCA: Washington State Health Care Authority

SPAG: Strategic Plan Advisory Group

FYSVRT: Family Youth System Partner Round Table

W&R: Workforce & Rates

IDD: Intellectual and Developmental Disabilities

DD: Developmental Disabilities

SUD: Substance Use Disorder

Meeting Topics

- Tracking issues & implementation of previous (continuing) priorities.
- Workshopping new topics of interest.
- Plan to incorporate youth voice.
- Look ahead 24/25 schedule.

Discussion Summary

24/25 Key Topics

See page x for list of priorities

- BH 360 (formally known as the parent portal) – update on the program.
- Workforce priorities – collaboration with W&R subgroup.
- Technology innovations – What is offered – What is needed.
- 23-hour crisis centers and services for youth.
- Homeless Student Stability program and non-medical transportation.

Small group break-out discussion

- Stabilizing workforce is huge, especially for foster kids.
- Concerned there are not enough places for our acute care kids, autism kids and kids with IDD and DD.
- Disparities in the behavioral health system for BIPOC youth.
- We need to make behavioral health counselors in schools a priority, or at least have easy access.
- Utilize and promote the Conditional Scholarship program to grow and recruit more participants.



- Emergency room pathways and addressing kids stuck in hospitals.
- We need more family-initiated treatment and education for SUD.
- Talked about creating resources in a transitional environment to give youth resources and information when transitioning back into the community.
- An overview of 988 would be helpful.
- More education and resources are needed for families.
- Operationalize peer support – how to use their services.

Plan to further incorporate youth voice

Taanvi Arekapudi, *YYACC youth lead*

- Taanvi had the opportunity to testify on behalf of the Prenatal through 25 Strategic Plan (SPAG) and the importance of youth receiving mental health supports.
- Senator Clair Wilson took extra time to listen to her story and express the value in her voice.
- Taanvi is also working on a national resource site to offer information and resources on youth mental health.

Suggestions for youth participation

- Taanvi is a teen mental health advocate that has produced several mental health tools to help her peers on their mental health journeys.
- It would empower youth if there were more opportunities such as testifying at the capital or having their voice be part of the larger system.
- Leadership opportunities and not just involvement but continuous leadership opportunities would help youth develop their leadership skills and give them a chance to showcase on their college application.
- Make surveys and feedback forms fun for youth; possibly provide coffee hour via zoom, or other fun ways for teens to be engaged.
- A youth ambassador, or a youth subgroup to give youth their own space.
- Meet youth where they are, including social media.
- Schools are an important place to have mental health resources for youth.
- If you're interested in collaborating, you can fill out this form and I will get in touch:
<https://forms.gle/azugewWJTMt9apMf6>

Gabe Hamilton, *HopeSparks*

Youth Space

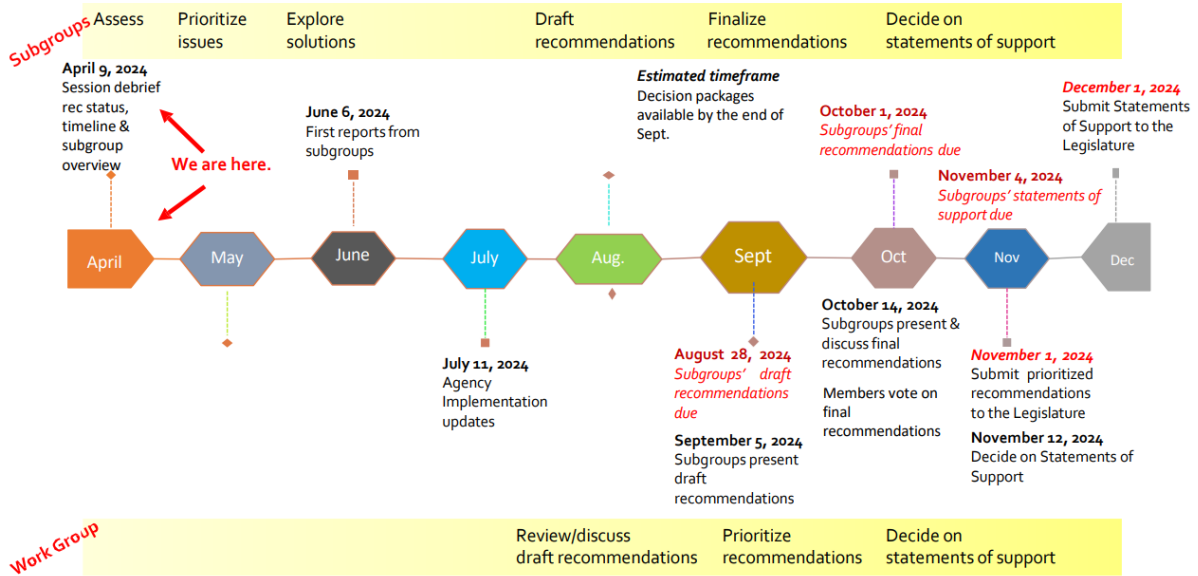
- The Youth Network brings together peers ages 13 to 26 in all counties, areas, states.
- Youth Network will kickoff in September
- Plan is to give a program overview to FYSPRT
- Concept is to help communities grow and build long-lasting sustainable places youth can go.



Look Ahead: 24/25 Schedule

CYBHWG Schedule

2024 Children and Youth Behavioral Health Workgroup (CYBHWG) Timeline



YYACC Schedule

*(June-December)

- June 11th – 4 to 5:30 pm
- July 9th – 4 to 5:30 pm
- July 23rd – 4 to 5:30 pm
- August 6th – 4 to 5:30 pm
- August 27th – 4 to 5:30 pm
- September 12th – 4 to 5:30 pm
- September 24th – 4 to 5:30 pm
- October 10th – 4 to 5:30 pm
- November 14th – 4 to 5:30 pm
- December 12th – 4 to 5:30 pm

Chat Resources:

- [Organizations with peer support programs](#)
- [Washington State Community Connectors Facebook](#)
- [Healthy Minds Facebook](#)